

CASTLE BROMWICH RAMBLERS

WALKING WEEKEND BASED AT THRELKELD, CUMBRIA

1st – 4th May 2015

Itinerary

FRIDAY 1st MAY

Travel to Threlkeld

ROUTE FROM CASTLE BROMWICH TO THRELKELD

- M6 North
OR - M6 Toll (joins M6 at Jc. T8/11A) Toll charge £5.50 each way
(If using Toll Road it is recommended you pay by cash)
- Leave M6 at Jc 40 – Penrith
- Take 1st exit – A66 towards Keswick
- After about 12 miles turn RIGHT into Threlkeld village
- Follow road left at bend – Horse & Farrier is on the Right.

Postcode: CA12 4SQ

Distance: 193 miles

Possible refreshment stops:- Knutsford (73 miles)
Charnock Richard (102 miles)
Tebay (165 miles)

Book in at the Horse & Farrier Inn from 2.00 onwards – you may be staying there or in the Salutation Inn across the road.

INTRODUCTORY WALK – Village and Fellside (Distance 3.5 miles)

Leader: Duncan Barker

Starting at 3.00 at the Horse & Farrier car park.

This is an easy stroll through the village, along tracks, across fields and through woods with long views (weather permitting) down St.John's in the Vale and across to Catbells and Derwentwater, passing a series of waterfalls.

Dinner is booked for 7 p.m. in the Horse & Farrier.

SATURDAY 2nd MAY

There is a **choice of 2 walks** today – into Keswick over Latrigg, or down St.John's in the Vale returning via the ancient Castlerigg Stone Circle.

Both have spectacular views even at lower level.

WALK A. Threlkeld to Keswick Circular Walk - (with three shorter options)

Leader: Geoff Marlow

Option 1 – 8 Mile - This walk begins in Threlkeld. We follow footpaths through fields, across a few stiles and through some gates, passing the large house "Ings" (former home of Colin Welland, film actor, writer and director). The path continues with a long slow easy climb up to the car park of Latrigg view point. We then descend down to Keswick where we follow the old Keswick to Penrith railway line. The path weaves its way over a spectacular boardwalk high above the river, soon after the boardwalk the path makes its way over the River Greta on original metal railway bridges. This fast-flowing river is home to herons and dippers. Maybe if we are lucky we may see red squirrels, we did see one when we reced the walk.

Option 2 - 4 Mile This walk starts as option one, but before the climb to Latrigg there is a path off that joins the old Keswick to Penrith railway that takes you back into Threlkeld.

Option 3 - 4 Mile As option one until we reach Keswick, at this point if you feel you have had enough, you can catch the bus back to Threlkeld (bus stop outside the Inn).

Option 4 - 4 Mile Catch the bus from Threlkeld to Keswick, maybe have a wander round Keswick and meet the main group around lunchtime at the start of the railway walk. Continue with them as they make their way back to Threlkeld.

Packed lunch required for the 8 mile walk (see page 3)

WALK B. Castlerigg Walk (7.5 miles)

Leader: David Threlkeld

This as a mainly low level walk along lanes, tracks, field paths, with only modest climbs.

From the village we descend into the valley crossing the River Greta, then taking the former railway line for a short distance before crossing Threlkeld Bridge and following the field paths through St.John's Vale with views of Helvellyn (England's 3rd highest mountain) ahead of us. On reaching a picturesque bend in the river, we will make a short climb to the church from where we will follow the track through the pass between High Rigg and Low Rigg before descending into the valley of the Naddle Beck. Having crossed the valley we will head north to the lunch stop at the prehistoric stone circle. From here there are views to mountains such as Skiddaw and Blencathra in all directions. After lunch we will follow field paths, tracks and lanes back to Threlkeld Bridge, then take a different route into the village. There will be the option of visiting the Village Hall café with its verandah view across the valley. Just before reaching the Horse & Farrier we will pass the church, worth a visit, with its references to Sir Lancelot Threlkeld in the 15thC.

Packed lunch required for this walk (see page 3)

SUNDAY 3rd MAY

This is the only walk where we need to drive.

LAKESIDE WALK - Ullswater (7 miles Linear)

Leader: Geoff Marlow

Drive to Glenridding. The day begins with a slow steamboat ride then a walk that takes you along the side of one of the most beautiful lakeshores in the UK

The gentle undulating walk back along Ullswater gives you fantastic views of the Ullswater Valley and The Helvellyn Range. This whole section of the lake is devoid of roads and the walk uses paths and tracks running on or near the lakeshore. There is the occasional short climb and the paths are sometimes rocky.

We board the boat at 11.20am arrive Howtown 12.00 pm
Cost of the boat trip to Howtown is £5.44 - pay on the day

Packed lunch required

Alternatively if you do not wish to walk, you can start the day with us but remain on the boat after we have disembarked at Howtown and continue to the pretty village of Pooley Bridge. There are a few shops, cafes and inns there, then board a later boat back to Glenridding.

Round trip on steamboat = £11.56

MONDAY 4th MAY

MINE WALK - Threlkeld Quarry & Mining Museum (2 miles)

Leader: David Threlkeld

For those who wish to visit the Museum (admission £3) there will be a 1 mile walk across the valley. The Museum tells the 400 year story of mining in the area and has a collection of mining machinery, For £3 you can take a ride on the steam railway and/or for £5 undertake a 45 minute underground tour. At the end of the visit we will return to the village to start our journey home.

Alternatively you could drive to the Museum and leave for home from there after the visit.

EXTRA INFORMATION

Bring your **Bus Pass**, just in case !

Packed lunches can be obtained from the Village Hall Café - Geoff will take orders for sandwiches the day before each walk and pre-order from the coffee shop, they can be collected on the morning of each walk.

We will obtain more information nearer the time concerning sandwich fillings etc.

Evening meals will be available in the Horse & Farrier, or you can make other arrangements, e.g. go into Keswick – 4 miles away.

Any queries contact Geoff Marlow 07721 351249,
or David Threlkeld 788 0650 or 07792 744542