



Supported by Stokes Partners LLP



Organised by CREWKERNE RUNNING CLUB



Sunday May 20th. 2012
Race starts 10:00 am
Entries on the day subject to availability

Race permit ..ARC 12/76

Starting and finishing from the Town Hall, Crewkerne.

More info:- 01460 74150 -Email derek.boles123@btinternet.com

Ten Kilometre Race. Age 15 and over on race day.

An 'out and back' course with a loop through Merriott. Roads are not closed but are relatively traffic free country lanes through attractive villages and hamlets with a degree of undulation.

Junior 5 kilometre Fun Run. Age 14 and under on race day. 5 K on the main route out to the first drink station and return. Prizes in the Junior Fun Run only.

5 Kilometre Fun Run, & Business Challenge. Age 15 and over on race day. 5 K on the main route out to the first drink station and return.

If you can submit your business challenge team entries together it will be appreciated. Download team form from www.crewkernerc.btck.co.uk

Note: If you are not a member of an ARC or UKA affiliated club you must pay the £8:00 entry fee. The extra £2 goes to ARC for permit & insurance and to the promoters. No SAE? Collect your number from the entry desk on race day.

The business Challenge is for teams of three from local businesses to take part in the 5K Fun Run for the business Challenge Trophy donated by Stokes Partners LLP.

Changing & Toilets (No Showers) in the Town Hall.

Drinks every 3 to 4 kilometres. The Route is well marked and marshalled.

10K Certified accurate UKA certificate 12/021 British Red Cross provide first aid cover.

Quality souvenir for all 10 K finishers. Souvenir Medals for 5K finishers. Drinks and bananas at the finish line.

This is the 6th. Race in the Somerset Race Series. Next Event Run in The Wild 10K Sunday June 3rd.

10K team awards.

The first 4 men and the first 3 ladies from each club will count for the team awards.

Send your completed entry form with the appropriate fee and a 9" x 6" SAE to :- Crewkerne 10K, 23 Broadshard, Crewkerne, Somerset, TA18 7NF Cheques payable to:- Crewkerne Running Club.

Enter online at www.runnersworld.co.uk - There will be a surcharge for entries on the day if available



CREWKERNE 10K ENTRY FORM
Sunday May 20th 2012 Start time 10:00 am



Do not write in this box.

Surname

First Name

Address

Phone.....Sex..M [] or F []

Email

Date of BirthAge on Race Day

UKA or ARC Club

Business Challenge Team

Signed.....Date.....

(Parent to sign for juniors.)

PLEASE ENTER ME IN THE FOLLOWING CATEGORY TICKED BELOW:-

10 kilometre Senior Race for ages 15 years and over.

Affiliated or Exempt..... £6.00 []

Non exempt, including levy £8.00 []

Junior 5 kilometre Fun Run

Age 14 and under..... £2.50 []

5 kilometre Fun Run & Walk

Age 15 & over..... £3.00 []

5 kilometre Business Challenge

Age 15 and over per runner £3.00 []

I declare that I am an amateur and will abide by the rules as laid down by the organisers of this event. I am medically fit and of appropriate age to take part in the event entered. I enter at my own risk and the organisers will not be responsible for any injury or loss which may arise in consequence of participation in this event.

Organised by runners for runners