

**Book early to avoid
disappointment.**

Treat yourself to complete
relaxation in a warm, comfortable
and tranquil setting.

Call to arrange an appointment.

Payment by cash or cheque only.



FHT
Federation
of Holistic
Therapists

MEMBER

Telephone No: 07790 726770
email: jo.eggelton@sky.com

Mobile treatments also available at
an additional supplement of £5.00
per treatment.

Please give 24hrs notice of
cancellation otherwise a 50%
charge may be payable.



Pure Tranquillity

By Joanna

Telephone No:
07790 726770

Joanna Eggelton
MFHT

Holistic Facial

Your holistic facial will commence with a consultation in order to determine the best treatment and products for you dependent on your skin type; followed by a deep cleansing and toning treatment. Your holistic facial will continue with a gentle massage of the face, scalp, neck, chest, shoulders and arms.

1 Hour £30.00

With essential oils £35.00

Indian Head Massage

A deeply relaxing massage of the upper back, arms, neck, scalp and face.

45 Minutes £20.00

With essential oils £25.00

Swedish Full Body Massage

A top to toe deep massage (not including head/face), aiming to leave you feeling relaxed and refreshed.

1 Hour £30.00

With essential oils £35.00

Swedish Back, Neck and Shoulder Massage

30 Minutes £18.00

With essential oils £23.00

Swedish Full Body Lymphatic Massage

As with Swedish Full Body Massage but a much more advanced routine. A deeper treatment including lymphatic drainage and acupressure. Particularly beneficial in relieving tension in those tired muscles.

1 Hour 30 Minutes £45.00

With essential oils £50.00

Aromatherapy (Pure Tranquillity)

A truly beautiful treatment leaving you feeling refreshed, de-stressed and completely pampered. The treatment includes a top to toe gentle massage (including a facial), using a blend of pure essential oils each with various benefits of their own.

1 Hour 20 Minutes £45.00

Reflexology

Commencing with a gentle massage to the lower leg, followed by a massage to the feet using acupressure. Each reflex on the feet corresponds to every part, organ and system within the body. Therefore working on these reflexes will help to restore energy and re-balance systems within the body.

45 Minutes £30.00

With essential oils £32.00

Essential Oils

For a more indulging treatment, why not pamper yourself by including a blend of pure essential oils to either purify and detoxify your body, or to help you relax and unwind after a tiring and stressful day.

All treatments include an initial consultation.

Treatment times are approximate.