

Havering and East London Ramblers

www.haveringeastlondonramblers.btck.co.uk

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Newsletter and Programme December 2018 - March 2019

Chair's Report



Another programme and a New Year on our horizon, how time flies by. We have just had our 30th AGM where we reflected on the year making note of our achievements and challenges, which includes our 30th anniversary, the rekindling of our social events and not to forget the 'walking and talking' aspect.

The challenges faced and which will continue are Network Rail issues, GDPR and Data Transition. All of these issues will continue to progress in 2019 and we will gather and reflect your comments to and from Area.

I have reviewed all the programmes 2017/18 just to get an idea of the walking distance and believe it or not the Group has walked over 788 miles, more or less from Lands End to John O'Groats. This does not include any pre-walks or detours!! This is some achievement with only 31 walk leaders, who collectively put on 125 walks. I would like to extend my thanks to every walk leader, back marker and the Committee members who have ensured everything has run smoothly in putting the programmes together, communicating information and delivery of walks. Great team work makes happy walkers.

Can I be the first to wish everyone a Happy Christmas and Happy New Year. My last word for now:

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon the fields
May the muddy bogs and styles be few
and
May there be plentiful bushes for your convenience.

Ellen

Secretary's Report

The Area AGM will be held at the Essex County Cricket Ground on Saturday 9th February, New Writtle Street, Chelmsford.

The hall is booked from 9.30am - 3.30pm. Tea/coffee on arrival, buffet lunch at 1.00pm. This AGM is open to all of our group members.

The committee elected at our group's AGM were as follows-

Chair: Ellen Owen; Treasurer: John Smith; Walks Secretary: Marion Franklin; Members Secretary: Diane Biggadike; Webmaster: Peter Owen; Ordinary committee member: Ian Rusha; and myself as Secretary.

Ken

Havering Footpath & Walking Environment Officer

Vacant

Walks Secretary

Thank you to all walk leaders for contributing to our programme, you play a big part in helping to keep us all active and healthy.

Marion

Information and Web Master

You could make a difference. Intrigued? Let me explain. Have you ever been looking for something but been unable to find it? And when you ask someone else they find it straight away and give it to you? Sometimes you can't see the obvious even when it's sitting right in front of you. It's the way we are. A fresh pair of eyes see things we can't see ourselves.

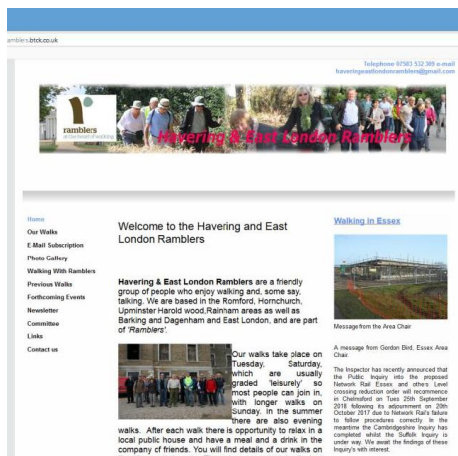
Same is probably true of the website. It's more or less the same as a few years ago.

So if you think something needs removing, moving or improving, or a new feature added, drop me a line with your ideas.

Not promising that your idea will be used, it might just go on the 'too hard' pile, or have technical limitations, or GDPR implication, but we'll have a look and see.

If you see me on a walk we can chat it over.

Peter



Dogs on Walks



To comply with the Disability Equality Act (2010), we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

We will continue to let Walks Leaders decide whether to allow non-assistance dogs to participate in their walks.

Walks: Information for Walk Leaders and All Ramblers

- Check our website (see page 1) for up-to-date walk information.
- Check the web calendar, found under 'Our Walks' on our website, to see what days are available when booking a day to lead a walk.
- Walk Leader's Checklist leaflets are available from the Walks Secretary.

Remember to tell the Walks Secretary when submitting your walk if you don't want it to go on Walkfinder (no reason is needed, it's your choice).

Information to help you decide whether you would like your walk included or excluded from Walkfinder entries on Ramblers.org.uk.

- As a general rule, London walks are added as Members Only (to keep numbers to a manageable level), with country walks going Public (unlikely to get too many walkers to be a problem).
- When we meet somewhere for forward travel (by car or train for example), these also don't get added (we can't give an accurate walk start time).
- No walk leader names or phone numbers are added on Walkfinder, instead we use the group name / email / mobile (see page 1) for the contact options.

Visit the TFL web site (tfl.gov.uk) to check your route and the availability of public transport before travelling, especially at weekends, to allow for the planning of alternative routes.



Car Share

Please car share where possible, as parking is often quite limited.

Walking with the Ramblers

All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

Incident Report Forms

Good forward planning helps to reduce the likelihood of a reportable incident happening.

Walk leaders are provided with an Incident Report Form (spare forms are available from the Walks Secretary). The form has sections on **When** and **How** to fill in the form, and other guidance to assist.

Havering and East London Ramblers Committee Members

Chair: Ellen Owen	<i>chairhaveringramblers@gmail.com</i>
Secretary: Ken Richards, 26 Arundel Road, Harold Wood, Romford, RM3 0RT	<i>kenrichards15@talktalk.net</i>
Treasurer: John Smith	<i>smuts1966@gmail.com</i>
Membership & Minutes Secretary: Diane Biggadike	<i>dbiggadike@btinternet.com</i>
Walks Secretary: Marion Franklin	<i>marionf1949@gmail.com</i>
Havering Footpath & Walking Environment Officer: Vacant	
Newham Footpath & Walking Environment Officer: John Buckle*	<i>j.buckle187@btinternet.com</i>
Webmaster: Peter Owen	<i>haveringeastlondonramblers@gmail.com</i>
Ordinary Committee Member: Ian Rusha	<i>isrusha@waitrose.com</i>

*For information



Reservoir?



River?



Coast?



Country?

It's time to start thinking about the next programme, and where you might lead walkers on a ramble.

To help you to get dates that suit you we are happy to accept walks from the beginning of December.

Thank you.

DECEMBER

Saturday 01 December 10:15

Christopher West

Meet outside Tesco's (toilet and car park end) near Bromley-By-Bow Station for a walk to London Bridge Station, via Tower Hamlets Cemetery Park, Mile End Park, Stepney Green, Wiltons Music Hall and St. Katherine's Dock.

Postcode: E3 3DA

Registered assistance dogs only .

Approx. 5 miles

Sunday 02 December 09:00

Ronald Lockhart

Joint walk with Thurrock Ramblers. Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for onward travel to The Viper Pub, with a figure of eight walk in the Ingatestone area in the morning and Blackmore area in the afternoon.

Postcode: RM3 OQA

(N.B. Please contact the walk leader beforehand if going direct to The Viper Pub, Mill Green

Postcode: CM4 0PT, Grid Ref: TL641018)

Registered assistance dogs only.

5 miles a.m./6 miles p.m.

Tuesday 04 December**CHRISTMAS LUNCH**

From 12 noon for 1-1.30 p.m. sit-down at The Cranleigh, 84 Station Lane, Hornchurch RM12 6LX. Hope you've booked your place!

Saturday 08 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 09 December 09:30**Ronald Lockhart**

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for a circular walk around the Pages Wood area.

Postcode: RM3 0QA

Registered assistance dogs only.

8 miles

Tuesday 11 December 10:30**Sue Wells**

Meet at Gidea Park Station for a circular walk (toilets in Raphaels Park approx 2 miles into the walk).

Registered assistance dogs only.

4/5 miles

Saturday 15 December 10:30**Roy Clemance & Maureen Collins**

Meet at Kilburn Station (Jubilee Line) for a circular walk around Kilburn. Toilets in Ticket Office Foyer.

Registered assistance dogs only.

5 miles

Sunday 16 December 09:00**Sandra Dalton**

Meet at Harold Wood Station for car share to Mill Green for a walk via forest and field paths. A chance to see Rudolph and friends before the big day. Christmas nibbles along the way. We will be going to the Viper pub afterwards for a drink and late lunch.

Registered assistance dogs only.

7 miles

Tuesday 18 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com



Ramblers Festival of Winter Walks

**Friday 21 December 2018
to Sunday 6 January 2019**

Saturday 22 December 10:15

Marion Franklin

Meet outside the Ingrebourne Valley Visitor Centre, Hornchurch Country Park, Squadrons Approach, Hornchurch for a walk in the country park and surrounding areas.

Nearest Postcode: RM12 6TR Grid Ref: TQ536847

Registered assistance dogs only.

5 miles

Sunday 23 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com



Tuesday 25 December CHRISTMAS DAY

No walk planned for today - enjoy your festivities!



Saturday 29 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 30 December 10:00

Ronald Lockhart

Meet at the Hornchurch Stadium Car Park, Bridge Road, Upminster for a circular walk.

Postcode: RM14 2LX Grid Ref: TQ552862

Registered assistance dogs only.

10 miles

JANUARY 2019

Tuesday 01 January 2019 10:30

Ken Richards

Meet at the car park in Harold Wood Park, Harold Court Road for a walk through Pages Wood and Harold Park Wood.

Nearest Postcode: RM3 0LA Grid Ref: TQ550901

Registered assistance dogs only.

4-5 miles

Saturday 05 January 10:00

Joan Bullivant

Meet at Embankment Station for a linear walk to Marble Arch Station.

Registered assistance dogs only.

6 miles

Sunday 06 January 10:00**Joan Bullivant**

Meet at Baker Street Station (Marylebone Road exit) for a circular walk. Please bring a packed lunch.

Registered assistance dogs only.

10 miles**Tuesday 08 January 10:15****Joan Bullivant**

Meet in the Millennium Centre car park, off Dagenham Road, Dagenham, for a circular walk through local parks and nature reserves.

Nearest Postcode: RM7 0QX

Grid Ref: TQ509860

Registered assistance dogs only.

6 miles**Saturday 12 January**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 13 January

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 15 January 10:15**Peter O'Neill**

Meet at Royal Albert DLR Station for a linear walk to the Thames Barrier (Pontoon Dock DLR).

Registered assistance dogs only.

Approx. 5 miles**Saturday 19 January 10:30****John Buckle**

Meet at the Epping Forest Visitor Centre, Paul's Nursery Road, High Beach for circular walk around Epping Forest (hilly in parts).

Postcode: IG10 4AF

Registered assistance dogs only.

5 miles**Sunday 20 January 09:00****Sandra Dalton**

Meet at Harold Wood Station for car share to South Weald Country Park. Car parking fee. Hot drinks and snacks available at end in café.

Registered assistance dogs only.

5 miles**Tuesday 22 January 10:30****Joan Bullivant**

Meet at Embankment Station for a linear walk to Waterloo Station.

Registered assistance dogs only.

6 miles

Saturday 26 January 10:20**Christopher West**

Meet at Liverpool Street Station concourse by platform 10 for a walk to Highbury & Islington Station, via Barbican, Clerkenwell, Angel and Canonbury.

Registered assistance dogs only.

Approx 5 miles**Sunday 27 January 09:00****Ronald Lockhart**

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for onward travel to the Danbury Community Centre to start the circular walk.

Postcode: RM3 0QA

If going direct, phone the walk leader beforehand so that he doesn't leave before you arrive and meet at the Danbury Community Centre (opposite the Co-Op, Postcode: CM3 4NQ, Grid Ref: TL782051).

Registered assistance dogs only.

10 miles**Tuesday 29 January 10:30****Sue Wells**

Meet at Brentwood Station (toilets on platform) for a circular walk with a break at the cafe in King George's Playing Fields.

Registered assistance dogs only.

Approx 5 miles**FEBRUARY****Saturday 02 February**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 03 February 09:00**Sandra Dalton**

Meet at Harold Wood Station for car share to One Tree Hill in Kent. Hilly walk at slow speeds with coffee stop at Ightham Mote NT and lunch in Sevenoaks. Lovely views, impressive properties and deer along the way.

A substitute walk may be available which could be shorter and local depending on weather conditions.

Registered assistance dogs only.

10 miles

Tuesday 05 February 10:30**Marion Franklin**

Meet outside Rainham Tesco Extra, Bridge Road, Rainham for a linear walk to Purfleet Station (c2c train line. N.B. Freedom Passes not valid between Purfleet and Rainham Stations. PAYG Oyster cards can be used). Toilets at start plus towards the end of the walk only (at the RSPB Visitor Centre).

Postcode: RM13 9YZ

Registered assistance dogs only.

5 miles**Saturday 09 February**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 10 February

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 12 February 10:30**Carol Thomas**

Meet at Westminster Station (Exit 1 for Victoria Embankment).

The linear walk to Tower Hill Station will include the Thames Path, Millennium Bridge, Southwark and Borough.

Registered assistance dogs only.

5 miles**Saturday 16 February 10:15****Peter O'Neill**

Meet at Warren Street Station (Victoria Line) for a Fitzrovia walk, finishing at Kings Cross Station.

Registered assistance dogs only.

Approx. 5 miles**Sunday 17 February**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 19 February 10:30**Anne Baker & Chris O'Connell**

Meet at Brentwood Station (toilets on platform) for a circular walk via Warley Gap and Warley Place (hopefully timed right for snowdrops). Coffee stop at "Thatcher's Arms".

Registered assistance dogs only.

6 miles

Saturday 23 February 10:15**Joan Bullivant**

Meet at High Street Kensington Station for a circular walk.

Registered assistance dogs only.

6 miles**Sunday 24 February 10:00****Joan Bullivant**

Meet at Hampstead Heath Station (Overground) for a somewhat hilly circular walk. Please bring a packed lunch.

Registered assistance dogs only.

10 miles**Tuesday 26 February 10:30****Alan & Rosalind Kendrick**

Meet at Grange Hill Station (Central Line) for a circular country park walk in Hainault Forest. Refreshments stop at cafe.

Postcode: 1G7 4JY (parking in nearby streets if required).

Registered assistance dogs only.

6-7 miles (with option to leave walk early)**MARCH****Saturday 02 March 10.30 Shirley Andrews and Rosalind Kendrick**

Meet at Hyde Park Corner Station (Exit 1) for a walk through the Royal Parks, finishing at Westminster Station. Café stop and toilets en route.

Registered assistance dogs only.

5 miles**Sunday 03 March 09:00****Sandra Dalton**

Meet at Harold Wood Station for car share to the Shoreham area in Kent for a walk in the Darent Valley. Walk route to be finalised later but should include Lullingstone Castle and Shoreham village.

Registered assistance dogs only.

7-10 miles**Tuesday 05 March 10:30****John Buckle**

Meet at Tower Hill Station for circular walk around City of London finding various alleyways.

Registered assistance dogs only.

5 miles**Saturday 09 March 10:15****Peter O'Neill**

Meet at Piccadilly Circus Station, Exit 3 for a Mayfair walk finishing at Embankment Station.

Registered assistance dogs only.

Approx. 5 miles

Sunday 10 March

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 12 March 10:15

Marion Franklin

Meet outside Tesco's (toilet and car park end) near Bromley-By-Bow Station for a walk to Barking Station. The linear walk will be towards Beckton, then go on to Barking Station via the Town Quay, Barking Abbey and Curfew Tower.

Postcode: E3 3DA

Registered assistance dogs only.

6 miles

Saturday 16 March 10:30

Carol Thomas

Meet at Weald Park Visitor Centre car park, Weald Road, Brentwood for a circular walk. Refreshments and toilets in the Centre at start and finish.

Post Code: CM14 5QS

Registered assistance dogs only.

5 miles

Sunday 17 March

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 19 March 10:30

Anne Baker & Chris O'Connell

Meet at the top of Exit 2, St Paul's Station (outside Café Nero). The linear walk will be along the Embankment and London Parks to Queensway Station (coffee stop by the Serpentine)

Registered assistance dogs only.

5 miles

Saturday 23 March 10:30 Shirley Andrews & Rosalind Kendrick

Meet at Finsbury Park Station for the Parkland walk, mostly along a nature reserve created along a disused railway line, finishing at Wood Lane Station. Café stop and toilets en route.

Registered assistance dogs only.

5 miles

Sunday 24 March 10:00**Joan Bullivant**

Meet in Bedfords Park (in the main car park near the Visitor Centre) Broxhill Road, Havering-atte-Bower, for a circular walk through local country parks. Café stop but advisable to bring a packed lunch.

Nearest Postcode: RM4 1QH Grid Ref:TQ520923

Registered assistance dogs only.

10 miles**Tuesday 26 March 10:30****Jan & Les Cannings**

Meet at Wapping Station (London Overground) for a linear walk finishing at Westferry DLR Station.

Registered assistance dogs only.

5 miles**Saturday 30 March 10:30****Jan & Les Cannings**

Meet at Greenford Station (Central Line) for a linear walk along the Grand Union Canal and Horsenden Hill, finishing at Alperton Station (Piccadilly Line). Bring your own drinks and snacks.

Registered assistance dogs only.

Approx 4.5 miles**Sunday 31 March 09:00****Ronald Lockhart**

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for onward travel to the White Hart Pub, Bridge Road, Moreton to start the circular walk.

Postcode: RM3 OQA

If going direct, phone the walk leader beforehand so that he doesn't leave before you arrive, and meet at the White Hart Pub (Postcode: CM50LF, Grid Ref: TL534089).

Registered assistance dogs only.

10 miles

Thank You To These Walk Leaders For This Programme
Alan Kendrick
Anne Baker
Carol Thomas
Chris O'Connell
Christopher West
Jan & Les Cannings
Joan Bullivant
John Buckle
Ken Richards
Marion Franklin
Maureen Collins
Peter O'Neill
Ronald Lockhart
Rosalind Kendrick
Roy Clemance
Sandra Dalton
Shirley Andrews
Sue Wells

WHITE CLIFFS OF DOVER SEPTEMBER 2018

After walking
up to the
White Cliffs
Visitor Centre
& having a
short break,
we went
onwards and
upwards....



....then down again

....until our final destination was in sight



....and we arrived at The South Foreland Lighthouse!

Ramblers Holidays **Walking Partnership**

The Walking Partnership

The Havering and East London Ramblers group has joined The Walking Partnership. This partnership, supported by Ramblers Walking Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Walking Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Walking Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like-minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 331113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.



TOGETHER

Ramblers Charity England & Wales No: 1093577 Scotland No: SC039799

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call **01707 386804**



Walking holiday partner



Ramblers
Walking
Holidays **R**

Enjoying a well-earned break during the October New River Walk.



GROUP MOBILE PHONE

To receive text alerts (group members only please) of short-notice walk changes because, for example, you're not easily able to access email alerts sent out, please follow the instructions below.

*Remember to add the group mobile phone number
07583 532309 to your own phone contacts.*

***To Subscribe**, please text: OPT IN followed by your name. Your details will then be added to the group mobile CONTACTS list.*

***To Unsubscribe**, please text: STOP followed by your name. Your details will then be deleted from the group mobile CONTACTS list.*