

Opening meeting Sunday 25th February 4.15pm

St Teresa's Church meeting room

It is important to attend to meet your guide for the week.

If you cannot be at this meeting please email Rose

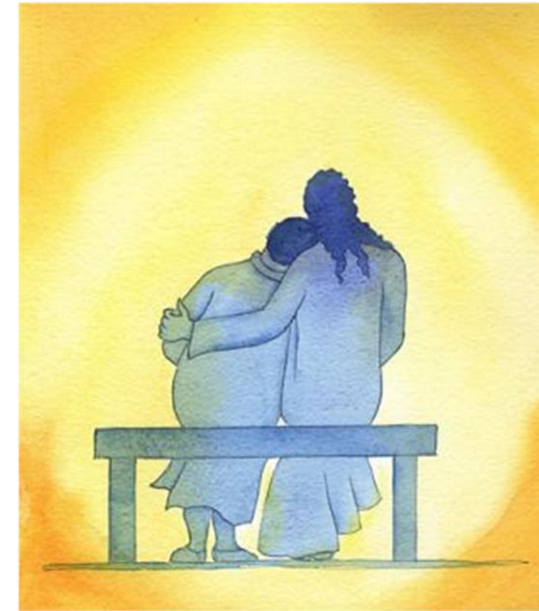
McCrave: rose.mccrave@outlook.com or

Telephone: 07866 736067

Closing meeting Friday 2nd March.



Retreat in Daily Life



Feb 25th to March 1st 2018

The Catholic Church

in Penwortham & Longton

St Mary Magdalen, St Teresa &

St Oswald

Perfect for busy people

Take some time out

Deepen your relationship with God

Explore new ways of praying

Find help with any kind of decision

What is a retreat in daily life?

It is a daily time of prayer (aiming at 30 minutes) and daily half-hour individual meeting with an experienced prayer guide during the week.

Who is it for?

Anyone who is already Christian and who wants to deepen their prayer life, or someone who is not sure what they believe but is willing to take a risk and seriously explore the reality of God. Either way, it is for any generous soul willing to commit to the elements of the week.

What is the programme?

The core elements of the week are prayer for half-an-hour each day, reviewing how that prayer time went, and meetings with your prayer guide four or five times. There are other components of the week. Introductory and closing meetings top and tail the week with helpful suggestions.

Why do the retreat?

When we are generous, God is more so. We encounter a God who loves and calls us. It can also be a great help in making or confirming decisions, big or small.

How much does it cost?

To help towards our costs participants may contribute £30 or whatever you can afford.

How will the retreat fit in with the rest of life?

You will be busier in the week of the retreat because of these extra demands, hence the need to be generous. The retreat runs alongside your normal week, however, so you won't lose any usual responsibilities. Sorry!

How do I sign up?

As soon as you know you want to participate, hand in your completed form and fee. It helps the organisers to know how many are taking part as soon as possible. We can still sometimes take people right up to the start of the retreat.

But I don't know how to pray?

Join the club! This is not a problem. In fact, such honesty is a good start.

Will I be asked to do anything embarrassing?

Not at all!

Who organises the week?

Fr. Philip Inch and a team of trained prayer guides led by Rose McCrave who works for the Jesuits.

**Retreat in Daily Life 25th Feb – 1st March 2018
Application form**

Name

Address

Email (print clearly).....

Telephone

Church attended

Availability (eg flexible, evenings only)

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If you are able to make a financial contribution to the cost of the retreat, £30 is suggested.

Please return to Parish Office by January 30th

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