

THE MISSES JESSIE & NANNIE REID

OF DINGWALL

.....
STRATHSPEY FOR FOUR COUPLES.
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BARS

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- 1 - 8. First and second couples; and at the same time, third and fourth couples dance poussette all round
- 9 - 12 First couple face down holding nearer hands; second couple face up forming arch; third couple face down forming arch and fourth couple face up, nearer hands joined. First and fourth couples dance under the arches to meet in the middle while second and third couples dance out to the ends. All cross over to opposite sides and all set to partners once.
- 13 - 16 First man and fourth woman change places giving roght hands. First woman and fourth man repeat
- 17 - 20 First and fourth couples dance half rights and lefts.
- 21 - 24 All four couples turn partners by right hands one and half times to finish with second couple at the top on their own sides while ~~fourth~~ first, third and fourth finish ready for allemande.
- 25 - 32 First, fourth and third couples allemande
Repeat with new top couple.