


Southgate (Buckfast Abbey) is a comfortable House adjacent to the Abbey but having its own private space. A few rooms only are en-suite. There is a lift to most floors.

Sclerder Retreat House (Chemin Neuf)- is situated near Looe in Cornwall. It was once a Carmelite Monastery. There is a large garden and lovely rural walks available. It is not suitable for those with disabilities.

Lenten Quiet Day - please bring a packed lunch, (or eat at The Grange Restaurant), drinks will be provided.

These **SILENT RETREATS** in the Ignatian tradition are open to Christians of any denomination who would like to step back from everyday life and review their journey in faith and be strengthened in their vocation as disciples of the Lord.



An Individually Guided Retreat offers each person the opportunity for space, **SILENCE** and prayer. Each retreatant will meet a Spiritual Companion daily and together they will discuss how best to use the time of retreat. The Companion will help you to pray using scripture and your own experience of life. Together you will try to discern what God is saying to you at this time. The retreat will be made in **SILENCE** to help you to pray and to leave other Retreatants equal opportunity for reflection.

It is helpful to bring a Bible & notepad with you. Radios and other books can be a distraction from this

'Precious time alone with God.....'

BOOKING FORM 2018

Name.....

Address

..... Post Code.....

Telephone..... Email.....

Lay / Ordained / Religious – please circle

Denomination: R.C. / C of E / Meth. / Other – please circle

I would like to book the following retreat – please indicate:

| | | |
|---|------|--------------------------|
| March 3 rd - (Sat) Lenten Quiet Day | £10 | <input type="checkbox"/> |
| June 29 th -- 1st July Weekend Retreat (Buckfast) | £140 | <input type="checkbox"/> |
| July 8 th – July 13 th 5-day Retreat (Sclerder, Cornwall) | £350 | <input type="checkbox"/> |
| Oct 12 th – 14 th Weekend Retreat (Buckfast) | £140 | <input type="checkbox"/> |
| Oct 15 th – 19 th Midweek Retreat (Buckfast) | £280 | <input type="checkbox"/> |
| Oct 12 th – 19 th 6-day Retreat (Buckfast) | £490 | <input type="checkbox"/> |
| Nov 16 th – 18 th W/E 'Taster' Retreat (Buckfast) | £140 | <input type="checkbox"/> |

Have you any experience of a previous Individually Guided Retreat or Week of Guided Prayer? Y / N

Do you have any special needs / disability / diet etc? Yes / No

.....

Please return your booking form and deposit as soon as you can - all places on Retreats are offered on a 'first come first serve' basis!

Diocesan Retreats
The Presbytery
19, Fosse Road
Kingsbridge
South Devon TQ7 1NG

Telephone: 01548 852670
Email: mjbutler6@yahoo.com
adriantoffolo@yahoo.co.uk

The deposit is non-refundable and is taken as your confirmation.
The balance is due on arrival on your Retreat.

For Six day Retreats the Deposit is: £95
For shorter retreats the Deposit is: £55
For the Lenten Quiet Day please send the: £10

Please make Cheques payable to:
PRCDTR (Spirituality Group)

Further information will be sent to you nearer the time.

Thank you



The retreats are led by members of the Plymouth Diocesan Ignatian Spirituality Group who have all received training from the Jesuit Spiritual Directors at Centres for Ignatian Spirituality

RETREATS

in the
Diocese of Plymouth
2018

March 3rd (Saturday) Lenten Quiet Day

June 29th - July 1st (Fri - Sun) Weekend Retreat
at Southgate Buckfast

July 8th - 13th (Sun - Fri) 5-day Retreat at
Sclerder, Looe, Cornwall

October 12th - 14th (Fri - Sun) Weekend Retreat at
Southgate, Buckfast

October 15th - 19th (Mon - Fri) Midweek Retreat
At Southgate Buckfast

October 12th - 19th (Fri - Fri) 6 day Retreat at
Southgate, Buckfast

November 16th - 18th (Fri - Sun) A 'Taster'
W/E Retreat at Southgate, Buckfast

(for anyone who would like to try a
retreat for the first time!)

