# mate crime



# say no!

# our project



Greengoose Performing Arts Company from Bromley College and Bromley Sparks easy read group worked together on a project about mate crime. We made

- a performance
- a DVD
- a leaflet

We want to make sure everyone knows about mate crime. We want to make it stop.







# contents





# keeping safe.....17



#### tell someone about it...22

# what is mate crime?





#### when someone you know hurts you



#### pretending to be a good friend



using or taking advantage of you





#### taking your money or your stuff



#### bullying you



#### calling you names



# saying bad things on your phone or the internet





#### wrecks lives



# who does it happen to?



Mate crime can happen to anyone.



It can happen if someone thinks you are vulnerable.

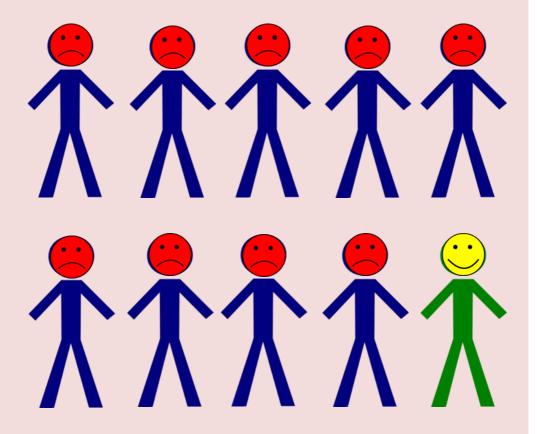
Vulnerable means easy to lie to, trick or hurt.



People can be vulnerable because

- they have a disability
- they have a mental illness
- they are old

9 out of 10 people with a disability have been a victim of bullying or hate crime



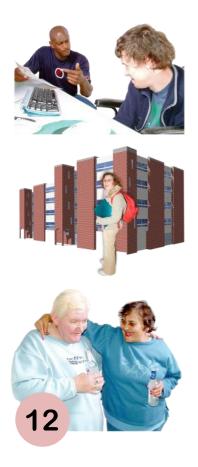
Papworth Trust, Disability in the United Kingdom 2014

11

# who does mate crime?



People who do mate crime are people you think you can trust or people who pretend to be your friend. They are not real friends.



#### It could be

- someone at work
- a care worker or support worker
- someone at school or college
- someone you live with
- a family member
- someone else who pretends to be a friend

# our stories



# how mate crime makes us feel





# **Rose's story**

There was a man who I used to travel on the bus with once or twice a week. We went to the same day centre. He started being friendly

and then he started touching me in personal ways on the bus.

I didn't realise it was a crime until I went to the day centre and a worker started talking about mate crime. I told them about what happened to me. I realised it was mate crime and the worker informed the duty manager. The police got involved and it was taken to court.

The man was banned from coming near the day centre for 3 years. I wasn't happy about the judgement because I felt he should have been sent to prison. I wrote a letter about it, but it wasn't changed.

I still see him on the bus now but he doesn't come near me. If someone you know touches you in a personal way on the bus or anywhere it's mate crime. You have to report it to someone you trust.



# Tom's story

I had a friend who went to the same club as me.

One day she said she was

frightened to go home because she might be attacked. I asked her to come over to my house even though I lived in a bedsit.

She brought her friend who was evicted from her house. They both lived in my bedsit for months and refused to leave. Someone reported it to social services who came to the house and asked me questions but they didn't do anything about it. I feel I was let down by social services. One of the girls moved out but the other girl stayed longer. One day my brother in law came to visit me and saw her on my bed. He sent her packing.

I went for a safeguarding meeting with the council. They said what happened to me was mate crime. Mate crime is not easy to detect. A real friend will not treat you the way I was



treated. It takes a long time to make a real friend.

# keeping safe





# tips for keeping safe





Only meet people in places where you feel safe



Do not give people your personal details on the internet





If a friend borrows some money, write down how much.

Write down when they will give it back to you.

YourBank

**DEBIT CARD** 5678 1234 8765 4321 Do not give your bank details to anyone

#### Remember...



If someone behaves badly to you or someone you know

Tell someone you trust!

19

## ideas for groups



learn about mate crime and share your experiences

do things together and build up confidence



20

#### try role plays

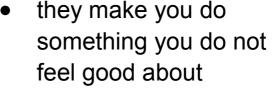
- practise difficult situations
- practise saying no

#### training

- tell other people about mate crime
- tell the police why it needs to stop

# it might be mate crime if





 they borrow things and do not give them back



they say they are your friend but they do not behave like it

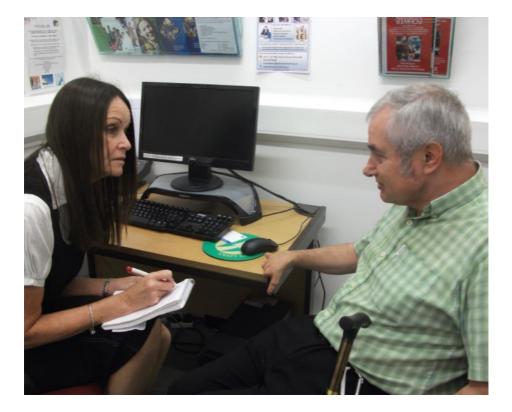


- they ask you for something again and again
- they tease you or call you names





# tell someone about it





THE LONDON BOROUGH www.bromley.gov.uk	Bromley Social Services	<b>111</b> 020 8461 7777
КАВ	Kent Association for the blind	<b>1020 8464 8406</b>
Deaf Access	Deaf Access	<b>111 020 8315 2550</b>
BURGESS UNDUENDEL AUTISTIC TRUST	Burgess Autistic Trust	<b>7 020 8464 2897</b>
citizens advice	Citizens Advice Bureau Bromley	<b>7</b> 020 8315 1940
relate	Relate	<b>11</b> 0300 003 3225
victim support	Victim Support	<b>11</b> 0845 303 0900

	police	999 in an emergency 101
BROMLEY COLLEGE OF FURTHER & HIGHER EDUCATION	Bromley College	1020 8295 7000
ANOCRES For All	Advocacy for All	e 020 8300 9666 million 10 10 10 10 10 10 10 10 10 10 10 10 10
Bromley	Mencap	7 020 8466 0790
for better mental health	Mind	7 01689 811222
Rethink Mental Illness.	Rethink	<b>@</b> 020 8313 3034
age UK for later life	Age UK	<b>@ 020 8315 1878</b>