

## 160 Things to Compost

Freezer-burned fish  
Unpaid bills  
Old spices  
Pine needles  
Leaves  
Seaweed and kelp  
Hops  
Freezer-burned vegetables  
Pet hair  
Potash rock  
Post-it notes  
Freezer-burned fruit  
Wood chips  
Bee droppings  
Lint from behind refrigerator  
Hay  
Popcorn  
Chicken manure  
Old, dried up and faded herbs  
Bird cage cleanings  
Paper towels  
Brewery waste  
Grass clippings  
Hoof and horn meal  
Molasses  
Potato peelings  
Weeds  
Rabbit manure  
Hair clippings  
Stale bread

Coffee grounds  
Wood ash  
Sawdust  
Tea bags and grounds  
Shredded newspapers  
Egg shells  
Cow manure  
Grapefruit rinds  
Pea vines  
Houseplant trimmings  
Old pasta  
Grape waste  
Garden soil  
Powdered/ground phosphate rock  
Corncoobs (takes a long time to decompose)  
Winery waste  
Spanish moss  
Limestone  
Fish meal  
Aquarium plants  
Sunday comics  
Felt waste  
Wheat straw  
Peat moss  
Kleenex tissues  
Milk (in small amounts)  
Soy milk  
Tree bark  
Starfish (dead ones!)  
Melted ice cream  
Flower petals  
Pumpkin seeds

Q-tips (cotton swabs: cardboard, not plastic sticks)  
Expired flower arrangements  
BBQ'd fish  
Bone meal  
Stale potato Crisps  
Rhubarb stems  
Old leather gardening gloves  
Tobacco waste  
Bird guano  
Dried jellyfish  
Wheat bran  
Guinea pig cage cleanings  
Nut shells  
Clover  
Moldy cheese  
Straw  
Shredded cardboard  
Eggs...old ones  
Bat guano  
Fish scraps  
Tea bags (black and herbal)  
Apple cores  
Electric razor trimmings  
Outdated yoghurt  
Toenail clippings  
Shrimp shells  
Crab shells  
Lobster shells  
Pie crust  
Leather wallets  
Onion skins

Watermelon rinds  
Dates  
Goat manure  
Olive pits  
Peanut shells  
Oatmeal  
Lint from clothes dryer  
Bread crusts  
Cooked rice  
River mud  
Tofu  
Wine gone bad.  
Banana peels  
Fingernail and toenail clippings  
Chocolate cookies  
Wooden toothpicks  
Moss from last year's hanging baskets  
Stale breakfast cereal  
Pickles  
Pencil shavings  
Wool socks  
Artichoke leaves  
Leather watch bands  
Fruit salad  
Brown paper bags  
Soggy Cheerios  
Theater tickets  
Burned toast  
Feathers  
Animal fur  
Horse manure

Vacuum cleaner bag contents  
Coconut husks  
Old or outdated seeds  
Macaroni and cheese  
Liquid from canned vegetables  
Liquid from canned fruit  
Old beer  
Wedding bouquets  
Greeting card envelopes  
Snow  
Urine  
Dead bees and flies  
Horse hair  
Peanut butter sandwiches  
Dirt from soles of shoes, boots  
Fish bones  
Spoiled canned fruits and vegetables  
Cardboard cereal boxes (shredded)  
Grocery receipts  
And lots more.