



# NEWSLETTER

**Issue 459**

**July 2017**

## This month's notice board:

- At our lunch on 19 July our speaker is Darren Walker, whose talk is titled "Drink wise age well". Would members attending the Royal for the meal please register **BEFORE** going into the lounge or bar. Members should arrive between 11:15 and 11:50 and be seated in time for the speaker at 12:00. Lunch follows. Please advise **Heather Williams xxxxx xxxxxx** if, having booked, you are unable to attend.
- We welcome the following new members: Helen Beer, Mary Cox and Alexander Simpson

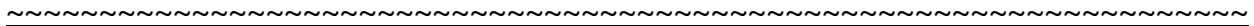
### August lunch:

At our lunch on 16 August our speaker is Paul Rendell, who will be talking about "Street Furniture". Lunch will be 2 courses plus coffee, ordered on arrival, at **£10.25** per person. For the August lunch, please contact **Heather Williams** by 13 August on xxxxx xxxxxx or e-mail **heather.williams179@gmail.com**.

If you are unable to attend, having booked lunch, please advise **Heather** in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.



**July 1st:** Coffee morning at Northam Hall from 10:00am. Lead by Jane Bellworthy and the Psychology Group - a 'Who Dunit?' Would you be a reliable witness? Could you give vital information in the event of an incident? This talk will focus on the main factors that influence eyewitnesses.



### Future coffee mornings (Northam Hall from 10:00am)



**Sept 2nd:** David Gannicliff will be giving a talk on " Freshspring" the Ship that was nearly Lost.

**November 4th:** Hosted by Photography group and Craft Group.

**Chairman**  
Geoff Williams

**Secretary**  
Carolyn Kelly

**Acting Membership secretary**  
Carolyn Kelly

**Editor**  
Simon Gibbon

geoff.williams24@gmail.com

carolynkellygb@gmail.com

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scgfeg@talktalk.net

## Chairman's Corner



### **North Devon Link U3As Theme Day.**

Friday 6<sup>th</sup> October, Grosvenor Church, Barnstaple EX32 8PB, 10am – 4pm.  
Title – FOOD FOR THOUGHT. (See poster on page 7)

The theme days are very popular across all of the local U3As. A great deal of effort goes into planning the day each year to ensure high quality speakers on topics that combine local interest with major themes. This years theme of Food for Thought looks at food production in N. Devon from four perspectives: The Farmer's View, The Supermarket Story, The Fisherman's Tale and Back to the Future.

As last year, it is a bring your own lunch occasion with lunch tables provided, plus drinks, biscuits and cakes. Coffee is provided on arrival up to 9.45am.

Tickets are £5 and they can be purchased through Sue Beer, our Treasurer. Sue can collect your money at coffee mornings, lunches and by post if you send her a cheque. Sue's contact details are: xxxxxxx xxxxx, Bideford, EX39 5JA. Tel, xxxxx xxxxxx. e mail, [westheale@talktalk.net](mailto:westheale@talktalk.net).

It would be great to be well represented this year, why not team up with a group of friends for a really good day out?

### **Living and ageing well.**

Thursday 6<sup>th</sup> July, 10am-3pm, Robins Nest, Bideford Football Club. Devon Senior Voice is holding a drop in event promoting well being in the third age with many of the local providers being present. There will be six well being speakers, lunch and coffee is provided free. We will be having a table to show what is available through our U3A and it is also an excellent opportunity to network with other charities and agencies. If you are interested in part or all of the day you can drop in and there is no need to book. The programme is on the Upper Room notice board but is also available through me.

*Geoff Williams*

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### Miscellaneous

All copy for publication in the **August** edition of the newsletter, **written** please (by letter or email) by **31 July**, to the editor. Any queries regarding the printed Newsletter distribution should be made to **Shirley Jewell xxxxx xxxxxx** or **Sandy Madden xxxxx xxxxxx**. If you don't receive your electronic version, please send an e-mail to **the editor**, which will help me confirm your e-mail address.

### Availability & Booking of the Upper Room

For details, see website, programme in Upper room or contact **David Gannicliff** on xxxxx xxxxxx or [david@gannicliff.eclipse.co.uk](mailto:david@gannicliff.eclipse.co.uk)

### Group leader changes.

Please send note of any change in name or contact details to **Roger Drew**, the group leader co-ordinator xxxxx xxxxxx or [roger24drew@btinternet.com](mailto:roger24drew@btinternet.com)

### Upper Room payments

Payments due for the Upper Room should be passed to the Treasurer **Sue Beer**, xxxxx xxxxxx or [westheale@talktalk.net](mailto:westheale@talktalk.net) or sent to West Heale, Landcross, Bideford EX39 5JA

### Proposed events

If you are planning to hold an event, please contact Roger Drew first to ensure that there there are no clashes. Xxxxx xxxxxx or [roger24drew@btinternet.com](mailto:roger24drew@btinternet.com)

## GROUP REPORTS



### AmDram

The group will be meeting fortnightly on Wednesdays during July and August on the following dates :- 12th and 26th July; 9th and 23rd August.

For any further information please contact **Lynda Webster** xxxxx xxxxxx or [lynda.web2@talktalk.net](mailto:lynda.web2@talktalk.net)

### Art (Monday).



The acrylic painting of Doctor Who is

by Ros. We are enjoying trying out different mediums and approaches.



The Group contact is **Dot Hannam** xxxxx xxxxxx



### Badminton

Our group is still full but anyone who is interested and has played before is welcome to be put on the waiting list.

Please contact **Val** or **Tony Woolf** xxxxx xxxxxx or [thewoolfs@tiscali.co.uk](mailto:thewoolfs@tiscali.co.uk)



### Book Group 1.

Our book for June was "The Loving Husband" by Christobel Kent. Fran Hall and her husband Nathan have moved from London, with their two young children, to a remote run down farmhouse in the Fens. Fran wakes one night to find Nathan gone and discovers him dead in a ditch outside the farmhouse. From then on, questions about her husband and her life with him begin to mount. Did she really know him as well as she thought that she did, who had killed him and why? Many of the group found this book to be rather confusing, necessitating having to reread sections of it to understand what was happening. Our book next month is "The Trouble with Goats and Sheep" by Joanna Cannon. *Pat Pavitt*

Contact **Sheila Wright** xxxxx xxxxxx or [ess.wright@hotmail.com](mailto:ess.wright@hotmail.com) or **Joan Lock** xxxxx xxxxxx



### Book Group 2.

This month our reading was *Gone Girl* by Gillian Flynn. Nick's wife Amy suddenly disappears on the morning of their fifth wedding anniversary. Police suspect that he had some part in her disappearance and her friends say she was afraid of him. As the investigation progresses the relationship between husband and wife is revealed with many unexpected twists and turns in the plot. This was a book that evoked mixed feelings. It was difficult to get into but then developed into a page turner when you felt you needed to know what happened next. The language was awful, none of the characters were appealing and those of us who continued to the end were surprised and somewhat disappointed at the way it finished. A change again next month when we read *One Pair of Hands* by Monica Dickens.

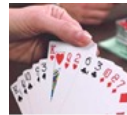
For further information contact **Hazel McLellan** xxxxx xxxxxx or [david249mclellan@btinternet.com](mailto:david249mclellan@btinternet.com)



### Book Group 3.

"Standing in Another Man's Grave" by Ian Rankin. This was easy to read and enjoyable if you like the detective novel genre. If you were new to the Rebus series we felt that the background to the character needed more explanation. The denouement relied too much on coincidences and some of the characters were not plausible.

For further information contact **Jo Sampson** xxxxx xxxxxx or [jo.sampson@rocketmail.com](mailto:jo.sampson@rocketmail.com)



### Bridge for Improvers.

We meet every **Tuesday** evening in the Upper Room at 7pm. We have a few spaces and any member who would like an evening of bridge and banter please come along.

The **Friday** group can accept new members who are experienced players. This group meets on Friday evenings in the Upper Room at 7 pm.

For further information on these groups contact **John Krey** xxxxx xxxxxx or [jkrey123@btinternet.com](mailto:jkrey123@btinternet.com)



### Bridge Instruction – beginners.

The beginner instruction lessons have now finished for the summer. If you are interested in learning please contact me.

For further information contact **Simon Gibbon** xxxxx xxxxxx or [scgfeg@talktalk.net](mailto:scgfeg@talktalk.net)



### Canasta .

For further information contact **Jan Hurst** xxxxx xxxxxx or **Ann Mayne** xxxxx xxxxxx or [annmayne44@gmail.com](mailto:annmayne44@gmail.com)



### Classical Music.

No update received this month.

For further information contact **Derrick Hadley** xxxxx xxxxxx or [HADLEY290@aol.com](mailto:HADLEY290@aol.com)



### Crafty Cards.

This month members tried out the Hunkydory Exotica range making cards using very vivid colours, over 40 cards were made which was almost a

record. Next month Wednesday 19th July we shall be doing something completely new making shaker cards. New members are always welcome and we supply all materials and equipment.

For more information please contact **Alison Tamplin** xxxxx xxxxxx or **Carolyn Kelly** xxxxx xxxxxx or [carolynkellygb@gmail.com](mailto:carolynkellygb@gmail.com)





### Creative Craft Class.

Members made some Christmassy things this month but with a difference, we worked with

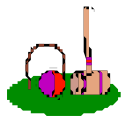
buttons using three different methods of making wreaths.

Next month

Thursday 20th July, we will be making Owls, and Pandas to mount on a tote bag.

New members are always welcome and we supply all materials and equipment

For more information please contact **Alison Tamplin xxxxx xxxxxx or Alison.tam126@btinternet.com or Carolyn Kelly xxxxx xxxxxx8.**



### Croquet.

The new croquet season is now well under way with plenty of sunshine. If you've not played before, why not give it a try. Tuition provided for beginners.

For further information contact **Simon Gibbon on xxxxx xxxxxx or scgfg@talktalk.net**



### Daphne Ellis Art Group (Thursday)

We meet on the first and second Thursday that is the 6th and 13th of July at 10.30 in the Upper Room. We pay 50p for the room. All are welcome. We do not have an

instructor.

For further information contact **Joan Hall xxxxx xxxxxx**



### Daphne Ellis Art Group (Friday)

This is a new class to meet every Friday at 2pm. Everyone welcome. The Thursday class will continue.

For further information contact **Joan Hall xxxxx xxxxxx**



### Devon Inns.

**NOTE:** No lunches in July or August due to Grockle invasion.

For further information please contact **Colin or Lesley Hunt on xxxxx xxxxxx or xxxxx xxxxxx or colinlesley@talktalk.net**

*In Memorium: Douglas Wilfred Spiller 1937-2017. Doug died 4 months after his beloved wife Sylvia. Born in Sunbury-on-Thames he was part of a family that ran a garage by the river. On moving to Northam he continued to be active fundraising for the RNLI, REME Assn, RBL & Devon Air Ambulance. Doug & Sylvia ran our Devon Inns Group for several years.*



### Digital Camera Group.

Our June meeting was a very enjoyable 'photoshoot' at Tapeley Park, Instow. The

weather was good and the photograph this month, by Barbara Schofield, shows us enjoying a sunny break for tea and cake. During our July



meeting we shall be sharing with colleagues our Tapeley, 'finest' photographs.

The group is full at present, but if you would like more information or to join a waiting list, please do contact **Colin Neal on xxxxx xxxxxx or sانشigo@outlook.com**



### Discussion Group.

Six of us attended our monthly meeting at the Royal Hotel on 7th June. An initial comment about some having to pay additionally for green bin collection developed into a

discussion about recycling both locally and nationally, plus energy generation.

Our predetermined subject was the General Election. The consensus was that over recent days the result was becoming ever closer. Proposed changes and lack of clarity affecting senior citizens would undoubtedly cost the Conservatives some votes from this demography. The recent attacks in Manchester and London would also provide an opportunity for Labour to highlight reductions in Police numbers and other concerns.

Abolition of student fees would be attractive to young voters and possibly some of their parents. Whether these and other more general inducements for many could be provided without pushing up the cost of living was a cause for concern should Labour achieve an unlikely win. Next month in a lighter vein we will discuss "Holidays".

For further information contact **Barry Gown on xxxxx xxxxxx or barysg14@outlook.com**



### Drawing Group 1

This month we had a visit to the Burton Art Gallery to look at the 95th Annual Open Exhibition of the Westward Ho! & Bideford Art Society and it was well worth spending a

morning seeing the wide range of excellent work on show. The visit was further enhanced by seeing the work of Sally Wetherill, a long standing member of Drawing Group 1, included in the show. Congratulations to Sally for being included in such a prestigious display. Drawing Group 1 still has some spaces for new members – please contact John Wright on the details below if interested.

For further details contact **John Wright xxxxx xxxxxx or jphw75@gmail.com**



### Drawing Group 2

This group has some new members following our recent recruitment drive and the group is now full. Group members are currently producing their own work or attempting some exercises to enhance their basic skills. One of the skills

to be explored in the future will be speed drawing which is an ideal technique when used for initial observation work prior to the production of more finished drawings.

For further details contact **John Wright xxxxx xxxxxx or jphw75@gmail.com**



### Eating Out.

We will be meeting at the Seagate, Appledore on Wednesday 26th July at 12 for 12.30. New members welcome. Please let me know if you are coming.

For further information contact **Joan Hall xxxxx xxxxxx**



### Folk Dancing.

We start again on the 11th September. Make a note of the date and join us for an enjoyable afternoon..

For further information contact **Shirley Jewell xxxxx xxxxxx or shirleyjewell18@googlemail.com**





### French.

The group meets on Tuesdays at 10:00am to cover grammar, have a coffee break and then continue at 11:00am with conversation. All levels except complete beginners are catered for. The group now has some vacancies. For further information contact **Jo Sampson xxxxx xxxxxx** or [jo.sampson@rocketmail.com](mailto:jo.sampson@rocketmail.com)



### Gardens.

**Thursday 20th July** trip to Tredegar House, Newport, S.Wales. Cost: £14 for NT members and £21.20 for non-members. Coach leaves Bideford 8.30am, Barnstaple 9.00am. Full details are in last month's newsletter.

**Thursday 17th August** outing to UGBROOKE HOUSE, Chudleigh, Devon. Ugbrooke is set in a tranquil valley landscaped by Lancelot 'Capability' Brown. It has a history covering 900 years and featured in the Doomsday book of 1086. Robert Adam and Capability Brown were commissioned to remodel the house, grounds and garden in the mid 18th century. Outstanding Adam interior designs and unique external features remain and the gardens provide a wealth of interest, lakeside walks and relaxing hideaways. Refreshments are available in the 'Orangery'. Cost: New price £20.20 to include half price Cream Tea. Coach leaves Bideford 9.00am.

**Thursday 21st September** trip to The EDEN PROJECT, St. Austell. Cost: £21.50

Cheques made out as usual to BTT Garden Group and sent by the start of the month of the outing to **Babs Muir** at xxxxx xxxxxx xxxx, Northam, N.Devon EX39 xxx.

Contact **Babs Muir xxxxx xxxxxx** or [babsmuir44@gmail.com](mailto:babsmuir44@gmail.com)



### German

Last time we met we had a lovely sunny walk, speaking German and practising names of wildlife, descriptions and directions. We even made a list of words we weren't sure of, to look up later. At the finish we enjoyed a delicious barbecue in the garden of one of our group members. Wunderbar!

Details of the group from **Val Curtis xxxxx xxxxxx** or [valacurtis@outlook.com](mailto:valacurtis@outlook.com)



### History.

At the May meeting one of our members Margaret Shambrook gave us an interesting talk on Bideford Library, a place where she worked for many years. The talk covered how the building came about, and its connections to the USA, also the (to modern day us) the amusing bylaws, which amongst other things said that Children were not to be encouraged into the library. A sentiment not in keeping with today's thinking.

At our **June** meeting Adrian Wills will be talking to use about the Torrington Canal. Adrian found by accident a wet patch of land on his 'estate' which lead him to uncovering the lock gates etc of the canal. The group meets at the Northam Leisure Centre on Thursday 6th July at 2:30pm will be by Margaret Shambrook who is talking about the History of Bideford Library.

We have a break for August, but in September the group will be out and about visiting Weare Giffard Hall, which reputedly has the 3rd best Hammer beam ceiling in the UK. Places are limited, so if you already haven't given me your name yet please contact me at the numbers below.

For more information about the History group the new temporary secretary is **Chris Peacock xxxxx xxxxxx** or [chris@calstockmodels.co.uk](mailto:chris@calstockmodels.co.uk)



### Line Dancing (Beginners).

We meet at Northam Hall every Tuesday morning. The cost is £3.00 for 1 hour or £5.00 for 2 hours:

Beginners' Dances: 10.00 - 11.00

Coffee Break: 11.00 - 11.15

Beginners/Improvers: 11.15 - 12.15

The sessions are taught by Sue Saggs who is external to U3A.

Ring me if you want more information or details of classes for **Absolute** Beginners

**Irene Hahn xxxxx xxxxxx** or [hahn@btinternet.com](mailto:hahn@btinternet.com)

### Line Dancing (Improvers).

We meet at Northam Hall on Thursday afternoons from 2.00 to 4.00, with a tea break midway through. The cost is £5.00 for the two hours. We do a variety of dances to suit all tastes and new members are welcome. The class is taught by a qualified teacher who is external to U3A. Please contact me for further details.

**Irene Hahn xxxxx xxxxxx** or [hahn@btinternet.com](mailto:hahn@btinternet.com)



### Mahjongg (Barnstaple U3A).

Barnstaple U3A Mahjongg group would welcome new members. We meet on 1st & 3rd Weds at 1:45pm at The Annexe, Fremington Parish Hall. Higher Road, Fremington. Bus Stop is at the church. There is plenty of parking at the hall. We contribute £1.50 towards the rental. Contact **Vicky Ilisse xxxxx xxxxxx**

### Morning Walkers (1st Friday):



Friday 4 August. This is the month we enjoy our Annual Torrington Common Picnic. To join us, make your way to our meeting point which is about 7 miles from Bideford Quay - straight over roundabout and continue on the A386 (signposted Torrington). Pass Puffing Billy, up the hill, then car park is on your left, complete with burger van. There are public toilets here. Meet at 10.30 am. Leave the picnic in your car, then a gentle climb down to the river, walking along admiring the flora and fauna. This walk is about 3 miles, and having walked down then there is a slightly steep climb back to the road and the car park. There are picnic tables here or a couple of pubs and coffee shops in Torrington. If you are joining us please let one of us know by Thursday 3rd August. Contact **Carolyn Keil** on xxxxx xxxxxx [carolyn.keil@gmail.com](mailto:carolyn.keil@gmail.com) or **Irene Hahn xxxxx xxxxxx** [hahn@btinternet.com](mailto:hahn@btinternet.com)

Group contact **Irene Hahn xxxxx xxxxxx** or [hahn@btinternet.com](mailto:hahn@btinternet.com)



### Music.

No update received this month.

For further information contact **Moreen Erridge xxxxx xxxxxx** or [erridge@outlook.com](mailto:erridge@outlook.com)



### Music sans Frontieres.

This is the swap-shop for people with varied musical tastes, in the June meeting featuring film music by John Barry, nouveau flamenco from Roger Espinosa,

Balkan gypsy music from Taraf de Haidouks, and a great selection from others such as The Troggs, Damian Rice, Playing for Change, The Moody Blues and The Hollies. We also had a great laugh with two items from Tom Lehrer.

The July meeting will take place on Tuesday 11th starting at 2.15pm. There will not be a meeting in August so the next meeting will be on the 12th September. The venue is xx xxxxx xxx, Northam. If you have something different to share, bring it along or just come to listen. Contact **Angus Winfield** xxxxx xxxxxx or [angwinf@gmail.com](mailto:angwinf@gmail.com)



### Petanque.

Many thanks to Martin for looking after things whilst we were away on holiday, and thanks also to the avid Petanquer's who

have attended and played this month. Earlier this month our team won both its home matches convincingly. Although having been away, we heard, (don't ask how), that our team's away form was not so good, losing both games on Sunday 25th. So hope to see you all again very soon.

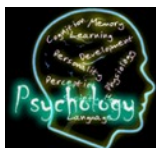
For any further information please contact **Brian Halstead** on xxxxx xxxxxx or [brhal@btinternet.com](mailto:brhal@btinternet.com)



### Playreading.

It was agreed at our meeting this month that the group would not meet in July or August. The next meeting therefore will be on 18th September next. Look forward to

seeing you all again then. Beryl  
**Beryl Drew** xxxxx xxxxxx or [beryl.drew75@hotmail.com](mailto:beryl.drew75@hotmail.com).



### Psychology

Our topic for June was 'The psychology of helping'. We looked at the why people 'walk on by' when we need help such as from falling over. We considered the psychological research which shows that the more people that are available to help the less likely they will help. Our topic for July 14th is Altruism. Regrettably the psychology group is full at present but if you would like to receive the notes until a place becomes available please contact me.

**Jane Bellworthy** xxxxx xxxxxx or [jane.bideford@btinternet.com](mailto:jane.bideford@btinternet.com)



### Science, Technology & Society.

At our last meeting, David Dickinson entertained us with fascinating stories of meteorites large and small, and how they've been shaping - and reshaping - our world for over four billion years. We don't meet in July or

August, but we'll be back again in September. Contact **Barry Zussman**: xxxxx xxxxxx or [barryviv@btinternet.com](mailto:barryviv@btinternet.com)



### Snooker (Tue)

The June snooker was well supported seeing that it is summer we average 8, and a good time is had by all. Highest break was by Ian

Braunton with 26 - come on people he can be beaten. There are still a few spaces so come along. For further information contact **Ian Braunton** xxxxx xxxxxx or [ianbraunton@btinternet.com](mailto:ianbraunton@btinternet.com).



### Snooker (Wed).

Since we have had snooker on two days a week, average attendances on Wednesdays, have been about eight per week, but more snooker is being played and there is a lot of enjoyment.

Dapper Dresser of the month award to Tony Davies, always elegant in waistcoat! Break of the month - 22 by Ian Braunton and by Eric Blacker, who did it twice in the same frame! If any U3A member wants to give snooker a go, then contact me for details.

For any further information contact **John Stotesbury** xxxxx xxxxxx or [johnstotesbury@hotmail.co.uk](mailto:johnstotesbury@hotmail.co.uk)



### Spanish.

It being in the middle of the heatwave we spent some time on the theme of "Weather" and revising the many ways of talking about this topic in Spanish. Also some further work was done on aspects of the subjunctive mood. The next meeting on Wednesday, 5th July will be the last one before our summer break.

For more information contact **Stewart Philp** xxxxx xxxxxx or [hylee@talktalk.net](mailto:hylee@talktalk.net)



### Sunday Lunch Club.

Sunday lunch 6th August will be at Woodford Bridge Country Club 12:30.

Contact **Jean Barnaby** xxxxx xxxxxx or [jeanbarnaby231@btinternet.com](mailto:jeanbarnaby231@btinternet.com)



### Table Tennis.

Everyone at the table tennis group still enjoying their sport, especially now at the Bideford Youth Centre. We would welcome a couple of new players so if anyone would like to have a go please come along or contact

**Christine Isaac** xxxxx xxxxxx or [christine.isaac@talktalk.net](mailto:christine.isaac@talktalk.net).



### The George Kelly Philosophy Group.

No update received this month



For further information please contact **Ann Goodyear** on xxxxx xxxxxx or [cassiegale@hotmail.co.uk](mailto:cassiegale@hotmail.co.uk)



### Third Friday Walkers.

We will have a local walk on 21st July starting at the main car park in Appledore at 10.30. A short steepish climb near the start then downhill and level the rest of the way, approximately 3 miles. We will lunch at The

Beaver. The menu is online so can I have numbers and orders by Tuesday 18th July please?

Contact **Jennifer Garnsey** xxxxx xxxxxx or [jengarnsey@btinternet.com](mailto:jengarnsey@btinternet.com)



### **Torrige U3A Ramblers.**

**June walk.** A small but intrepid group braved the blustery conditions and post election hangovers for a walk led by Dave on the Hartland peninsula. They enjoyed the stunning coastal views from Hartland Quay to the waterfall at Speke, then gentle lanes and tracks via Stoke and Blegberry, and more great views from the Coast Path back to Hartland.

**July walk** (14th) starts at Stoke Church car park [GR: SS 235247] at 10.30 a.m. and takes an inland route along farm tracks and the Coast Path to Hartland Point via [for mapoholics] Berry, Blegberry, Blagdon, West Titchberry, East Titchberry Farm and the Radar Station. Return to Stoke along the Coast Path. Some steep ascents/descents [including one flight of 154 steps - feel free to count them]. Approx. 6.50 miles ATCF. Lead by Roger Newton. BYOFAD.

Contact **Glenis Beardsley** xxxxx xxxxxx or xxxxx xxxxxx or [postmaster@jgbees.plus.com](mailto:postmaster@jgbees.plus.com) or **Jane Papworth** xxxxx xxxxxx or [jamalpapworth@gmail.com](mailto:jamalpapworth@gmail.com)



### **Ukulele group.**

The Ukulele Group next meet on July 3 and 17, starting to practice for our two autumn concerts. For further information contact **Richard Patmore** xxxxx xxxxxx or

[mandr.bideford@btinternet.com](mailto:mandr.bideford@btinternet.com)



### **Writers' Group 1.**

Our stories related to events taking place after dark. There were two thunderstorms, one with a baby being born, the other while tench fishing. A lion defending his pride. A night nurse nicknamed Milk Maid. More fishermen, this time in a polluted river. Finally a bizarre collection of late night drinkers.

We meet in the Upper Room on the fourth Wednesday of the month. We are taking a break in July and August. Our next meeting will be 27th September 2017 at 2.30pm. This group is currently full.

For further information contact **Sheila Mears** xxxxx xxxxxx or [sheila.mears@sky.com](mailto:sheila.mears@sky.com)



### **Writers' Group 2.**

The subject "Surplus to Requirements" set us all thinking. Being made redundant, getting rid of loved old clothes, finding a role when you are old and lonely, and being ignored at a party were among the subjects covered. How many items in our homes do we really need? That's thought provoking!

For further information **Shirley Jewell** xxxxx xxxxxx or [shirleyjewell18@gmail.com](mailto:shirleyjewell18@gmail.com)

### **SKITTLES (TAW U3A)**

Wednesday Evening Skittles meets again on Wednesday 19th July at the Aggi, Braunton, at 6.30pm. New members are very welcome. Just come a few minutes early and order your meal (which is then served around 7.45pm). If this is your first visit this year, please would you bring your membership card for me to record it. Contact - **Sarah Eagles** on [saeagles@btinternet.com](mailto:saeagles@btinternet.com).

## **N.DEVON LINK U3As THEME DAY**



**At Grosvenor Church, Barnstaple EX32 8PB**

**On Friday, October 6, 2017**

**From 10 am – 4 pm approx.  
(Registration from 9 am)**



**Our theme this year: *FOOD FOR THOUGHT***

A look at food production in N.Devon with four interesting Speakers.

Topics are: *The Farmer's View, The Supermarket Story, The Fisherman's Tale, & Back to the Future*

**As last year, it is a bring-your-own-lunch occasion with lunch tables provided, plus drinks, biscuits and cake**

**- and Coffee on arrival (but only before 9.45 am)**

**Tickets: £5 Reserve a ticket with your U3A**

For further information on the Study Day please see the Chairman's comments

**DIARY PAGE - JULY**

| ACTIVITY                                   | DATE                 | TIME        | LOCATION                              |
|--------------------------------------------|----------------------|-------------|---------------------------------------|
| <b><u>Groups below meet every week</u></b> |                      |             |                                       |
| AM-DRAM                                    | Wednesday            | 14:00       | The Pollyfield Centre, East-the-Water |
| ART - MONDAY                               | Monday               | 10:00       | Upper Room, St Margaret's             |
| BADMINTON                                  | Thursday             | 13:30       | Community Centre, Northam             |
| BRIDGE for IMPROVERS                       | Tuesday & Friday     | 19:00       | Upper Room, St Margaret's             |
| BRIDGE INSTRUCTION - beginners             | Friday               | 14:00       |                                       |
| CROQUET                                    | Tuesday              | 14:00       | Barnstaple Croquet Club               |
| DAPHNE ELLIS ART GROUP                     | Friday               | 14:00       | Upper Room, St Margaret's             |
| FRENCH                                     | Tuesday              | 10:00       | Upper Room, St Margaret's             |
| LINE DANCING —beginners                    | Tuesday              | 10:00       | Northam Hall, Northam                 |
| LINE DANCING —improvers                    | Thursday             | 14:00       | Northam Hall, Northam                 |
| PETANQUE                                   | Mon & Fri am; Wed pm | 10:30/14:00 | Village Inn, Westward Ho!             |
| SNOOKER (Tuesday)                          | Tuesday              | 10:00       | Kingsley snooker club, Westward Ho!   |
| SNOOKER (Wednesday)                        | Wednesday            | 10:00       | Kingsley snooker club, Westward Ho!   |
| TABLE TENNIS                               | Thursday             | 10:00       | Bideford Youth Centre on The Pill     |

**Groups below meet two or three times a month**

|                                   |                      |       |                                       |
|-----------------------------------|----------------------|-------|---------------------------------------|
| CANASTA                           | 1st & 3rd Wednesdays | 14:00 | Upper Room, St Margaret's             |
| DAPHNE ELLIS ART GROUP (Thursday) | 1st & 2nd Thursdays  | 10:30 | Upper Room, St Margaret's             |
| DRAWING 1                         | 2nd & 4th Wednesday  | 09:30 | Upper Room, St Margaret's             |
| DRAWING 2                         | 1st & 3rd Thursdays  | 14:00 | Upper Room, St Margaret's             |
| FOLK DANCING                      | 2nd & 4th Mondays    | 14:15 | Northam Hall                          |
| GERMAN                            | alternate Thursdays  | 10:00 | <i>Contact Val Curtis for details</i> |
| MAHJONNG                          | 1st & 3rd Wednesdays | 13:45 | The Annexe, Fremington Parish Hall    |
| SPANISH                           | 1st & 3rd Wednesdays | 15:00 | (Beginners 14.30)                     |
| UKULELE (improvers)               | 1st & 3rd Mondays    | 14:00 | Upper Room, St Margaret's             |

**Groups below meet once a month**

|                                 |                |       |                                       |
|---------------------------------|----------------|-------|---------------------------------------|
| BOOK GROUP 1                    | 3rd Tuesday    | 14:00 | Upper Room, St Margaret's             |
| BOOK GROUP 2                    | 4th Thursday   | 11:00 | Upper Room, St Margaret's             |
| BOOK GROUP 3                    | 1st Tuesday    | 14:30 | Upper Room, St Margaret's             |
| CLASSICAL MUSIC                 | 4th Friday     | 14:00 |                                       |
| CRAFT CARDING                   | 3rd Wednesday  | 09:30 | Upper Room, St Margaret's             |
| CREATIVE CRAFT                  | 3rd Thursday   | 10:00 | Upper Room, St Margaret's             |
| DEVON INNS                      | 2nd Thursday   | 12:00 | No meeting July & August              |
| DIGITAL CAMERA GROUP            | 2nd Wednesday  | 14:00 | Upper Room, St Margaret's             |
| DISCUSSION                      | 1st Wednesday  | 10:30 | The Royal Hotel, Bideford             |
| EATING OUT                      | Last Wednesday | 12:00 | The Seagate, Appledore                |
| GARDENS                         | 3rd Thursday   | 08:30 | Tredeggar House, Newport              |
| HISTORY                         | 1st Thursday   | 14:30 | Northam Leisure Centre                |
| MORNING WALKERS                 | 1st Friday     | 10:30 | Torrington Common (August)            |
| MUSIC                           | 2nd Friday     | 14:00 |                                       |
| MUSIC SANS FRONTIERES           | 2nd Tuesday    | 14:15 |                                       |
| PLAY READING                    | 3rd Monday     | 14:15 |                                       |
| PSYCHOLOGY                      | 2nd Friday     | 10:00 | Upper Room, St Margaret's             |
| SCIENCE, TECHNOLOGY & SOCIETY   | 4th Tuesday    | 14:30 | Upper Room, St Margaret's             |
| SUNDAY LUNCH                    | 1st Sunday     | 12:30 | Woodford Bridge Country Club (August) |
| The GEORGE KELLY PHILOSOPHY GRP | 2nd Tuesday    | 14:00 | Upper Room, St Margaret's             |
| TORRIDGE U3A RAMBLERS           | 2nd Friday     | 10:30 | Stoke                                 |
| THIRD FRIDAY WALKERS            | 3rd Friday     | 10:30 | Appledore                             |
| WRITERS GROUP 1                 | 4th Wednesday  | 14:30 | Upper Room, St Margaret's             |
| WRITERS GROUP 2                 | 3rd Tuesday    |       | <i>Contact Shirley Jewell</i>         |