



Roadford Lake Sailing Club

Sailing Instructions (2009 – 2012)

1 RULES

1.1 The racing will be governed by the Racing Rules of Sailing (RRS) 2009-2012, prescriptions of the RYA, relevant Class Rules and the Programme except as changed by these Sailing Instructions or those for specific events.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice boards located outside of the Race Hut or on a club notice board.

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted one hour before the race they will affect and will be signalled by displaying the flag "L" accompanied by one sound signal.

4 SIGNALS MADE ASHORE

4.1 These will be displayed on the Race Hut mast.

4.2 Postponement Signals

The warning signal will be made at least 1 minute after the lowering of flag "AP".

5 SCHEDULE OF RACES

5.1 Club Events

The schedule of races and the order and start times will be published on the Club Notice board and on the R.L.S.C. Website.

5.2 Open Events

The schedule of races, the classes to race and the order and times of the warning signals will be according to the Notice of Race and/or as displayed at the Race Hut.

5.3 Postponed or Abandoned Races

Resail dates will be published on the official notice board as soon as possible.

6 CLASS SIGNALS AND FLAGS

6.1 Club Events

Class signals and/or flags will be displayed on the notice board outside of the race office.

6.2 Open Events

Class signals and/or flags will be displayed on the notice board outside the race office unless otherwise specified in sailing instructions for the event.

7 RACING AREA

This will be Roadford Lake.

8 THE COURSE

8.1 Shore Based Starts

The course configuration and the order of rounding marks will be indicated on a course board displayed at the Race Hut/Office 30 minutes before the warning signal to start.

8.2 Committee Boat Starts

The course configuration, order of rounding marks and side from which each is to be left will be displayed on the Committee Boat before, or if displayed at the Race Hut/Office, 30 minutes before the warning signal and will be generally in accordance with RRS Appendix L Addendum A.

8.3 Number of Rounds

The number of rounds to be sailed will be displayed on a course board at the Race Hut/Office or the Committee Boat.

8.4 Gates

When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

9 MARKS

9.1 Course marks (including start/finish marks) maybe yellow, red, orange or white buoys. A diagram is attached showing the names and positions of marks. For Open Meetings large red or yellow conical marks may be used and the outer and inner distance marks will be tall yellow inflatables or dan bouys.

10 AREAS THAT ARE OBSTRUCTIONS

These are shown on attached lake diagram.

11 THE START

11.1 The start will be governed by flag signals.

11.1.1 Flag Signals

Races will be started using RRS 26. For club racing an alternative system may be used as defined in the R.L.S.C. Programme.

11.2 Starting Lines

11.2.1 Shore Based

The starting line will be between the mast at the Race Hut and the Nominated ODM.

11.2.2 Committee Boat

The starting line will be between a mast bearing the Club Flag and an outer starting mark which may be a mark of the course.

11.2.3 Limit Marks

Limit marks may be laid adjacent to the Committee Boat or the shore. Limit marks are marks of the course and shall be passed on the same side as the starting line mark that they guard. For committee boat starts, boats shall not pass between a limit mark and the starting line mark which it guards after the first warning signal of the starting sequence.

11.3 Keeping Clear

Boats whose warning signal has not been made shall keep clear of the starting area. Any boat failing to keep clear may be disqualified from their subsequent race without a hearing. This alters RRS 63.1

11.4 Starting Time Limit

A boat starting later than six minutes after her starting signal will be scored "Did Not Start". This alters RRS Appendix 4.1

11.5 Ranking as a Starter

The minimum number of boats in a race shall be three.

11.6 Individual Recalls

Flag Signals

As defined in RRS 29.1

11.7 General Recalls

Flag Signals

As defined in RRS 29.2 except that the new start will follow the last class to start in the sequence.

12 CHANGE OF POSITION OF NEXT MARK

The next mark may be repositioned by the Race Committee in accordance with RRS 33

13 THE FINISH

13.1 Shore Based

The finishing line will be between the Race Hut mast and the Nominated ODM.

13.2 Committee Boat/Offshore

The finishing line will be between the mast displaying the Club Flag on a Race Committee boat and a nearby mark.

13.3 Gates

When the course is shortened at a gate, a Race Committee boat near the gate will display flag "S" and boats shall finish by sailing through the gate from the direction of the previous mark. Finishing line will be between the gate marks. This changes Race Signal "S".

14 PENALTY SYSTEM

14.1 Accepting Penalties

A boat that has taken a penalty or retired under RRS 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

For Club racing, 20% penalty system is available as per <http://www.rya.org.uk/assets/racing/RYA%20Rules%20Disputes%20Best%20Practice%202009-2.pdf>

14.2 Race Committee

As provided in RRS 67, the Race Committee may, without a hearing, penalise a boat that has broken RRS 42.

15 TIME LIMITS

15.1 Leading Boat

The time limit for the leading boat finishing in each race will be two (2) hours.

15.2 Other Boats

The finishing time limit for subsequent boats in each race will be Three (3) hours. Boats failing to meet the time limit will be scored "Did Not Finish". This alters RRS 35 and Appendices A4.1 and A4.2

15.3 Average Lap Times

The race Committee may apply "average lap times" and to finish boats that are significantly behind the fleet. This alters RRS Appendix A3

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Advisory Hearings and Arbitration – are available as in RYA Rules Disputes Procedures – see ref. in 14.1 and posted on the official notice board.

16.2 Submission

Protest forms are available in the Race Office and shall to be delivered there completed within one hour after the time of the last boat to finish the last race. This alters RRS 61.3 and 62.2

16.3 Order and Timing

Protests will be heard in approximately the order of receipt as soon as possible in the clubhouse.

16.4 Appeals

On the last day of a series, a party to the hearing who asks for a re-opening shall do so no later than 30 minutes after being informed of the decision. This alters RRS 66

17 SCORING

17.1 Scoring will be in accordance with the Low Points system specified in RRS Appendix A

17.2 Points will be awarded to the helm and not the boat. This alters RRS Appendix A.

17.3 Club Series

The number of races to count for a valid series and qualifying helms (normally 50% rounded down) is published in R.L.S.C Programme.

17.4 Short Series

The number of races to count in each event is specified in the current R.L.S.C Programme (normally 5 or more races sailed – 2 discards, 3 or 4 races sailed – 1 discard, 1 or 2 races sailed no discard), or in the Sailing Instructions for a particular event.

18 SAFETY REGULATIONS

18.1 Retirement

A boat that retires shall inform the Race Committee as soon as possible.

18.2 Declarations

Competitors shall sign on and off. Competitors shall sign off within 30 minutes of the last boat to finish that race or in "back to

back" races. A 'Tally' system may be used. Competitors not complying with this procedure may be disqualified without a hearing. This alters RRS 63.1

18.3 Personal Buoyancy

Adequate personal buoyancy for all crewmembers shall be worn at all times. Neither wet suits nor dry suits constitute adequate personal buoyancy. This alters RRS 40

19 REPLACEMENT OF CREW OR EQUIPMENT

The boat shall be crewed predominantly by full members of R.L.S.C in closed events.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 Requirements

At anytime a boat's valid measurement certificate may be required to be presented to the Race committee.

20.2 Sail Numbers

No boat shall sail with the same mainsail number as another boat in the same class without the permission of the race committee.

21 to 22 - NOT USED

23 SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

24 to 26 - NOT USED

27 RADIO COMMUNICATION

Except in emergency, a boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

28 PRIZES

Prizes will be awarded as defined in the Notice of Race or the R.L.S.C. Programme

29 DISCLAIMER OF LIABILITY

R.L.S.C. will accept no liability for loss, material damage, injury or death sustained prior to, during, or after racing. The safety of a boat and her entire management shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race.

INSURANCE

All competitors shall warrant that they are covered by third party liability insurance of at least £2m.

