

# CREWKERNE RUNNING CLUB

## Newsletter

Crewkerne Running Club Website –  
**[www.crewkernerc.btik.com](http://www.crewkernerc.btik.com)**

Issue no.1 Sunday 26<sup>th</sup> December 2010

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### ***Dear Fellow Runners***

The observant among you may notice that this week's newsletter is a little different to normal!

For those of you who are not aware, or haven't had a chance to read last week's edition, Richard Blackmore has decided it is the right time for him to step down as "Editor in Chief" of our club's newsletter.

So it has been decided that I will be taking over from Richard as of now. Hopefully I am out running regularly enough to keep up to date with all the goings on within the club, and be able to report back to you all.

For some of the newer members who may not know me, I have been running with the club for around 3 years now and have the honour of being the clubs youngest member! Don't know if that's a good thing or bad!



Anyway before we delve into this week's news, there are a few things I would like to say.

I think every one in the club needs to say a massive thank you to Richard Blackmore for all he has done over the years for us, especially with the Club Newsletter.

Richard started the newsletter from scratch over two years ago now, at a time when the club was suffering in some respects from a lack of communication, in terms of events, meet ups, pub runs – everything really.

He took it upon himself to do this because he cared about the direction the club was going in. He has spent a huge amount of his own time over those years putting together a newsletter week after week without fail.

The newsletter has enabled the members to be totally aware of everything that is going on in and around the club, what members have been up to, and up and coming events. It has also allowed our social events such as pub runs to become very popular as now people know that they are actually happening!!

It has also enabled our club to grow in numbers year on year, with the tally at now over 75, which is excellent for our catchment area. The newsletter has helped our club image which has probably attracted new members, and probably persuaded some of the older members not to go elsewhere.

So in summary, I would like to say big thank you to Richard for all the work you have put in, which has made my job so much easier taking over. We wish you the best of luck with your running in the future and hope to still see you at the club nights when you can make it – maybe even lining up against you on the start line at a race one day!! Good luck!!



On to the news!!.....

## CRC Christmas Party

On Saturday 18<sup>th</sup> Dec, the club had its Christmas Party at North Perrott Cricket Club. It's always a good do and is a nice way to end the year! Our club Social Secretary Linda Still was the lucky lady responsible for putting on the event this year and she did a fantastic job.



The caterers did a wonderful job and provided everyone with some beautiful food. We had a quiz after dinner, and despite accusations of cheating which were definitely not true....(crosses fingers)....table 3 came out victorious! Steve Diaper and his friend Google have to take much of the credit for that victory!









The after dinner entertainment was different this year with Linda hiring in a DJ. Unfortunately he couldn't get off his drive in Bridport because of the ice so had to cancel! Lucky the owner of the cricket club (I think I got that right?) stepped in and did the business.

I think there were definitely some sore heads in the morning (some on the night!) but all seemed to enjoy themselves, some more than others, like the committee member who had an 'uncomfortable dismount' from his lift home!

For lots more pictures from the night, including one unlikely member busting some moves on the dance floor, you will have to check out the website!

We must say a big thank you to Linda and Roger Still, the catering team, North Perrott Cricket Club, Dave Rowe (transport), and anyone else who helped organise a great event! Thank you to you all!



### Upcoming Events

Do you know what the perfect cure is for a hangover? Particularly a New Years Day hangover? .....well apparently I am led to believe that a nice, brisk 10k road race works wonders!

Well it just so happens that our neighbours over at Chard Running Club host the 'Chard Flyer 10k' on New Years Day! The race kicks off at 11.00am (plenty of time for a lie-in) at Chard Cricket Club. This is the first year of holding the event and is quite low key it seems, but could be good fun.

For more information visit - <http://www.chardflyer.btck.co.uk/>

*To help me continue making this newsletter as good as it has been, we need all our members to contribute to it whenever they can. This can be done in many ways;*

- *send me in a race report if you have been taking part in an event? It can just be a few lines or a whole essay if you want! Pictures are great too!*
- *You may want to suggest other events or extra runs that club members might be interested in*
- *Maybe you do something other than running? Walking events, cycling, swimming, triathlons – maybe even Ironmans! – whatever it is we want to hear about it!*
- *News articles, running information, social events, suggestions/ideas, whatever you feel appropriate, just send it to me and it will go in*

*All our members like to know what everyone is up to and how they are getting on! It is your club, so you decide what goes in!*

## NOTE

I do not have email addresses for every member who should be receiving this email. Also some of the email addresses I do have for you are not up to date.

So if you are reading this on the club website and are wondering why you have not received an email directly, then it is probably because of the above reasons!

If this is so, then send me an email and I will add you to the list and from then on it should be straight forward.

I'm still getting to grips with some of the more technical bits, so if anyone has any problems, then do get in touch!

simon\_land87@yahoo.co.uk



### [This Week's Running](#)

As far as I am aware, club nights will continue as normal over the rest of the Christmas and New Year period.

So Wednesday and Thursday nights, leaving Lidl's car park at 6.30pm as usual. Torches and reflective gear is a must have.

Sunday morning run also leaving Lidl's car park at 9.30am

A quick 'Elf' and Safety mention, do take care running in the icy conditions at the moment, either on or off road, but I'm sure you didn't need me to tell you that!



That just leaves me to wish you all a very Happy Christmas and a great New Year! Look forward to seeing you all back out in January to work off all those extra Christmas calories!!

Happy Running!

*Simon*

