

TOWER HAMLETTS AND DOCKLANDS DRAGONS

PROUDLY PRESENT THE 3rd DRAGONS JUDO COMPETITION

ON THE 29TH JANUARY

AT THE JOHN ORWELL SPORTS CENTER

TENCH STREET, LIMEHOUSE

E1W 2QD

DOORS OPEN AT 9AM FOR WEIGH IN

THE COST WILL BE £10 JUNIORS PREPAID; SENIORS £12 PREPAID OR PAY THE DAY WILL £13 JUNIORS AND £15 SENIORS, SPECTATORS £2

CAFETERIA FACILITIES ARE PROVIDED AND RAFFLE FOR LOCAL CHARITY

CATAGORIES

JUNIOR UNDER YELLOW BELT JUNIORS-WILL BE PUT INTO GROUPS OF FOUR ON THE DAY TO FIGHT FOR GOLD, SILVER AND 2 BRONZES (ALL GROUPS WILL BE VARIFIED AND ACCEPTED BY CLUB COACHES IN CONJUNCTION WITH THE ORGANISERS)

JUNIOR YELLOW BELTS AND ABOVE

MALE U25,U30,U35,U40,U45,U50,U55,U60,U65,U70,U75,075

FEMALE U25,U30,U35,U40,U45,U50,U55,U60,U65,U70,070

SENIORS

LADIES WHITE AND YELLOW BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

LADIES ORANGE AND GREEN BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

LADIES BLUE AND BROWN BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

LADIES DAN GRADE WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

GENTS WHITE AND YELLOW BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

GENTS ORANGE AND GREEN BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

GENTS BLUE AND BROWN BELTS COMBINED_WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

GENTS DAN GRADE WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

VETERAN LADIES WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

VETERAN MEN WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

INTERMEDIATE LADIES WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY

INTERMEDIATE MEN WILL BE MATCHED ON THE DAY LIGHT, MED, HEAVY