

REDDITCH SWIMMING CLUB



Newsletter No. 18, Date: March 2012

DIARY DATES

MAY 2012

17 - Redditch SC - AGM

19 - Bag Pack - Morrisons, Redditch

19 - Long course training, Coventry

19 - Ross PGL Rnd 4

JUNE 2012

2&3 - Midland Age Groups

9 - Ross PGL Final

9 - Mercian League Rnd 2

9&10 - Midland Age Groups

16 - Stratford Girls Only Gala

20-23 - ASA National Championships

23 - Nuneaton Diddy League Rnd 3

24 - Three Counties Gala

30&1 July - Boldmere Open Meet

JULY 2012

1 - Worcester County Relay Gala 14 - Mercian League Rnd 3 17-21 ASA National Youth Champs 22-26 - ASA National Age Group Champs PLEASE REFER TO THE WEBSITE FOR FULL FIXTURE DETAILS

RSC JOHN NEALE TROPHY GALA

On Saturday 11 February, RSC hosted a gala in memory of John Neale. Local rivals were invited and Redditch (214 points) took victory over Stourbridge (195), Evesham (187), Worcester (182) and Fox Hollies (161). Over two-thirds of the individual swims were personal best times. Three swimmers received speeding tickets, Oliver Walker (9 yrs) 25m breast, Freya Harper (10/u) 50m breast and Lauren Hughes (10/u), 50m free. First places were recorded by 9yr-olds Siljan Isufi, Leah Cassell (both 25m back) & Lizzie Kingham (25m free); 10-yr-olds Hollie Richmond (25m fly) & Tilly Anderson (50m back), 11-yr-old Callum Yearby (50m back) & 12-yr-olds Daniel Stanley (50m back), Megan Mellors (50m back & 50m free), & Adam Beaumont (50m breast & 50m fly). A number of PBs were recorded in the spare lane, special mention to Ryan Crumpton,

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REDDITCH SWIMMING CLUB CLUB NEWS

Dear Members

Welcome to the latest edition of the Redditch Swimming Club newsletter, No. 18. February 2012 saw the start of the Worcestershire County Championships which proved to be Redditch's most successful yet. The first two days of competition covered the long distance events which were held in Hereford.

The first day of competition saw four swimmers travelling to Hereford Leisure Centre in the snow to compete in the 800m free. Josef Langmead in the boys 14 years section swam well, finishing in 6th position and recorded a personal best time. For the three girls, Rebecca Winn (11 years) won the club's first medal, taking silver with Laura Cowley and Rachel Weller (12 years) finishing in 6th & 8th places respectively - all girls recorded PBs as well.

The following weekend Rebecca Winn and Laura Cowley were joined by Braiden Hartles for the longest distance event, 1500m free. Rebecca added gold to her silver medal in the 800m with Braiden starting off his county championship campaign winning gold as well in a Midland District qualifying time. Laura narrowly missed the bronze medal and finished in a creditable 4th spot.

JOHN NEAL TROPHY GALA Continued

Katie Mellors, Madeleine Price, Sara Home, William Parry, Marsel Isufi and Mille Gane. The team performed well in the relays, with the 9 year old boys and 10/u girls taking both the medley and freestyle events. Team members for the boys were Siljan Isufi, Oliver Walker, Luke Warren, Matthew Stanley & Ryan Crumpton; and for the girls Tilly Anderson, Lauren Hughes, Hollie Richmond & Freya Harper. We also took 1st place in the mixed 8x1 free relay (Katie Mellors, Luke Warren, Hollie Richmond. Harry Wood, Amy Green, Callum Yearby, Leah Daines, & Bradley Taylor).

WORCESTER WINTER LEAGUE

After a hard fought first round, the club travelled to Halesowen for Rd 2 of the Winter League on 18 February. Again Halesowen took top spot (223 points), closely followed by Redditch (205), with Perry Beeches (128), Droitwich (123) and Orion (118) all trailing well behind.

We gained an impressive 11 individual wins, just two fewer than in the previous round. Winners were Rosie Potter (11/u back), Tom Page (11/u breast), Laura Cowley (13/u back), Megan (13/u breast), Braiden Hartles (15/u back), Sarah Brades (15/u back) and in the open age group Dan Ruckwood (back & free), Laura Cranshaw (breast), Paul Wilkes (fly) and Sophie Bridgman (fly). In the relays we came 2nd in every event. Well done everyone.

SWIMMER OF THE MONTH AWARDS

FEBRUARY

Jessica Mowat Development squad

Freya Harper Junior Competition squad

Ben Lewis Senior Competition squad

STRATFORD SHARKS JUNIOR DIDDY GALA

On 18 February a second RSC team travelled to Stratford Leisure Centre to take part in a friendly diddy event. Stratford Sharks fielded two teams (Blue and Silver). competing were perpetual Division 1 Diddy League finalists Nuneaton and also Rugby SC. A number of good swims were recorded by the team with wins coming from 9 year olds Tommy Smith (1 length breast) and Elizabeth Kingham (1 length back), 10/u Will Smith (2 lengths back), Joe Hamilton (2 lengths breast), Alice Oliver (1 length fly) and 12/u Rachel Weller (2 lengths fly). Two wins in the relays from the boys' 10/u medley team of Will Smith, Josh Cartwright, Joe Hamilton and Felix Gill and girls' 8x1 freestyle team of Leah Cassell, Elizabeth Kingham, Freya Harper, Alice Oliver, Laura Coward, Katie Fish, Leah Daines and Rachel Weller. points totals were Stratford Blue 257, Nuneaton 246, Redditch 201, Rugby 151 and Stratford Silver 126.

WCSA COUNTY CHAMPIONSHIPS

25 February saw the first full day of the County Championships, held at Wolverhampton. In what turned out to be an eventful weekend, the club got off to a flying start, winning a massive haul of medals. Gold medalists were Megan Griffiths (9 yrs) & Rebecca Winn (11 yrs), both

WSCA COUNTY CHAMPIONSHIPS

Continued

in the 200m breast; Paul Wilkes (17/o & Open) 100m fly; Alice Oliver (9 yrs) & Rosie Potter (11 yrs) 50m back; Braiden Hartles (14 yrs) 200m free & 50m back; Sophie Bridgman (15/16 yrs) 100m fly; Alice Oliver & Issy Griffiths (12 yrs) 400m IM. Issy also recorded a National Qualifying time for the 400m IM.

Silver medalists were Joe Hamilton (9 yrs), Dan Noke (10 yrs), Tom Page (11 yrs) 100m IM; Rosie Potter, Caitlin Britt (12 yrs), Lydia May (15/16 yrs) 200m breast; Dan Noke, Braiden Hartles 100m fly; Dan Noke 200m free & 50m back, Rebecca Winn 400m IM. Bronze medalists were Tyler Hartles (10 yrs) 100m IM; Olivia Hall (9 yrs), Sophie Lloyd-Smith (10 yrs), Megan Moss (12 yrs) 200m breast; Adam Watson (14 yrs) 100m fly, Joe Hamilton, Tom Page 200m free; Rebecca Winn, Poppy McGourlay (12 yrs) 100m fly & Caitlin Britt 400m IM.

In addition to the medalists, top 8 places were achieved by Will Moss, Ben Lewis, Jack Harding, Lauren Hughes, Sally Monk, Millie Tompkin, Laura Coward, Maddie Hargreaves, Will Smith, Ollie Thomson and Rachel Weller. 15 Midland qualifying times were recorded on the first day.

Six club records were also lowered by Dan Noke, Lydia May, Zac Gill, Will Moss, Braiden Hartles and Issy Griffiths.

After a long, hard day of competition on the Saturday, the swimmers arrived raring to go on the Sunday; but proceedings were brought to a halt when some wall tiles started to fall off behind the touch pads at the deep end - the result of a recent break-in which caused broken glass to enter the pool and required the pool to be emptied. Much disappointment of all swimmers the gala was abandoned, but the county reacted quickly and moved all remaining galas to Worcester.

REDDITCH SWIMMER COMPETES AT OLYMPIC AQUATIC CENTRE

Dan Ruckwood recently qualified for the British Championships/Olympic Trials which were held at the London 2012 Olympic Aquatic Centre. In what was a trial run for this summer's Olympic Games, Dan competed in the 200m backstroke, swimming a new PB of 2:04.52 in the heats and qualifying for the semi-final.

REDDITCH SWIMMING CLUB ANNUAL GENERAL MEETING

Wednesday 16 May 2012

You are all invited to attend the club's AGM which is being held at Redditch Cricket, Hockey & Rugby Club on Wednesday 16 May at 7.30pm. The meeting is open to all members and parents of members - the more the merrier.

For those members who haven't been with the club long, it's an excellent opportunity to hear from members of the current committee (including reports from Martin Potter, current Chairman & head coach Chris Britt) on how and what has been done within the club over the past 12 months.

The committee is made up of volunteers, all of them giving up their own time each month to ensure the club continues to operate smoothly for the benefit of the swimmers.

There will be ample opportunity to ask any unanswered questions you may have. Please do make the effort to come along - remember it's just one night in the year!

VOLUNTEERS URGENTLY REQUIRED FOR NEXT FUND RAISING EVENT

BAG PACKING AT
MORRISONS SUPERMARKET SATURDAY 19 MAY 2012

PLEASE SEE SONIA BRITT OR ANY COMMITTEE MEMBER FOR DETAILS



If you have any views, features/submissions you think should be included in next month's newsletter, please email Jane Winn at info@stevewinnautocare.co.uk by 16/5/2012