



MK Multiple Sclerosis Therapy Group Ltd

MS Therapy Centre

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NEWSLETTER January 2017

Happy New Year!



I hope everyone has had an enjoyable and restful Christmas and New Year. Let's hope 2017 brings good fortune for all our members. On a personal note, I'm hoping I'll be out and about before too long after breaking my hip in December (a lovely end to the year). But even if I can't get out yet, I can at least make myself useful by doing things from home like this newsletter. So as the days get longer (hurrah!) and we edge our way towards spring, let us hope for a good year for the Milton Keynes MS Therapy Centre!

Subscriptions

The start of the year means it's subscription renewal time. The annual subscription is still £20 so please pay by putting the money in an envelope and writing your membership number and 'Subs 2017' on the outside. If you prefer to pay by bank transfer or MyDonate, please let us know when you have made the payment. Thank you.

Condolences

We would like to pass on our condolences to the family and friends of Alan Maher who very sadly passed away recently. Alan and his wife Sam have been coming to the centre regularly since Alan became a member in 2015 and we will all miss their friendly good humour and the support they gave us. We wish Sam and the family the very best for

the future and we would love you to come and visit us at any time.

Christmas Raffle

Thank you everyone who donated prizes or bought raffle tickets this year. It was a much smaller raffle than usual but we still raised £125 so thank you very much. Several prizes are still unclaimed so please check your tickets for the following winning numbers: 31, 36, 91, 151, 206, 211, 261, 276, 291, 421, 506. If you have a winning ticket, please collect your prize from the centre.



Hiring Equipment



For those of you who don't know you can hire equipment from the centre. You can hire the mobility scooter or a wheeled walker for £2 per day

so please ask if you would like to hire either of these.

Missed Appointments

We would like to remind you again about missed appointments. If you don't turn up for an appointment or you cancel with very little notice and we are unable to fill the slot, we still have to pay the therapist for the session. So please bear this in mind and always give us as much notice as possible if you have to cancel. We can't afford to pay for unfilled sessions and it can also mean you are denying another member the chance of having therapy.

Christmas Lunch

We went to the Prince George in Tattenhoe again this year. It was lovely to see so many people there and everyone enjoyed the occasion and the food. Thank you Laura for organising it!



Donations

Thank you to all the staff at Geoffrey Leaver Solicitors for a generous donation of £280. We would also like to thank Ann Kiss for another very generous donation of £240. All donations help enormously to keep our centre running so we are always extremely grateful.



Easyfundraising

We've told you about this before, but for any of you who shop on the internet, we would like to encourage you to consider using Easy Fundraising. This is a brilliant way of helping to raise a little bit of extra cash from the retailers you buy from. If you activate the Easy Fundraising button when you shop, the retailer will make a small donation to us and it doesn't cost you a penny! So far we have raised £465 with only 20 supporters, so if everyone could sign up for it, think how much more we could make! Please click on the link to see how you can do this.

www.mkmstherapygroup.btck.co.uk/EasyFundraising

Snow and Ice

We would like to remind you that in the event of bad weather, the centre will be closed. We must consider the welfare of the volunteers who run the centre and the safety of all our members. We can only apologise for any inconvenience this may cause, especially due to the unavoidable short notice. We advise you to call the centre, if there is snow or ice, to ensure that we are open. If there is no reply WE ARE CLOSED!



Centre Opening Times		HBOT
Mon	9.30 a.m. - 2.00 p.m.	9.30, 10.30, 11.30
Tues	10.00 a.m. - 12 noon	10.00, 11.00
Wed	10.00 a.m. - 12.30 p.m. 5.00 p.m. - 8.00 p.m.	10.30, 11.30 5 p.m., 6 p.m.
Thurs	10.00 a.m. - 12 noon	10.00, 11.00
Fri	10.00 a.m. - 2.00 p.m.	10.30, 11.30

Directors: Roz Heredia, Chris Nalton, Jan Bohn
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