**Summer camp suggested kit list**

Uniform (dress shirt and necker are required to travel in for insurance purposes)

Unit Polo Shirt if you have one Warm sweater, jumper or sweatshirt

T-shirts or similar Trousers or shorts

Spare underclothes Spare socks

Nightware Hike boots or strong shoes

Sandals or flip flops to use in showers Training shoes that can get wet/dirty/muddy

Waterproof Swimwear

Sun hat, sun cream and sun glasses Sleeping bag

Sleeping roll mat Tea towel

Black bin bag to keep wet/dirty kit in

Towel (travel towels pack smaller and dry quicker)

Torch and spare batteries Personal first aid kit (if you have one)

Personal; washing requirements Day sack and plastic drinks bottle/container

Mess tins knife fork spoon and mug kept in a soft drawstring bag (I call them swim bags) with your name on

Welsh Flag to decorate our pitch (available in What in Old Cwmbran for £1.49)

Small Welsh souvenir to swap with someone you may make friends with

It is best to pack a rucksack or other bag that you can carry on your back. Suitcases are not suitable for use in tents.

If you have any queries regarding this kit list, please contact the Camp Leader.