



REDDITCH SWIMMING CLUB



Newsletter No. 16, Date: January 2012

DIARY DATES

JANUARY 2012

20 - Annual Awards Evening, HDA Club
21 - Worcester Winter League, Rnd 1
28 - Ross PGL Rnd 1
28 & 29 - ASA Central Zonal Meet

FEBRUARY 2012

4 - Worcester County Champs (800m)
11 - RSC Diddy 'B' Gala
12 - Worcester County Champs (1500m)
18 - Worcester Winter League, Rnd 2
18 - Diddy 'A' Gala
25 & 26 - Worcester County Champs

MARCH 2012

3 - Ross PGL Rnd 2
3-10 - British Champs/Olympic Trials
10 & 11 - Worcester County Champs

SUPPORTED OPEN MEET
City of Birmingham Open
6-9 April 2012 Level 2 & 3

**PLEASE REFER TO THE WEBSITE FOR
FULL FIXTURE DETAILS**

NATIONAL LEAGUE ROUND 2

After our good start in the National League round 1 at Leamington, we found ourselves in the 'round of death' being drawn against some of the region's top teams. The team gallantly rose to the challenge with county times being recorded in the majority of individual swims. Although no wins were recorded, five 2nd places were secured by Dan Noke (11/u 50m fly), Lucy Corden (15/u 100m back), Paul Wilkes & Sophie Bridgman (Open 100m fly), and Lydia May narrowly missed 1st place by the smallest margin in the girls 15/u 100m breast. Personal best swims times were recorded by Rosie Potter, Rebecca Winn, Abby Humphreys, Ricky Monk, Lydia May, Poppy McGourlay, Sophie Bridgman and Laura Cranshaw. We recorded two third places in the relays from the boys' 15/u free team (Ricky Monk, Braiden Hartles, Adam Watson & Zac

Register to receive latest news and updates on-line at www.redditchswimming.org.uk, click on [Receive Updates On-Line](#) or e-mail webeditor@redditchswim.org.uk

REDDITCH SWIMMING CLUB CLUB NEWS

Dear Members

Welcome to the latest edition of the Redditch Swimming Club newsletter, No. 16. The club had a busy couple of months leading up to the end of 2011 with open meets, National League, Midland Short Course and Inter-County Master competitions all taking place in November and December. The club also organised some timed swims for ASA School Speed Awards at Studley pool, giving a number of our newer swimmers a chance to show what they can do. We look forward to seeing all our new members progress through the squads and become part of the club's continued success. We also received the news that the town's new pool is to be completed ahead of schedule.

NATIONAL LEAGUE ROUND 2

Continued

Gill) and girls' open medley team (Lucy Corden, Laura Cranshaw, Sophie Bridgman & Lydia May). The final scores were Coventry 246, Leicester Penguins 238, Leicester Sharks 157, Nuneaton & Bedworth 156, Hereford 127, Redditch 125.

ROSS SAYCE TROPHY GALA

On 19 November 2011, the team competed in the Ross Sayce Memorial Gala at Wolverhampton. The team consisted of 9 year olds through to masters, including some last minute changes to the team as Paul Wilkes and Laura Cranshaw had been delayed in Bath. Our club Chairman, Martin Potter and Michaela Britt saved the day by taking Paul and Laura's places. Against our county rivals Worcester, we snatched victory by 4 points, with a winning total of 209, against Worcester

ROSS SAYCE TROPHY GALA

Continued

205, Oldbury 143, Haden Hill 112, Warley Wasps 52. All events were relays and we took 1st place in 19 out of the 39 events and 2nd place in 14 events.

INTER-COUNTY MASTERS

On 20 November 2011, 10 RSC swimmers were selected to compete for Worcestershire in the Inter-County Masters competition at Corby. Our head coach, Chris Britt had the honour of team manager for the county team in which Worcestershire finished in a creditable 5th place, having dropped points due to lack of swimmers in certain age groups. The ten selected swimmers were Emma Anderson, Lisa Rushton, Jane Winn, Laura Cranshaw, Vicki Bates, Alison Willis, Julie Cowley, Jamie Mackay, Paul Wilkes and Paul May.

SWIMMER OF THE MONTH AWARDS

OCTOBER

Oliver Walker
Development squad

Joe Hamilton
Junior Competition squad

James Coward
Senior Competition squad

NOVEMBER

Amelia Rodd
Development Squad

Tom Page
Junior Competition Squad

Laura Cowley
Senior Competition Squad

NUNEATON WINTER OPEN MEET

The weekend of 26/27 November saw swimmers attending the popular Nuneaton Winter Open Meet. With many swimmers looking to gain Midland qualifying times before Christmas, five RSC swimmers achieved the standard with Abby Humphreys leading the way with 5 MDQT, Rebecca Winn 3 MDQT, Laura Cowley 2 MDQT, Tom Page & Poppy McGourlay 1 MDQT. Medalists were Tom Page (9/10 yrs) gold 200m breast, silver 200m free & bronze 200m back; Abby Humphreys (13/14 yrs) gold 200m back & 400m IM, silver 400m free & bronze 200m IM; Zac Gill (13/14 yrs) gold 200m fly & bronze 100m fly; Lydia May (15/o) silver 100m breast; and Alice Oliver (9/10 yrs) bronze 200m fly. Other swimmers who finished in top 8 positions were Adam Watson, Millie Tompkin, Dan Noke, Rosie Potter, Poppy McGourlay, Laura Cowley and Rebecca Winn.

NORTHGATE PB BUSTER OPEN MEET

Also on 27 November 2011, other RSC swimmers were competing in the Northgate PB Buster Open. Swimmers at this meet were aiming to achieve county qualifying standards. A total of 26 swims were

NORTHGATE PB BUSTER OPEN MEET Continued

within the county time. The team came home with a number of medals. Medalists were Sophie Lloyd-Smith (10 yrs) gold 100m breast, 100m back & 200m IM, silver 200m breast, & bronze 200m back; Adam Beaumont (11 yrs) gold 100m & 200m breast, silver 100m back & 50m breast, & bronze 50m back; Katie Fish (10 yrs) bronze 100m breast; Josef Langmead (14/15 yrs) gold 50m back & 50m fly, silver 100m free, 200m free 50m breast & 50m free; Marcus Langmead (14/15 yrs) silver 50m back & bronze 100m free, 200m free, 50m breast & 50m fly; Ben Lewis (12/13 yrs) bronze 200m back; Hollie Richmond (9 yrs) gold 50m back & 50m fly, & bronze 200m back; Justine Hughes (12/13 yrs) silver 200m back & bronze 200m free; Leah Daines (12/13 yrs) bronze 200m back; Joe Hamilton (9 yrs) bronze 50m & 200m breast; Will Smith (9 yrs) gold 50m back, Alice Fish (12/13 yrs) silver 50m back & 50m fly, bronze 50m breast & 50m free; and Stefan Kalik (14/15 yrs) silver 50m fly. Sophie finished as top girl in her age group and Josef Langmead as top boy in his age group.

MIDLAND SHORT COURSE CHAMPIONSHIPS

Six RSC swimmers qualified for the Midland Short Course Championships at Corby on 3 & 4 December 2011. Some excellent swims with top 8 finishes for Lucy Corden 50m, 100m & 200m back, Dan Ruckwood 50m back & Sophie Bridgman 800m free. In the 100m back Dan achieved the National Qualifying time and in the 800m free, Sophie Bridgman swam within the converted National time, but unfortunately the swim must be recorded in a long course pool (50m length). Other swimmers competing were Lydia May (her first Midland Championships), Abby Humphreys and Caitlin Britt.

Congratulations to Sophie Lloyd-Smith, Laura Coward and Tom Page who have recently been selected to train with the new City of Birmingham Development Squad.

If you have any views, features/submissions you think should be included in next month's newsletter, please email Jane Winn at info@stevewinnautocare.co.uk by 5/2/12

NATIONAL LEAGUE ROUND 3

The last round of the Arena National League saw a draw at Cheslyn Hay in Staffordshire on 10 December. We were drawn against Hereford again, Braunstone, Derby Phoenix, Stratford Sharks and Northgate. 11 individual victories were recorded by Caitlin Britt, Lucy Corden, Laura Cranshaw, Issy Griffiths, Abby Humphreys, Poppy McGourlay, Tom Page, Jake Rowland, Paul Wilkes (2) and Rebecca Winn. In the relay section, the boys and girls 13/u took a clean sweep in free & medley races (Abby Humphreys, Caitlin Britt, Issy Griffiths, Poppy McGourlay, Millie Tompkin), boys (Jake Rowland, Anant Kapoor, Ollie Thomson, Will Moss) and boys 11/u medley team (Adam Beaumont, Tom Page, Dan Noke, Tyler Hartles). The team finished in 3rd place just behind Hereford as we had done in round 2 with Braunstone taking 1st place.

WYRE FOREST CHRISTMAS COUNTY QUALIFER OPEN MEET

Wyre Forest hosted their first open meet at Wolverhampton on 11 December. A number of medals were won, with Sophie Lloyd-Smith (10 yrs) adding to her medal haul at the Northgate open by winning a further 4 medals - gold 100m breast & 100m fly, silver 100m IM & bronze 100m free. Laura Cowley (12 yrs) & Zac Gill (14 yrs) continued to show good form, with Laura winning gold in 200m IM & 50m fly, silver 50m back, & bronze 100m back, and Zac taking gold in 100m free, 50m back & 50m breast, silver in 50m fly, 100m fly, 200m IM & 50m free. Other medal winners were Adam Watson (14 yrs) silver 100m IM & bronze 100m back; Josef Langmead (14 yrs) silver 50m breast & bronze 100m breast; Tom Savage (12 yrs) bronze 100m breast; Marcus Langmead (14 yrs) bronze 50m breast & 100m free; Olivia Hall (9 yrs) gold 50m fly, silver 50m breast & bronze 100m IM; Laura Coward (10 yrs) bronze 50m back; and Sally Monk (11 yrs) bronze 50m fly.

RECYCLING COLLECTION

Please remember to keep your unwanted items ready for our next recycling collection (early February 2012). Further details will be posted on the notice board and on the website shortly.