

Does the healing given by one healer clash with that given by another?

Healing should always benefit the patient, though you may find more benefit from one healer than another. If for some reason your regular healer is unavailable, then ask them if they can recommend another healer.

Too much healing on the same day by different healers may result in light-headedness.

Can animals receive healing?

Yes. Some healers are more experienced than others in giving healing to animals, but most experienced healers have treated animals.

Who can receive healing?

With the following provisos, anyone may receive healing. Children under 18, (unless married), must have the permission of their parents/guardians, who will need to sign to say they have been told that the child should be seen by their doctor. By law, people with animals must sign to say that their animal has already been seen by a vet.

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We also have members trained in Reiki (which is very similar to Spiritual Healing) and other complementary therapies.

We are a member of The Friendly Group of Spiritual Healer Associations.:- www.friendlygroup.org.uk



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HEALING

A way to better health

Some questions answered

The History of the BDAH

The Bristol District Association of Healers although not formed until 1961 (at the request of Harry Edwards, the well-known healer) had its origins in the Bristol Society of Spiritual Healing, founded in 1952 by our Patron Dennis Fare (who later founded the World Federation of Healing). In 1961 it was called Bristol District & Somerset Association Of Healers but later expanded and the name was altered. It now covers not only Bristol and Somerset, but also BANES, South Gloucestershire, Gloucestershire, Monmouthshire, Wiltshire and Devon.

Aims and Objectives

The main aims and objectives of the BDAH are to unite all healers in the area; to promote the study and practice of the art and science of Spiritual Healing; and to refer a patient needing healing to a suitable healer in their area.

What is Spiritual Healing?

To many people who have received spiritual (or divine healing, as it is sometimes called) it is a wonderful experience. Yet to many people it is still a mystery. Although healing has been known and used for thousands of years it is, even now, not fully understood. It is an energy which flows through a healer to the patient, but the precise nature of that energy is not yet known. It has been studied scientifically and is capable of being measured, yet it does not conform to the generally accepted rules of physical science.

Some healers work hands-on, some with hands at a slight distance from the patient, and it can also work at a considerable distance, when it is called distant or absent healing (the patient not needing to be present).

During a healing session you may experience a pleasant feeling of warmth, sometimes cold or a tingling sensation – or you may feel nothing at all. Many people feel wonderfully relaxed and at peace.

Do I need to have faith in healing for it to work?

No, there are many examples of people being helped who do not have faith in healing. It often works with children and animals who do not have faith, but do trust the healer.

What can healing do for the patient?

It can speed up the natural healing resources of the mind and body. It can also bring a calmness and peace to the spirit. It is not an alternative to medical treatments but complementary and patients should continue to consult their doctor. If the healing is given side by side with the medical or surgical treatments it can lesson shock and assist recovery time. On occasions, these natural healing treatments produce unexpected beneficial results.

What can I do to help the healing?

Avoid having a heavy meal or drinking alcohol for at least an hour before a healing session. During the session try to relax as much as possible, and open your mind to receive the healing. Even if you do not have faith in it, by keeping an open and unbiased mind it can assist the flow of healing energy.

Can healing be guaranteed?

Healing can never be guaranteed to produce either a cure or an improvement. Nevertheless, healing given by a trained and experienced healer will never do harm and in most cases will produce a marked improvement.

How often do I need to have healing?

There are no fixed rules concerning the number of treatments needed to improve a condition. Most healers work on the basis of giving one treatment per week. Where it is necessary, for example when a patient is in pain or the condition is acute, treatment can be given two or three times a week.