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Tel: 01772 201201 www.uclan.ac.uk University of Central Lancashire, Preston, PR1 2HE

University of Central Lancashire



# GUIDE & MAPS PRESTON CITY SUGMADS &



## **Sport & Leisure Centres**

**UCLan Sports Arena** 01772 761000 **Sir Tom Finney Sports Centre** 01772 895400 West View Climbing & Leisure Centre 01772 796788 **Fulwood Leisure Centre** 01772 716085 **Penwortham Leisure Centre** 01772 747272

#### **Entertainment**

Mitchell & Kenyon Cinema **Odeon Cinema Vue Cinema Guild Hall & Charter Theatre Lakeside Superbowl** 

www.uclansu.co.uk www.odeon.co.uk www.myvue.com www.prestonguildhall.com www.1stbowl.com/preston

# **Useful numbers**

01772 892068 999 Police - emergencies 101 Police - non-emergencies 01772 892598 **UCLan Health Centre UCLan Switchboard** 01772 201201

# Planning your journey

Through implementation of its Travel Plan, the University supports 'Sustainable and Active Travel'. Reduce time, money and your carbon footprint by planning your journey at:

#### Transport Direct - www.transportdirect.info

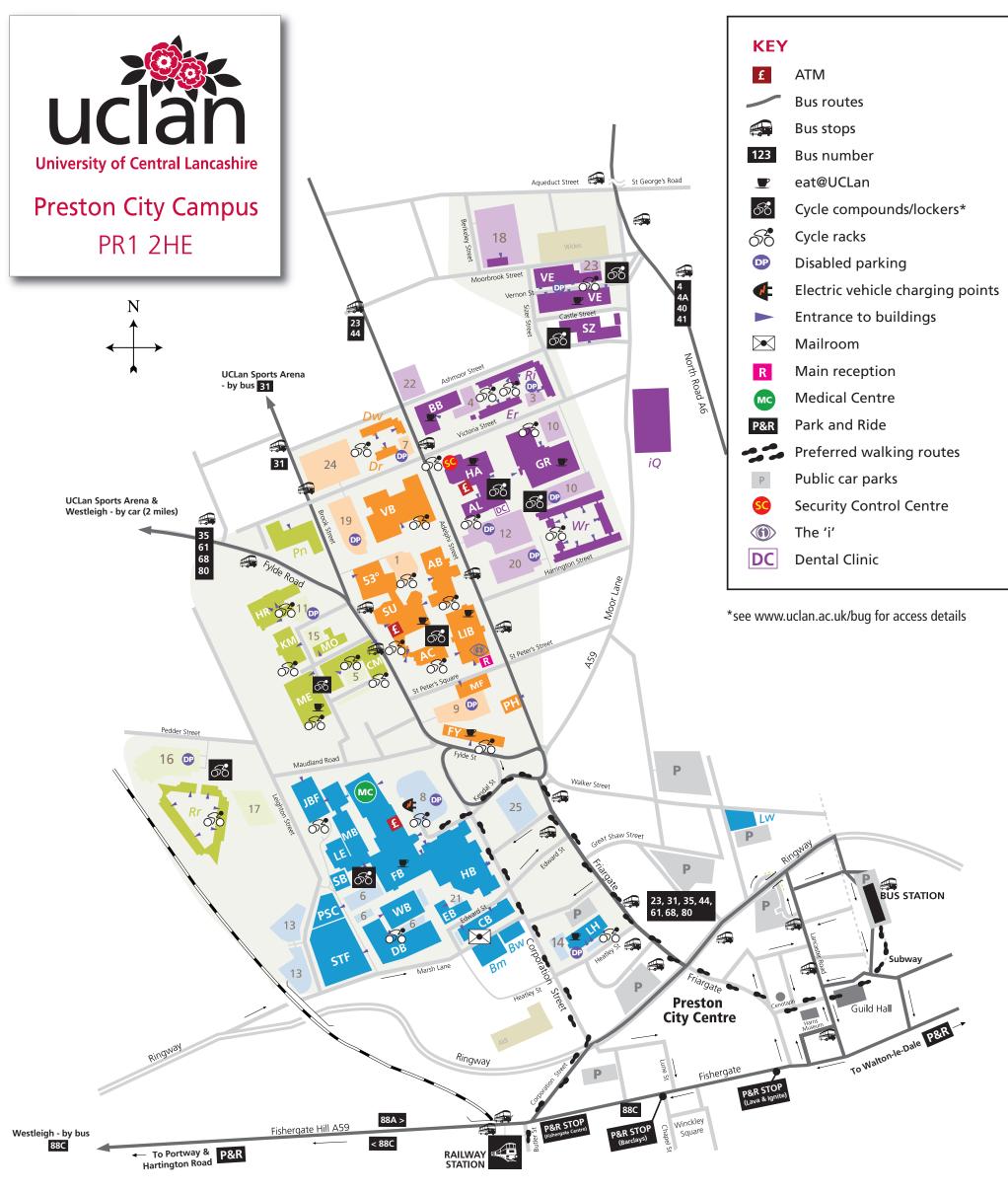
Plan your journey by car or by public transport using this on-line route planner. Compare carbon emissions by mode. Includes live travel updates.

#### Traveline - www.traveline.info

Useful door-to-door journey planner if travelling by public transport

Or email **greenteam@uclan.ac.uk** for a personalised travel plan.

www.uclan.ac.uk/sustainabletravel email: greenteam@uclan.ac.uk 🕑 @uclangreenteam



#### **BLUE ZONE - Harris Site**

**Chandler Building** Darwin Building **Edward Building** Foster Building JB Firth Building **Harris Building** Leighton Building Livesev House **Maudland Building Medical Centre** Pre-School Centre

Stewart Building Sir Tom Finney Sports Centre Wharf Building Bowran House

Darwin Car Parks Foster Car Park (reserved spaces for visitors)

Leighton Car Parks Livesey Car Park Harris Car Park

Fylde II Car Park

### EEN ZONE - Media Factory Site

**Computing and Technology Building** 

Hanover Building Kirkham Building Media Factory

Moss Building

Computing & Technology Car Park Hanover Car Park

Moss Car Park

Roeburn I Car Park (Pedder Street) Roeburn II Car Park (Pedder Street)

lease note that the shaded area represents the University campus boundaries and does not indicate University owned land. Based upon Ordnance Survey maps by permission of Ordnance Survey on behalf of The Controller of Her Majesty's Stationery Office © Crown Copyright, Licence No. ED 100018837

**University Police House** Students' Union/53 Degrees Victoria Building

53° / Adelphi Car Park

Adelphi Building

Fylde Building

St. Peters Arts Centre

Library & Learning and Information Services (LIS)

Douglas Car Park Fylde Car Park

Victoria Car Park Victoria II Car Park

#### **PURPLE ZONE - Harrington Site**

**Allen Building** 

**Brook Building** Greenbank Buildin

**Harrington Building** 

Vernon Building Eden Hall

iQ Preston Ribble Hall

Whitendale Hall Ribble Car Park

Brook Car Park Greenbank Car Parks

Harrington Car Park

Vernon Car Park (Berkelev Street) Whitendale Car Park

Ashmoor Street Car Park (temporary) Vernon Car Park (Moorbrook Street)

University Car Parks require UCLan permits Colour travel v8 04 14



Fit more walking into your daily life and reap the health benefits. Walking routes and maps at www.uclan.ac.uk/sustainabletravel

#### Cycling

Cycling is a great way of commuting as it is often guicker than other modes and a cheap and healthy option. Preston and South Ribble benefit from over 50 km of traffic-free cycle paths and a campus 20mph zone means that is has become safer to cycle on the roads too. The University's Bicycle User Group (BUG) has lots of information on cycling including shower and locker locations, information on free cycle training and guidance on bike security and safety. For more information on UCLan cycle facilities visit www.uclan.ac.uk/sustainabletravel

#### Rail

The University is conveniently situated within walking distance of Preston railway station making the train an excellent mode for getting to UCLan. Preston also benefits from direct rail links north and south to London/Birmingham and Glasgow/Edinburgh and to Manchester Airport. A 16-25 Railcard is available if you are aged 16 to 25 years old. Mature students in full time study can also apply. Railcards cost from £30 per year.

For more information and a route planner go to www.nationalrail.co.uk

#### On foot from the Railway Station (1/2 mile)

Take exit from station over overhead walkway, turn left to traffic lights. Cross road at lights, turn right and almost immediately left down Corporation Street to the Ringway. Cross Ringway, turn right, then take first left down Corporation Street. Follow signs to University

#### Bus

Commuting by bus helps reduce your carbon footprint. Save money by purchasing discounted tickets available from

www.buymyunirider.com www.prestonbus.co.uk Preston Bus www.fishwicks.co.uk **Fishwicks** Lancashire United www.lancashireunited.co.uk

Bus routes and timetables are available at www.traveline.info

#### Coach

National Express Coaches operate from Preston Bus Station to destinations across the UK. A Young Persons Coach card costs £10 per year and gives ⅓ discount on standared fares. Go to www.nationalexpress.com

Low cost intercity bus travel is also available from Megabus see **www.megabus.com** 

#### On foot from the Bus Station (1/2 mile)

Take subway at south end of bus station to Guildhall Arcade. Walk straight through Arcade and across Lancaster Road until you arrive at the Cenotaph. Turn right down hill on Friargate. Walk through pedestrianised area down to traffic lights at Ringway. Cross Ringway and continue up Friargate. Follow signs to University.

# **Park and Ride**

Help reduce congestion by using one of Preston's two park and ride facilities; Preston PortWay which is close to Preston Docks and Walton-le-Dale at the Capitol Centre. Parking is free, you only pay for the bus. For further details see www.prestonbus.co.uk

#### **Car Sharing**

If you need to travel by car you can reduce your travel costs, alleviate congestion and parking problems, reduce your carbon footprint and meet new people by car sharing. Register your journey at www.sharedwheels.co.uk

UCLan Staff and Students can search for a match in the staff and student private car sharing groups. Look out for the UCLan logo on the 'private car sharing groups' tab **www.share**(



#### **Car Parking**

University car parks require a University permit. Students will need to meet qualifying criteria to be eligible for a permit (e.g. if you have a disability, or your commuting time is greater than 60 minutes by public transport).

Official visitors can request a pre-booked space on Foster car park which needs to be arranged in advance (48 hours) by the member of staff they are visiting. Visitor spaces are limited and space is allocated on a priority basis.

Applicants attending a School Open Day (week-day events) or Interview Day should refer to paper work provided by the School.

A limited number of short stay (maximum 3 hours) Pay and Display facilities are available

on Harrington car park (£1/hour).

For more information on University permits and visitor parking contact Car Parking Services by email: cparking@uclan.ac.uk by telephone: 01772 892066



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