



Hillam Square

**Hillam - Monk Fryston and Deer
 Park Circular**

Western CEF Walk no. ①

An easy circular walk around the historic villages of Hillam and Monk Fryston which was the source of stone for Selby Abbey . The route follows public footpaths and quiet lanes before passing St. Wilfrid's Church in Monk Fryston then taking a route via the Deer Park, the 12th century Monk Fryston Hall Hotel and many other interesting features on route before returning via lanes and field tracks to Hillam.

Where road walking is involved care should be taken by using grass verges and footpaths where available or, if not, by observing road walking protocol of single file and facing oncoming traffic. There are some gentle gradients and one stile. The walk is unsuitable for wheelchairs and pushchairs.

Overview

Distance - 3.9 miles

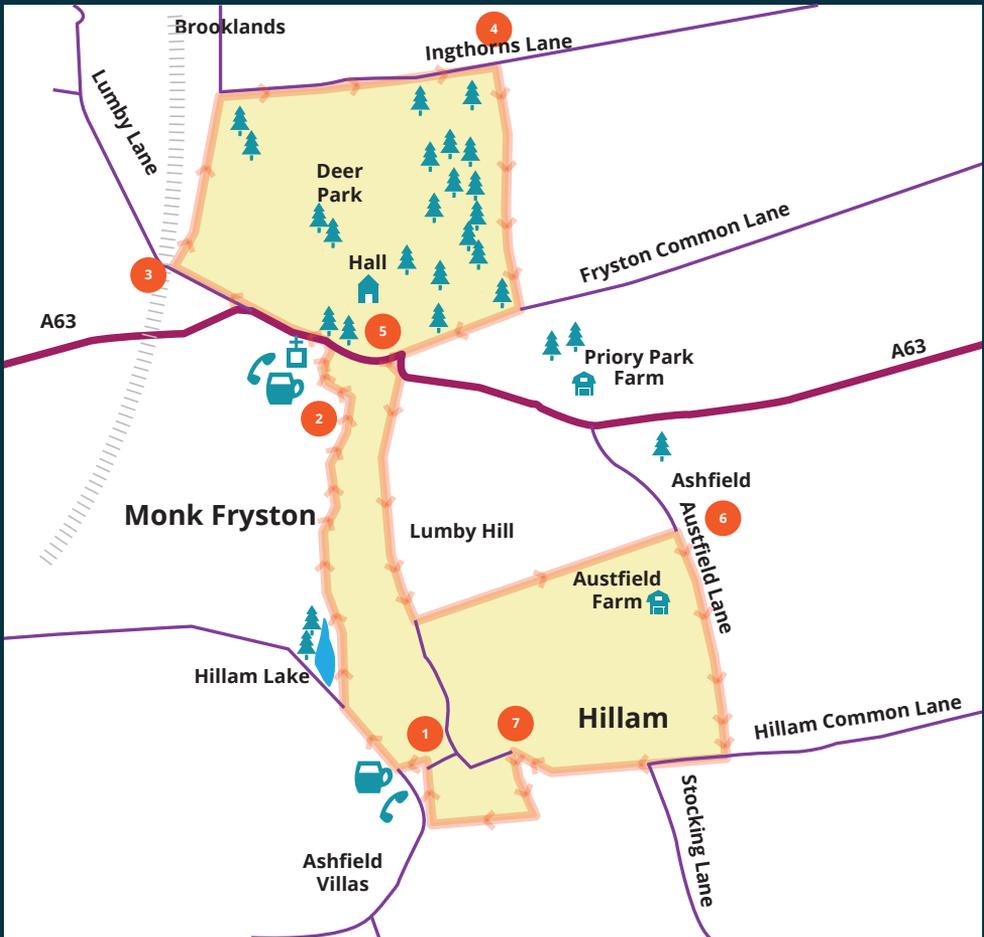
Time - 1½ - 2 hours

Parking - Cross Keys Public House, Hillam, LS25 5HE or careful roadside parking

Starting point - Cross Keys Public House, grid ref SE50799 28864

OS Map - Explorer 290 York, Selby and Tadcaster

Toilets - Cross Keys Public House (if open)



Route Description

1. Leave Cross Keys car park and turn right to join Betteras Hill Road. Follow this until you reach a footbridge on the right. Cross the bridge to join a well used track, passing Hillam Lake on your left. Continue until the track joins a lane just before the Community Centre. **(0.6 miles)**

2. Cross the lane, passing a children's play area on the left, then through an alleyway to join Church Lane. Turn left and follow this lane to arrive at St. Wilfrid's Church on your left. From the church, cross the main road and turn left to follow Main Street to its junction with Lumby Lane. Bear right into Lumby Lane. **(1.0 mile)**

3. Just before a bridge over a railway turn right into Ingthorpe Lane and continue ahead to its junction with Ingthorns Lane. Turn right and continue (Deer Park now on your right) along the lane until you arrive at a sign posted footbridge and stile on the right. **(1.7 miles)**

4. Cross bridge and stile and follow a grass track across a field (livestock may be grazing). At the end of this track pass through two kissing gates (farm buildings on left and right) before continuing, to emerge on Fryston Common Lane. Turn right and continue, to arrive at Monk Fryston Square (Monk Fryston Hotel on your right). **(2.2 miles)**

5. Cross Main Street here (take care) and walk up Water Lane opposite. Continue along Water Lane, which eventually becomes Lumby Hill, to a point just before the Hillam Village sign where you turn left at a footpath sign and join a well marked track crossing a field to Austfield Lane. **(3.0 miles)**

6. Turn right onto Austfield Lane and follow this to its junction with Hillam Common Lane where you turn right. Continue along Hillam Common Lane which eventually becomes Chapel Street, gradually bearing right until, on your left, before the street bears left, you will see a track with a wide entrance partly grassed on its left. **(3.6 miles)**

7. Cross the road here, join the track (The Priory is situated on the right of the track as you enter), and continue until you arrive at a kissing gate on your right. Go through the gate to join Hillam Hall Lane and follow this to its junction with Hillam Lane. Turn right, continue ahead and back to the Cross Keys. **(3.9 miles)**





Monk Fryston

Distances quoted are approximate and are intended as a guide only. Walkers are advised to use the appropriate Ordnance Survey (OS) map for the area when undertaking the walk and are responsible for taking care to follow rights of way and avoiding trespass on private land or damage to private property. Be aware that rights of way may have altered since publication of the map. Always follow the Country Code – Close gates, don't litter, don't pick wild flowers. Keep dogs on leads and under close control near livestock. If possible, avoid walking through fields containing cattle or horses. Wear suitable footwear and clothing appropriate to the weather conditions and terrain and always carry a drink and a mobile phone.