

# Transition Pathway

A step-by-step guide to help and support you prepare your plans for your future



## What things mean



### Person Centred Plan

This is a plan that helps everyone know what YOU want for your future and helps people work together to make this happen



### Health Action Plan

This is a plan that says what help you need to stay healthy



### Transition Plan

This tells people what you would like to do in the future and who will help you



### Lead Professional

This is the person who can make sure that everyone supporting you works together



### Some people who help you stay healthy

Occupational Therapists, Speech Therapists, Physiotherapists, Paediatricians, GP's



### Continuing Health Care Assessment

This helps people agree if some or all of your care will be provided by the NHS



### Moving On Plan

This tells people about the help you need with learning



### Self Directed Support

This helps you to live your life the way you choose



### Self Directed Assessment

We will help you with this so you can tell us about your care and support needs



### Indicative Amount

The information from your assessment will help Adult Services to tell you how much they think it will cost to meet your support needs



### Support Plan

We can help you with this plan to decide what help you want to meet your support needs. Hampshire County Council will need to agree your plan with you



Hampshire  
County Council

www.hants.gov.uk