

SPIRITUAL HEALING AND REIKI AVAILABLE

Bath and North East Somerset

Bath 01225-464 427 (White Eagle Group)
 Englishcombe Village 01225-312 202
 Keynsham 0117-986 0179 or 986 7250

Bristol

Stoke Bishop 0117-968 3139 or 968 3127
 Westbury on Trym 0117-907 9516 or 950 3608

Gloucestershire

Frampton on Severn 01452-740 897 Gloucester 01452-611 491
 Upton St. Leonards 01452-615 289

South Gloucestershire

Alveston 01454-411 763 Filton 0117-969 5697
 Hanham 0117-960 0309 Thornbury 01454-412 539
 Oldland Common 0117-932 2411
 Yate 01454-326 009
 White Eagle Group 0117-9600 309

Monmouthshire

Caldicot 01291-423 387 or 421 175 or 422 487
 Chepstow 01291-629 618
 Newport 01633-671 619 or 254 823 or 423 810 or 07980-561 744
 Pontypool 01495-762 651 or 740 326
 Swansea 01792-405463 or 539836 or 078111 59063

Somerset

Brean 01278-751 310
 Bridgwater 01823-698 602 or 01278-683 330
 Burnham-on-Sea 01278- 782 131
 Frome 01373-466 043
 Somerton 01458-223 155 Wells (Croscombe) 01749-346 414

North Somerset

Langford 01934-852 238
 North Worle 01934-521 532
 Weston S. Mare 01934-520 350 or 612 133

Wiltshire

Chippenham 01249-657 533 (Bluebell Group)
 Westbury 01373-823 469 (Healing Centre) or 01373-822 965

Please mention this journal if you contact any of the above.



'Mooseheart', Winscombe, Somerset

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President's Message

I hope you will enjoy this new issue of our BDAH journal, prepared by Helen Bevan.

At the end of April we held our AGM at the Elemental Sanctuary in Fishponds, Bristol. All the current members of your committee were re-elected and we welcomed another person whose experience and vision will be much valued, Dr. Peter Heap. Please note that the role of membership secretary is now being undertaken by David Lindsay, Lynne Williams having completed four full and successful years in that role. We are very grateful to Lynne, and husband Alun for all the hard work undertaken.

Reports from officers of the committee at the AGM confirmed that your Association remains in a healthy position. We have implemented some changes concerning our affiliations. We have resigned from the Association of Healing Associations (AHA) and UK Healers. The former had developed a strategic plan for becoming a global organisation and your committee felt that the plan was unsoundly based and would inevitably result in increased costs with no real benefit to our members. The latter has diminished in influence and, again, offered no real benefit for our members.

We have affiliated with the Friendly Group of Healers, like-minded healing groups that share their knowledge and information at informal meetings and by other means of communication. We have also joined HPAI through which body we have arranged healer insurance. These measures have meant that we have again been able to avoid any increase in membership fees.

The still incumbent government (at the time of writing) continues to pursue its efforts to regulate every modality of healing and complementary therapy. There are currently continuing negotiations concerning the so-called "vetting and barring" scheme. This would mean every individual healer having to submit to, and pay for, a check by the Criminal Records Bureau. It is, of course, unnecessary on the basis that, if healers generally are such a danger to the public, why are our insurance premiums so low? I fear that the intent is to reduce the number of active healers. We will advise any developments on this facet of government intervention in our next journal or through word of mouth earlier, depending upon developments.

Finally, on a brighter note, Angela Wenger has qualified for Honorary Membership of BDAH for her long and valuable service (and age...shhh). Congratulations, Angela – keep up the good work!

Tony Smith

COMPLEMENTARY THERAPISTS

ACUPUNCTURE

Barbara Scott-Alexander 01749-346 414 WELLS, Somerset

BACH FLOWER REMEDIES & KINESIOLOGY

Bea Hansen 0117-9049 705 KNOWLE, Bristol

BOWEN TECHNIQUE

Barbara Scott-Alexander 01749-346 414 WELLS, Somerset

CRYSTAL CHAKRA BALANCING

Colin Babb 01291-423 387 CALDICOT, Gwent
George Stone 01633-671 619 NEWPORT, South Wales
Marion Parish 07980561744 PONTYWAUN, NEWPORT

EMOTIONAL FREEDOM TECHNIQUE (EFT)

Sarah Dann 01291-422 487 CALDICOT, Gwent

HYPNOTHERAPY

Ron Tropman (MSH Dip.Hyp) 01278-751 310 BREAN, Somerset
Dr Peter Heap 01278- 782 131 BURNHAM-ON-SEA, Som
Marion Parish 07980561744 PONTYWAUN, NEWPORT

INDIAN HEAD MASSAGE

Linda Kite 01225-312 202 ENGLISHCOMBE VILLAGE, Bath

JOHREI

Dr Peter & Mrs Margaret Heap 01278-782 131 BURNHAM-ON-SEA, Som

MAGNIFIED & METAMORPHIC HEALING

Frank Trim 01373-466 043 FROME, Somerset
Marjorie Ellery 01373-822 965 WESTBURY, Wilts

QUANTUM VIBRATIONAL KINESIOLOGY

Lynne Williams 0117-986 7250 KEYNSHAM, Bristol

REFLEXOLOGY

Sheila Singleton 0117-968 3127 STOKE BISHOP, Bristol

SEICHEM

Barbara Scott-Alexander 01749-346 414 WELLS, Somerset
Lynne Williams 0117-986 7250 KEYNSHAM, Bristol

SHOTORYU-KARATE (instructor)

Nick Moller 0117-969 5697 FILTON, Bristol

STRESS SOLUTIONS, COUNSELLING & LIFE COACH

Nigel Cranham BA(Hons) PgDipG 0117-907 9516 W-O-TRYM, Bristol

Please mention this journal if you contact any of the above

HEALING CONTACTS

The Bluebell Spiritual Awareness and Healing Group.

Chippenham, Wilts. Wednesdays 7.30 p.m. **Contact:** 01249- 657 533

The White Eagle Lodge

www.whiteagle.org.uk

Head Office: 01730-893 300 **Local contact:** Olive 0117-960 0309

Bristol healers alternate Tuesdays 2.30 p.m.

Meditations/readings and discussions alternate Fridays 2 p.m.

Penny Brohn Cancer Care (previously Bristol Cancer Help Centre)

Fax: +44 (0) 1275-370 101

www.pennybrohncancercare.org

Helpline: 0845 123 23 10

E-mail: info@pennybrohn.org

Self Realization Meditation Healing Centre, Queen Camel, Yeovil

01935 850 266

www.selfrealizationcentres.org

NFSH Central Office

0845-123 2777 **Healer referrals:** 0845-123 2767

www.nfsh.org.uk

Alliance of Healing Associations

www.alliancehealing.co.uk

World Federation of Healing

01823-668 571

www.wfh.org.uk

Healers International 01434-600 911

www.healersinternational.org.uk

The Healers International Network

05601-132 745

www.thin.org.uk

The Harry Edwards Healing Sanctuary

0870-389 2054

www.harryedwards.org.uk

e-mail: info@burrowslea.org.uk

Duchy Healers Association 01566-86024

www.duchyhealers.org.uk

The Friendly Group of Spiritual Healer Associations

www.friendlygroup.org.uk

Devon & Cornwall Healers 01626-772 711

Dorset, Hants & Wilts Healers 01202-822 994

Home Counties Association of Spiritual Healers

The Norfolk Healers Association Suffolk Healers Association

Sussex Healers Association Strathclyde Healers Association

Lancashire and District Healing Association

The Yorkshire Healers Association

Please mention this journal if you contact any of the above

Healing Testimony from a Father

Exactly a year ago as I write this, my four year old daughter (then three) came down with a virus. The whole family had been feeling unwell so we thought little of it. We tried to get her to take some medicine but she wouldn't even drink. After a day or so we took her to the doctors who said she was (as we expected) dehydrated and needed to go to the hospital to have a drip inserted. We did so immediately.

In the A & E department it felt like a scene from a hospital in the Middle East, our poor little girl was crying in pain but there was no bed, so we improvised one from some plastic chairs, and waited whilst she had a cannula inserted ready for the drip, we waited and waited. Eventually we were moved to a ward, still no drip. The doctors presumed she had a water infection from the dehydration and said that if we got water into her she could go home. My mother, mother-in-law, wife and I then had the task of forcing our child to drink water; it was and still is deeply distressing.

It didn't work.

My wife kept telling the staff that there was more than a water infection wrong with our daughter but they didn't listen, when you are ill you ask the hospital for help, when they don't listen who can you turn to?

They finally took action on the third day when she wet herself and just laid in it, by now she had been rambling and only seemed to be able to say Mum-ma.

They gave her a brain scan but could see nothing unusual, and so it was arranged for us to go from Exeter to Bristol Children's Hospital. She was admitted there straight into the intensive care ward. Her situation got worse and she slipped into a state of coma. At the time my wife was breast feeding our baby who had to be brought in each day by my in-laws from my wife's sister's house in Weston and then after a while every other day from Exeter by anyone who was visiting, this made things even more unbearable as we'd be without our other dear daughter.

She stayed on the intensive care ward whilst various things were monitored, which worried us to pieces. She was then deemed stable and moved firstly to a normal ward before being moved to a more high dependency ward, which would become our home for the best part of the next three months. The staff there were truly wonderful and allowed us to both stay in the room with our precious little girl. We really were going out of our minds with worry, and one day whilst tidying our often messy home the word healers came into my head. My wife contacted her friend

who had tracked us down a number for some healers in Bristol, this kind person then put us in touch with Keith and Helen from the Bristol District Association of Healers. When they came we were, and forever will be, incredibly grateful and humbled that strangers were prepared to go out of their way to help us all. They didn't ask for anything from us and they kept coming regularly giving us strength each time. They gave healing to our daughter, us, a nurse and my mum, my mother in law, and even offered it to my sceptical friends, anyone who wanted it. Even the people who didn't believe conceded there was no harm in trying. During this time I had a re-emergence of the type of feelings I had repressed since my childhood, feelings of somebody with me "in spirit". I knew that one of the spirits with me now was my grandfather who had helped raise me like a father and only passed over a couple of years earlier; the other one I felt was a heavy smoking uncle, something I had confirmed for me by firstly, the heavy scent of tobacco and then when Keith came one day he said that I had an Uncle John with me, which was of course his name. Whilst experiencing this feeling of support I started to get the overwhelming knowing that she would be fine. Of course I was still scared each time a machine beeped unexpectedly, but slowly we saw improvements. Ella was diagnosed as having Acute Disseminated Encephalomyelitis (ADEM), her body thought of the virus she had, and then turned on her brain causing it to effectively shut down. When she woke up she didn't know anything or anyone not even how to drink, but she was awake now. I always remember seeing her face look towards a magician who was entertaining the children and feeling such joy that she was able to. When we finally came home our daughter didn't recognise the house or even her bedroom, but she was home.

Since then I have really changed my life studying Spiritualism, healing and metaphysics, and have set up The Bluebell Centre, (www.thebluebellcentre.co.uk) which I hope will enable me to pass on what I've learnt to help others. My dream would be to make it a completely free foundation. Keith did tell me that he thought I would become involved in healing and things, he was very right!

I would also like to say a big thank you to Ronald McDonald House, a charity in Bristol that houses families with sick children who, once we got in there, were another ray of light. It also meant our other angel could come and stay with us instead of being brought up to visit. I got even more strength from her being with us.

My daughter started school in January and continues to amaze medical staff and myself with her progress

ST FRANCIS'S HEALING GARDEN, ALVESTON.

Healing Clinic Tuesdays 10.00 am - 6.00 pm by appointment only.

Telephone Angela on 01454 411763 (by the Monday before at latest) for an appointment and directions.

A Spiritualist Centre in Caldicot, Gwent, is run by BDAH members Eileen Babb and her husband Colin. It meets every Friday, with visiting mediums, at Portskewett Recreational Hall, Manor Way, Portskewett 7.15 – 9.30 pm, with a Development Circle there every Tuesday 7 – 10 pm.

Every **Thursday** there is healing available at the Council Offices, Sandy Lane, Caldicot 7 – 9.30 pm.

Contact for both of the above: - 01291 423 387 or 423 920.

Heape's Gallery of Tranquility

39 Victoria Street, Burnham-on-Sea, Somerset TA8 1AN

For crystals etc. & many different therapies.

Tel: 01278 782131

e-mail: Dr_peterfheape@AOL.com

SPIRITUAL AWARENESS AND/OR HEALER TRAINING GROUPS

Colin Babb	01291-423 387	Caldicot, Gwent
Helen Bevan	0117-932 2411	Fishponds & Brislington, Bristol
Sue Knight	01458-223 155	Somerton, Somerset
George Stone	01633-671 619	Newport, Gwent
Olive Thompson	0117-960 0309	Oldland Common, Bristol (White Eagle)

HEALTH PRODUCTS

NEWAYS SUPPLIER: Tony Smith 0117-986 0179 or 07967-740 388

TREE-HARVEST NATURAL REMEDIES: 01531-650 764
enquiries@tree-harvest.com

GOLDEN ROSE Natural Remedies Supplier: Ernie Bussell 0117-942 0425
erniebussell@goldenrose1.wanadoo.co.uk

Please mention this journal if you contact any of the above

different kinds growing, and on the right were tall vines and some fruit trees. Standing with his back to the Monastery, I spotted a Monk with many birds round him and went up to him. 'Remember, my child' he said to me 'when you go back to earth, this is how birds should be..... free Not cooped up in cages!'.

With that, Doug's voice intervened, calling us to retrace our steps and return to normality. As is usual, we were asked to tell the group about anything interesting we had experienced. When I related the above, Doug confirmed my own belief by saying 'That was St Francis'. This was the start of many encounters.

Angela Wenger

P.S. I have always wanted to visit Assisi - kind family and friends have given me items as souvenirs but I wanted to go there myself. I understand the walking around and up to it would have been beyond me though. Feeling a bit sad about that, Francis suddenly said "My child, you do not have to go to Assisi to find me, I am here with you in Alveston". What pleasure that gave me!



Editor's Note: - watch for Part Two in the next journal.

I am currently working towards a doctorate in metaphysics and intend to walk along the Great Wall of China in October 2010 together with a friend to raise money for Ronald McDonald House and have a site set up to take donations at:- www.justgiving.com/adam-jamie on which any donations would be gratefully received.

Adam Oak

Editor's Note: - this is the little girl that we asked all of you that we have an e-mail address for to send healing to. Although Adam only thanks Keith and I, as we were the only ones he saw, I'm sure he would also join me in thanking all you good souls who bolstered our healing with your own thoughts and prayers.



Adam and Ella with Colin Babb at 2009 Healing Weekend

Charity Mind, Body, Spirit event in Glastonbury Town Hall, Saturday September 11th 2010. 10.30 a.m. - 5.30 p.m. Admission: 50p

At this event in March Helen, Keith and Bez helped raise £2,370 for The Bluebird Appeal's 'Merkato Project', (via EveryChild), which is based in Merkato market, Ethiopia, where hundreds of children live and work on the streets, providing a drop-in centre for vulnerable young girls, where they can sleep safely; and a community centre providing education to 1,500 children and credit union schemes for vulnerable families.

www.everychild.org.uk

NEW DIMENSIONS

A MONTHLY MEETING OF LIKE-MINDED PEOPLE, TO HEAR TALKS ON A
WIDE RANGE OF ESOTERIC SUBJECTS

Sunday 20th June 2010

ENHANCE YOUR LIFE THROUGH 'LIFE UPGRADE'

Tracy Holloway (www.tracyholloway.com)

Uplifting, empowering and incredibly simple – yet profoundly effective! Tracy is a channeller, visionary and a metaphysical teacher. 'Life Upgrade' is a new way of 'Being' that is an amazing method of self-development and transformation. Tracy will show us how easy it is to bring quick and positive changes into our lives by reprogramming the belief system. 'Life Upgrade' can help us improve all aspects of our lives, including health and well-being.

Sunday 18th July 2010

OUR ASCENSION INTO NEW DIMENSIONS

Chris Bourne (www.openhandweb.org)

Our evolution has reached a vital crossroads. A powerful Spiritual Awakening is happening to human beings all across our planet. It is an entirely natural unfolding into a higher vibrational reality of unconditional love, joy and mutual respect for all life. This miraculous new paradigm exists here and now all around us. The question is, how do we access it? Chris will show us how science can meet spirituality and how we can all benefit from our ascension into New Dimensions.

Sunday 19th September 2010

SPIRITUAL HEALING THROUGH HERBS

Nathan Hughes (www.ruskinapothecary.org.uk)

Each plant has its own consciousness and Nathan, a qualified Herbalist, will explain how we can connect with it, bringing about a greater understanding of the plant and its potential healing properties. It is amazing how much more you can discover about a plant by meditating with it or through taste or smell. Learn how, by taking a herb, the body may start to heal itself!

*The meetings will be held at Friends' Meeting House, 126 Hampton Road,
Redland, Bristol BS6 6JE*

3 p.m - 5 p.m. Entrance £5; refreshments included. Everyone welcome.

For further info contact 01225 722963 or leasurs@tiscali.co.uk

ENCOUNTERS WITH ST FRANCIS OF ASSISI

Part One

It was during the 1990's that my encounters with Francis began. The first time I met him was during a Meditation led by Doug Sevier during a Meeting of the Bristol Lightworkers. Doug took us on a short journey to another realm, and left us before a large, grey stone building with several steps up to the heavy double doors.

I opened one door and went into what appeared to be an old Monastery. Feeling I should not presume to enter via the 'grand' main entrance, I turned left and went down spiral stone steps finding myself in a large kitchen, which was a hive of activity. Monks were busy moving around the stone flagged floor and everyone was working at a feverish pace. On the left was a big open fire and there were huge pots simmering on a range. One monk looked up from stirring a big cauldron and said 'If you like, you can go back up the steps and into the Chapel.' As I was obviously disturbing the preparations of a dinner for many, I felt very much in the way, thanked him, and retreated up the steps.

I found myself in a high and beautiful Chapel – reminiscent of Mont St Michel in Northern France. The Chapel had a simple altar at the end, and many high open unglazed windows on both sides letting in sunlight. There were rows of simple wooden benches and I sat down at the back, enjoying the atmosphere and wondering what would happen next. I did not have to wait long. A steady procession of monks, clad in brown habits with simple girdles and open sandals, entered via a side door and took their seats on the benches. Plain song commenced and I listened in wonder. Soon birds of many different types flew up from outside, perching on the stone frames of the high windows. There were gulls, doves, passerines, indeed birds of all sorts and sizes. Suddenly they all started to 'sing along' with the monks, accompanying the plain song, and obviously thoroughly enjoying the music. Then the chanting ceased and the monks departed. However, the birds remained, still singing just for the joy of singing and not wanting to leave the place.

An elderly monk spotted me at the back and said, 'You can go out and have a look at the garden, if you like.' So I went through an open door on the right and found myself in a lovely natural garden with old stone walls, bathed in sunshine. There was some rough grass and many herbs of

Body of Love by Joanne Clark

Oh for a muse
To take me o'er
And fill me up
With creative water
Ripple through me
And flow to my soul
Out from a delta
Of water that's cool

Let my veins brim full
In the heat of your fire
Reaching to Sun
For your rays of warmth
My sinews will glisten
In sparkle of Moon
Still my emotion
And heartbeat for you

As stars gently sparkle
My thoughts to your eyes
Looking right through me
And lifting to skies
On a soft bed of cloud
I spy my sweet dove
Thus leave me to die
In this heaven of love

Inspired by Frank Topping

Sheila Singleton

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Burma Education Partnership



'Burma', the name conjures up images of an exotic corner of Empire which inspired the works of Kipling and Orwell. The road to Mandalay now cuts through the heart of a country ruled by a brutal military dictatorship with a standing army estimated at about 400,000 - roughly twice the number of troops used in the invasion of Iraq in 2003. The military controls the country and its influence and presence permeates all levels of society. A war against ethnic groups struggling for autonomy has rumbled on for over 60 years. In 2008 thousands of Buddhist monks took to the streets to protest against military rule and were brutally repressed. Aung San Suu Kyi the leader of the movement for democracy is now banned from participating in the elections scheduled for later this year.

Due to the fighting, political repression and economic hardship the long, porous border between Thailand and Burma is home to thousands of displaced people. About 130,000, mainly from the Karen ethnic group, languish in refugee camps in Thailand and perhaps quarter of a million economic migrants have set up scattered communities along the border. They provide cheap labour for farms and factories in Thailand.

The Karen Education Partnership was set up in 2002 and worked with the displaced Karen people of Burma. The Karen people were staunch allies of the British during World War Two. They are now suffering from the effects of many years of oppression and brutality.

The needs of other ethnic Burmese groups such as the Karenni, Kachin, Shan, Mon and Burman were later identified. The name 'Burma Education Partnership' was subsequently adopted, as it is now more representative of our work.

Skiing at the Dump; The bizarre, the tragic and the inspiring

'I go skiing' was the response chanted by the Grade 4 class to the teacher's prompt from a flashcard showing a figure, with flowing scarf, descending snowy slopes. This was followed by 'I play baseball' and 'I go skateboarding' leading into a list of other chorused activities fairly familiar to a western audience. Outside the scene was less familiar. Heaps of rubbish formed a small range of hills around the school. Plastic bottles, cans, old shoes, wrappers, bags, boxes and the indefinable left-overs of modern life created a surreal fly-infested landscape and a bizarre setting for the lesson. Looking rather like clumsy skiers, figures with scarves masking their faces and carrying pointed sticks ranged over the rubbish. Skiing was out of the question. Scavenging, however, was definitely in vogue.

This was the 'Dump', home to the parents and children of Sky Blue school. The name has an aspirational feel about it; the reality is quite daunting. The inhabitants of the Dump are Burmese migrants who make a living out of selling whatever they can scavenge from the local tip. They are illegal and I was told their shelters on the Dump are periodically pulled down by the Thai police. Life is precarious for the 'dump-skiers'.

Just beside the Dump sits the school, a low concrete building with a corrugated iron roof. Its rectangular orderliness is an intrusion on the uneven topography of the heaped rubbish. It's a building that means business. It's also noisy. There are no classrooms as such but one large space roughly partitioned into areas filled with groups of children chanting their lessons. The smell of decay is a little less pungent inside the building. There are also fewer flies.



In a way the school stands as a microcosm of the whole educational situation in the area. It is both tragic and inspiring. Everyone is illegal

"If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep you are richer than 75% of this world. If you have money in the bank, in your wallet, and spare change in a dish, you are among the top 8% of the world's wealthy."

"If you woke up this morning with more health than illness, you are more blessed than the many who will not even survive this day."

"If you have never experienced the fear in battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation, you are ahead of 700 million people in the world."

"If you can attend a church without the fear of harassment, arrest, torture or death you are envied by, and more blessed than, three billion people in the world."

"If you can hold your head up and smile, you are not the norm, you're unique to all those in doubt and despair."

Ok, what now? How can I start?

If you can read this message, you just received a double blessing in that someone was thinking of you as very special and you are more blessed than over two billion people in the world who cannot read at all.

Enjoy your day, count your blessings, and if you care to, pass this along to remind everyone else how blessed we all are.

ATTN: Acknowledge Department

"Thank you God for giving me the ability to share this message and for giving me so many wonderful people with whom to share it."

WHAT HAPPENS IN HEAVEN

I dreamt that I went to Heaven and an angel was showing me around. We walked side-by-side inside a large workroom filled with angels. My angel guide stopped in front of the first section and said, "This is the Receiving Section. Here, all petitions to God said in prayer are received."

I looked around in this area, and it was terribly busy with so many angels sorting out petitions written on voluminous paper sheets and scraps from people all over the world.

Then we moved on down a long corridor until we reached the second section.

The angel then said to me, "This is the Packaging and Delivery Section. Here, the graces and blessings the people asked for are processed and delivered to the living persons who asked for them." I noticed again how busy it was there. There were many angels working hard at that station, since so many blessings had been requested and were being packaged for delivery to Earth.

Finally at the farthest end of the long corridor we stopped at the door of a very small station. To my great surprise, only one angel was seated there, idly doing nothing. "This is the Acknowledgment Section", my angel friend quietly admitted to me. He seemed embarrassed. "How is it that there is no work going on here?" I asked.

"So sad," the angel sighed. "After people receive the blessings that they asked for, very few send back acknowledgments"

"How does one acknowledge God's blessings?" I asked.

"Simple," the angel answered. Just say, "Thank you, God."

"What blessings should they acknowledge?" I asked.

including the teachers and therefore everyone is insecure. Career prospects for the teachers are, to say the least, limited. Levels of English, even amongst those teaching the language, are often low. Teaching methods are largely traditional with rote-learning being the predominant method. Some teachers do not have the skills required to deliver the new curricula which their schools have had to adopt. Working conditions are basic. In some schools pay is sporadic. In fact, their schools are not allowed to be classed as schools but must exist as 'learning centres'. In these conditions one would expect to find a demoralised and rather despondent workforce.

This is not quite the case. Our three teachers forming a mobile unit work in twelve schools with over 30 teachers every week attending their English classes and training workshops. There is a huge appetite for learning English. We have to be realistic and acknowledge that some teachers, in these insecure and difficult circumstances, will use the language for their own purposes but there are many really keen teachers who take a pride in their work and do their best to make life for their pupils more interesting and varied. John delivers English classes for the teachers at Sky Blue at least twice a week. His classes [even on a Saturday] are well attended by enthusiastic teachers. Katharine and Linda have had the same response.

Some schools are led and influenced by quite remarkable individuals. Aye Aye Maung is 68 years old, living in exile from her own country but gives everything to her job as head teacher of a small 'community school'. She is open to new ideas and works long hours. Win Tun runs a small progressive school trying to develop critical thinking skills. His pupils are encouraged to take ownership of their learning. Active involvement by pupils in their education rather than passive rote-learning is clearly in evidence in the school.

Our experience so far suggests that support for the teachers at a classroom level is a most effective way of using the efforts and skills of a mobile unit of professional teachers. We can build productive personal and professional relationships and by using a mobile unit we can have some impact on a wide range of schools and a large number of pupils. Importantly, by working in clusters the teachers can come together easily for after school classes without the danger of travelling and being challenged by the police. This is slow and difficult work but that is the reality of educational development anywhere in the world. We are lucky to have young teachers who are really involved in what they are doing. We are also fortunate to have the enthusiasm and often dedication of many Burmese teachers to inspire them. The 'skiers' are also very appreciative.

Bob Anderson

BEP provides speakers for a range of organisations. Illustrated presentations focus on the background to the current situation and key issues.

Please contact them if you would like a speaker for your group.

BEP can also provide a substantial photographic exhibition called 'Forgotten Friends' which highlights the plight of children in the refugee camps on the Thai border. Teaching materials are available to accompany this exhibition.



Burma Education Partnership
PO Box 533
Durham
DH1 9DX

www.burmaeducationpartnership.org



'Tranquil Moments'

'Mooseheart' 70 Woodborough Road, Winscombe, Somerset, BS25 1BB
5th/ 6th June 2010, 10.30-4.30

Therapists, reflexology etc, holistic facials, crystals, plants, crafts, aura photography, books, arts, readings, well being, artists, talks, workshops, solar garden lights, food & drink & accommodation if you wish to stay at Mooseheart. These are just a few stalls but we need more, spaces are limited in our marquee. In aid of charity

(Joy) 01278 786825 www.holisticweekend.co.uk (Rita) 01278

760486

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FESTIVAL OF LIGHT



Saturday 25th September 2010

The Winter Gardens Weston-super-Mare

FREE ADMISSION 10am - 6pm

**Readers Mediums Healers Talks
Associated Trade Stands Crystal Stalls
Therapists Demonstrations Workshops**

**www.festivaloflight.biz
festivaloflight@btinternet.com**

01934 624939 07799 140 227

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Civilizations. He studied Pyramids in Mexico and South America for ten years and has written many books on the topic. He believes that the Bosnian Tri Pyramid complex, which is located on an exact line of 51 degrees connecting the Giza complex to the Bosnian Pyramids & Stonehenge, is an ancient complex constructed at least 15,000 years ago.

www.bosnianpyramid.com

"The Tri Pyramid complex in Bosnia-Herzegovina is indeed an Atlantean-Pleiadean construct. It is re-activating in 2010 and playing a major role in the crystalline Cosmic Trigger. It is specifically aligned with Stonehenge the Giza Complex, as well as the Xi'an Pyramids (China), the Astana Pyramid (Kazakhstan) and Galveston complexes. All Pyramids, all sacred octahedronal structures, natural and man made play an enormous role now in the Cosmic Trigger of March 20, 2010 and are tantamount for the Ascension"

AAMetatron

Impeccability is Requisite for the MerKiVah

What is Impeccability? Masters, it is the crystalline frequency of body, mind & soul. It is understanding your TRUTHS and living them...Walking Your Talk! But understand that this does not mean apologizing when someone steps on your foot. Quite the contrary, standing in ones Truth is essential for the crystalline frequency of impeccability. Quite often it is indeed the very aspect of standing in truth that allows for greater growth in the occasions when conflict may arise. How else does one see the issues if not thru the intricate phases of cause and effect, external and internal. Honesty is always the rule. There may indeed be time when separation is not only appropriate in relationships, but indeed serves the greatest good. You see greatest growth can occur in such periods. Contracts often exist between advanced souls to 'set-up' a seeming conflict that spurs self review and removal of obstacles, obstacles that may be deeply imbedded and somewhat hidden within either the present sojourn or an overbleed from other lifetimes. Most 'advanced souls' on the path at this time have dealt with the obvious obstacles, and what remains to be cleared is more difficult to observe. In such cases it is 'contractual conflicts' that enables the 'deeply imbedded' obstacle to be surfaced & released. Yet it is understanding, nurturing and LOVE that in time will invade and restructure all those who seek the highest frequency, and without compromise. It is not about being right or wrong, rather about honesty - and fidelity of feeling is never wrong.

AAMetatron

Editor's note: This is presented for your interest and information. It is by no means universally accepted, but I know you can all make up your own minds as to its veracity and authenticity.

Food for thought...

It is August. In a small town on the South Coast of France, holiday season is in full swing, but it is raining so there is not too much business happening. Everyone is heavily in debt. Luckily, a rich Russian tourist arrives in the foyer of the small local hotel.

He asks for a room and puts a Euro100 note on the reception counter, takes a key and goes to inspect the room located up the stairs on the third floor.

The hotel owner takes the banknote in a hurry and rushes to his meat supplier to whom he owes E100.

The butcher takes the money and races to his supplier to pay his debt.

The wholesaler rushes to the farmer to pay E100 for pigs he purchased some time ago.

The farmer triumphantly gives the E100 note to a local prostitute who gave him her services on credit.

The prostitute goes quickly to the hotel, as she owed the hotel for her hourly room use to entertain clients.

At that moment, the rich Russian is coming down to reception and informs the hotel owner that the proposed room is unsatisfactory and takes his E100 back and departs.

There was no profit or income.

But everyone no longer has any debt and the small townspeople look optimistically towards their future.....

Healing Events 2010

We shall be attending these venues this year.

The Holistic Weekend - Saturday and Sunday June 5th and 6th 10.30 am to 4.30 pm at the Moose International, Winscombe, Somerset.

Heather Road Spiritualist Church Open Day - Saturday June 12th 10am Newport, South Wales.

National Refugee Day - Sunday June 13th 1 p.m. at Queen's Square, Bristol

Chepstow Racecourse MBS - Saturday and Sunday June 26th and 27th 10am South Wales.

Healing Weekend - July 9th, 10th, 11th at Secret World Wildlife Rescue, East Huntspill, Somerset

Mind, Body & Spirit Psychic Fayre - Saturday July 24th 10am at Newport Holism Centre, Langstone, South Wales

Festival of Light - Saturday September 25th 10 a.m. - 6 p.m. at Weston-super-Mare

We could do with help to put the tents up at Winscombe Friday June 4th, and at the Secret World event on Wednesday July 7th 2010 please. If you can help please liaise with Keith.

These events are great opportunities for BDAH members to get together in a nice friendly atmosphere, giving healing.

If you are able to come please let me know. Contact details are on the back of this journal.

May Love and Enlightenment be with all of you in whatever you do.

Keith Bevan

According to BBC & the leading Bosnian newspaper: -

"The pyramid is well over 100 metres high and there is evidence that it contains rooms and a monumental causeway. The plateau is built of stone blocks, which indicates the presence at the time of a highly developed civilization, could this be Atlantis?"

Archaeological excavations near the surface have uncovered part of a massive wall and fragments of steps," it reveals.

"Visocica hill could not have been shaped like this by nature," geologist Nada Nukic tells the daily. "This is already far more than we have anticipated, but we expect a lot more from further analysis," she concludes. Archaeologists from Australia, Scotland, Ireland, Austria, and Slovenia will begin excavation work in April (2007) on the Visocica hill, 32 kilometres north-west of Sarajevo.

The hill is quite symmetrical, and the theory that it was once a pyramid is supported by preliminary investigations.

If true, it would rewrite world history, putting Europe alongside South America and of course Egypt as homes of ancient pyramids.

Dr Semir Osmanagic put forward his theory last year that a 100 metre geometrically-shaped hill with evenly shaped sides and corners that point north, south, east and west is an ancient man-made edifice, perhaps Atlantean.

Osmanagic, who has spent 15 years studying the pyramids of the Americas is convinced the hill is a genuine man-made pyramid from an ancient civilization. His preliminary excavations show what he believes is evidence that the earth has been shaped to form a pyramid and covered in prehistoric concrete and stone blocks.

"We have already dug out massive stone blocks which I believe are covering the pyramid," Osmanagic said. "We found a paved entrance plateau and discovered underground tunnels. You don't have to be an expert to realize what this is."

Osmanagic's assertions have been supported by experts studying aerial and satellite images, although some of the conservative main stream archaeologists are not as quick to confirm the discovery.

Dr Osmanagic is a member of the prestigious Russian Academy of Natural Science and has been featured on numerous television interviews and documentaries around his discovery of an Ancient Pyramid complex in Bosnia-Herzegovina in 2006, including, CNN, ABC, BBC and National geographic Channel.

He holds two Bachelors Degrees in Economics and in Political Science, a Masters Degree in International Economics and a PhD in Ancient

Bosnian Tri Pyramid Complex



Bosnian Pyramid of the Sun

Taken from www.Earth-Keeper.com

Near the city of Visoko, 30 km north of Sarajevo, there is a stone pyramid of monumental size, claims Bosnian discoverer Dr Semir Osmanagic. After several months of geological and archaeological research, Dr. Osmanagic concluded that under the present hill of Visocica hides a stepped pyramid, between 12,000 and 27,000 years old. Osmanagic, who intensively researched on pyramids in the Americas, Asia and Africa for the last 15 years and wrote several books on the subject, says he's quite sure the first Pyramid complex in Europe has now been found. Preliminary investigations indicate it is quite similar to ones in the Yucatan areas of Mexico.

He believes that the project would completely change Bosnia's significance in the world of archaeology.

On the top of the "Bosnian Pyramid of Sun" was a Temple, built by pre-Illyrians, people who lived, according to Dr Osmanagic's theory, 27,000 years ago.

Mr. Osmanagic thinks he will confirm the ancient origins of the "Bosnian Pyramid of Sun" in the next five years, and also prove the existence of two additional Pyramids in this Tri-Pyramid complex, including a 'Pyramid of Moon' & 'Pyramid of the Sacred Dragon' on the adjacent hills.

YOU KNOW YOU ARE LIVING IN 2010 when...

1. You accidentally enter your PIN on the microwave.
2. You haven't played solitaire with real cards in years.
3. You have a list of 15 phone numbers to reach your family of three.
4. You e-mail the person who works at the desk next to you.
5. Your reason for not staying in touch with friends and family is that they don't have e-mail addresses.
6. You pull up in your own driveway and use your mobile phone to see if anyone is home to help you carry in the groceries.
7. Every commercial on television has a web site at the bottom of the screen
8. Leaving the house without your mobile phone, which you didn't even have the first 20 or 30 (or 60) years of your life, is now a cause for panic and you turn around to go and get it.
10. You get up in the morning and go on line before getting your coffee.
11. You start tilting your head sideways to smile. :)
12. You're reading this and nodding and laughing.
14. You are too busy to notice there was no 9 on this list.
15. You actually looked back up to check that there wasn't a 9 on this list.

A lecturer when explaining stress management to an audience, raised a glass of water and asked, 'How heavy is this glass of water?'

Answers called out ranged from 20g to 500g.

The lecturer replied, 'The absolute weight doesn't matter. It depends on how long you try to hold it.'

If I hold it for a minute, that's not a problem.

If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes.'

He continued, 'And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. 'As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden.'

'So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow.'

Whatever burdens you're carrying now, let them down for a moment if you can. So, my friend put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Here are some great ways of dealing with the burdens of life:

** Accept that some days you're the pigeon, and some days you're the statue.*

** Always keep your words soft and sweet, just in case you have to eat them.*

** Always wear stuff that will make you look good if you die in the middle of it.*

** Drive carefully. It's not only cars that can be 'recalled' by their maker.*

** If you can't be kind, at least have the decency to be vague.*

** If you lend someone £20 and never see that person again, it was probably worth it...*

** It may be that your sole purpose in life is simply to be kind to others.*

** Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.*

** Nobody cares if you can't dance well - just get up and dance.*

** Since it's the early worm that gets eaten by the bird, sleep late.*

** The second mouse gets the cheese.*

** When everything's coming your way, - you're in the wrong lane.*

** Birthdays are good for you. The more you have, the longer you live.*

** You may be only one person in the world, but you may also be the world to one person.*

** Some mistakes are too much fun to only make once.*

** We could learn a lot from crayons... Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colours, but they all have to live in the same box.*

** A truly happy person is one who can enjoy the scenery on a detour.*
