



RACE INFORMATION AND ENTRY FORM

NEWQUAY ROAD RUNNERS

Proudly present

The



10

a 10 mile Multi-Terrain Race on

CUBERT COMMON, nr Newquay, Cornwall.

With grateful thanks to Trevornick Holiday Park and The National Trust

A very scenic, challenging, undulating course on grassland, coastal footpaths and beach.

Unfortunately the course is not suitable for wheelchairs.

Car parking available at Holywell Bay Fun Park. registration, presentations and changing rooms, at Trevornick Holiday Park, Holywell Bay Post Code TR8 5PW.

SUNDAY 15th April 2012 - Start time 11:00 a.m.

Held under UKA rules and UKA licence applied for

Incorporating round 5 of the **Cornwall Glass & Glazing** Grand Prix Series.

**Principal Sponsors: THE SHOP ON THE BEACH, WATERGATE BAY
TREVORNICK HOLIDAY PARK, HOLYWELL BAY.**

Prizes to:

1st 3 males, 1st 3 females.

1st 3 Male U40, Vet 40, 45, 50, 55, 60, 65, 70 & 75+

1st 3 Female U35, Vet35, 40, 45, 50, 55, 60, 65 & 70+

1st 3 Male teams (6 to count) & 1st 3 Female teams (6 to count)

1st MV55 team (4 to count) & 1st FV50 Female team (3 to count)

Medals for all finishers

Cornwall Glass



Glazing Ltd.



TREVORNICK 10 ENTRY FORM

First Name..... Surname.....

Address.....Post code.....

Telephone No.....E.-mail address.....

Age on day..... Date of Birth..... Male/Female.....

Affiliated Athletic Club: Yes/No.....Running Club.....

UKA Racing Licence No.....

DATA PROTECTION: The information provided by you on this form will be used solely for the purpose of race results, and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials, and will not be passed to any other person or agency.

DECLARATION: I understand that while the organisers make every effort to ensure my personal safety, they will not be held responsible for any injury, loss or damage incurred by me during the race. I am over 16 years of age.

Signed.....Date.....

Please return entry form to:

Mrs J.Sargent, Byeways, Lewannick Road, Cubert, Cornwall TR8 5HJ

Tel 01637 830382 E.Mail: peterandjansargent@hotmail.co.uk

Closing date for postal entries to be received: Friday 6th April 2012

Entry fees:£12.00 non-affiliated. £2.00 discount for UKA affiliated. (Pre entry by post)
Please make cheques payable to Newquay Road Runners.

Entries accepted on the day: £2.00 surcharge.

Running numbers will be issued on the day at registration.

Full details and everything that you need to know about the event will be available at:
www.newquayroadrunners.co.uk.

Competitors are reminded that personal audio devices are banned, and that competitors cannot be accompanied or followed, either on foot or by vehicular conveyance of any description.