

Hope Triangle Project

In Attendance- Heather Levy (Firrhill Community Council), Andrew McCallum (Oxgangs Care Manager), John & Karen Stewart, Harry Woodward (Dunedin-Canmore), Elaine Aitken (Local Councillor), Sharon Laidlaw, Fiona Tait.

This project is the result of the sudden loss of young males last year especially young Craig Stewart, July 2011 and the impact it had on all generations of the community but predominately the youth of the area.

The aim of the project is to create a "Well Being Space", a place of peace and reflection. An area to inspire HOPE. It is also envisioned that it will support change of cognitive behaviour and thought.

There is lots of scope for future development but initially the group needs to ensure that there is good, solid foundation so that future development of the project is successful. It was agreed to keep a core group, listed above and this should ensure that the project stays focused and can create a tight brief/plan, invite targeted guests/specialists as and when needed for specific aspects of the project. There was some discussion about the name of the project.

The Hope Triangle was agreed.

There was an in depth discussion on how best to develop the space and how best to achieve our outcomes-

Outcomes

1. To create a space that will encourage reflection and calm

2. To disseminate Mental Health & Well being Information
3. Assist with change in cognitive thought and behaviour
4. Assist to strengthen and support community volunteering
5. To put an environmental activity at the core of the mental health recovery process
6. Learning about the impact our outdoor spaces can have on our lives through hearing stories, through meeting new people and through experiencing some outdoor hands-on activities around the Hope Triangle

Plan-

1. Organise a gathering of possible partners and stakeholders to assist with the development of the project
2. Create and design the Hope Triangle
3. Create and organise two workshops.

One workshop to target Primary school age children where they can create a Plaque to display the name of the area in the design of a Mosaic. Create a picture gallery depicting in art such words as Hope, Peace, Reflection etc and incorporate pictures into the mosaic. Investigate local partners to assist with this and create a box to collect items for the mosaic, odd dishes, C.D's, mirrors ect.

The second workshop will target the older youths and environmental volunteers with the planting up of the herb circle and position of markers to create a 'Well Being' pathway.

4. Create scented seats and tree stumps with possible carved messages
5. Erect a Notice Board to display Well Being Information
6. Erect Trellis Gateway to welcome community into space

7. An event for environmental and mental health organisations to come and learn about each other and a springboard for future partnership activity for the project.
8. Organise public Opening/Unveiling of Hope Triangle

Tasks/Actions

Costings sought for- plants, Tree Stumps, Mosaics, Art Therapists, Volunteer costs, Trellis, Notice Board, Wooden Markers, concrete steps, nesting & bat boxes, gardening equipment e.g spades, wheelbarrow, trowels, Camomile and Thyme Lawn pieces for seats.

Possible funders- Pentland Neighbourhood Partnership, Edinburgh & Lothians Greenspace Trust, Edinburgh Airport Environmental Fund,

Key Words - Grief, Reflection, Hope, Peace, Well Being,

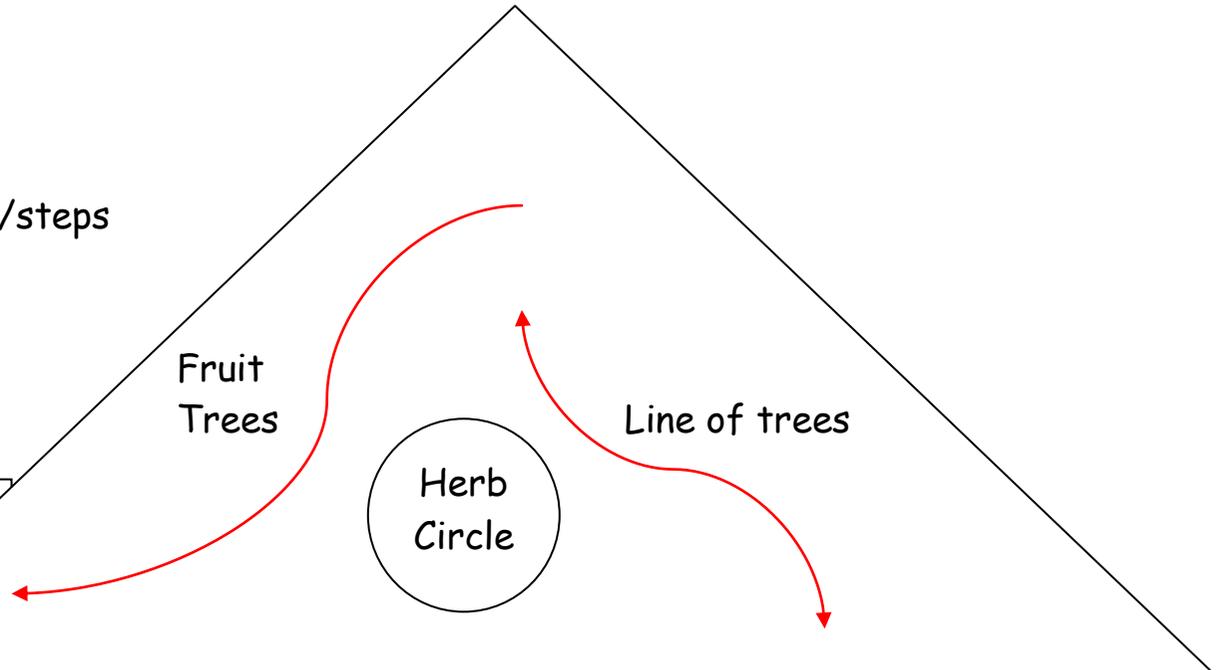
Sayings/quotes - 'Trouble shared is a trouble halved', 'Two minds are better than one', 'How do you feel',

Partners/Stakeholders - Redhall Walled Garden, Royal Ed- Horticulture Project, Firrhill Day Centre Milestone House, Firrhill High School, Primary Schools, ONC, Pentland Community Centre, Health Centres/professionals, Dunedinmore, Oxfords Care, Pentland Neighbourhood Partnership, Craig Dunlop Parks & Leisure, CLD- Mirren Vanko, Maria Gray, Police, local Faiths, Breathing Space, Stepping Stones.

D.O.N.M- Monday 27th Feb 10.30a.m in Lochan View community business Board room. H.W will supply a large map of the Hope Triangle so the group can plan and design the space.

Pathway with small well being sign posts/steps
Scented seated area

Entrance-Trellis archway or Willow
sculpture archway,
Notice Board.



Possible Bulb planting could create a duck/bird feed platform

Shrubbery
BraidBurn/Water of Leith

Possible Sign Design-

