



DRUMBEAT

Nov & Dec 2011

DRUM (Disability Recreation Unity Movement) Registered Charity No. 1044836
Parkgate Community Centre, Southwold Road, Watford WD24 7DP Tel: 01923 442114
Email: drumwatford@btinternet.com Web site www.drum.btck.co.uk



DRUMBEAT Charity Gig

An evening of live music at the
Sun Sports & Social Club
Bellmount Wood Avenue, Watford
Saturday 12th November, from 7.30pm-12pm

Featuring

[The Spitfires](#)

[The New Originals](#)

Pre-order your tickets now, on page 4

Adults £5 & Under 18's £3

All proceeds to DRUM

Licensed Bar

Please tell all your family and friends!



DRUM Open Day & Christmas Craft Sale Saturday 19th November 12-4pm

DRUM Christmas Cards & 2012 Calendars, hand-made Christmas cards, arts & crafts, Bric-a-Brac, books, knitted toys, refreshments and cakes.

All proceeds to DRUM



Christmas lunch at DRUM

Friday 16th December

Parkgate Community Centre

£15 - 3 Course Lunch



DRUM will be open from 9am and during the morning we will be showing a Christmas film and serving refreshments. Lunch will be served from 12pm in the large hall. **Please bring along your own alcohol!**

We will also be having Secret Santa....so everyone will need to bring along a small wrapped present, to the value of £5, marked as male or female... but further details of this will be given to everyone that attends!

CHIROPODIST £13



Ameeta will be in DRUM on Tuesday 15th November.

Donations Required

For 12th November - Bottles of Wine and Spirits, for raffle prizes.

For 19th November - Cakes, bottles of wine & squash, good quality bric-a-brac, Christmas wrapping paper, sweets & lollipops.

Many thanks for your support!



DRUM DAILY ACTIVITIES



DRUM Activities October

Monday	Mornings	Art with Kathy
Tuesday	Mornings	Art with Emma
Friday	Mornings	Art with Kathy
Saturday	Mornings	Art with Emma



Afternoons	Yoga with Jane
Afternoons	Yoga with Jane
Afternoons	Yoga with Sharon

DRUM Activities Nov, Dec & Jan

Monday	Mornings	Art with Kathy
Tuesday	Mornings	Art with Emma
Friday	Mornings	Ceramics with Juliette & Kathy
Saturday	Mornings	Art with Emma



Afternoons	Yoga with Jane
Afternoons	Yoga with Jane
Afternoons	Yoga with Sharon



Game's Room!

Fancy a game of table tennis, indoor bowls, chess, dominoes or bingo?

We also have board games, cards, TV & DVD's available for your use, available every day in the main hall. Please just ask a member of staff.



Ceramics & Art

Juliette is returning to DRUM on a Friday morning, starting 4th November. Kathy will also be in on a Friday and we will be making Terracotta Warriors! Kathy will continue with her art sessions on a Monday morning.



Owl's Bowls Club

The Owl's will be holding a charity quiz night, hosted by quiz master Gill Goman, in aid of DRUM on Saturday 18th February. The event will start at 8pm and there is a light supper provided, usually a jacket potato or similar.

Teams have a maximum of 5 people on each and we would really appreciate your support for this event. The club house is situated to the rear of the Watford Leisure Centre in Garston. There is parking and disabled access.



Dates for your Diary



Sat 12 th November	DRUMBEAT Charity Gig, from 7pm
Tue 15 th November	Chiropodist
Sat 19 th November	DRUM Fundraising Day & Christmas Sale (12-4pm)
Sat 10 th December	Snow White Panto, Albans Arena (DRUM Closed)
Mon 12 th December	Lunch & Show at Wicksteed Park (DRUM Closed)
Fri 16 th December	Christmas Lunch at DRUM 12-3pm (open from 9am)
Tue 20 th December	Christmas Carols & Buffet



DRUM will be closed for Christmas from 21st Dec – 2nd January
DRUM will reopen on Tuesday 3rd January 2012



Sat 21 st January	Art Exhibition and Open Day
Mon 23 rd January	Chinese New Year Day at DRUM 9am-3pm
Sat 18 th February	Owl's Charity Quiz Night, 8pm

2012 DRUM Calendars

£5 Each

Following the great success of our Best of British Calendar this year, we have a new calendar on sale for 2012.

The new calendar has been designed with your paintings, from our current art project, inspired by the Orient.

Calendars will be on sale from 19th November but you can also pre-order them on page 5 of DRUMBEAT.

Please note that the calendars sold out in just one day last year!



All proceeds to DRUM

DRUM Christmas Cards

£5, Pack 16



We have two new designs for this Christmas, on sale from 19th November, although you can pre-order your cards on page 5.

Packs have 16 cards and envelopes, with 8 of each design.

There is a winter garden scene by Darren Latham and penguins by our dear friend Ernie Smith, which he painted just before he passed away in May this year.

Older designs, including the Spice Girls and the Beatles, are also available to buy.

All proceeds to DRUM

Many thanks to everyone that voted for DRUM in the John Lewis Community Matters Scheme.

John Lewis

DRUM has received a donation of £840 from the Watford Store.

The money will be used to buy new art materials and also to subsidise coach hire for a day trip to Little Hampton next May.



the brain injury association

Head Way Hertfordshire is starting a new discussion group in Watford, from January. The sessions will be held on alternate Wednesdays, run by a tutor and may be of interest to you, as they are usually discussions on current affairs.

Details are still to be finalised but if you are interested in attending the sessions, please speak to Sarah in the DRUM office.



The Sea Lion Swimming Club is open to anyone with a permanent or temporary disability. Family members and carers are also welcome to join in the swimming sessions.

The club benefits from an excellent group of volunteer helpers who are available to provide assistance and support to all members.

The club has a comprehensive range of specialised equipment, including a hoist to assist members in and out of the water as required.

Swimming sessions are held on a Saturday from 5-6pm, at the Watford Leisure Centre, Hempstead Road, Watford WD17 3HA.

For further details, please Tel: 0845 6216600 (local call rate)

Do you want to learn how to use the Internet?

John Lewis has kindly offered to give DRUM free lessons in using the Internet.

The sessions will be held at the Watford Store but dates still need to be finalised.



The sessions are FREE to DRUM members and their carers.

If you would like to put your name(s) down for these sessions, please contact Sarah in the DRUM office.

DRUMBEAT Charity Gig – Saturday 12th November Sun & Sports Social Club

Name _____

Number of Tickets Adults @£5 each _____ Under 18's @£3 _____

Total Amount Enclosed £ _____ Cash Chq

Fundraising for DRUM

As most of you will already know, we lost 25% of our funding from Hertfordshire County Council this year. We need your help to raise extra money. Please support our fundraising events and buy your Christmas cards and calendars from us. Whilst all charities are very important and worthwhile....if you come to DRUM, then this is YOUR local charity!

ALL the proceeds raised from our products helps to buy new art materials and provide activities for our members.....not on admin, not on rent, or not on salaries!!!



Fill a Jam Jar!

We don't want Jam....we want your small change!

We have over 65 members at DRUM, so if everyone filled a jam jar with just £5 we'd raise over £300 without even getting off our backsides!

DRUM Tea Party

Why not hold a tea party at home, for all your friends and neighbours?

Charge everyone a fiver, get out your best china, bake some cakes (use some of the jam from the empty jar) and hold a small raffle..... it couldn't be any easier!



Lauren's Lottery £1 per number

Please don't forget to join in with Lauren's Lottery. If all 44 numbers are taken, this raises £22 a week for DRUM. If you pick the bonus ball, you can win £22 yourself!

DRUM Christmas Cards & Calendar Order Form

Name _____

DRUM Christmas Cards

No. of packs required _____ @ £5 each

8 of each design - Winter Garden Scene & Penguins (8 of each design)

DRUM 2012 Calendar

Number of Calendars required _____ @ £5 each

Total Amount Enclosed £ _____ Cash Chq
