

**PERI 50m Sprints and Individual Medleys Meet 2014 – Level 3 (3WM4180)
Sunday 9th February 2014**

Promoter's Conditions and Competition Information

1. The Promoter of the PERI 50m Sprints and Individual Medleys Meet 2014 is Rugby Swimming Club.
2. The competition will be held under A.S.A. Law & A.S.A. Technical Rules.
3. All events will be heat declared winners.
4. This meet is licensed by the ASA at Level 3.
5. Age groups will be:
Girls & Boys – 9/10 years, 11/12 years, 13/14 years, 15/over.
Age is at 09/02/2014.
6. Awards will be made to the first three swimmers in the 9/10, 11/12, 13/14 and 15 / over age groups.
7. The qualifying times are included on page 5.
8. Entry fee - **£4.00 per event**. This fee is to accompany the entry form, on page 2, and will be non-returnable if the entry is accepted. (Cheques to be made payable to 'Rugby Swimming Club')
9. The closing date for entries is midnight on **Friday 10th January 2014.**
10. The Promoters reserve the right to restrict the number of entries by top (x) number taken in each event based on submitted times.
11. All details of accepted / rejected entries will be posted on the club website, www.rugbyswimmingclub.co.uk, and no details will be sent by post. This event will not have entry cards. All details must be checked and any changes notified immediately by email to rscrugbyswimming@gmail.com. Refunds for any rejected entries will be available to collect at the meet. Non collected returns will be posted to the club.
12. A results service will be operated and results files will be provided to the ASA Rankings Department.
13. Officials will be in accordance with level 3 requirements.
14. Competitors not reporting in time for an event may be excluded from that event.
15. Over the top and side by side (for backstroke) starts may be used.
16. No entries will be accepted on the day of the meet.
17. Meet start and estimated finish times are as stated on the programme of events, on page 3, but may vary and changes will be notified on the club website.
18. Entry minimum qualifying age is 9 year's, age is at 9th February 2014.
19. Further meet information is included on page 4.
19. Any item not covered within these conditions will be at the sole discretion of the Promoter.



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INDIVIDUAL ENTRY FORM

FORENAME(S)..... SURNAME

ADDRESS DATE OF BIRTH

..... AGE AS AT 09/02/2014.....

Email address Gender - Male / Female

TEL. No: CLUB.....

A.S.A. REG. No.																			
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EVENT	Session No	Event No	9 years & over	Entry time
200m INDIVIDUAL MEDLEY	1	1	Boys	
50m BACKSTROKE	1	2	Girls	
50m BREASTSTROKE	1	3	Boys	
400m INDIVIDUAL MEDLEY	1	4	Girls	
50m BUTTERFLY	1	5	Boys	
50m FREESTYLE	1	6	Girls	
100m INDIVIDUAL MEDLEY	1	7	Boys	
200m INDIVIDUAL MEDLEY	2	8	Girls	
50m BACKSTROKE	2	9	Boys	
50m BREASTSTROKE	2	10	Girls	
400m INDIVIDUAL MEDLEY	2	11	Boys	
50m BUTTERFLY	2	12	Girls	
50m FREESTYLE	2	13	Boys	
100m INDIVIDUAL MEDLEY	2	14	Girls	

POOL LENGTH:
25m

ENTRY FEE:
£4.00 per event

No. of events entered @ £4.00 each Events Total Cost

No. of (pre-booked) coaches passes @ one pass free per ten swimmers (no catering)

No. of (pre-booked) coaches passes @ £10.00 each (no catering)

No. of (pre-booked) coaches catering / voucher @ £8.00 each

Signature of swimmer Date

Signature of Club Official / Coach

Cheques to be made payable to 'Rugby Swimming Club'. Entry fee must accompany entry form.

Return address for entries:

This form to be returned to: Meet Secretary, 7, Brudenell Close, Cawston, Rugby, Warwickshire, CV22 7GN by midnight on **Friday 10th January 2014.**

IMPORTANT

This meet will be run as a card-less meet – no entry cards will be used. Accepted entries will be posted on the club website (www.rugbyswimmingclub.co.uk) after the closing date – it is the clubs / swimmers responsibility to check that these details are correct.

The lane draw will be done before the meet and in the event of swimmers not attending the heat will be swum with an empty lane.

No changes can be made after the lane draw.



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PROGRAMME OF EVENTS

Sunday 9th February 2014

Session 1 Warm up 9.00am Start 10.00am Estimated finish 1:00pm

Event no.

1	Boys	200m	Individual Medley	HDW	9 years & over
2	Girls	50m	Backstroke	HDW	9 years & over
3	Boys	50m	Breaststroke	HDW	9 years & over
4	Girls	400m	Individual Medley	HDW	9 years & over
5	Boys	50m	Butterfly	HDW	9 years & over
6	Girls	50m	Freestyle	HDW	9 years & over
7	Boys	100m	Individual Medley	HDW	9 years & over

Session 2 Estimated warm up 2.00pm Estimated start 3.00pm Estimated finish 6.00pm

Event no.

8	Girls	200m	Individual Medley	HDW	9 years & over
9	Boys	50m	Backstroke	HDW	9 years & over
10	Girls	50m	Breaststroke	HDW	9 years & over
11	Boys	400m	Individual Medley	HDW	9 years & over
12	Girls	50m	Butterfly	HDW	9 years & over
13	Boys	50m	Freestyle	HDW	9 years & over
14	Girls	100m	Individual Medley	HDW	9 years & over

Start time for session 2 to be confirmed after entries have been received



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MEET INFORMATION

- LOCATION:** The Meet will take place at The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby, Warwickshire, CV22 5LJ. The length of the pool is 25m (eight lanes) with Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres. There is a large car park at the Centre and there is an adjacent recreation park with play areas. The Centre is only a short walk from the town centre.
- REFRESHMENTS:** Hot and cold food will be available throughout the day in the cafeteria at the Centre.
- SWIM SHOP:** A Swim Shop will be open and located in the Centre reception area adjacent to the cafeteria during the meet.
- SPECTATORS:** There is a large balcony at the Centre.
- COACHES:** Coaches passes can be pre-booked on an entry form and are **free** of charge for every ten swimmers a club brings to the meet, otherwise passes cost £10.00 each and can be pre-purchased on the entry form. The passes include a programme and result sheets for both sessions. Optional catering / voucher is also available for coaches costing £8 per head which can be pre-purchased on an entry form.
Coaches passes CANNOT be bought on the day of the meet.
- OFFICIALS:** Officials from other clubs are most welcome and should contact the Meet Secretary, 7, Brudenell Close, Cawston, Rugby, Warwickshire, CV22 7GN or at rscrugbyswimming@gmail.com if they are able to officiate.
- MEET MANAGEMENT:** The CORGI (Roy Smiles Ltd) meet management system will be used to run the meet.

NO ENTRIES (INCLUDING TIME ONLY) WILL BE ACCEPTED ON THE DAY OF THE MEET

IMPORTANT

*This meet will be run as a card-less meet – **no entry cards will be used.**
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The lane draw will be done before the meet and in the event of swimmers not attending the heat will be swum with an empty lane. No changes can be made after the lane draw.*

Qualifying Times

		<u>BOYS</u>							
<u>Event</u>	<u>Qualifying Time</u>	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs and over	
50m FS	Upper limit	31.0	30.0	29.0	28.0	27.0	26.0	25.19	
50m BR	Upper limit	36.0	35.0	34.0	33.0	32.0	31.0	30.45	
50m BC	Upper limit	34.0	33.0	32.0	31.0	30.0	29.0	28.08	
50m FLY	Upper limit	31.0	30.0	29.0	28.0	27.0	26.0	25.89	
100m IM	Upper limit	1.08.0	1.07.0	1.06.0	1.05.00	1.04.0	1.03.0	1.02.0	
200m IM	Upper limit	2.29.64	2.29.64	2.29.64	2.29.64	2.21.34	2.16.28	2.16.28	
400M IM	Upper limit	5.16.70	5.16.70	5.16.70	5.16.70	5.59.61	4.49.46	4.49.46	
		<u>GIRLS</u>							
<u>Event</u>	<u>Qualifying Time</u>	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs and over	
50m FS	Upper limit	34.0	33.0	32.0	31.0	30.0	29.0	27.98	
50m BR	Upper limit	40.0	39.0	38.0	37.0	36.0	35.0	34.42	
50m BC	Upper limit	37.0	36.0	35.0	34.0	33.0	32.0	31.19	
50m FLY	Upper limit	35.0	34.0	33.0	32.0	31.0	30.0	29.22	
100m IM	Upper limit	1.12.0	1.11.0	1.10.0	1.09.0	1.08.0	1.07.0	1.06.0	
200m IM	Upper limit	2.31.78	2.31.78	2.31.78	2.31.78	2.27.25	2.24.59	2.24.59	
400m IM	Upper limit	5.20.11	5.20.11	5.20.11	5.20.11	5.09.96	5.04.32	5.04.32	