

## How to use Colomycin with your nebuliser

**When your health care professional prescribed Colomycin you will have been shown how to use it with a nebuliser. Nebulisers are a way of converting liquid medicines into droplets which enable them to be inhaled into the lungs.**

This is an easy-to-follow guide to remind you how to prepare and use Colomycin step by step.

- Your dose has been chosen by your health care professional as the one which is most suitable for you.
- You should read the package leaflet before you start using Colomycin for the first time, and always check that the product is within its expiry date. You should also keep the leaflet for future reference.
- Colomycin needs to be nebulised in a well-ventilated room. Depending on the device used, your health care professional may also recommend that a filter valve is used with your nebuliser.

- Always use Colomycin exactly as your health care professional has told you. If you are unsure about the dose you should be taking or any of the instructions in this guide you should check with your health care professional.
- Colomycin is normally inhaled twice daily. You need to take Colomycin on a regular and continual basis to obtain the best results.

Please read through the **entire guide** to make sure you understand every step before starting to mix Colomycin.

Colomycin can be used with a variety of nebulisers, such as the Pari E-flow or LC Plus. Nebulisation time is dependent upon the specification and type of nebuliser used. Please check with the health care professional who issued the nebuliser to make sure that it is suitable for Colomycin.

Reminder notes:



If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of the medicine.

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## Colomycin Patient Guide

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with your nebuliser

COLOMYCIN®  
colistimethate sodium



1 Wash your hands.

2 Flip open the plastic cap.

3 Carefully rip the foil seal from around the top of the vial taking care to remove it completely.

4 Carefully remove the rubber bung.

5 Your health care professional will have recommended and prescribed the most appropriate diluent for you. Typically this is 2–4mls of sterile water or sterile salt water (0.9% saline). Place this solution into the vial.

6 Slowly and carefully mix the solution as shown above. **DO NOT** shake vial, as this will cause foaming of the solution.

7 Pour the solution into the nebuliser.

8 It is now ready to use.

9 Colomycin should be used immediately after preparation.

10 **N.B.** Depending on the type of nebuliser used there may be some residual solution in the bottom of the nebuliser chamber.

11 Your nebuliser chamber should be cleaned after each use. Please follow the manufacturer's recommended cleaning routine.

**IMPORTANT:**  
Do not mix Colomycin with any other product for nebulisation at the same time.

If you think you have given yourself too much Colomycin, or if you have forgotten to use Colomycin and missed a dose refer to the package leaflet.