

help! Teen Life

Wednesday 28th March 2012

10.00 am – 2.30pm

Fleming Park Bowling Club, Eastleigh, SO50 9NL



About the help! Teen Life parent seminar

help! Teen Life is a one day Family Support seminar and provides information and advice to parents and carers of young people with autism. The seminar is aimed at parents of young people aged between 11 to 16.

How will the seminar support families?

The seminar will support families to:

- Autism in the teenage years
- Education and transition
- Accessing local authority support
- Benefits now and in the future
- Things to think about in the teenage years
- Provide a *help!* resource pack of information

Families seminar - cost

£5 donation per person due to funding from NAS South Hampshire Branch.

(Normally £30 per family)

Maximum two members per family may attend (or one family member and a friend).

A sandwich lunch is provided with tea and coffee served during the day.

All families attending receive a full resource pack of useful information, advice and support guidelines.

help! Teen Life is delivered by experienced and trained professionals of

The National Autistic Society (NAS).

Contact us

To book a place complete the attached form or, for further information, please contact:

David and Rachel Carter at the NAS South Hampshire Branch

Tel: 07767 618325

Email: shants@nas.org.uk