



BARWICH

START/FINISH

PARKING & TOILETS

ENTRANCE TO ALDON PARK

QUICKSILVER MAIL PUB

VEOVIL SHOWGROUND ENTRANCE

RED HOUSE PUB

LYSANDER ROAD

ROMAN VILLA
(site of)

Parchlake

Aldon park - cross country

Course route and times

Time.	Competitors.	Course route.
11:45.	U11 Girls.	A-B-C-D-F-G-I-Finish
11:55.	U11 Boys.	A-B-C-D-F-G-I-Finish
12:10.	U13 Girls.	A-B-C-D-E-F-G-I-Finish
12:25.	U13 Boys.	A-B-C-D-E-F-G-I-Finish
12:40.	Snr women/Vet women/U20women/U17Men/Women	A-B-C-D-E-F-G-I-A-B-C-D-F-G-I-Finish
13:00.	U15 Girls/boys.	A-B-C-D-E-F-G-H-I-Finish
13:20.	Snr men/Vet men/U20Men.	A-B-C-D-E-F-G-H-I x2 then Finish.