

Presentation to Wandsworth Voluntary Sector Forum



Where everyone matters

Annie McDowall – 8th February 2017



Quick facts

- 🌟 Over 40 years of service to disabled people in SW London (set up 1972)
- 🌟 Choice, independence, skills, wellbeing
- 🌟 Raising and achieving goals and potential
- 🌟 Respect, compassion, kindness
- 🌟 Everyone has something to offer others

We focus on...

 Learning

 Living

 Wellbeing

 Share

Who do we work with?

- ✿ Anyone who **needs support** to make choices and live independently because of disability
- ✿ Anyone who needs specialist support in order to learn
- ✿ Anyone with a learning disability who wants to get **out and about** at evenings and weekends
- ✿ Any *Wandsworth* resident who's experienced serious mental illness and wants to get **back to work**

Passionate about....

- ❁ Supporting our students to be healthier
- ❁ Combatting health inequalities
- ❁ Helping people to feel happier
- ❁ Teaching people the skills they need – including digital skills
- ❁ Brilliant services for autistic people
- ❁ Joining up services
- ❁ Helping people to achieve their dreams



Our main programme

- ✿ Wellbeing and independence
- ✿ Catering and food hygiene
- ✿ Functional skills (English and Maths)
- ✿ Digital skills – including our ambitious digital inclusion programme
- ✿ Horticulture and gardening

All of these courses are accredited





NO GLASS TO BE
PUT IN THE
FRIDGE

Go Anywhere, Do Anything



 Share

Go Anywhere, Do Anything

- ✿ Make the most of London's sports, arts, cultural and leisure opportunities
- ✿ Matching people with learning disabilities with volunteer social buddies
- ✿ Evenings and weekends – and staying out late!
- ✿ Enjoying life – safely.



We also offer...

- ✿ Arts and crafts
- ✿ Boccia and other sports
- ✿ Creative writing
- ✿ Healthy cooking and eating
- ✿ Music and musicianship
- ✿ Yoga, tai chi, qi gong
- ✿ Zumba

What makes us different?

- ✿ We start with wellbeing
- ✿ We focus on what people **can** do
- ✿ We'll help you to set your goals and meet them
- ✿ We're working for accreditation as a centre of excellence for autism
- ✿ We focus on solutions, not problems
- ✿ We work closely with your circles of support







Partnerships

- ✿ Skills, fun, social activities for isolated deaf people through working with Viridian and Action on Hearing Loss
- ✿ Jobs for people recovering from mental ill health through our Winning with Work programme – Wandsworth Council, Together Your Way, SWL & St George's MHT, Family Action



How do we know it's working?

- ✿ Using the Outcomes Star
- ✿ Surveys of students, staff, carers, volunteers
- ✿ Observation
- ✿ Qualifications achieved
- ✿ People making life changes

How it all comes together...



Success stories

- ❁ SC – we helped her get voluntary work at Southbank Centre. Now she's a paid and permanent member of staff
- ❁ RS – came as a shy trainee. Now helps to run the kitchen
- ❁ 36 people with serious mental health problems back to work
- ❁ And so many more!

Social enterprises – work opportunities

- 🌟 Share Gardening – we maintain big and small gardens
- 🌟 Share catering – buffets, receptions, lunches, special occasions





Share Thank You



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Newsletter, online forms

General enquiries

Go Anywhere, Do Anything

Referring a client

CEO

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We look forward to hearing from you!

