

## What qualifications are needed, and how do I register?

- Before commencing the Willows Level 3 Course applicants will need to have completed a recognised Level 2 counselling training course
- Complete the course application form (available on request)
- Write a pre-course essay on your life, describing what you bring to counselling. (1,500 - 2,000 words)
- Provide a reference from your church leader / vicar / pastor / spiritual director or other suitable person who can comment on your spiritual growth and development
- Provide the name of a second referee, who knows you well, and who is supportive of your application
- Return your completed application form and pre-course essay, along with the deposit of £450 (the remaining fee of £700 can be paid in total, or by standing order of £70 per month from Sept - June, following confirmation of your acceptance as a participant on the course)
- You will be invited to attend a short informal interview

**For syllabus, application form and further information  
please contact:**

**Avril Fray, Training Manager  
Willows Counselling Service  
Tel No. 01793 426650**

**E-mail: [training@willowscounselling.org.uk](mailto:training@willowscounselling.org.uk)  
Website: [www.willowscounselling.org.uk](http://www.willowscounselling.org.uk)**

**Charity No: 1037677**

# Willows Counselling Service



## **ONE YEAR EXTENDED LEVEL 3 COURSE IN INTEGRATIVE COUNSELLING**

The Basic Practice Course of the ACC recognised Programme  
“The Knowledge, Skills and Attitudes  
Framework for Counselling” Level 3  
Fulfilling the criteria of Open College Network

**Commencing  
13TH SEPTEMBER 2017**

**Wednesday day-time (Term-time) 9.30 am - 2.30 pm  
plus some Saturday Workshops**

**Cost £1,150  
plus Books, Saturday trainings  
and own Personal Counselling  
(deposit and monthly payments by arrangement)**

**Venue:  
The Willows Centre  
11 Prospect Place  
Old Town  
Swindon SN1 3LQ**

**Christian Caring in the Community**

## **Willows approach**

The Willows approach to counselling is an Integrative Model, which is client centred and can be described as:

- Person-centred
- Drawing on psychodynamic insights
- Using both cognitive-behavioural and creative methods
- Recognising a transpersonal world-view that is Christian
- Is informed by developmental theory
- Holds a holistic view of human functioning

## **Course Content**

- Self in the role of counsellor
- Understanding our shadow-side
- Skills development
- Counselling practice
- Theoretical models of counselling
- Life issues
- Exploring the counselling relationship
- Power dynamics and boundary issues
- Ethical issues
- Good practice in counselling
- The place of spirituality
- Integrating personal faith and practice
- Working with emotions
- Attachment theory
- Sexuality and sexual abuse
- Grief, loss and bereavement
- Depression
- Personal development groups
- Gilmore Groups

## **What does the course involve?**

- attending the training course each week
- attending some Saturday training days
- maintaining a personal journal of progress
- attending tutorials with a personal tutor
- completing a range of assignments & seminar presentations
- reading the set books
- maintaining a portfolio of personal learning
- receiving personal counselling for a minimum of 12 hours
- the course will require a commitment of approximately 6 - 8 hours per week in addition to attending the course each week

## **Further training to Diploma Level**

After successfully completing this Course students will be eligible to apply to undertake advanced training on the Willows CPCAB accredited Level 4 Diploma in Therapeutic Counselling.