

Dene Valley U3A Activity Grid as at Jul 2019		Week 4	Week 1	Dene Valley U3A Activity Grid as at Jul 2019	
morning	afternoon			morning	afternoon/ evening
10.00-12.00 Art 10.00-12.00 Bridge Imp	1.30-2.30 Pilates 3 2.00-4.00 Bridge Club 1 4.00 Cinema	Mon	Mon	10.00-12.00 Bridge Imp	1.30-2.30 Pilates 3 2.00-3.30 Table Tennis 2.00-4.00 Bridge Club 1
9.30-10.30 Pilates 2 10.00-12.00 Bridge Club4 10.00 Science, Expl 10.45-11.45 Pilates 4		Tue	Tue	9.30-10.30 Pilates 2 10.00-12.00 Bridge Club4 10.45-11.45 Pilates 4	2.00-3.30 Folk Dancing 4.00-6.00 French Conv
10.00-12.00 S.Mat Bowls 10.00-12.00 Swimming 10.30-12.30 Art Apprec.		Wed	Wed	10.00-12.00 S.Mat Bowls 10.00-12.00 Swimming	2.00 Reading 2.30-3.45 Line Dancing * 4.30 Recorder
9.30-10.30 Pilates 1 10.00-12.15 Music Appr. 10.30-12.15 Fur.Spanish	2.30 Baking w. Inter 3.00-5.00 Bridge Club	Thu	Thu	9.30-10.30 Pilates 1 10.30 Philosophy	2.00-4.00 Quizzing 3.00-5.00 Bridge Cl. 2+3
10.00-12.00 Swimming 10.00-12.00 Bridge Club	2.15+3.15 German Conv	Fri	Fri	10.00-12.00 Swimming 10.00-12.00 Bridge Club	2.30 Committee †
Notes			Sat		7.00-9.00 Kurling
	12.30 Singles on Sunday	Sun	Notes	* Line Dancing usually 1 st & 3 rd Wed but can vary.	

Dene Valley U3A Activity Grid as at Jul 2019		Week 2	Week 3	Dene Valley U3A Activity Grid as at Jul 2019	
morning	afternoon			morning	afternoon
10.00-12.00 Art 10.00-12.00 History 2 10.00-12.00 Bridge Imp	1.30-2.30 Pilates 3 2.00-4.00 Bridge Club 1 2.30-4.30 Rock&Roll+M	Mon	Mon	10.00-12.00 Bridge Imp 1.30-2.30 Pilates 3 2.00-3.30 Table Tennis 2.00-4.00 Bridge Club 1 2.30 Books on Mon	
9.30-10.30 Pilates 2 10.00-12.00 Bridge Club4 10.45-11.45 Pilates 4	2.00 Main Meeting	Tue	Tue	9.30-10.30 Pilates 2 10.00 Computing + 10.00-12.00 Bridge Club4 10.45-11.45 Pilates 4	1.00-4.00 Bread Making 2.00-3.30 Folk Dancing 4.00-6.00 French Conv
10.00 Flower Arr. 10.00-12.00 S.Mat Bowls 10.00-12.00 Swimming	2.00 History 1 2.30 Play Reading	Wed	Wed	9.30 Walking 10.00-12.00 S.Mat Bowls 10.00-12.00 Swimming	2.30-3.45 Line Dancing * 4.30 Recorder
9.30-10.30 Pilates 1 10.30-12.15 Fur.Spanish	12.45 Luncheon 2.00-4.00 Scrabble 3.00-5.00 Bridge Club	Thu	Thu	Trains Planes & Autos 9.30-10.30 Pilates 1	2.00 Poetry Appr'n 3.00-5.00 Bridge Cl. 2+3
10.00-12.00 Swimming 10.00-12.00 Bridge Club	2.00- 4.00 Card Making 2.15+3.15 German Conv 2.30 Family History 2.30 Committee †	Fri	Fri	10.00-12.00 Swimming 10.00-12.00 Bridge Club	2.30 Committee † 2.30 Local History
	12.30 Singles/Saturday	Sat		No fixed Day/Time: English Heritage Above/Below Ground	
Notes † Committee is usually 1 st Fri, but can vary.			Note		