

There are another five bedrooms in the coach house, a converted outbuilding with under floor heating. All cosy, comfortable and contemporary with easy access. One being wheelchair friendly and others reserved for owners of well behaved dogs!



For further information on B&B room rates, availability and current offers, please see our website -

[www.bedingfeldarms.co.uk](http://www.bedingfeldarms.co.uk) or call 01366 328 300

We are an ideal venue for special occasions such as family gatherings, birthdays, anniversaries, small weddings, shoot lunches & business entertaining.

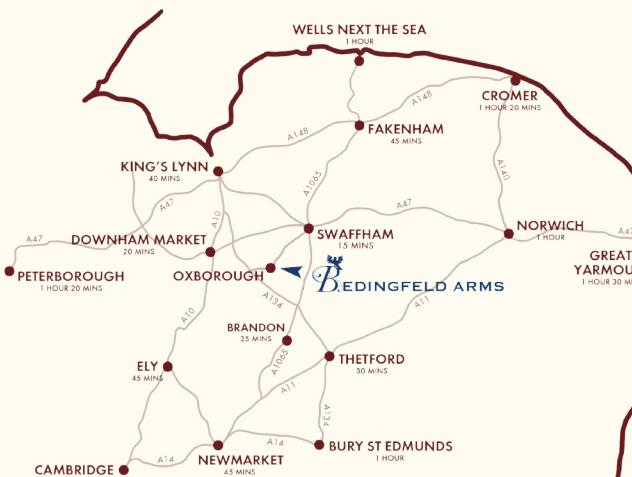


An unusual collection of After the Antique garden tables for 'alfresco' meals include the Chelsea Flower Show 'woodland table', and the modern 'King Arthur' sandstone circular table. The garden faces the magnificent early 16th-century Church of St. John the Evangelist, famous for its rare terracotta sacred screens within. A view to enjoy while watching the sunset, with a pint of real ale or your favourite tipple.



The Bedingfeld Arms is ideal for combining a visit to the National Trust's Oxburgh Hall, a historic 15th-century moated manor house with formal gardens & where many seasonal events are organised literally a stone's throw from the Bedingfeld's spacious and open garden.

The Bedingfeld Arms is the perfect staging post for a visit to the coast as well as an introduction to a hidden and undiscovered part of Norfolk. There are many local attractions, such as Oxborough fishing lake, Didlington Nurseries, Gooderstone Water Gardens, Grimes Graves, Iceni Village, Denver Mill, Swaffham Museum and West Acre Theatre. Links to these and more attractions on our website [www.bedingfeldarms.co.uk](http://www.bedingfeldarms.co.uk)



BEDINGFELD ARMS

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**B**edingfeld Arms is situated in the heart of a peaceful, rural part of West Norfolk known as 'The Brecks' with a wealth of nature walks and cycling routes in and around Thetford forest and amongst the ancient heathlands with their unique flora and fauna.



The Bedingfeld Arms (a coaching inn since 1783) was brought back to life in early 2012 after standing empty for over a year, as part of a refurbishment project taken on by a local couple, Stephen and Catkin Parker, who have a farm and a stone masonry business in the neighbouring village of Foulden. These interests have been brought together in a remarkable manner, under the flagship of the Bedingfeld Arms.



A Pugin stone fireplace, log fire, sofas, free wifi, leather chairs in the bar, rest alongside our fantastic rustic chic restaurant with two dining rooms.

The popular & independent Bedingfeld Arms incorporates the best attributes of a local community pub with the comfort and luxury of a coaching inn. As a free house, we are able to offer a hand picked selection of cask ales. Alternative tastes are catered for with a tempting wine list, a range of freshly ground coffee, exotic teas and original handmade cordials.



A friendly and welcoming atmosphere, where local residents as well as an eclectic range of visitors to Oxburgh Hall make the Bedingfeld Arms a lively and vibrant meeting place for a drink or a meal.

The Bedingfeld restaurant, is headed by international chef, Steve Newsome, whose imaginative dishes and clever combinations using fresh, local ingredients are drawing in diners from far afield. We offer vegetarian and gluten free options, as well as a children's menu. Table service ensures personal service. Appetites vary, so it is worth expressing your view when ordering!

Laura Robinson, Manager, is happy to arrange any special occasion. **01366 328 300** or [info@bedingfeldarms.co.uk](mailto:info@bedingfeldarms.co.uk)



We have nine stylish, elegantly decorated en suite bedrooms with shower/wc. All have luxury new pocket sprung mattresses, comfy duvets and the highest quality linen/towels. Flat screen TVs, free wifi, complimentary toiletries, tea/coffee making facilities and hair dryer/shaver socket.

Breakfast de luxe with full English including freshly ground coffee or tea, fruit juices, cereal, toast and fresh fruit salad.



Our four traditional English bespoke bedrooms, include two super king size four posters (one with bath & shower) and two with examples of our sister company After the Antiques' hand-carved marble fireplaces. Please check our website for discounts for mid-week stays or contract business arrangements.  
[www.bedingfeldarms.co.uk](http://www.bedingfeldarms.co.uk)