

09.09.08

Gold Star speaks through KHB.

We greet you my friends. So once again we come together; this has been a good day. We did tell you last week that we were going to try to bring more patients to you; we are sure that the time is ready to let this happen. There must of course be a time of adjustment, to allow yourselves to build an even greater energy within yourselves for always there is the need to be aware of your own bodily functions, the times of strain that be placed upon them, because of the way in which you work.

We watch you as you bend and you twist, and for some reason you feel this is the way you should do things, we understand why of course. But as you have been told, all you need to do is to place your hands upon the head or shoulders of the person to receive the healing energies. Sometimes it causes us amusement when we see that your patients cannot accept that healing has taken place unless every part of the body has been covered. It is such a waste of time, but of course they feel that they need this, and so this is the way you work.

Just think my friends what happens when you send out your thoughts of healing energies over the ether, that which you call absent healing. Do you need to touch a patient? No! It is the thought that transfers the energies to that patient. Yet we have to be involved, like to be involved, as do you, and we learn to understand the functions of the physical body so that as we draw close to use you as instruments, we know how to work, where to find the darkness within that body. While we are doing this, your hands are running all over the place, [Our spirit friend was laughing at this time] yet we do the work for you, as you know.

I am sorry, we do not decry the way in which you work, it just amuses us at times when we see the actions of the healer's bodies, and this is the way it is and this we understand. But you see now why we say to you that you must give time for the body to adjust, to become stronger and, in some cases, shall we say supple, so the actions which you use do not weary and drain you of your energies. These are only small points we raise, we hope you find them of interest.

Once again many have gathered and draw close to you, bringing their love to you and to those who enter this place for the healing intent. So many seeking the way forward on both sides of the veil, it is at times such as these when all can draw closer together, helping one another with so much love and prayers for the future. But now others would wish to come to you, speak to you, to gain the experience that they desire to have.

Do not be afraid should you find that perhaps today you may feel a different vibration about you; you were told that those in the upper realms have been working to make it possible for something special to happen for YOU. This time is drawing close and we, and you must be prepared for that time, this is why the vibrations may become stronger, a little different, to that which you are used to. I have said enough.

I will leave you now my dear friends with love, and we ask that the blessings of the Great One may continue to dwell upon you and your loved ones in the days to come. Walk in peace my friends, go in peace.