

CREATING A BUTTERFLY GARDEN

We can help butterflies to thrive by providing the kind of plants they like.

Some butterflies only like particular plants.

The list below are plants that provide the nectar they feed on during the year

- ANNUAL AND BIENNIALS African marigold (*Tagetes erecta*); ageratum (*Ageratum houstonianum*); alyssum (*Lobularia maritima*); candytuft (*Iberis amara*); China aster (*Callistephus chinensis*); cornflower (*Centaurea cyanus*); French marigold (*Tagetes patula*); heliotrope/cherry pie (*Heliotropium* cultivars); honesty (*Lunaria annua*); marigold (*Calendula officinalis*); mignonette (*Reseda odorata*); stocks (*Matthiola incana* and hybrids); sweet William (*Dianthus barbatus*); verbena (*Verbena rigida*); wallflower (*Erysimum cheiri*); zinnia (*Zinnia elegans*).

-- HERBACEOUS PERENNIALS Alyssum (*Aurinia saxatilis*); Agastache foeniculum; arabis (*Arabis alpina* subsp. *caucasica*); *Asperula hexaphylla*; *Astrantia major*; *Aubrieta* (*Aubrieta deltoidea*); blanket flower (*Gaillardia* cultivars); bugbane (*Actaea simplex*); catmint (*Nepeta × faassenii*); *Centaurea* spp. e.g. *C. dealbata*, *C. montana*, *C. macrocephala*; dahlias - single flowered types; elephant's ears (*Bergenia* spp.); *Eryngium* spp.; garden mint (*Mentha spicata*); globe artichoke (*Cynara cardunculus*); globe thistles (*Echinops* spp.); golden rod (*Solidago* spp.); hyssop (*Hyssopus officinalis*); ice plant (*Sedum spectabile* - dark red cultivars are less attractive); Jacob's ladder (*Polemonium caeruleum*); *Liatrix spicata*; Michaelmas daisies (*Aster novae-angliae*, *A. amellus*); perennial candytuft (*Iberis sempervirens*); phlox (*Phlox paniculata*); red valerian (*Centranthus ruber*); scabious (*Scabiosa* spp.); soapwort (*Saponaria* spp., especially *S. ocymoides*); sweet rocket (*Hesperis matronalis*); thrift (*Armeria* spp.); *Verbena bonariensis*.

SHRUBS Blackberry (*Rubus fruticosus*); butterfly bush (*Buddleja davidii*, also *B. globosa*, *B. alternifolia*); caryopteris (*Caryopteris × clandonensis*); cherry laurel* (*Prunus laurocerasus*); Escallonia hybrids; firethorn (*Pyracantha* cultivars); hawthorn* (*Crataegus monogyna*); heather (*Calluna vulgaris*); heaths (*Erica* spp., *Daboecia cantabrica*); *Hebe* spp.; ivy* (*Hedera helix*); lavender (*Lavandula* spp.); Oregon grape (*Mahonia aquifolium*); privet* (*Ligustrum* spp.); willows (*Salix* spp., especially male forms of *Salix caprea*); *Spiraea japonica*; thyme (*Thymus* spp.). *These will not flower as young plants and flowering is inhibited by severe pruning, such as clipping to make a formal hedge

Flower mix