

# CREWKERNE RUNNING CLUB

## Newsletter

Issue no. 88 Sunday 9<sup>th</sup> December 2012

[www.crewkernerc.btck.co.uk](http://www.crewkernerc.btck.co.uk)

***Dear Runners,***



Tim Irish gives it one final push to the line at the end of a grueling Full Monty!



As I mentioned a few weeks ago, I will be releasing the reigns on the newsletter very shortly....in fact this is my penultimate edition....so I shall soon be handing over to not one, not two, not three but four generous souls who will giving the newsletter a much needed shake-up.....and one of them would like a word with you!

## New Look Newsletter

As you're aware Simon has decided to step down from producing our Club Newsletter, a role which he has carried out excellently for the last 2 years. We will miss Simon's wit and humour.

There is a new team of us taking on the challenge from the new year and we have decided to move back to producing the Newsletter on a weekly basis. This can only be achieved if you the members provide us with race reports from events you have taken part in be they running events or any other sporting activity such as triathlons, duathlons etc.

As there is a team of us taking over the Newsletter we decided to make it easier for you all to get your news to us for publication via a central email address, so from the 1 January 2013 please send any photos and reports to:

[crewkernercnews@gmail.com](mailto:crewkernercnews@gmail.com)

Your new team of news producers consists of Angie Patch, Tom Baker, Phil Wareham and myself.

If you have any suggestions for the Newsletter then please also send these through to the above email address.

The Newsletter will continue to be sent to all members on Sunday evenings.

Thanks

Tracy Symes



## Full Monty Roundup

Well the final event of the year has been and gone and as usual it was a great success! The weather held out and gave us near perfect running conditions for the 240ish runners who took part on a grueling 10 mile course.





This race takes a massive amount of organization and the logistics are always fun! We obviously require a huge amount of help from club members in a variety of roles and we all deserve a big pat on the back for giving our time to make this event a success.



It was nice to see some club members taking part as well and the results are below

## Results

1 <sup>st</sup>	Chris Gill	1.15.13
7 <sup>th</sup>	Nick Sale	1.20.06
14 <sup>th</sup>	Ed Stahl	1.24.49
53 <sup>rd</sup>	Tim Irish	1.36.08
67 <sup>th</sup>	Rich Gardener	1.39.00
68 <sup>th</sup>	Phil Reeder	1.39.24
148 <sup>th</sup>	Roger Still	1.53.34
181 <sup>st</sup>	Kirsten Irish	1.59.37
200 <sup>th</sup>	Linda Still	2.03.26



And a word from Martin Cook....

*Can I please thank you all for helping at last Sunday's race, it seemed to run well, and the weather was kind again.*

*Any comments would be appreciated good or bad.*

*I have had a thank you from the Cake ladies who made £233 for Help for Heroes charity, they were well chuffed.*

*I have a pair of gloves that may be from one of the Marshals if they are yours let me know.*

*Again the event will not happen without the help of all the Marshals. Runners always report about the friendly Marshals so we must be doing it correctly.*

*We will be donating to St Johns who did a good job and also to The Friends of Ham Hill.*

*The remaining money will go to club funds.*

*Regards*

*Martin Cook*

*Hon Sec*





## A word from Tim Hoyle.....

Hi

**A few of us who will be feeling that it's time to start training, are planning on running from Crewkerne to West Bay on Sunday 30th Dec.**

**Starting at 08:30AM from Lidl's.**

**Approx 17 miles, or 8.5 miles to/from Beaminster square, if you prefer a shorter run. Mostly on road ! possibly a short easy cross country descent into Beaminster, conditions permitting.**

**All welcome, fast and slower runners (that's me).**

**Please get in touch if you are coming along, so we can sort lift sharing etc.**

All the best.

Tim - [hoylet1@yahoo.co.uk](mailto:hoylet1@yahoo.co.uk)



## Club Championship

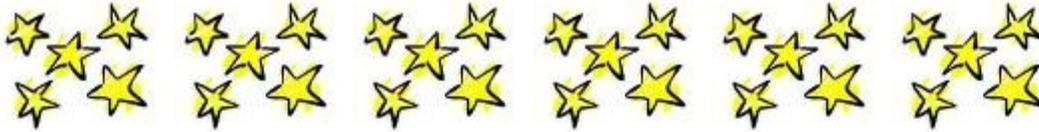
Any remaining chances of scoring some final points for the club championship have now gone! The results are in and will be revealed at the Christmas meal on Saturday night where the winners will be receiving some nice prizes for all their hard work over the running year!

Results will then be available for all to see in the final newsletter.



## Tinsel Run

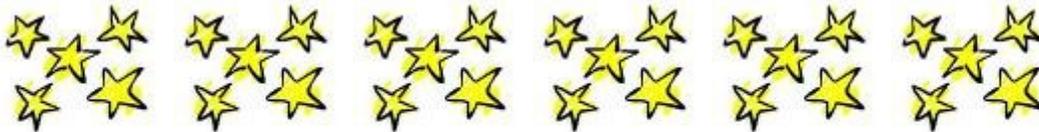
Please remember that the ever popular Tinsel run takes place on Sunday 23<sup>rd</sup> December. Starting at Hinton St George Village Hall at 9.30, there will be nice gentle run before meeting back at the hall to gorge on all manner of tasty grub....which lets be honest is the reason we will all be going!!



4 birthdays to celebrate in the next 2 weeks – they are.....

Hazel Pace & Kate Reeder on 10<sup>th</sup>, Sarah Frost on 15<sup>th</sup> and Nick Sale on 17<sup>th</sup>

Many Happy Returns to you all!!



### *This Week's Running*

Club nights are on Tuesday, Wednesday and Thursday over the following fortnight leaving the car park at Lidl's at 6.30pm.

The Sunday morning run leaves the Lidl's car park at 9.30am.





*Dates for your*

December

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Time</u>	<u>Website</u>
Sat 15 <sup>th</sup>	CRC Xmas Party	North Perrott Cricket Club	7.30pm	See Newsletter
Sun 23 <sup>rd</sup>	Tinsel Run	Hinton St George	9.30am	See Newsletter

Any events which are not on the diary, but you think should be, then let me know!

simon\_land87@yahoo.co.uk