

## Bere Pen 10k 2011 Results

Position	Time	First	Surname	Cat	Club
1	37.30	DAN	ROGERS	M	Launceston Road Runners
2	38.34	JASON	PASCOE	M	Cornwall AC
3	39.39	JOHN	SHAPLAND	M	North Devon Road Runners
4	39.40	ADAM	HOLLAND	M	Tavistock Athletics
5	40.36	PAUL	CREASE	M	Okehampton Running Club
6	40.43	BEN	NEALE	M	Unaffiliated
7	40.49	ROSS	SHADDICK	M	Unaffiliated
8	41.16	MICHAEL	HANSEN	M	Erme Valley Harriers
9	42.14	HANS	THOMPSON	M	Unaffiliated
10	43.59	KAREN	SKYE	F	Okehampton Running Club
11	44.01	TONY	PORTUS	M	Unaffiliated
12	44.26	SHARON	DAW	F	Tavistock Athletics
13	44.50	PETE	BAZELEY	M	Tavistock Athletics
14	44.57	SIMON	WADEY	M	Harwich
15	45.40	JAMES	SALMON	M	Plymstock Road Runners
16	45.44	BONNY	COLLINGBORN	F	Unaffiliated
17	45.52	IVOR	EARL	M	Tamar Trotters
18	45.54	GARY	ELKINGTON	M	Unaffiliated
19	46.19	REBECCA	MINGO	F	Tavistock Athletics
20	46.31	DAVID	TWINE	M	Tavistock Athletics
21	46.38	LAWRENCE	SARGENT	M	Bere Alston Trekkers
22	46.45	STEVE	WASTSON	M	Unaffiliated
23	47.10	RICHARD	AYSON	M	Erme Valley Harriers
24	47.27	RICKY	HUTCHINGS	M	Unaffiliated
25	47.30	SUZY	BLANDFORD	F	Bangor University Athletics
26	48.04	LUCY	SKYE	F	Okehampton Running Club
27	48.20	MATT	RAYMONT	M	Unaffiliated
28	48.28	ERIC	FOSTER	M	Dawlish Coasters
29	48.47	DAVID	WASSERBERG	M	Unaffiliated
30	48.53	PHIL	BAKER	M	Unaffiliated
31	48.58	GRAHAM	STORER	M	Mounts Bay Harriers
32	49.25	ZOE	GOSS	F	Unaffiliated
33	49.28	ANTHONY	DANIEL	M	Unaffiliated
34	49.32	SIMON	GRIFFITHS	M	Bere Alston Trekkers
35	49.45	NICKI	ASHWORTH	F	Unaffiliated
36	49.48	CHRIS	HILL	M	Plymouth Harriers
37	49.50	RICHARD	WINDEMER	M	Tavistock Athletics
38	50.06	STEVEN	JACKSON	M	Unaffiliated
39	50.09	KATIE	LITTLEJOHNS	F	Unaffiliated
40	50.11	TREVOR	WILLIAMS	M	Tavistock Athletics
41	50.41	CHRIS	MABEY	M	Unaffiliated
42	50.50	CHRIS	MENLOVE-PLATT	M	Plymouth Musketeers
43	51.01	ANDY	HOUGHTON	M	Tavistock Athletics
44	51.17	SIMON	EDWARDS	M	Unaffiliated
45	51.17	DEREK	HICKS	M	Bere Alston Trekkers
46	51.47	WIL	YORK	M	Unaffiliated
47	51.48	ALED	PRICE	M	Unaffiliated
48	52.08	ALAN	DUNLEY	M	Instinctive Sports
49	52.13	GEORGE	HOLMAN	M	South Devon AC
50	52.15	JOHN	BILLS	M	Unaffiliated

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51	52.28	ROGER	KITTERIDGE	M	Plymouth Harriers
52	52.41	KEVIN	THOMPSON	M	Dawlish Coasters
53	52.58	ROBERT	KIRBY	M	Tavistock Athletics
54	52.59	CAMERON	WOODROW	M	Unaffiliated
55	53.05	YVONE	TURNER	F	Mount Bays Harriers
56	53.12	MARK	ASHURST	M	Unaffiliated
57	53.19	GARY	WHITE	M	Unaffiliated
58	53.58	WAYNE	THIELMANN	M	Unaffiliated
59	54.11	RACHEL	TARRANT	F	Plymstock Road Runners
60	54.31	CHRIS	ALLAN	M	Unaffiliated
61	54.37	JANET	FOSTER	F	Dawlish Coasters
62	54.47	KEVIN	TURNER	M	Unaffiliated
63	54.53	MAGGIE	LEWIS	F	Plymouth Musketeers
64	55.02	ANDREW	ALCOCK	M	Tavistock Athletics
65	55.09	PHILIP	BRAIDE	M	Unaffiliated
66	55.15	VICKY	DUNLEY	F	Instinctive Sports
67	55.39	PHILIP	MEGICKS	M	Bere Alston Trekkers
68	55.44	JULIE	BROWNLIE	F	Unaffiliated
69	55.53	CHRIS	AVENT	M	Unaffiliated
70	55.57	MARK	HOLMAN	M	South Devon AC
71	56.21	TIM	FILEMAN	M	Unaffiliated
72	56.31	ANTHONY	ALLEN	M	Unaffiliated
73	57.09	HANNAH	COLSTON	F	Tavistock Athletics
74	57.09	LISA	MABEY	F	Tavistock Athletics
75	57.26	DAVID	RUFFELL	M	Tavistock Athletics
76	57.47	ADRIAN	PITCHER	M	Tavistock Athletics
77	57.47	CLAIRE	PITCHER	F	Tavistock Athletics
78	58.03	CAROL	HANSEN	F	Erme Valley Harriers
79	58.17	TIM	BUNDY	M	Mount Bays Harriers
80	58.20	KEILY	ALLAN	F	Unaffiliated
81	58.28	EMMA	JAMES	F	Bere Alston Trekkers
82	59.12	BERYL	DANIEL	F	Unaffiliated
83	59.16	SHEILA	HOUGHTON	F	Tavistock Athletics
84	59.19	JOHN	WINDEMER	M	Tavistock Athletics
85	59.33	SANDRA	WILLIAMS	F	Plymstock Road Runners
86	59.35	LANCE	CHATFIELD	M	Tamar Trotters
87	59.49	CHARLOTTE	TICKLE	F	Unaffiliated
88	60.11	LUCY	GARDNER	F	Unaffiliated
89	60.44	DONNA	STACEY	F	Tavistock Athletics
90	60.55	STEHEN	HILL	M	Plymouth Harriers
91	61.07	LAI-YINWONG	BROOKS	F	Plymouth Harriers
92	61.44	IRENEE	JACOBS	F	Tamar Trotters
93	62.07	BRYONY	FORDHAM	F	Tavistock Athletics
94	62.19	MEGAN	FILEMAN	F	Unaffiliated
95	62.38	STEVE	DAVIES	M	Unaffiliated
96	63.03	NIKKI	BALL	F	Unaffiliated
97	63.06	HELEN	ALCOCK	F	Tavistock Athletics
98	63.34	REBECCA	SARGENT	F	Bere Alston Trekkers
99	63.41	STELLA	IMONG	F	Teignbridge Trotters
100	63.47	JO	DAVIES	F	Unaffiliated
101	63.55	FIONA	DAWE	F	Bere Alston Trekkers

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102	64.14	PAUL	BRIMBLE	M	Unaffiliated
103	64.20	TRACEY	GOURLAY	F	Plymouth Coasters
104	64.20	TRUDI	ROWE	F	Plymouth Coasters
105	64.27	BOB	BURTON	M	Plymstock Road Runners
106	65.13	OLIVIA	WILSON	F	Unaffiliated
107	65.13	SARAH	HILLS	F	Unaffiliated
108	64.38	DAVID	HILLS	M	Unaffiliated
109	65.14	MIKE	SMITH	M	Unaffiliated
110	65.24	CHARLOTTE	RUNDLE	F	Bere Alston Trekkers
111	66.12	PATSY	BENNETT	F	Bere Alston Trekkers
112	66.34	SAMANTHA	MURREY	F	Harwich
113	66.53	NATALIE	BOND	F	Unaffiliated
114	67.14	RACHEL	WOOD	F	Unaffiliated
115	67.48	JACKIE	RALPH	F	Tavistock Athletics
116	68.07	JON	JACOBS	M	Tamar Trotters
117	68.50	PAUL	MANIFIELD	M	Unaffiliated
118	68.59	ANGELA	GIBBS	F	Bere Alston Trekkers
119	69.16	RICHARD	WALTERS	M	Plymstock Road Runners
120	69.21	G	VALLANCE	M	Unaffiliated
121	69.44	SUSAN	MAFFEY	F	Plymstock Road Runners
122	69.52	TRACEY	WHEATON	F	Plymstock Road Runners
123	70.05	KATHERINE	LLOYD-BRIMBLE	F	Unaffiliated
124	70.16	ANN	WOODHOUSE	F	Tavistock Athletics
125	71.22	HEATHER	SMITH	F	Unaffiliated
126	73.19	WENDY	WILSON	F	Bere Alston Trekkers
127	74.19	NINA	SHILLABEER	F	Plymstock Road Runners
128	74.24	PAUL	MINGO	M	Unaffiliated
129	75.03	PENNY	HEADFIELD-BENNETT	F	Plymouth Harriers
130	75.03	ELAINE	HILL	F	Plymouth Harriers
131	76.24	DAVID	KING	M	Plymstock Road Runners
132	76.25	ALAN	CATTO	M	Bere Alston Trekkers