

CORNWALL MOB MATCH

28th NOVEMBER 2010

Pos.	Time	Name	Club	Category	Pace	No.
1	0:26:27	ROBINSON, Conor	Cornwall AC	All Men	0:05:17	359
2	0:27:18	LEGRICE, Peter	Mounts Bay Harriers	All Men	0:05:28	52
3	0:27:39	WAUMSLEY, Pete	Tamar Trotters	All Men	0:05:32	91
4	0:28:16	THOMAS, Justin	Cornwall AC	All Men	0:05:39	349
5	0:28:29	JONES, Callum	Cornwall AC	All Men	0:05:42	360
6	0:28:32	SNOOK, Colin	Cornwall AC	All Men	0:05:42	345
7	0:28:42	NASH, Dan	East Cornwall Harriers	All Men	0:05:44	227
8	0:28:56	RAWETT, Tom	Cornwall AC	All Men	0:05:47	362
9	0:29:11	CHISLETT, Nick	Tamar Trotters	All Men	0:05:50	109
10	0:29:17	JOSE, Olly	Newquay Road Runners	All Men	0:05:51	547
11	0:29:21	DAY, Justin	Cornwall AC	All Men	0:05:52	324
12	0:29:29	WALKER, Ken	Newquay Road Runners	All Men	0:05:54	153
13	0:29:32	STALLARD, Emma	Cornwall AC	All Ladies	0:05:54	175
14	0:29:49	MARTIN, Nick	Mile High	All Men	0:05:58	528
15	0:29:54	OAKES, Duncan	St Austell RC	All Men	0:05:59	463
16	0:29:56	PASCOE, Richard	Mile High	All Men	0:05:59	550
17	0:29:57	PASCOE, Jason	Cornwall AC	All Men	0:05:59	338
18	0:29:58	KENT, Giles	Mile High	All Men	0:06:00	555
19	0:30:03	DANIELS, Alex	Newquay Road Runners	All Men	0:06:01	533
20	0:30:06	MARKS, Steve	Newquay Road Runners	All Men	0:06:01	131
21	0:30:08	HANDS, Stephen		All Men	0:06:01	315
22	0:30:11	MONTGOMERY-SMITH, Phil	St Austell RC	All Men	0:06:02	390
23	0:30:20	BALL, Adrian	Cornwall AC	All Men	0:06:04	319
24	0:30:24	ROWE, Tim	Carn Runners	All Men	0:06:05	24
25	0:30:27	TIER, Naomi	Cornwall AC	All Ladies	0:06:05	163
26	0:30:31	STRACHAN, Stephen	Falmouth Road Runners	All Men	0:06:06	556
27	0:30:37	TUGWELL, Philip	Cornwall AC	All Men	0:06:07	368
28	0:30:43	SAVAGE, Rich	Mounts Bay Harriers	All Men	0:06:08	541
29	0:30:48	KESTLE, Ryan	Newquay Road Runners	All Men	0:06:09	137
30	0:30:49	ROBINSON, David	East Cornwall Harriers	All Men	0:06:10	242
31	0:30:49	NICHOLAS, Stuart	St Austell RC	All Men	0:06:10	412
32	0:30:49	ABRAHAM, Scott	Hayle Runners	All Men	0:06:10	465
33	0:30:53	BUNCLARK, Adam	Mile High	All Men	0:06:10	534
34	0:31:01	MASSEY, Gareth	Cornwall AC	All Men	0:06:12	378
35	0:31:03	MARTIN, Andrew	Mile High	All Men	0:06:12	548
36	0:31:04	BUDGE, Mark	East Cornwall Harriers	All Men	0:06:13	232
37	0:31:04	CARDEW, Barrie	Carn Runners	All Men	0:06:13	2
38	0:31:04	MORRIS, Owen	East Cornwall Harriers	All Men	0:06:13	228
39	0:31:07	HALFORD, Dave	Newquay Road Runners	All Men	0:06:13	134
40	0:31:12	ANGILLEY, David	Cornwall AC	All Men	0:06:14	318
41	0:31:14	KNOWLES, Simon	Hayle Runners	All Men	0:06:15	490
42	0:31:15	BECKETT, Rob	Cornwall AC	All Men	0:06:15	320
43	0:31:19	WHITE, Andy	Newquay Road Runners	All Men	0:06:16	560
44	0:31:23	WITHAM, Neville	Cornwall AC	All Men	0:06:16	356
45	0:31:31	BOLT, Phil	Cornwall AC	All Men	0:06:18	321
46	0:31:39	MURRANT, Daniel	Cornwall AC	All Men	0:06:20	377
47	0:31:40	DALTON, Richard	Falmouth Road Runners	All Men	0:06:20	557
48	0:31:46	MOFFATT, Peter	Tamar Trotters	All Men	0:06:21	102
49	0:31:52	TRUDGIAN, Andy	St Austell RC	All Men	0:06:22	429
50	0:31:55	JOSE, Aaron	Cornwall AC	All Men	0:06:23	361
51	0:31:56	BRISTOW, Phil	Tri Logic Cornwall	All Men	0:06:23	72
52	0:32:00	ADIE, Gordon	Truro Running Club	All Men	0:06:24	207
53	0:32:02	LETCHFORD, Geoff	Mounts Bay Harriers	All Men	0:06:24	46
54	0:32:04	MACLAREN, Donald	St Austell RC	All Men	0:06:25	396
55	0:32:05	GALLANTRY, Liam	East Cornwall Harriers	All Men	0:06:25	240
56	0:32:05	BURGESS, Kathryn	Cornwall AC	All Ladies	0:06:25	166

57	0:32:20	COATES, Felix	Gyllinvase S L S C	All Men	0:06:28	525
58	0:32:20	MAYES, Richard	Hayle Runners	All Men	0:06:28	494
59	0:32:23	WALLIS, Luke	Cornwall AC	All Men	0:06:28	364
60	0:32:24	TELFORD, Paula	Hayle Runners	All Ladies	0:06:29	530
61	0:32:26	WALDIE, John	Cornwall AC	All Men	0:06:29	352
62	0:32:26	ROGER, Aaron	Cornwall AC	All Men	0:06:29	344
63	0:32:27	CROWLE, Revis	East Cornwall Harriers	All Ladies	0:06:29	243
64	0:32:29	HICKSON, Andrew	Mounts Bay Harriers	All Men	0:06:30	50
65	0:32:30	ADAMS, Tim	St Austell RC	All Men	0:06:30	430
66	0:32:33	BOSUSTOW, Suzy	Cornwall AC	All Ladies	0:06:30	165
67	0:32:38	HOWELL, Tom	St Austell RC	All Men	0:06:31	436
68	0:32:39	HORSEWELL, Richard	Hayle Runners	All Men	0:06:32	487
69	0:32:42	CHYNOWETH, Richard	Newquay Road Runners	All Men	0:06:32	127
70	0:32:43	BARKER, Ricko		All Men	0:06:32	546
71	0:32:44	REDWOOD, David	Mile High	All Men	0:06:33	529
72	0:32:45	COYNE, Sharon	Newquay Road Runners	All Ladies	0:06:33	148
73	0:32:51	SOUTHBY, Dave	Cornwall AC	All Men	0:06:34	346
74	0:32:56	BURROWS, Lee	Cornwall AC	All Men	0:06:35	170
75	0:32:57	WILSMORE, Paul	Tamar Trotters	All Men	0:06:35	508
76	0:33:04	LONGHORN, Jason		All Men	0:06:37	316
77	0:33:06	ULLMAN, Chris	East Cornwall Harriers	All Men	0:06:37	237
78	0:33:17	WALLBANK, Rob	St Austell RC	All Men	0:06:39	531
79	0:33:21	POLGLASE, Tom	Carn Runners	All Men	0:06:40	22
80	0:33:23	ANDREW, Jamie	St Austell RC	All Men	0:06:41	427
81	0:33:24	RENDLE, Steve	Newquay Road Runners	All Men	0:06:41	133
82	0:33:26	MARSTON, Jeremy	Mounts Bay Harriers	All Men	0:06:41	38
83	0:33:27	ALMEY, Jenny	Cornwall AC	All Ladies	0:06:41	162
84	0:33:41	CURTIS, Matt	Hayle Runners	All Men	0:06:44	483
85	0:33:43	LITTLEWOOD, Ian	East Cornwall Harriers	All Men	0:06:44	226
86	0:33:47	HOLDEN, Charlie	Mounts Bay Harriers	All Men	0:06:45	40
87	0:33:51	ROY, Diane	East Cornwall Harriers	All Ladies	0:06:46	248
88	0:33:52	COCKINGS, Rob	Truro Running Club	All Men	0:06:46	212
89	0:33:52	OWEN, Mark	St Austell RC	All Men	0:06:46	434
90	0:33:53	GIBBINS, Jonno	Mounts Bay Harriers	All Men	0:06:47	536
91	0:33:55	WILLIAMS, Alan	Tamar Trotters	All Men	0:06:47	107
92	0:33:59	LAURIE, Andrew		All Men	0:06:48	305
93	0:34:04	MORRIS, Tony	St Austell RC	All Men	0:06:49	404
94	0:34:07	ALSOP, Doug	St Austell RC	All Men	0:06:49	410
95	0:34:09	WALKER, Chris	Newquay Road Runners	All Men	0:06:50	152
96	0:34:11	MATTHEWS, Ian	Mounts Bay Harriers	All Men	0:06:50	54
97	0:34:16	KEARNEY, Peter	Carn Runners	All Men	0:06:51	17
98	0:34:20	KNOWLES, Juliet	Cornwall AC	All Ladies	0:06:52	171
99	0:34:22	HEATHCOTE, Miranda	Newquay Road Runners	All Ladies	0:06:52	157
100	0:34:23	GOUNDRY, Andrew	Truro Running Club	All Men	0:06:52	213
101	0:34:24	WOOLDRIDGE, David	Newquay Road Runners	All Men	0:06:53	147
102	0:34:25	LAMING, Andrew	Newquay Road Runners	All Men	0:06:53	562
103	0:34:25	CROWLE, Ian	East Cornwall Harriers	All Men	0:06:53	225
104	0:34:27	LOCKETT, Pat	Newquay Road Runners	All Men	0:06:53	141
105	0:34:30	CALCRAFT, John		All Men	0:06:54	308
106	0:34:34	JAMES, Ian	Mounts Bay Harriers	All Men	0:06:55	31
107	0:34:38	DOBSON, Grahame	Newquay Road Runners	All Men	0:06:55	145
108	0:34:50	HAWKEN, Richard	St Austell RC	All Men	0:06:58	399
109	0:34:51	PEARCE, Julia	Cornwall AC	All Ladies	0:06:58	196
110	0:34:52	LEECH, Terry	East Cornwall Harriers	All Men	0:06:58	233
111	0:34:53	MURRANT, Kieran		All Men	0:06:58	309
112	0:34:53	RICHARDS, Steven	Mounts Bay Harriers	All Men	0:06:58	35
113	0:34:54	HUTCHINS, Will	Cornwall AC	All Men	0:06:59	330
114	0:34:54	ASHTON, Philip	Newquay Road Runners	All Men	0:06:59	116
115	0:34:55	HITCHENS, Ricky	Newquay Road Runners	All Men	0:06:59	151
116	0:34:57	PEARCE, Gregory	St Austell RC	All Men	0:06:59	455
117	0:35:00	GREEN, Alan	East Cornwall Harriers	All Men	0:07:00	229

118	0:35:03	WILLS, Martin	Cornwall AC	All Men	0:07:01	355
119	0:35:05	RANDALL, Carol	Mounts Bay Harriers	All Ladies	0:07:01	43
120	0:35:10	BATTY, Ian	Newquay Road Runners	All Men	0:07:02	130
121	0:35:12	GALE, Chris	Cornwall AC	All Men	0:07:02	325
122	0:35:14	NIDDS, Shane	Tri Logic Cornwall	All Men	0:07:03	79
123	0:35:19	DOWRICK, Mike	Hayle Runners	All Men	0:07:04	527
124	0:35:19	MARTIN, Steve	St Austell RC	All Men	0:07:04	416
125	0:35:20	GILBERT, Josephine	St Austell RC	All Ladies	0:07:04	303
126	0:35:22	MARSH, Danny	Cornwall AC	All Men	0:07:04	335
127	0:35:23	CHALK, Martin	East Cornwall Harriers	All Men	0:07:04	231
128	0:35:25	MUTSAERS, Adrian	Cornwall AC	All Men	0:07:05	336
129	0:35:27	SHARROCK, Anna	Newquay Road Runners	All Ladies	0:07:05	138
130	0:35:31	SHIPTON, Jason	Tamar Trotters	All Men	0:07:06	99
131	0:35:37	SMITH, Nicholas		All Men	0:07:07	563
132	0:35:38	GRAY, Heidi	Newquay Road Runners	All Ladies	0:07:07	146
133	0:35:44	GREEN, Jenny	Newquay Road Runners	All Ladies	0:07:09	114
134	0:35:47	LEE, Steven	Hayle Runners	All Men	0:07:09	491
135	0:35:50	HICKS, Robert		All Men	0:07:10	304
136	0:35:54	BULLOCK, Paul	St Austell RC	All Men	0:07:11	405
137	0:35:57	COWARD, Norma	Newquay Road Runners	All Ladies	0:07:11	142
138	0:35:58	ALLEN, Peter	Newquay Road Runners	All Men	0:07:11	154
139	0:35:59	WORLEDGE, Mark	Mounts Bay Harriers	All Men	0:07:12	64
140	0:36:00	SIMS, Steven	East Cornwall Harriers	All Men	0:07:12	234
141	0:36:00	TALLING, Scott	Newquay Road Runners	All Men	0:07:12	122
142	0:36:00	LINTHWAITE, Christopher	Cornwall AC	All Men	0:07:12	173
143	0:36:02	BADDELEY, Karen	Tamar Trotters	All Ladies	0:07:12	113
144	0:36:09	REEVE, Paul	Cornwall AC	All Men	0:07:14	341
145	0:36:13	ALLEN, John	Tri Logic Cornwall	All Men	0:07:14	70
146	0:36:13	SHAFFER, Rob		All Men	0:07:14	512
147	0:36:16	OMORI, Mark	Mounts Bay Harriers	All Men	0:07:15	49
148	0:36:18	MORGAN, David	Tri Logic Cornwall	All Men	0:07:15	78
149	0:36:24	CAMPBELL, Colin	Hayle Runners	All Men	0:07:17	478
150	0:36:34	YENDELL, Michael	Hayle Runners	All Men	0:07:19	539
151	0:36:34	MANNING, James		All Men	0:07:19	313
152	0:36:35	DATE, Lynn	Hayle Runners	All Ladies	0:07:19	484
153	0:36:37	PLAYER, Garry	St Austell RC	All Men	0:07:19	449
154	0:36:41	CHANNON, Lee	Cornwall AC	All Men	0:07:20	373
155	0:36:43	BRAY, Vivian	Cornwall AC	All Men	0:07:20	322
156	0:36:43	SCOTT, Robert	St Austell RC	All Men	0:07:20	443
157	0:36:49	NASH, Pete	East Cornwall Harriers	All Men	0:07:22	241
158	0:36:50	EVANS, Josh	Falmouth Road Runners	All Men	0:07:22	517
159	0:36:50	PHILLIPS, Steven	Carn Runners	All Men	0:07:22	21
160	0:36:52	ELVY, Chris	Truro Running Club	All Men	0:07:22	201
161	0:36:53	ANGOVE, Paul	Mounts Bay Harriers	All Men	0:07:22	65
162	0:37:00	KNUCKEY, Phil	Tri Logic Cornwall	All Men	0:07:24	77
163	0:37:02	EVANS, Treve	Carn Runners	All Men	0:07:24	7
164	0:37:03	ROCHOWIAK, Robert	Carn Runners	All Men	0:07:24	23
165	0:37:06	TOWNEND, Stewart	Hayle Runners	All Men	0:07:25	505
166	0:37:07	TYAS, Adrian	Truro Running Club	All Men	0:07:25	220
167	0:37:12	SIMS, Andrew	East Cornwall Harriers	All Men	0:07:26	235
168	0:37:15	RICHARDSON, Lesley	Newquay Road Runners	All Ladies	0:07:27	135
169	0:37:19	GLADING, Rob	Cornwall AC	All Men	0:07:28	366
170	0:37:21	CURTIS, Ken	Cornwall AC	All Men	0:07:28	370
171	0:37:24	NICHOLLS, Matt		All Men	0:07:29	538
172	0:37:26	PENBERTHY, Michael	Hayle Runners	All Men	0:07:29	500
173	0:37:26	BEER, Kylie	Womens Running Net (C)	All Ladies	0:07:29	545
174	0:37:30	MASTERS, Stephen		All Men	0:07:30	520
175	0:37:31	WILLIAMS, Simon	Cornwall AC	All Men	0:07:30	354
176	0:37:32	BEEVER, Jason	Tri Logic Cornwall	All Men	0:07:30	71
177	0:37:38	WELLS, Andy	Tamar Trotters	All Men	0:07:31	108
178	0:37:40	GREET, Pete	St Austell RC	All Men	0:07:32	423

179	0:37:42	STORER, Graham	Cornwall AC	All Men	0:07:32	347
180	0:37:47	TALLING, Glyn	Newquay Road Runners	All Men	0:07:33	123
181	0:37:53	WAUDBY, Jake		All Men	0:07:34	537
182	0:38:02	MASKELL, Lisa	Hayle Runners	All Ladies	0:07:36	492
183	0:38:03	HURST, Richard	Cornwall AC	All Men	0:07:36	75
184	0:38:06	LE BOULANGER, Mathieu	Newquay Road Runners	All Men	0:07:37	126
185	0:38:18	CRACKNELL, Dave	Tri Logic Cornwall	All Men	0:07:39	73
186	0:38:28	BURNELL, Frank	Hayle Runners	All Men	0:07:41	506
187	0:38:34	BYRNE, James	Carn Runners	All Men	0:07:43	1
188	0:38:35	SCRACE, Shaun	St Austell RC	All Men	0:07:43	419
189	0:38:35	WORTH, John	Hayle Runners	All Men	0:07:43	535
190	0:38:41	KANE, Duncan	Mounts Bay Harriers	All Men	0:07:44	42
191	0:38:43	FRITH, Ray	Newquay Road Runners	All Men	0:07:44	128
192	0:38:44	BUILDER, Ben	St Austell RC	All Men	0:07:45	456
193	0:38:46	PELLOWE, Olivia	Carn Runners	All Ladies	0:07:45	19
194	0:38:47	BUNTING, Maggie	Tamar Trotters	All Ladies	0:07:45	105
195	0:38:47	BOUCHER, Richard	Mounts Bay Harriers	All Men	0:07:45	30
196	0:38:47	MAHONEY, Karen	East Cornwall Harriers	All Ladies	0:07:45	253
197	0:38:49	CHANTLER, Michael		All Men	0:07:46	314
198	0:38:54	GRILLS, Debbie	St Austell RC	All Ladies	0:07:47	397
199	0:38:55	CAMBORIEUX, Catheryn	St Austell RC	All Ladies	0:07:47	408
200	0:38:55	SOLE, John		All Men	0:07:47	310
201	0:38:55	CARPENTER, Michael	Launceston Road Runners	All Men	0:07:47	518
202	0:38:58	THOMAS, Rachael	Truro Running Club	All Ladies	0:07:47	219
203	0:38:59	BATE, Geoff	St Austell RC	All Men	0:07:48	421
204	0:39:00	AUSTIN, David	Mounts Bay Harriers	All Men	0:07:48	51
205	0:39:02	WRIGHT, Lesley	Cornwall AC	All Ladies	0:07:48	181
206	0:39:03	CHILLINGWORTH, Glynn	St Austell RC	All Men	0:07:48	442
207	0:39:04	RICKSON, Liane	St Austell RC	All Ladies	0:07:49	439
208	0:39:06	ORCHARD, Mike	Hayle Runners	All Men	0:07:49	497
209	0:39:09	MASON, Tessa	East Cornwall Harriers	All Ladies	0:07:50	249
210	0:39:12	VISSIERE, Stephane		All Men	0:07:50	510
211	0:39:15	ATHERTON, Lawrence	South West Road Runners	All Men	0:07:51	561
212	0:39:15	WINWOOD, Dean	Tri Logic Cornwall	All Men	0:07:51	82
213	0:39:19	CLITHEROW, Hana	Truro Running Club	All Ladies	0:07:52	211
214	0:39:22	LITTLEJOHNS, Alan	Launceston Road Runners	All Men	0:07:52	269
215	0:39:24	ROWELL, Tony	Tri Logic Cornwall	All Men	0:07:53	81
216	0:39:26	JONES, Stephen	Carn Runners	All Men	0:07:53	16
217	0:39:30	BEHENNAH, Jess	East Cornwall Harriers	All Ladies	0:07:54	245
218	0:39:32	DOBSON, Lesley	Newquay Road Runners	All Ladies	0:07:54	144
219	0:39:35	CAMPBELL, Rebecca	Hayle Runners	All Ladies	0:07:55	477
220	0:39:42	ROSS, Ian	Tamar Trotters	All Men	0:07:56	106
221	0:39:47	KNOWLES, Michael		All Men	0:07:57	521
222	0:39:52	HARPER, Chris	Carn Runners	All Men	0:07:58	10
223	0:39:54	ROPER, Helen	Tamar Trotters	All Ladies	0:07:59	90
224	0:39:59	WOTTON, Lisa	St Austell RC	All Ladies	0:08:00	450
225	0:40:02	GREENHILL, Neil	Falmouth Road Runners	All Men	0:08:00	551
226	0:40:03	WHEELER, Scott	St Austell RC	All Men	0:08:00	400
227	0:40:04	EVANS, Jennifer	Cornwall AC	All Ladies	0:08:01	182
228	0:40:05	BALDWIN, Mike	Hayle Runners	All Men	0:08:01	466
229	0:40:05	MANNING, Jane	Newquay Road Runners	All Ladies	0:08:01	132
230	0:40:05	MARTIN, Colin	Newquay Road Runners	All Men	0:08:01	120
231	0:40:07	KERLEY, Linda	St Austell RC	All Ladies	0:08:01	453
232	0:40:07	DREW, Peter	Carn Runners	All Men	0:08:01	6
233	0:40:10	EDLIN, David	Newquay Road Runners	All Men	0:08:02	117
234	0:40:13	MUTSAERS, Kirstie	Cornwall AC	All Ladies	0:08:02	174
235	0:40:17	HILL, James	Cornwall AC	All Men	0:08:03	376
236	0:40:27	BAINBRIDGE, Robert	Mounts Bay Harriers	All Men	0:08:05	32
237	0:40:34	HOWES, Colin	Newquay Road Runners	All Men	0:08:07	516
238	0:40:35	CARDEW, Denise	Carn Runners	All Ladies	0:08:07	3
239	0:40:40	THOMAS, Alison	Hayle Runners	All Ladies	0:08:08	503

240	0:40:41	HITCHENS, Wietske	Newquay Road Runners	All Ladies	0:08:08	150
241	0:40:42	BECKETT, Katie	Cornwall AC	All Ladies	0:08:08	183
242	0:40:44	PRADY, Clive	Cornwall AC	All Men	0:08:09	339
243	0:40:47	WRIGHT, Lucy	St Austell RC	All Ladies	0:08:09	403
244	0:40:50	TALLING, Lisa	Newquay Road Runners	All Ladies	0:08:10	124
245	0:40:56	EDEN, Reg	St Austell RC	All Men	0:08:11	425
246	0:40:57	WEBB, Sarah	Falmouth Road Runners	All Ladies	0:08:11	515
247	0:40:58	CLARK, Stella	Newquay Road Runners	All Ladies	0:08:11	139
248	0:41:01	PENBERTHY, Carol	Tri Logic Cornwall	All Ladies	0:08:12	80
249	0:41:03	BATTY, Karen	Newquay Road Runners	All Ladies	0:08:12	129
250	0:41:04	QUINN, Paul		All Men	0:08:13	559
251	0:41:09	ASSER, James	St Austell RC	All Men	0:08:14	431
252	0:41:09	CLARKE, Sue		All Ladies	0:08:14	317
253	0:41:10	KEWN, Nicola	Mounts Bay Harriers	All Ladies	0:08:14	62
254	0:41:16	MERRETT, Trish	Hayle Runners	All Ladies	0:08:15	496
255	0:41:16	BURROWS, Robert	Mounts Bay Harriers	All Men	0:08:15	44
256	0:41:17	BROADBENT, Lee	Tamar Trotters	All Men	0:08:15	110
257	0:41:17	LEVER, Tom		All Men	0:08:15	307
258	0:41:22	TURNER, Yvonne	Mounts Bay Harriers	All Ladies	0:08:16	61
259	0:41:22	BRANCHETT, Andrew	Canterbury Harriers	All Men	0:08:16	302
260	0:41:23	HIGGS, Rhys	Mile High	All Men	0:08:16	532
261	0:41:27	KRISKOVIC, Sarah	East Cornwall Harriers	All Ladies	0:08:17	256
262	0:41:31	TREHANE, Anna	Cornwall AC	All Ladies	0:08:18	177
263	0:41:33	NICHOLLS, Graham	Truro Running Club	All Men	0:08:18	215
264	0:41:37	ENGLAND, Louise	East Cornwall Harriers	All Ladies	0:08:19	244
265	0:41:43	DONOHUE, Lynne	Truro Running Club	All Ladies	0:08:20	200
266	0:41:45	SIMS, Karen	East Cornwall Harriers	All Ladies	0:08:21	247
267	0:41:47	SUTTON, Andrew		All Men	0:08:21	312
268	0:41:50	SCALLAN, Dawn	Carn Runners	All Ladies	0:08:22	25
269	0:41:50	TREBELL, Andrew		All Men	0:08:22	552
270	0:41:53	WALTON, Nancy	Hayle Runners	All Ladies	0:08:22	470
271	0:41:55	O'REILLY, Kevin	Tamar Trotters	All Men	0:08:23	86
272	0:41:59	VENNING, Martin	Launceston Road Runners	All Men	0:08:24	258
273	0:42:02	PEGG, Rachel	Hayle Runners	All Ladies	0:08:24	499
274	0:42:06	BAILEY, Claire	Womens Running Net (C)	All Ladies	0:08:25	288
275	0:42:21	CLARKE, Joanne	Mounts Bay Harriers	All Ladies	0:08:28	45
276	0:42:23	KINGTON, Norris	Cornwall AC	All Men	0:08:28	332
277	0:42:24	WATERS, Rachel	St Austell RC	All Ladies	0:08:29	393
278	0:42:27	BASTIAN, Adrian	Hayle Runners	All Men	0:08:29	468
279	0:42:31	ALSOP, Nadia	St Austell RC	All Ladies	0:08:30	409
280	0:42:36	COOPER, Marilyn	Okehampton R C	All Ladies	0:08:31	301
281	0:42:41	STUTHRIDGE, Helen	St Austell RC	All Ladies	0:08:32	435
282	0:42:43	VAGUE, Kala	St Austell RC	All Ladies	0:08:32	445
283	0:42:44	ENDEAN, Dave	St Austell RC	All Men	0:08:33	424
284	0:42:57	TREWHELLA, Chris	Mounts Bay Harriers	All Men	0:08:35	34
285	0:42:59	HUTCHINS, Sarah	Womens Running Net (C)	All Ladies	0:08:36	543
286	0:43:10	HILL, Sandi	Newquay Road Runners	All Ladies	0:08:38	149
287	0:43:10	LEYSHON, Michael	Falmouth Road Runners	All Men	0:08:38	523
288	0:43:13	JEANS, Nick	Truro Running Club	All Men	0:08:38	203
289	0:43:19	THOMAS, Colin	Hayle Runners	All Men	0:08:40	519
290	0:43:27	SQUIRE, Mark	Mounts Bay Harriers	All Men	0:08:41	57
291	0:43:28	ERITH, Amanda	East Cornwall Harriers	All Ladies	0:08:41	236
292	0:43:39	SYMONS, Martin	Carn Runners	All Men	0:08:44	27
293	0:43:56	BOWKER, Rachel	Hayle Runners	All Ladies	0:08:47	473
294	0:43:56	HILL, Nancy	Mounts Bay Harriers	All Ladies	0:08:47	39
295	0:44:02	HOBKINSON, Ruth	Newquay Road Runners	All Ladies	0:08:48	156
296	0:44:04	MULLARKEY, Mary	East Cornwall Harriers	All Ladies	0:08:49	246
297	0:44:08	MARSTON, David	Mounts Bay Harriers	All Men	0:08:49	33
298	0:44:08	BAKER, Philippa	Launceston Road Runners	All Ladies	0:08:49	271
299	0:44:09	JOHNS, Gillian	Mounts Bay Harriers	All Ladies	0:08:50	36
300	0:44:11	CARDELL, Timothea	Hayle Runners	All Ladies	0:08:50	479

301	0:44:15	GALLOWAY, Alison	Carn Runners	All Ladies	0:08:51	8
302	0:44:18	CURTIS, Jill	Cornwall AC	All Ladies	0:08:51	169
303	0:44:21	CRACKNELL, Laura	Tri Logic Cornwall	All Ladies	0:08:52	74
304	0:44:28	SEARLE, Warren	Carn Runners	All Men	0:08:53	542
305	0:44:31	HOLT, Liane	Newquay Road Runners	All Ladies	0:08:54	118
306	0:44:50	O'MAHONEY, Kevin	Launceston Road Runners	All Men	0:08:58	268
307	0:44:57	BUDGE, Claire	St Austell RC	All Ladies	0:08:59	454
308	0:44:59	WOODING, Mike	Newquay Road Runners	All Men	0:09:00	119
309	0:45:02	WILLIS, Sharon	Womens Running Net (C)	All Ladies	0:09:00	290
310	0:45:15	BURGES, Sue	Launceston Road Runners	All Ladies	0:09:03	260
311	0:45:20	LATHOM, Janet	Launceston Road Runners	All Ladies	0:09:04	264
312	0:45:35	TURNER, Rachael	Womens Running Net (C)	All Ladies	0:09:07	289
313	0:45:39	STOCKS, Mark		All Men	0:09:08	311
314	0:45:42	SMITH, Alan	East Cornwall Harriers	All Men	0:09:08	230
315	0:45:48	BALDWIN, Sarah	Hayle Runners	All Ladies	0:09:09	467
316	0:45:52	SQUIRE, Helen	Mounts Bay Harriers	All Ladies	0:09:10	56
317	0:45:58	CHAPMAN, Sharon	Newquay Road Runners	All Ladies	0:09:11	140
318	0:45:59	PRADY, Liz	Mounts Bay Harriers	All Ladies	0:09:12	37
319	0:46:00	SAUNTER, Jenny	Womens Running Net (C)	All Ladies	0:09:12	280
320	0:46:03	PARSONS, Alison	Womens Running Net (C)	All Ladies	0:09:12	281
321	0:46:05	HILL, Elaine	Tamar Trotters	All Ladies	0:09:13	98
322	0:46:11	MARSHALL, Debbie	St Austell RC	All Ladies	0:09:14	418
323	0:46:19	RULE, Helen	Hayle Runners	All Ladies	0:09:16	501
324	0:46:26	BAILEY, Poppy	Womens Running Net (C)	All Ladies	0:09:17	275
325	0:46:29	BAKER, Stephi	Tamar Trotters	All Ladies	0:09:18	100
326	0:46:36	JAMIESON, Sandy	Carn Runners	All Ladies	0:09:19	15
327	0:46:36	CULLEY, Carol	Carn Runners	All Ladies	0:09:19	4
328	0:46:45	STOCKS, Gary		All Men	0:09:21	549
329	0:46:45	ALEXANDER, Samantha	Cornwall AC	All Ladies	0:09:21	161
330	0:46:46	MORIARTY, Melissa	St Austell RC	All Ladies	0:09:21	438
331	0:46:52	HARRISON, Osham	St Austell RC	All Ladies	0:09:22	394
332	0:46:52	BULLOCK, Katie	St Austell RC	All Ladies	0:09:22	406
333	0:46:57	LEYSHON, Catherine	Falmouth Road Runners	All Ladies	0:09:23	522
334	0:47:01	LEVER, Claire		All Ladies	0:09:24	306
335	0:47:02	TRUSCOTT, Neil	St Austell RC	All Men	0:09:24	446
336	0:47:08	MATTHEWS, Susan	Mounts Bay Harriers	All Ladies	0:09:25	53
337	0:47:15	STONE, Jackie	Mounts Bay Harriers	All Ladies	0:09:27	47
338	0:47:19	KNUCKEY, Karen	Tri Logic Cornwall	All Ladies	0:09:28	76
339	0:47:39	BILLINGE, Nicole	Cornwall AC	All Ladies	0:09:32	184
340	0:47:41	WRIGHT, Lisa	Newquay Road Runners	All Ladies	0:09:32	115
341	0:47:52	GUARD, Tanya	Tamar Trotters	All Ladies	0:09:34	92
342	0:47:52	SMITH, Stephen	Tamar Trotters	All Men	0:09:34	93
343	0:47:54	BUDGE, Lynne	East Cornwall Harriers	All Ladies	0:09:35	252
344	0:47:59	CONCHIE, Sarah		All Ladies	0:09:36	553
345	0:47:59	TEALE, Des		All Men	0:09:36	554
346	0:48:00	SENIOR, Ann	Hayle Runners	All Ladies	0:09:36	502
347	0:48:11	JAMESON, Judy	Carn Runners	All Ladies	0:09:38	14
348	0:48:20	CLOETE, Vicky	Womens Running Net (C)	All Ladies	0:09:40	276
349	0:48:22	LAKEY, Sarah	St Austell RC	All Ladies	0:09:40	428
350	0:48:41	SCHOLES, Claire	Hayle Runners	All Ladies	0:09:44	540
351	0:48:48	YATES, Angela	St Austell RC	All Ladies	0:09:45	464
352	0:48:52	HOLT, Sarah	Womens Running Net (C)	All Ladies	0:09:46	284
353	0:48:57	BOWDEN, Ian	Hayle Runners	All Men	0:09:47	472
354	0:48:57	JAMES, Becky	St Austell RC	All Ladies	0:09:47	402
355	0:48:59	LEAN, Philip	St Austell RC	All Men	0:09:48	413
356	0:49:11	BAZELEY, Geoff	St Austell RC	All Men	0:09:50	426
357	0:49:11	WATKINS, Emma	St Austell RC	All Ladies	0:09:50	440
358	0:49:12	FOSTER, Ann	Tamar Trotters	All Ladies	0:09:50	104
359	0:49:14	NEVILLE, Alison	Tamar Trotters	All Ladies	0:09:51	103
360	0:49:14	RICHINGS, Cynthia	Tamar Trotters	All Ladies	0:09:51	97
361	0:49:22	PASCOE, Wendy	Hayle Runners	All Ladies	0:09:52	498

362	0:49:26	HATCH, David	Moorhaven RC	All Men	0:09:53	296
363	0:49:31	DUTTON, Mike	St Austell RC	All Men	0:09:54	401
364	0:49:32	WEST, Rob	Cornwall AC	All Men	0:09:54	353
365	0:49:32	WEST, Nicola	Cornwall AC	All Ladies	0:09:54	180
366	0:49:38	FOX, Karrie	Falmouth Road Runners	All Ladies	0:09:55	513
367	0:49:50	GRANT, Steve	Tamar Trotters	All Men	0:09:58	544
368	0:50:05	BOARDMAN, Diane	Truro Running Club	All Ladies	0:10:01	209
369	0:50:30	WYATT, Terry	St Austell RC	All Men	0:10:06	407
370	0:50:32	BRENNAN, Tom	Hayle Runners	All Men	0:10:06	474
371	0:50:40	KIRK, Jo	Hayle Runners	All Ladies	0:10:08	489
372	0:50:44	ROGERS, Samantha	Tamar Trotters	All Ladies	0:10:09	96
373	0:50:45	CHILLINGWORTH, Jackie	St Austell RC	All Ladies	0:10:09	441
374	0:50:45	SCOTT, Jenny	St Austell RC	All Ladies	0:10:09	444
375	0:50:47	PERRING, Sharon	Womens Running Net (C)	All Ladies	0:10:09	282
376	0:50:51	TRUSCOTT, Stephen	St Austell RC	All Men	0:10:10	415
377	0:51:02	POOLEY, Susan	Womens Running Net (C)	All Ladies	0:10:12	285
378	0:51:03	HALEY, Sherry	Hayle Runners	All Ladies	0:10:12	485
379	0:51:09	BOON, Stephanie		All Ladies	0:10:14	210
380	0:51:14	DYMOND, Amanda	Womens Running Net (C)	All Ladies	0:10:15	286
381	0:51:27	JARDINE, Clare	Tamar Trotters	All Ladies	0:10:17	101
382	0:51:35	SPEAKE, Georgina	St Austell RC	All Ladies	0:10:19	437
383	0:51:53	SCRACE, Charmaine	St Austell RC	All Ladies	0:10:22	420
384	0:51:58	BUCKINGHAM, Megan	St Austell RC	All Ladies	0:10:23	417
385	0:52:21	MACLAREN, Hazel	Womens Running Net (C)	All Ladies	0:10:28	283
386	0:52:57	HENWOOD, Vivienne	St Austell RC	All Ladies	0:10:35	448
387	0:53:01	BRENNAN, Valerie	Hayle Runners	All Ladies	0:10:36	475
388	0:53:18	LOBB, Amanda	St Austell RC	All Ladies	0:10:39	457
389	0:53:38	GILL, Alison	St Austell RC	All Ladies	0:10:43	432
390	0:53:58	HOWORTH, Anna	Hayle Runners	All Ladies	0:10:47	488
391	0:54:15	HENRY, Naila	Hayle Runners	All Ladies	0:10:51	486
392	0:54:31	EDDY, Donna		All Ladies	0:10:54	514
393	0:54:38	KHURANA, Kuljeet	Moorhaven RC	All Ladies	0:10:55	297
394	0:54:39	MCINTYRE, Peggy	St Austell RC	All Ladies	0:10:56	411
395	0:54:49	YATES, Caroline	St Austell RC	All Ladies	0:10:58	433
396	0:54:55	CARTER, Nikki	Hayle Runners	All Ladies	0:10:59	481
397	0:54:55	WRIGHT, Mike	Hayle Runners	All Men	0:10:59	526
398	0:55:02	HAMBLY, Darren	St Austell RC	All Men	0:11:00	395
399	0:55:05	JARVIS, Lyn	St Austell RC	All Ladies	0:11:01	451
400	0:55:37	VENNING, Ann	Launceston Road Runners	All Ladies	0:11:07	257
401	0:55:39	MASSEY, Jennie	Womens Running Net (C)	All Ladies	0:11:08	277
402	0:57:06	HARVEY, Ceri	Carn Runners	All Ladies	0:11:25	11
403	0:57:08	MILLWARD, Laura	Carn Runners	All Ladies	0:11:25	18
404	0:57:09	WILLIAMS, Fiona	Carn Runners	All Ladies	0:11:26	26
405	0:57:09	HOCKING, Deborah	Carn Runners	All Ladies	0:11:26	12
406	0:57:09	DREW, Carole	Carn Runners	All Ladies	0:11:26	5
407	0:57:09	GARNHAM, Elaine	Carn Runners	All Ladies	0:11:26	9
408	0:58:35	HUNTER, Patricia	St Austell RC	All Ladies	0:11:43	398
409	0:58:59	BERRIMAN, Anne	Hayle Runners	All Ladies	0:11:48	469
410	0:59:32	BRISTOW, Don	St Austell RC	All Men	0:11:54	476
411	0:59:56	REID, Sarah	St Austell RC	All Ladies	0:11:59	452
412	1:01:29	BUTLER, Sue	St Austell RC	All Ladies	0:12:18	391
413	1:05:59	NEWMAN, Lucy		All Ladies	0:13:12	524
414	1:06:31	HULCOOP, Jason	Moorhaven RC	All Men	0:13:18	298
415	1:09:37	BATE, Mandy	St Austell RC	All Ladies	0:13:55	422
416	1:09:37	SLATEFORD, Nicola	St Austell RC	All Ladies	0:13:55	447