



OPPORTUNITIES
IN RETIREMENT

AN ORGANISATION FOR THE OVER 50s



Update from the Chair

As my time as Chair of OiR Ayr draws ever closer to its finish, at the AGM in April, I have been reflecting on my past two years in Office. A third term as Chair was never intended, but as it became necessary, I am indebted to all who in any way helped share the work involved in the administration of our wonderful organisation.

You have an excellent group of members who as trustees and members of the Executive Committee, play a very responsible and important role in the smooth running of OiR Ayr. Without their help, things would not be working so efficiently. In their work, they are very ably supported by our Office Manager and an excellent team of office volunteers and a dedicated set of Individuals who give of their time and expertise as group leaders.

Our web pages and Facebook page are kept as up to date as possible with this depending on information and photographs constantly being updated as soon as new information is received from the groups. Our excellent quarterly Newsletter is well received by the members and we are constantly grateful to those members who are happy to receive the e-version thereby cutting expenditure on printing. This saving is further helped by our willing team of "posties" who are happy to pop printed copies through members' letter boxes, and by doing so let us save on postage.

We are always looking at ways of attracting a wider membership and are happy to report that at this point in 2020 membership is significantly up on the February 2019 figure. Finances are healthy and membership and financial data will be reported on at our AGM in April. Town Hall Speakers' Meetings continue to be well supported and we have an excellent programme planned for the rest of the year.

We are saying a special thank you to Ann and Andrew Monaghan who over the years have given immense pleasure to very many OiR members through their excellently arranged European and British holidays, and day trips. Sadly, ill health has meant that holidays involving overnight stays will no longer be on offer. Their "thank you" event is scheduled for 28th February in Ayr Town Hall.

I would like to thank the members for their support of all that is on offer in OiR, it is tremendous that so many people are able to get so much benefit from their membership. We are constantly looking at ways of adding to the wide range of activities on offer through our many groups, and any suggestions for new activities are always welcomed, with every effort being given to help these suggestions become a reality.

I am pleased to have been able to participate in the work undertaken by your Executive Committee over the past twelve years, but even more so I have been glad to participate in the wide range of activities available to OiR members since joining in 2003.

Please keep supporting the wonderful work being done in the community, by OiR Ayr!

David



Notice Board

Annual General Meeting

the Annual General Meeting of OiR Ayr will be held on

Tuesday 21st April 2020

in Ayr Town Hall

at 1.30 pm

LIMITATION OF LIABILITY

Opportunities in Retirement does not assess the members' fitness for participation in any of its various activities. The decision for your fitness lies within yourself, together with any medical advice you might wish to take.

It is your responsibility to ensure your personal safety and that of your belongings.

Inside this issue

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- Group News
- Group Timetables
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- AGM documents

Our mission statement

To make OiR Ayr the organisation of First Choice to enable our '50s and over' community to participate in co-ordinated and supported opportunities which enhance their lifestyle and personal wellbeing

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Opportunities in Retirement AYR

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Notice Board

Life Membership

Life membership is awarded to individuals who have made a particularly valuable contribution to the continued success of OiR.

All members are entitled to nominate anyone who they think deserves Life Membership. If you wish to nominate another member, please send your recommendations to the office, together with a citation indicating why you think the member should be considered by the Executive Committee for the award.

If your recommendation is not successful, it does not mean that the committee think any less of this member's contribution, made to the OiR

Newsletter

Many thanks once again to everyone who contributed to this edition of the newsletter. Submission dates for future editions are listed below. Remember, if you don't have access to a computer we can arrange to have your articles typed and your photos scanned (Contact the office on 01292 260086 or myself (01292 739051))

Submission dates for next newsletters are :

Summer 2020	15/05/20
Autumn 2020	24/07/20
Winter 2020	6/11/20

Margaret Rollo
Editor

New Groups

OiR are committed to enhancing the lifestyles and social inclusion of our over 50's members and to this end we welcome suggestions for new groups. If you think you have an idea for something that would be of interest, contact the office with your ideas.

You don't need to look for premises, we'll do that for you
You don't need a constitution, the OiR constitution covers you
You don't need to open a bank account, the OiR has one
You don't need public liability insurance, the OiR has that in place
You don't need a web site, the OiR can create a page for you on the OiR web site

All you need to provide is a good idea for an activity, along with a few enthusiasts, and we'll do the rest

This month we have prospective classes on Pilates and Ukrainian/Russian language. If you feel that would be of interest to you, contact the office with your details 01292 260086


GROUP NEWS

AIR BOWLING

The concept is such a simple thing
 Grab a bowl and gie it a fling!
 But to watch those target pins go flying
 Is undeniably satisfying!



We can kit you out with the appropriate shoes
 The right half is red and the left half is blue!

These special soles help to give you grip

To ensure there is no unfortunate slip.



Balls of all colours and weights we provide

And seasoned campaigners who are willing to guide

With a beverage included at the games
 end Time for a chat and to make some new friends.



There are guys and girls in equal measure

To be part of this group is simply a pleasure

So if you fancy a go, why not come along?

You'll be made very welcome by our happy throng!



LA BOWL AYR
WEDNESDAY 10 AM
JIM KAY 01292 441478
JOHN MOULD 01290 552091

Chinese New Year Lunch 2020

The Mahjong Group celebrated the Chinese New Year with an enjoyable lunch at the Ambassador Restaurant in Prestwick Bowling Club on Thursday 30th January. We were accompanied by our annual visitor Ming Tsui - an old friend from our days in Hong Kong. As usual, he brought with him Chinese Lysee envelopes for each member of our group. The envelopes are meant as blessings for prosperity. He also provided Chinese style decorations for the occasion.

The Chinese astrology each year is represented by an animal. 2020 is the year of the Metal Rat and is predicted to be a lucky year, a year of new beginnings.

The Rat has been celebrated in

1912, 1924, 1936, 1948, 1960, 1972, 1984, 1996, and 2008.

(I am not a Rat – born in 1940 , I am a Dragon !)

The Rat is a representation of diligence, kindness and generosity. Rats are quick-thinkers and successful but are content with living a quiet and peaceful life.

Lucky Colours – Blue, Green and Gold

Lucky Numbers – 2, 3 or combinations – 23, 32

Lucky Flowers - Lily , African Violet

A delightful afternoon was had by all.

Fay Reid (Group Leader)



Tuesday Photography Group Into the New Year

We have continued to persuade our members to consider why they take a photograph and when taken, to consider whether or not the photograph captured their initial reason for taking it. This is of interest because our first presentation in January was titled 'My journey with TPG' covering 10 years of one member's time in our group. Photographs taken on a visit to Stranraer were also shown and the most popular pictures were of the train station, whether that was due to the lighting there or something-else is open to debate!



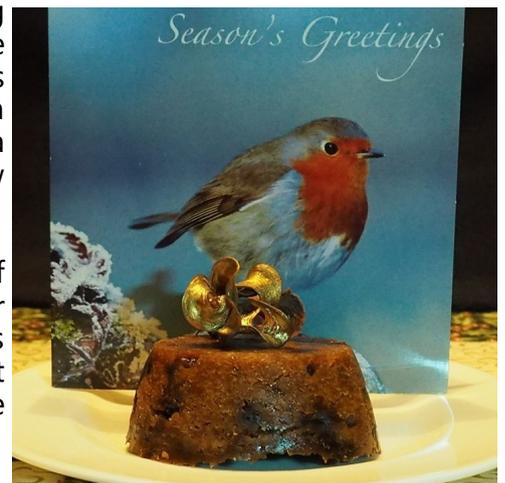
Our learning theme continued when a member demonstrated the effect of various coloured filters on some 'standard' photographs taken around the weir at Ayr College. It was interesting to see how some objects, depending on their colour, became either almost invisible or stood out. An interesting demonstration showing the need for great care when deciding to use coloured filters. A presentation by Valerie Mill based on a trip to the Baltic highlighted how architecture there has been greatly influenced by conquering tribes over long periods of conflict. A quirk in the locals love for music is seen in the picture of a piano kept in a rural location for general practice!

A photographic challenge faced members at our next meeting, all pictures to be taken with cameras in Manual Mode. Auto turned off! Most folk rarely use manual mode so there was some initial trepidation but gradually everyone appeared to warm to the idea. A lot of excellent photographs were taken by folk who were using their camera on manual for the very first time.

Our next presentation was a journey around Kew Gardens and Hampton Court Palace visited by our Treasurer, Stephen Dodd in 2018. His presentation included a few stories and some historical information which gave the presentation depth and interest. While looking for a speaker for our next meeting we were given the opportunity to show a presentation created by Jean Edmonston. The beauty of Jean's presentations is that they don't need a commentary, each photograph has a detailed description and is presented with background music. The amount of research that has gone into each of Jean's presentations is very impressive so any opportunity to view one should not be missed.

For the first time a competition was judged at the meeting before our annual Christmas Lunch at Ayr College. The theme of 'Festive Food' was chosen and judged by all the members present. Our winner was Sandra Wilkie with her photograph voted best in the slide show. The festive period was a welcome break and time to rest and recuperate for the New Year.

On the 7th January our meetings resumed with a review of our Autumn programme and the programme proposed for the Winter session. The subject of our annual competition was announced - 'Shutter(s)' - with a submission date of the 21st April. Hopefully enough time for the creative juices to produce some very good results.





GROUP NEWS

At our second meeting in January Colin Miller presented a photographic account of his journey across Australia West to East. While showing us the sights of major cities and towns seen on this very long journey Colin also explained that the Indian Pacific Train stopped at Cook, in Nullarbor, South Australia. This almost abandoned town has a population of four plus temporary staff for the half mile long passenger train! A mix of personal and Australian themed stories supported Colin's photographs creating an interesting and informative presentation.



Our third January meeting posed a slight problem as some of our members wished to attend the OiR Burns Lunch at Malin Court, Maidens, and that required an early departure from Ayr for some. Thanks to some excellent support we managed a shortened meeting with a presentation on "Meaningless Meanderings" by John Wragg plus a quiz and a photographic assignment in Ayr. The Burns Lunch and entertainment was enjoyed by all who attended.



To bring some joy to our winter weather John Happs gave us "Glimpses of Italy" and with his eye for composition and architecture brought some Italian atmosphere and warmth to our meeting. There were so many excellent photographs to choose from it was difficult to select just one so I have chosen a technically difficult picture which for me illustrated the challenge and fun of photographing historical architecture.

As something totally different for a photography group we enjoyed a talk on the history of the Mancini company from its current CEO Filippo Mancini. The talk, without supporting photographs, was fascinating and showed how enthusiasm and a detailed knowledge of family history can provide a very entertaining presentation. The opportunity to sample some Mancini ice cream was also a bonus!

Finally, our next meeting was also out of the ordinary in that a presentation was created by a member who could not be present. Titled "A New History of Ayr" photographs illustrating various places of importance in the history of the town were accompanied by Ray Murton using audio to describe the relevance of each location. The amount of work and research required to put this presentation together was truly impressive. Ray's absence was not to avoid any awkward questions but due to illness and we hope to see him back in full health again in the near future. Kath Horn closed this meeting with her presentation entitled 'Five days in the Arctic' this captured both the wilderness and the atmosphere of towns that exist for the extraction of Arctic minerals or harvesting from the sea.

Looking forward our group activities will include more presentations, some social events, plus visiting places of interest while challenging our members to put into practice the photographic skills they have acquired.

There is space in our group for new members. We meet in Newton Wallacetown Church Halls on Tuesday mornings at 10.00 am. Contact details on the Timetable of Activities page.

Cyril Fox
Group Leader



Saturday Walking Group

The 2020 walks started on February 29th in Ochiltree with lunch in the Community Hub Café (Cafe @45). The walks usually take place on the last Saturday of every month until November. The walks planned for the remainder of the year are shown below. Anyone who wants to travel on the three Minibus trips please contact me as soon as possible. The seats are allocated on a "first come first saved basis".



Saturday Walking Group - Provisional 2020 Programme

Meet at 11am unless otherwise stated

Date	Venue	Meet at	Notes
March 28th	Irvine	Beach Car Park	
April 25th	Moffat	tbc	Minibus Travel
May 30th	Glasgow	Ayr Station	Travel by Train
June 27th	Dumfries	Dock Park	Minibus Travel
July 25th	Edinburgh	Ayr Station	Travel by Train
August 29th	Gatehouse of Fleet	tbc	Minibus Travel
September 26th	tbc	tbc	
October 31st	tbc	tbc	
November 28th	tbc	tbc	Followed by Lunch

Barrie Southwood

07766 755836 or bjssouthwood@btinternet.com

Friday Short Walks March - June 2020

Meet at Millbrae car park at 09:20 to fill cars (except walks marked *).
Those receiving a lift, please give driver a modest contribution to petrol
(non-drivers, if planning to walk, please phone day before a walk)

Mar 13th	EGLINTON PARK	Meet at Eglinton Country park 10:00
Mar 27th	STRAITON	Meet at Straiton car park at 10:00
Apr 10th	DUMFRIES HOUSE	Meet at Visitor Centre at 10:00
Apr 24th	AYR PARKS	Meet at Castle Walk car park (turn right at end of Earl's Way)
May 8th	BARGANY	Meet at Bargany pond at 10:00 (entrance £2.00)
May 22nd	CULZEAN	Meet at Maidens at 10:00.
June 5th	AYR CYCLE TRACK	Meet at Links Road Car park at 10:00. Return by foot or bus.
June 19th	MAUCHLINE	Meet at car park behind Fairburn Hotel at 10:00

Contact Frank Crawley

01292 445314/07763339667

Wednesday Morning Photographic Club

Despite the dreadful weather we have had to endure, I was encouraged to see Daffodils, Snowdrops and buds forming on bushes and trees in the garden. The birds still come to the feeders and two Squirrels squabble over the peanuts. It shows us, as Photographers we do not have to travel far to take photo's as there is an abundance of opportunities on our doorsteps without having to travel too far and brave the elements.



As I'm sure other Leaders of any groups will agree, it is difficult to come up with new ideas to keep Members interested in continuing coming along week after week. As one of our camera workshops I asked Members to bring along some long



forgotten 'treasures' of a bygone era and titled the morning in the Programme, 'The Good Old Days'. What a wonderful array of items were proudly placed on tables to photograph. We practiced Still life and Macro shots and discussed the history of the said 'treasures' which was fascinating. Both myself and Anne Bryden dressed up in costume for Portrait shots to be taken. I asked the members to find a way on their respective computers, of making these particular photographs into a 'Vintage' look. All of the photo's taken that morning were viewed and discussed at another meeting. It was a fun filled morning where we learned about various settings on our cameras and computers and enjoyed the many stories of the items that were brought along. It proved that you can put the fun into 'F' stops.

We have enjoyed Guest Speakers and an eclectic mix of Members Presentation and its only February. Our next venture is our Digital Competition. The subjects are, Curves/ Arches, Nighttime, Joy and an Open category where you can submit any photo of your choice. It is always exciting to see the diversity of the photographs despite everyone being given the same subjects.

Unfortunately we mourned the passing of one of our founder members, Douglas Wilson who is sadly missed.

Please look at the O.I.R. Website to view some of our photographs. If anyone would like to come along to join our group you will be made most welcome. We meet, Wednesday mornings between 10 and 12am at Newton Church Halls almost across from the O.I.R. office. You can contact me on 01292 475996 or email avrilxlees@btinternet.com.

Avril Lees [Leader]





GROUP NEWS

Tam O' Shanter Trail

In 2005, to mark the 800th Anniversary of Ayr becoming a Royal Burgh, OiR Ayr decided to further promote the Tam O'Shanter Trail. From an idea, originally created by Hunter Galbraith, an OiR member, this trail was developed by a group of OiR members in 1993. This was then to celebrate "The 1993 Year of Older People." It was officially opened by Provost Gibson McDonald on 29th July 1994. It was then also to celebrate the 10th Anniversary of OiR Ayr.

So, on 5th April 2005, OiR's Tuesday Walking Group, under the Leadership of Gus Armour, celebrated this event by walking the Trail from the Tam O' Shanter Inn, in the High Street, following the signposts marked by Tam's blue bonnet, to the auld Brig O' Doon. OiR Executive Committee were dressed in the period costumes of the late 18th century, and the walkers were invited to do the same. Eddie Uriate, a Past Chair, cut the ribbon at the Tam O' Shanter Inn and the walkers were piped on their way by Jimmy Murphy, OiR's very obliging piper.

The distance of the trail is four and a half miles and is a real pleasure where a variety of historical places of interest may be visited. On that walk in April 2005, lunch was enjoyed at the Tam O' Shanter Experience - now The Burns Centre, Alloway.

Amy Kinnaird

Tuesday Walking Group

The group meets on alternate Tuesdays at 9:15am at Mill Brae Car Park, Ayr. The walks planned for the next few months are shown below.

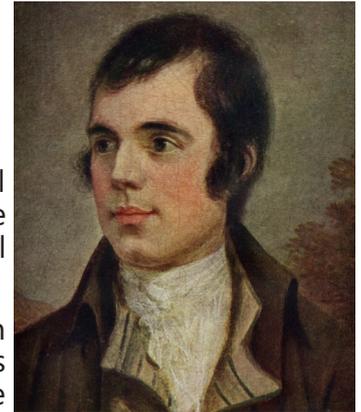
3rd March	Three Parks	Anne Patterson
17th March	TBC	Andrew/Frances
31st March	New Cumnock	Barrie
14th April	Newark, Ayr	Gordon
28th April	Ayr	Gordon
12th May	Kirkcudbright (coach)	Gordon
26th May	Auchinstarry (train)	Barrie/Dorothy
9th June	TBC	
23rd June	TBC	
7th July	Dumfries (coach)	Gordon
21st July	TBC	

The walking group weekend will be in Oban this year from October 16th to 19th. There will be a visit to Mull and Iona on the Saturday. The cost is £200. Unfortunately, all the single rooms have been booked and there is a waiting list. There are still twin and double rooms available.

Barrie Southwood

07766 755836 or bjsouthwood@btinternet.com

OiR Burns Lunch



Robert Burns, Scotland's national poet (261 years of age if he were still alive) would, in my opinion, have been a member of OiR Ayr. Rabbie enjoyed friendship, entertainment, conviviality, music and the natural world. He would have enjoyed all of these in OiR.

That thought came to me while enjoying OiR's Burns Lunch this year in the Cotter's Restaurant of the Malin Court, Maidens. While no OIR Burns Lunch was held last year due to a much reduced membership of the Tuesday Walking Group, we were very fortunate this year in having a willing OiR volunteer, Christine Harris. Christine made all the arrangements and the invitation was open to any OiR member.

So, on a murky damp January Tuesday afternoon, 70 members gathered together once again in high expectation of a very enjoyable afternoon. The restaurant is very comfortable with views over Maidens harbour and out to sea. The meal, with haggis as one of the main course choices, was delicious and very competently served by the pleasant young staff.

OiR's Chair, David Bowman, chaired the event in his usual capable relaxed style. An Ochiltree farmer, David Morton, ably addressed The Haggis which was piped in by Jimmy Murphy.

The entertainment following the meal was provided by Tom and Isobel McCrorie from OiR's own Folk Group. They supplied much pleasure by singing a selection of the poet's best-loved and heart-affirming songs. Tom introduced each song by giving us some background and an insight into these much-loved words and melodies. This was much appreciated by a very attentive audience.

Once again, the raffle, which followed, was well supported by members who donated a large number of prizes and also bought raffle tickets. A huge thank you to Christine and all who helped make this Burns Lunch another very big OiR success.

Amy Kinnaid

Wavelength

In a past life I was a civil servant and I still receive the quarterly magazine for retired employees. In the Winter 2019 publication I read the following information which may be of interest to some OiR members.

"Wavelength is a charity that fights loneliness across the UK by giving media technology to those who are lonely and living in poverty. The people who are supported are lonely because of age, illness, or impairment, or by circumstances which make it hard for them to leave their home or to meet new people. Alongside supporting individual applications, Wavelength works with hundreds of organisations around the country and in 2018 alone, 12,700 benefitted from the charity's work.

To apply for a piece of technology, visit www.wavelength.org.uk/apply-for-help to read the guidance notes and download an application form. To qualify for Wavelength's help, people must be referred by a third party, known as a referrer. This can be a friend or neighbour, social worker, care worker, medical worker, housing officer, charity worker, volunteer, a member of a religious or community organisation."

For more information about Wavelength call 01708 621 101 or visit their website at www.wavelength.org.uk

Amy Kinnaid

Friends Remembered

Since the last newsletter, we have learned of the sad death of Eileen Gibson, Douglas Wilson, Jim Goodlad and Jan Cossar. Our thoughts are with their families and friends.



Crossroads

Douglas Sanderson, a "well kent" face within the OiR community, recently received an award from Crossroads, a charitable organisation that provides relief to carers and their families from the stress of caring for persons who need constant supervision (including those who have a physical, mental or sensory impairment, are frail and confused, chronically sick or are terminally ill). The charity, which was started 35 years ago, has gradually expanded and are now a major provider of support to Carers in South Ayrshire.

Douglas was immensely grateful for all the help and support he received from Crossroads during his late wife's last years and since then he has spent a great deal of time raising funds for the organisation, so much so, that they decided to award him with a special certificate highlighting just how much his contributions have made to the on going success of Crossroads. Douglas, who is now 87 years of age, has raised more than £4,500 over the last few years by participating in sponsored walks and Brian Kelsey from Crossroads recently presented Douglas with his certificate and a bottle of Laphroaig in appreciation for all his endeavours. All of his friends in OiR say – **well done Douglas!**

Choir

We were very sorry to say goodbye to our Choir Leader, Helen Surai, who resigned in December. Helen is a very special person, who was much appreciated as our teacher. We wish her success and much happiness.

As one door closed, another door opened and Gilmour MacLeod walked through, agreeing to become our new music teacher. We welcome Gilmour to the Choir and look forward to a long and happy future relationship.

Pilates



Pilates is a method of **exercise** that consists of low-impact flexibility and muscular strength and endurance movements. **Pilates** emphasizes proper postural alignment, core strength and muscle balance . If you are interested in joining a Pilates Class, contact the office on 01292 260086

DISCOUNT LIST 2020

Company	Address	Other Info	Contact	%
Alloway Chiropody Centre	21 Alloway, Ayr	Above Alloway Pharmacy	01292 440275	10
Ayr Goldsmiths	23 Sandgate, Ayr		01292 283980	10
Beserk Computers	10 New Bridge St, Ayr	Computer repairs, technical support, IT, Consultancy – no fix, no fee, fully insured, collect and return, evening appointments, drop-in tech support	0800 998 9186	10
Carpet Care	152 Caledonia Road, Ayr	Carpet and upholstery cleaning	01292 263699	10
Enterkine House Restaurant	Annbank	Please mention OIR AYR when booking lunch or dinner	01292 520580	10
Horizon Hotel (Main Menu)	Espanade, Ayr	Discount from <i>main menu only</i> . Not on a Friday or Saturday evening.	01292 264384	10
Mctimoney Chiropractor	39 Belmont Crescent, Ayr	Joy E Gill	01292 287827	10
Mountain Warehouse	183-185 High Street, Ayr		01292 283016	10
The Frame Shop	32 Alloway Street, Ayr	Frames, picture, mirrors etc.	01292 282712	15
Thomson Self Storage and Removals	Dundonald	Self storage and removals	01563 851947	10
Margaret Wallace	47 George Street, Ayr	Garment alterations and soft furnishings	01292 619662	10
PK Authentic Hair (Paula Keenan)	Flexible	Mobile hairdresser/barber Also nail tidy and hand massage	07988 294783	*
Zumba Gold with Kirsty Anderson	Castlehill Church Hall, St Margaret's Cathedral Kingcase Church	Wednesday & Friday – 10.30 Tuesday, 12.00 Wednesday 12-1pm	07815740306	*
Zumba Gold with Fiona Young	North Church, Prestwick	Tues/Thurs – 10.30-11.10 A dance workout tailored for seniors, less able bodied and beginners – Class £4	07976282962	
Zumba Gold Mhairi Tindall	Alloway Parish Church Alloway Parish Church Kingcase Parish Church Halls	Monday 1000-1100 Thursday 0930-1030 Friday 1000-1100	07557 870504	*
Zumba Chair Class with Mhairi Tindall	St James Church, Prestwick Road, Ayr	Monday 1330-1415 For those in a wheelchair, balance problems or who find standing difficult for long periods of time	07557870504	*
Tudor Restaurant and Grill	8 Beresford Terrace, Ayr		01292 261404	10
PC Wranglers (Gary Morris)	8 Longlands Park, Ayr	Computer repairs	07871599780	15
The Vitality Clinic	104 Main Street, Ayr	Facials, body treatments	08468863109	10

Asterisk denotes special prices on production of OIR membership card

TIMETABLE of ACTIVITIES 2020

GROUP	VENUE	TIME	LEADER	START after Easter	STOP before Summer
MONDAY					
Bird Watching	Contact Group Leader	Monthly	Brian Lennox	Contact Leader	Contact Leader
Creative Writing	Newton Church Hall	1000-1200 <i>Fortnightly</i>	Irene Howat	Contact Leader	Contact Leader
			Jim Thomson	Going forward,	
Drawing & Art 3	Auld Kirk Church Hall	1000-1200	Margaret Lawson	Contact Leader	Contact Leader
Golden Girls	Dansarena	1330-1430	Ann Bourke	Contact Leader	Contact Leader
Guitar for Beginners	Prestwick Community Centre	1330-1500	Robert English	Contact Leader	Contact Leader
Indoor Bowls	Ayr Indoor Bowling Green	1615-1830	Robert Kerr	Contact Leader	Contact Leader
Line Dancing Beginners & Intermediate	Citadel Leisure Centre	1130-1315	Lilian Drynan	Contact Leader	Contact Leader
Outdoor Bowls	Northfield Bowling Green	1000-1200	Robert Kerr	Contact Leader	Contact Leader
Spanish for beginners	Newton Church Hall	1300-1500	Mary Turbet	Contact office	Contact office
Table Tennis	Newton Church Hall	1330-1530	Jim Mason	Contact Leader	Contact Leader
TUESDAY					
Choir	Newton Church Hall	1030	May Smith	Contact Leader	Contact Leader
Cycling	Contact Group Leader	1000	Alan Bates	Continuous	Continuous
Drawing & Art 4	Alloway Church Hall	1000-1200	William Kerr	Contact Leader	Contact Leader
Family History for Beginners	Carneigie Library	1400-1600 (4 week course)	Ken & Betty McDonald	Contact Leader	Contact Leader
Folk Music	Prestwick Community Centre	1400-1600 <i>Fortnightly</i>	Tom McCrorrie	Continuous	Continuous
Hill Walks 1	Meet at Public Parking (Shanters Way)	8.45	Andy Mitchell	Continuous	Continuous
Hill Walks 2	Belleisle Park	8.45	Jean Lockley	Continuous	Continuous
Hill & Mountain Walks	Meet at Public Parking (Shanters Way)	8.45	Dick Vernon	Continuous	Continuous
Tuesday Photography	Newton Church Hall	1000-1200	Cyril Fox	12-05-20	TBA
Walking	Meet at Millbrae Car Park	0930 <i>Fortnightly</i>	Barrie Southwood	Continuous	Continuous
Table Tennis	Newton Church Hall	1400-1600	John Bellingham	Contact Leader	Contact Leader
WEDNESDAY					
Aerobiking	Citadel Leisure Centre	930	Contact Office	Continuous	Continuous
Basic Karate/Self Defence	Newton Church Hall	1100-1200	Harry Connelly	27-05-20	Contact Leader
Badminton		1330-1530	Ann Ross	27-05-20	Contact Leader
Drawing & Art 6	Alloway Church Hall	1330-1530	Carol Hayes	27-05-20	Contact Leader
Golf (Ladies Social)	Contact Group Leader	By Arrangement	Myra Clark	Contact Leader	Contact Leader
History	Free Kirk	1000-1200	David Bowman	27-05-20	Contact Leader
Indoor Bowls	Ayr Indoor Bowling Green	1630	R Kerr	Contact Leader	18-12-19
Men's Mobility	Whitletts Activity Centre	1330-1430	Matt McNair	Contact Leader	Contact Leader
News Review	Ayr Free Church	1300-1430 <i>Fortnightly</i>	David Walton	Contact Leader	Contact Leader
Photography 1	Newton Church Hall	1000-1200	Avril Lees	Contact Leader	Contact Leader
Scottish Dance	Newton Church Hall	1330-1500	Catriona Gregson	Contact Leader	Contact Leader
Scrabble	Glenpark Hotel	14:00	Margaret Pettigrew	Contact Leader	Contact Leader
Sew & Stitch	Prestwick Community Centre	1000-1200	Maureen Paterson	Contact Leader	Contact Leader
Ten Pin Bowling	LA Bowl, Ayr	1000	Jim Kay or John Mould	ongoing	ongoing

THURSDAY					
Chess	Horizon Hotel, Ayr	1400-1600	Steve Rivett	Contact Leader	Contact Leader
Contact Group	Horizon Hotel, Ayr	10-30-12.30 1st Thurs of each month	Margaret Bowman	Continuous	Continuous
Crafts	Castlehill Church	13.30-15.30	Morag Lewis	23-04-20	11-06-20
Croquet	Auchincruive Croquet Club	1400-1600	Malcolm Smith	Contact Leader	Contact Leader
Curling	Ayr Ice Rink	1430	Ian Taylor Andy Rae	Contact Leader	Contact Leader
Cycling	Contact Group Leader	1000	Alan Bates	Contact Leader	Contact Leader
Golf	Contact Group Leader	By Arrangement	John Clark	Contact Leader	Contact Leader
Mah-Jong	Prestwick Community Centre	1000-1230	Fay Reid	16-04-20	25-06-20
Outdoor Bowls	Northfield Bowling Green	0945-1200	Robert Kerr	Contact Leader	Contact Leader
Outdoor Tennis	Coylton Tennis Club	1400-1600	Anne Patterson	Contact Leader	Contact Leader
Swimming	Prestwick Baths	1400-1445 – Beginners 1445-1530 – Swimmers	Prestwick Baths		
Table Tennis	Newton Church Hall	1330-1530	Christine Mac-Intyre	Contact Leader	Contact Leader
Tai-Chi Beginners	Newton Church Hall	1145-1245	Ann Gwynne	Contact Leader	Contact Leader
Tai-Chi Transitional	Newton Church Hall	1045-1145	Joanne Mullen/ Sylvia Simpson	Contact Leader	Contact Leader
Tai-Chi Intermediate	Newton Church Hall	0945-1045	Martin Wilkinson	Contact Leader	Contact Leader
Wine Tasting	Majestic Wines	1830-2000 5 Meetings/Year TBA	Ken & Betty McDonald	Contact Leader	Contact Leader
				Contact Leader	Contact Leader
FRIDAY					
Bridge	Citadel Leisure Centre	1330-1600	Dick Vernon	Contact Leader	Contact Leader
Decoupage	Prestwick Community Centre	0945-1145	Sylvia McKinlay	Contact Leader	Contact Leader
Drawing & Art 2	Alloway Church Hall	1000-1200	Rosie Hutchison	Contact Leader	Contact Leader
Drawing & Art 5	Alloway Church Hall	1330-1530	Ann McLanachan	17-04-20	26-06-20
Jewellery Making	Prestwick Community Centre	1000-1200	Carol Hayes	Contact Leader	Contact Leader
Cycle Runs (Cyclajets)	Contact Group Leader	By Arrangement	Jean Lockley	Contact Leader	Contact Leader
Short Tennis	Newton Church Hall	1400-1600	Lorraine Dupuy	Contact Leader	Contact Leader
Short Walks 1	Meet at Millbrae Car Park	9.15 fortnightly	Frank Crawley	Continuous	
Short Walks 2	Contact Group Leader	Meet at 10.00 Alternate Friday	Alice Bates	Continuous	
Short Walks 3	Contact Group Leader	Meet at 10.00 Alternate Friday	Alice Bates	Continuous	
Yoga	Auld Kirk Church Hall	1000-1130	Fiona Clarence	Contact Leader	Contact Leader
Yoga (Chair Yoga)	Auld Kirk Church Hall	1145-1300	Fiona Clarence	Contact Leader	Contact Leader
SATURDAY					
Monthly Walks	Details announced at Meetings		Barrie Southwood	Runs from 29-02-20 to 31-02-20	
Lunch Group (Sat/Sun)	Contact Group Leader		Johny Turnbull	Contact Leader	Contact Leader