



MK Multiple Sclerosis Therapy Group Ltd

MS Therapy Centre

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NEWSLETTER July 2016

Hello Everyone

Apparently June was 'among the dullest and wettest' since records began! On that cheerful note I would like to welcome you to our summer newsletter. On the upside, nobody should have been experiencing heat exhaustion! The weather over the past few days has been at the other end of the scale so I hope everyone is managing to stay reasonably cool! Sheena is unfortunately unable to do the newsletter for now so I would like to thank her for all the editions she has produced over the years with the cheery introductions and personal touch she has brought. Maybe one day she will feel able to take back the reins!



We have a few things to tell you about so please read on.

Appointments

As you all know, we are extremely busy at the moment, which means it is even more important that you keep up-to-date with when your appointments are scheduled.

It is increasingly difficult for some of our members to get HBO or therapy sessions so it is very unfortunate when someone doesn't turn up for a session and we aren't told. This has several knock-on effects. It means that the start of the session has to be delayed whilst we wait for the person to turn up; the session either has to be shortened or has to delay the following session; the appointment is wasted when someone else could have had it; the therapist's time is wasted. We understand that sometimes you may be unable to come at the last minute, but PLEASE let us know so that someone else can be offered the place and we don't

have to wait unnecessarily for you. Please telephone rather than send an email as our email system is not accessible to all our volunteers. You can leave a message when we are closed. We don't want to have to start charging for no-shows but it might have to come to that if it gets any worse! Thank you.

Open Day

Our open day this year was quieter than in previous years. We aren't sure why there were fewer people than usual but we would be interested to know if there was a particular reason you felt unable to come along. However, it was still good to see those who came and the mayor and his wife were here for a large part of the event. We made £250 on our raffle so thank you to all who bought tickets. Thanks also to Angie and Sheila for

making the tickets. Well done to Laura who won the Kindle!

AGM 2016

Our Annual General Meeting will be on Monday 3rd October 2016 at 1.30 pm. This is the meeting when we elect our committee and officers and review the year's events. If you would like to come along you are very welcome.

Oxygen Chamber Service

This is advance warning that the oxygen chamber will be having its annual service on **Wednesday 12th October 2016**. All the morning sessions on that day will be cancelled. The evening sessions should still be able to go ahead. We will let you know nearer the time if that won't be possible.

Fundraising Quiz Night

A quiz and fish and chip supper is being held on Saturday 15th October in Simpson Village Hall.

It is £10 per person and all proceeds go to the MKMS Therapy Centre.

Tables are limited to 8 per team.

Bring your own drink - tea and coffee are provided.

Raffle prizes are gratefully accepted.

Wheelchair access to the hall is by ramps and there is an excellent disabled toilet facility.

Parking at the hall is extremely limited but there is ample parking near the church 150 metres away.

One of our members, John Napleton, has kindly organised the above event.

We at the centre are hoping to enter a team, so if you'd like to join us please give us a call and we'll put your name down.

Payments

There seems to be some confusion amongst some of our members regarding our payment structure. Please note that there is a **MINIMUM** payment of £20 (£15 for members with MS) for any week that you have oxygen or other therapy.

So if you have one or two oxygen sessions it is £20. Or if you have therapy (eg massage) and no oxygen, it is still £20.

Additional oxygen or therapy is extra.

The costs are all laid out on our website:

<http://mkmstherapygroup.btck.co.uk/Charges> Please ask if you're not sure. Also,

we would be grateful if you could keep track of your own payments if you pay for a block of appointments at a time. It is very time-consuming and difficult for us to keep track of an individual's payments. Thanks you.

Donations

Many thanks to Julie Lloyd's daughter who arranged a collection at her recent wedding and donated the proceeds to the MS Centre. We are very grateful.

Centre Opening Times		HBO
Mon	9.30 a.m. - 2.00pm	9.30, 10.30, 11.30
Tues	10.00 a.m. - 12 noon	10.00, 11.00
Wed	10.00 a.m. - 12 noon 5.00 p.m. - 8.00pm	10.30, 11.30 5pm, 6pm
Thurs	10.00 a.m. - 12 noon	10.00, 11.00
Fri	10.00 a.m. - 2.00p.m.	10.30, 11.30

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