

BERE PEN 10k

Organised by Bere Alston Trekker's (Bats)
A scenic 3 down, 3 up road run around the Bere Peninsular
which passes along the beautiful River Tamar



11/063



Sunday 6th May 2012 at 11am
Held under UK Athletics Rules



Start and finish at Bere Alston Primary School (PL20 7AU)
Car parking is limited – please share lifts where possible
Changing facilities, showers, bag store, cakes and refreshments.

A unique memento to all finishers
Prizes for the First senior man, V40, V50, V55 V60
First senior lady, V40, V50, V55, V60

Entry fee: £8 discounted entry fee for EA Comp. License holders
£10 for all others

RACE LIMIT OF 400

<http://www.berealstontrekkers.btck.co.uk/BerePen10k>

ENTRY FORM

First Name:..... Surname.....

Address:.....

.....

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..... Post code:.....

Email address (**please print**):

.....

Date of birth:..... Age on 01/05/12.....

UKA Affiliated Club:.....

EA License Number.....

I declare that I will abide by the rules of UK Athletics, that I am medically fit to run and understand that I enter at my own risk. The organisers shall not be held responsible or liable for any injury, loss or damage arising as consequence of my participation in the Bere Pen 10. Minimum age to run this race is 17 years old.

Please send entry form, together with a cheque payable to Bere Alston Trekkers. To: Sue Catto, Bere Pen 10k, Corner Cottage, Mount Tavy Road, Tavistock, Devon PL19 9JL

NUMBERS TO BE COLLECTED ON THE DAY BY 10.30am