



NEWSLETTER

Issue 462

October 2017

This month's notice board:

At our lunch on 18 October our speaker is Brian Freeland, who will be talking about "A trip down the Charente". Would members attending the Royal for the meal please register **BEFORE** going into the lounge or bar. Members should arrive between 11:15 and 11:50 and be seated in time for the speaker at 12:00. Lunch follows. Please advise **Heather Williams** on xxxxx xxxxxx if, having booked, you are unable to attend.

- We welcome the following new members: Maria Brown, David Fisher, Peggy Garner, Alison Oreilly

November lunch:

At our lunch on 15 November our speaker is David Gannicliff, who will be talking about "An explosive story". Lunch will be 2 courses plus coffee, ordered on arrival, at **£10.25** per person. For the October lunch, please contact **Heather Williams** by 12 November on xxxxx xxxxxx or e-mail heather.williams179@gmail.com

If you are unable to attend, having booked lunch, please advise **Heather** in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

Skittles



Hi everyone it's Skittles time again! We have booked the hall for **6th October**, The Conservative club, Bidgeland Street, Bideford, 6 o'clock for 6:30 start. it will be £2 plus a bring and share supper. We look forward to seeing you all again so to book your place ring Christine Dobby xxxxx xxxxxx, Avril Adcock xxxxx xxxxxx or Hazel McLellan xxxxx xxxxxx. Here's to another fun evening. If you've never been before come along and join in the fun.



Coffee morning: 4 November, Northam Hall from 10:00am. Hosted by Photography group and Craft Group. The Digital Camera Group who will be showing two slide presentations of photos taken in the last year. In addition Gary How (a retired professional photographer) will be running a photo clinic in which he will answer any question you have about cameras and photography in general. Alongside, The Craft Group will be showing there recent creations some of which will have a Christmas theme.

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### Future events

Note for your diaries **9 December**. Christmas Race night. This is a different night from the normal type of race night. More information will follow in November issue.

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|----------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------|
| <b>Chairman</b><br>Geoff Williams                                          | <b>Secretary</b><br>Carolyn Kelly                                      | <b>Acting Membership secretary</b><br>Carolyn Kelly                    | <b>Editor</b><br>Simon Gibbon                                |
| <a href="mailto:geoff.williams24@gmail.com">geoff.williams24@gmail.com</a> | <a href="mailto:carolynkellygb@gmail.com">carolynkellygb@gmail.com</a> | <a href="mailto:carolynkellygb@gmail.com">carolynkellygb@gmail.com</a> | <a href="mailto:scgfeg@talktalk.net">scgfeg@talktalk.net</a> |

## Future coffee mornings (Northam Hall from 10:00am)



**4 November:** Hosted by Photography group and Craft Group. The Digital Camera Group who will be showing two slide presentations of photos taken in the last year. In addition Gary How (a retired professional photographer) will be running a photo clinic in which he will answer any question you have about cameras and photography in general. Alongside, The Craft Group will be showing there recent creations some of which will have a Christmas theme.

**13 January 2018:** Hosted by the Drawing groups

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### Chairman's Corner



**AGM: 8<sup>th</sup> November**, Polyfield Centre, 10.00 - 11.30.

The AGM will start with coffee and biscuits and a chance to look around groups table top presentations. There will then follow the business section including the financial presentation.

It is important that as many groups as possible put on a table display of their activities as possible. This will inform members of what groups do and celebrate the success of our U3A.

#### **New Committee Members.**

We have key committee membership vacancies for the forthcoming year. We need a new membership secretary; it is not possible for Carolyn Kelly to continue in this role as well as being the general secretary. Simon Gibbon has also let me know that he is standing down from the committee this November. This means we need a new newsletter editor to collate the newsletter each month. Simon is prepared to support a new person and answer any questions you might have. Our U3A simply cannot function if we are not able to fill these roles. We are also hoping to create a publicity role. Therefore, if you are able to volunteer for any of these roles or know a suitably skilled person, please encourage them to volunteer.

#### **Beacon Software.**

This software has now been fully loaded with our membership details. Gary How is currently testing its functions before we bring it fully into use. It should be in full use for the new membership year. It will make the role of membership secretary significantly easier. It should also help the functioning of group leadership and enable the trustees to have clearer up to date information regarding all the charity's activities.

*Geoff Williams*

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### Miscellaneous

All copy for publication in the **November** edition of the newsletter, **written** please (by letter or email) by **31 October**, to the editor. Any queries regarding the printed Newsletter distribution should be made to **Shirley Jewell xxxxx xxxxxx** or **Sandy Madden xxxxx xxxxxx**. If you don't receive your electronic version, please send an e-mail to **the editor**, which will help me confirm your e-mail address.

#### Availability & Booking of the Upper Room

For details, see website, programme in Upper room or contact **David Gannicliff** on xxxxx xxxxxx or [david@gannicliff.eclipse.co.uk](mailto:david@gannicliff.eclipse.co.uk)

#### Group leader changes.

Please send note of any change in name or contact details to **Roger Drew**, the group leader co-ordinator xxxxx xxxxxx or [roger24drew@btinternet.com](mailto:roger24drew@btinternet.com)

#### Upper Room payments

Payments due for the Upper Room should be passed to the Treasurer **Sue Beer**, xxxxx xxxxxx or [westheale@talktalk.net](mailto:westheale@talktalk.net) or sent to West Heale, Landcross, Bideford EX39 5JA

#### Proposed events

If you are planning to hold an event, please contact Roger Drew first to ensure that there there are no clashes. **Xxxxx xxxxxx** or [roger24drew@btinternet.com](mailto:roger24drew@btinternet.com)

## GROUP REPORTS



### AmDram

No update received this month.  
If anyone would like to join the group please contact **Lynda Webster** xxxxx xxxxxx or [lynda.web2@talktalk.net](mailto:lynda.web2@talktalk.net)



### Art (Monday).

The Big Friendly Giant in ink and pencil is by Peter.



The Group contact is **Dot Hannam** xxxxx xxxxxx



### Badminton

Our group is still full but anyone who is interested and has played before is welcome to be put on the waiting list.  
Please contact **Val** or **Tony Woolf** xxxxx xxxxxx or [thewoolfs@tiscali.co.uk](mailto:thewoolfs@tiscali.co.uk)



### Book Group 1.

This month's book was "The Zookeepers Wife" by Diane Ackerman. This is a true story of Zookeepers Jan and Antonina Zabinski in War torn Warsaw. Since most of their animals have been killed or transferred to Berlin, they decide to rescue Jews from the Ghetto and hide them in the animal cages before passing them onto safe houses. The book gives an insight into the happenings in Warsaw during the War. *Coralie Dean*

Contact **Sheila Wright** xxxxx xxxxxx or [ess.wright@hotmail.com](mailto:ess.wright@hotmail.com) or **Joan Lock** xxxxx xxxxxx



### Book Group 2.

Our reading for September was *Love and Summer* by William Trevor. The story is set in an Irish county town about 50 years ago.

The lives of several characters are followed in the book, the main ones being Ellie, a young orphan brought up as a foundling but now married to a farmer, and Florian, a photographer who turns up at a funeral at the beginning of the story. How the developing friendship between these two characters, plays out over the summer, is at the centre of the story. The book received mixed reviews from the group as usual. We all thought it a gentle story but some found it rather flat and boring, while others enjoyed the descriptive writing which conjured up a realistic picture of an Irish town of that period, with an interesting variety of characters. Our next book is *Sweet Caress* by William Boyd.

For further information contact **Hazel McLellan** xxxxx xxxxxx or [david249mclellan@btinternet.com](mailto:david249mclellan@btinternet.com)



### Book Group 3.

"Gone Girl" by Gillian Flynn. We thought this was a powerful book. As the characters unfolded so they revealed their depth and the two main characters are reversed in perception from their initial introduction. The subsequent revelations bring about the shocking climax.

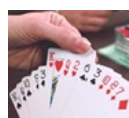
To protect his unborn child Nick's only option is to stay with Amy. As he says "Good Lord I hated her but you had to admire the shocking bitch"  
We have vacancies in this group.  
For further information contact **Jo Sampson** xxxxx xxxxxx or [jo.sampson@rocketmail.com](mailto:jo.sampson@rocketmail.com)



### Book Group 4

We met earlier in the month to pick up our first book which is *The House on the Strand* by Daphne du Maurier which we will be discussing in our October meeting.

For further information contact **David or Hazel McLellan** xxxxx xxxxxx or [david249mclellan@btinternet.com](mailto:david249mclellan@btinternet.com)



### Bridge for Improvers.

We meet every **Tuesday** evening in the Upper Room at 7pm. We have a few spaces and any member who would like an evening of bridge and banter please come along.

The **Friday** group can accept new members who are experienced players. This group meets on Friday evenings in the Upper Room at 7 pm.  
For further information on these groups contact **John Krey** xxxxx xxxxxx or [jkrey123@btinternet.com](mailto:jkrey123@btinternet.com)



**Bridge Instruction – beginners.** The bridge instruction lessons have now started but there is still time to join the group if you are interested in learning or want to improve your game.

For further information contact **Simon Gibbon** xxxxx xxxxxx or [scgfeg@talktalk.net](mailto:scgfeg@talktalk.net)



### Canasta .

For further information contact **Jan Hurst** xxxxx xxxxxx or **Ann Mayne** xxxxx xxxxxx or [annmayne44@gmail.com](mailto:annmayne44@gmail.com)



### Classical Music.

No update received this month.

For further information contact **Derrick Hadley** xxxxx xxxxxx or [HADLEY290@aol.com](mailto:HADLEY290@aol.com)



### Crafty Cards.

This month members tried out something new and we made Twist and

Pop cards, resulting in stunning cards. Next month Wednesday 18th October we will be making Christmas cards using



Hunkydory blanks. New members are always welcome and we supply all materials and equipment.  
For more information please contact **Alison Tamplin** xxxxx xxxxxx or **Carolyn Kelly** xxxxx xxxxxx or [carolynkellygb@gmail.com](mailto:carolynkellygb@gmail.com)



### Creative Craft Class.

It is amazing what you can do with milk bottle tops and our crafty ladies turned them into stunning Christmas trees. Next month Thursday 19th October we will

again be turning our hands to creating Christmassy things and we will be having a pot luck session. New members are always welcome and we supply all materials and equipment.



For more information please contact **Alison Tamplin** xxxxx xxxxxx or **Alison.tam126@btinternet.com** or **Carolyn Kelly** xxxxx xxxxxx.



### Croquet.

The croquet season finished in lovely sunshine and has been enjoyed by all who have attended during the season. Despite the poor summer and threats of rain only 2 sessions had to be cancelled due to rain. Hopefully the new season will start in April 2018. Watch this space!

For further information contact **Simon Gibbon** on xxxxx xxxxxx or **scgfeg@talktalk.net**



### Daphne Ellis Art Group (Friday)

We meet every Friday in the Upper Room at 2pm. Everyone welcome.

For further information contact **Joan Hall**

xxxxx xxxxxx



### Devon Inns.

**Thursday 12 October** 12noon.

The Rydon Inn, Holsworthy EX22 7HU.

Tel: 01409 259444. [www.rydon-inn.com](http://www.rydon-inn.com).

As you enter Holsworthy at the cross roads turn right on to the road to Bude. As you go up the incline the inn will be on your left.

**Thursday 9 November** 12noon.

The Old Sawmills Inn, Watermouth, Berryarbour EX34 9SJ. Tel: 01271 883388.

For further information please contact **Colin** or **Lesley Hunt** on xxxxx xxxxxx or xxxxx xxxxxx or **colinlesley@talktalk.net**



### Digital Camera Group.

The stunning photograph this month is by Chris

Hudd. Put

the Coffee Morning on November 4th in your diary as there will be a Photography clinic, where you can ask questions, seek advice and informally talk photography. Also will



be examples (on the big screen!) of members work as well as the Tapeley photoshoot. Topics for the coming month are the letter 'Q', people and environmental trash/rubbish.

For information about the group do contact **Colin Neal** on xxxxx xxxxxx or **sanshigo@outlook.com**



### Discussion Group.

The new format of members introducing a subject for discussion worked quite well although the tendency to sometimes stray into other subject areas persists but is

tolerated in our friendly meetings. The main subjects discussed included the recent death of the toddler who managed to access an out of use swimming pool at Westward Ho!, the poor impression of Bideford created by the former Tantons Hotel (although preparatory scaffolding is now in place for a revamp), a number of dilapidated boats, some beyond repair in the river and the unsightly area and buildings on the east bank adjacent to the Old Bridge. We also spoke about how the increasing number of electric cars would cause problems to the National Grid which is already hard pressed to provide power at times, the need for more common charging points and need to uprate power capability to homes to accommodate additional load - a massive undertaking.

For further information contact **Barry Gown** on xxxxx xxxxxx or **barrysg14@outlook.com**



### Drawing Group 1

No update received this month.

For further details contact **John Wright** xxxxx xxxxxx or **jphw75@gmail.com**



### Drawing Group 2

No update received this month.

For further details contact **John Wright** xxxxx xxxxxx or **jphw75@gmail.com**



### Eating Out.

We will meet at the Crealock Arms Littleham at 12 for 12.30 on the 25th October. Everyone welcome but please call me so I can book the

table.

For further information contact **Joan Hall** xxxxx xxxxxx



### Folk Dancing.

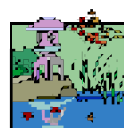
Our first meeting after the summer break was an enjoyable one as we met old friends and welcomed new members but we have room for more so why not join us. We meet at Northam Hall at 2.15pm on the 2nd and 4th Mondays in the month where you will receive a warm welcome.

For further information contact **Shirley Jewell** xxxxx xxxxxx or **shirleyjewell18@googlemail.com**



### French.

The group meets on Tuesdays at 10:00am to cover grammar, have a coffee break and then continue at 11:00am with conversation. All levels except complete beginners are catered for. The group now has some vacancies. For further information contact **Jo Sampson** xxxxx xxxxxx or **jo.sampson@rocketmail.com**



### Gardens.

**Thursday 19th October** The final trip of the year is to The Bishop's Palace & Wells (this outing is fully booked). Coach departs Bideford 9.00am, New Inn 9.15am, Ellerslie Rd 9.25am Barnstaple 9.30am

**Thursday 16th November** end of year lunch at Country Cousins Restaurant, Westward Ho! £16.50 for a carvery and sweet plus tea/coffee. Meet at 12.00 for 12.30 meal. Spouses/friends are also welcome. Please let me know if

you are interested and send a cheque for £16.50 made out as usual to BTT Garden Group by **5th November**. Send to **Babs Muir** at xxxx xxxxx xxxxxx xxx, Northam, N.Devon .

Contact **Babs Muir** xxxxx xxxxxx or [babsmuir44@gmail.com](mailto:babsmuir44@gmail.com)



### German

We have been doing lots of talking about interesting themes such as 'Mountains', have described people, places and pictures, and tried to improve our grammar along the way.

After reading John le Carré's article (Guardian 7/8/17) about why we should learn German, we are preparing to talk about that subject next time. Maybe you should join us to find out why!

Details about the group from **Val Curtis** xxxxx xxxxxx or [valacurtis@outlook.com](mailto:valacurtis@outlook.com)



### History.

Last Month 19 members of the History group had an afternoon out and visited Wearre Giffard Hall. An Elizabethan Manor House, with richly carved oak panels on the walls, but also reputedly

with the third best Hammer beam roof in the country, rated only behind Hampton Court in its design. I think it would be an understatement to say that members were amazed at not only the



beauty and ongoing restoration of the hall, but also at its owners knowledge and enthusiasm of not only the hall but of the neighbouring church as well.

By way of a contrast, at our next meeting on October 5th at Northam Leisure Centre, we have three of our members giving short talks on subjects close to their hearts. Audrey Kelly is talking about 'County Durham - Land of the Prince Bishops', while Viv Zussman will be telling us all about A Brief History of Glove-Making in North Devon. Finally Don Wallis is informing us on how the Royal Navy bombarded the French Fleet.

We look forward to you coming along at 14:00hrs to listen to more.

For more information about the History group the new temporary secretary is **Chris Peacock** xxxxx xxxxxx or [chris@calstockmodels.co.uk](mailto:chris@calstockmodels.co.uk)



### Line Dancing (Beginners).

We meet at Northam Hall every Tuesday morning. The cost is £3.00 for 1 hour or £5.00 for 2 hours:

Beginners' Dances: 10.00 - 11.00  
Coffee Break: 11.00 - 11.15

Beginners/Improvers: 11.15 - 12.15

The sessions are taught by Sue Saggs who is external to U3A.

Ring me if you want more information or details of classes for **Absolute Beginners** and **Refreshers**

**Irene Hahn** xxxxx xxxxxx or [hahn@btinternet.com](mailto:hahn@btinternet.com)

### Line Dancing (Improvers).

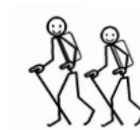
We meet at Northam Hall on Thursday afternoons from 2.00 to 4.00, with a tea break midway through. The cost is £5.00 for the two hours. We do a variety of dances to suit all tastes and new members are welcome. The class is taught by a qualified teacher who is external to U3A. Please contact me for further details.

**Irene Hahn** xxxxx xxxxxx or [hahn@btinternet.com](mailto:hahn@btinternet.com)



### Mahjongg (Barnstaple U3A).

Barnstaple U3A Mahjongg group would welcome new members. We meet on 1st & 3rd Weds at 1:45pm at The Annexe, Fremington Parish Hall. Higher Road, Fremington. Bus Stop is at the church. There is plenty of parking at the hall. We contribute £1.50 towards the rental. Contact **Vicky Ilisse** xxxxx xxxxxx



### Morning Walkers (1st Friday):

The Morning Walk on Friday 3rd November is in Bude. We will meet in the car park by the Tourist Information Centre in time to leave at 10.30am. We will be walking along the canal as far as

the bridge where we make a right turn into the lane which takes us up a steady climb to the main road. We cross the road and then follow the ups and downs along the coast path back into Bude. Lunch is at the Brendon Arms. We do not need to pre-order food so be prepared for a leisurely wait. If you wish to join us please contact either Carolyn Keil on 01237 425651 [carolyn.keil@gmail.com](mailto:carolyn.keil@gmail.com) or Hazel McLellan on 01237 477851 [david249mclellan@btinternet.com](mailto:david249mclellan@btinternet.com) by 29th October.

Group contact **Irene Hahn** xxxxx xxxxxx or [hahn@btinternet.com](mailto:hahn@btinternet.com)



### Music.

We resumed meetings on 8th September at 7 St. Helen's, the theme being the letter 'E'.

Elgar was well-represented with four items and titles included Easter Cantata, Eine Kleine Nachtmusik, Ebb Tide, Elijah, Elizabethan Serenade and many more. Artistes included Michael East, Anne Evans and the Endymion Quartet among others. We all enjoyed the varied programme the afternoon provided. Our thanks to Mari and Peter Lockett for their hospitality.

Future Meetings (all at 2.00pm)

13th October: 19 Amyas Way - theme the Letter 'F'  
10th November: 8 Blyth Court - theme 'G'

8th December: 19 Amyas Way - Christmas meeting  
For further information please contact **Moreen Erridge** on xxxxx xxxxxx or [erridge@outlook.com](mailto:erridge@outlook.com)



### Music sans Frontieres.

Two greats from the 1930's jazz scene were featured in the September meeting: Duke Ellington and Count Basie. Then we had items from well-known singers Patsy Kline, Simon & Garfunkel, Annie Lennox and Peter Skellern and from actors-turned-singers Derek Jacobi and Anne Reid. We also had Fleetwood Mac, Orchestre Baobab from Senegal, an item from the Rocky-Horror Show and In Paradisum

from Karl Jenkins' Requiem Mass. Quite a mixture, but that is what this group is about: we all bring our contributions and go away having found something new, or something older that we might have forgotten. You would be welcome to join us at our next meeting on Tuesday 10th October starting at 2.15pm. The venue is xx xxxxx xxxxxx.

Contact **Angus Winfield** xxxxx xxxxxx or [angwinf@gmail.com](mailto:angwinf@gmail.com)



### Petanque.

Twelve of us have just returned from a most enjoyable weekend at Hayling Island – playing petanque!!

The weekend was organised for all U3A petanque groups, so in addition to our three teams there were players from various parts of the country, at a guess a couple of hundred or so taking part, all very friendly which made it all good fun. Our team of Ann and Ged Barton with John Phipps fought their way through to the gold competition final, but were narrowly beaten and came second, which considering all the opposition was a great achievement. Our other two teams had mixed fortunes, winning and losing matches in equal measure – but it was a super weekend for everyone, a big plus being the kind weather. On Monday 18th we had a full house at the Village Inn when 24 of our members turned up to play, a record attendance!! My thanks to all players for their continued support.

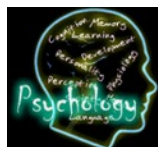
For any further information please contact **Brian Halstead** on xxxxx xxxxxx or [brhal@btinternet.com](mailto:brhal@btinternet.com)



### Playreading.

Next meeting 16th October at 2:15 pm, usual venue

**Beryl Drew** xxxxx xxxxxx or [beryl.drew75@hotmail.com](mailto:beryl.drew75@hotmail.com).



### Psychology

Faces was the topic for our September meeting. We talked about how recognising faces is innate and what happens when brain injury compromises that ability. We also looked at how the face can influence

who we fall in love with! Our topic for 13th October is Depression. We will look at the different causes and briefly consider remedies. Regrettably the psychology group is full at present but if you would like to receive the notes until a place becomes available please contact me. (ps: If you contacted me by text following it up with your email address could you please resend it.) Thank you.

**Jane Bellworthy** xxxxx xxxxxx or [jane.bideford@btinternet.com](mailto:jane.bideford@btinternet.com)



### Science, Technology & Society.

At our last meeting, Chris Peacock presented the second part of his talk on railway technology, and how it has made train travel our safest means of transport. We were also pleased to welcome three new members to the

group. At our next meeting, on **Tuesday 24 October** (2:30 in the Upper Room), transport is again the subject, but this time we'll be looking into the future, to a time when petrol & diesel-powered vehicles will have been superseded by electrically-powered ones. Will our infrastructure be able to cope, and will it really deliver the environmental benefits promised for it?

The group now has vacancies for new members, so please let me know if you would like to join.

Contact **Barry Zussman**: xxxxx xxxxxx or [barryviv@btinternet.com](mailto:barryviv@btinternet.com)



### Snooker (Tue & Wed)

Hi everyone, first the good news.... John Stotesbury's on hols for 2 weeks... Hooray!!!

The new cost per session is £1.50 to help towards heating costs, still represents excellent value we think. Colin finally joined the big boys with a break of 24, but this was dwarfed into insignificance with a 43, then later, 47 break by Ian. In recognition of this great achievement, we have bought Ian a one-way ticket to Timbuktu. No more volunteers please, I think 20 is enough to make sure he gets to the station! Finally, thanks to Gary and Brian... the former for demonstrating how to sink the white in ANY pocket, the latter for amazing trick-shots, easily explained after the shot.

Contact either **John Stotesbury** xxxxx xxxxxx [johnstotesbury@hotmail.co.uk](mailto:johnstotesbury@hotmail.co.uk) or **Ian Braunton** xxxxx xxxxxx [ianbraunton@btinternet.com](mailto:ianbraunton@btinternet.com)



### Spanish.

Our apologies to members of the group for a rocky start to the Autumn sessions so please note that the next class will take place on

Wednesday the 18th October, usual place usual time.

For more information contact **Stewart Philp** xxxxx xxxxxx or [hylee@talktalk.net](mailto:hylee@talktalk.net)



### Sunday Lunch Club.

Sunday lunch 5th November will be at the Portmore Golf Club 12.30

Contact **Jean Barnaby** xxxxx xxxxxx or [jeanbarnaby231@btinternet.com](mailto:jeanbarnaby231@btinternet.com)



### Table Tennis.

Table tennis group still going strong with a couple of potential new members giving it a try this week, and I believe enjoying the exercise and the chat. If anyone is interested in joining our friendly group please contact

me:

**Christine Isaac** xxxxx xxxxxx or xxxxx xxxxxx or [christine.isaac@talktalk.net](mailto:christine.isaac@talktalk.net).



### The George Kelly Philosophy Group.

Next meeting 10 October in the Upper Room at 2.00 pm. We will be deciding what format our future meetings will take.

Members please could you let me know if **you are not able to attend.** If you no

longer wish to be a member of the Group could you also let me know so that I can invite new members along to the meeting. If you do not contact me before the next meeting I will assume you no longer wish to attend the meetings.

**Ann Goodyear** on xxxxx xxxxxx or [cassiegale@hotmail.co.uk](mailto:cassiegale@hotmail.co.uk)



### Third Friday Walkers.

Third Friday Walk: October 20th. Meet at The New Inn car park, Fremington - GR: 513324 - for a 10.30 a.m. start. The pub will open at

10.00 a.m. for us to choose lunch and use the facilities. This is an easy 3½ mile walk, initially alongside the main road to the entrance to Fremington Quay [with an option to use a footpath for half of the way - if not too muddy], then along farm tracks and footpaths to join the Tarka Trail for our coffee stop. We return along the Trail and footpaths to Fremington Quay and The New Inn. There are two easy stiles and one flight of about 15 steps with good handrails. If walking and/or dining,

please contact me by Tuesday 17th October - Roger Newton at:- roger.newton@tiscali.co.uk or xxxxx xxxxxx.

Just a reminder that I will be resigning as co-ordinator for this group at the end of 2017. Would you be willing to become leader of the Third Friday Walkers so the group can continue? It is not an arduous job - just preparing a list of the dates of the walks, asking for volunteers to lead each month and sending in the details to the newsletter.

Contact Jennifer Garnsey xxxxx xxxxxx or xxxxx xxxxxx or [jengarnsey@btinternet.com](mailto:jengarnsey@btinternet.com)



**Torrige U3A Ramblers.**

**September walk:** Even 2 hours before we started our September walk the Met Office was forecasting heavy rain, thunder and lightning over several hours, and we came within a whisker of cancelling it. In reality we

didn't experience any part of what Mr. Trump would surely have called a 'fake forecast,' and we even enjoyed some warm sunshine. The magnificent seven who turned out were rewarded with birthday chocs from Glenis, and tea and cake from Glynis in Appledore.

**October walk:** Meet in the Landkey car park (behind the Castle Inn) at 10.30.am Friday 13th October for a 6 mile walk to Codden Hill, taking in Bableigh and Venn.

The 155 bus leaves from Barnstaple bus station at 10.15, and we can wait a few minutes for anyone travelling by bus. A fine autumn day has been ordered for us to enjoy the stunning views, but there will probably be some mud along the way! **BYOFAD.** Ray and Ruth 01271 830738

Contact Glenis Beardsley xxxxx xxxxxx or xxxxx xxxxxx or [postmaster@jgbees.plus.com](mailto:postmaster@jgbees.plus.com) or Jane Papworth 01271 831123 or [jamalpapworth@gmail.com](mailto:jamalpapworth@gmail.com)

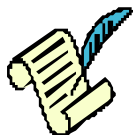


**Ukulele group.**

Firstly welcome to our new members. Five new members have joined us last month. We are practising hard for our gig on October 5th at Fremington. We meet on October 2nd and 16th.

Break a leg everyone!

For further information contact **Richard Patmore xxxxx xxxxxx or [mandr.bideford@btinternet.com](mailto:mandr.bideford@btinternet.com)**



**Writers' Group 1.**

Our stories were related to the "opening of a gate". Characters included a retirement home escapee, a war veteran and a foiled adulterer. Others featured a hurricane, the Pearly Gates, a cheating runner, a little girl lost while collecting flowers and a sad suicide.

We meet in the Upper Room on the fourth Wednesday of the month. Our next meeting will be 25th October 2017 at 2.30pm. This group is currently full.

For further information contact **Sheila Mears xxxxx xxxxxx0 or [sheila.mears@sky.com](mailto:sheila.mears@sky.com)**



**Writers' Group 2.**

"Moving on" was last months challenge and to my surprise all but one contribution was about relationships - mostly failed. A disappointed fiancée emigrating to Australia, a military wife

taking revenge on an errant husband, a sudden unexplained end to a university romance, a poem telling

us of someone forcing themselves to move forward day by day and a widow travelling round the world. We also learnt how, if you are a pretty young film star, to make the most of every opportunity of advancing your cause!

For further information **Shirley Jewell xxxxx xxxxxx or [shirleyjewell18@gmail.com](mailto:shirleyjewell18@gmail.com)**

**N.DEVON LINK U3As THEME DAY**



At Grosvenor Church, Barnstaple EX32 8PB

On Friday, October 6, 2017

From 10 am – 4 pm approx.  
(Registration from 9 am)



Our theme this year: **FOOD FOR THOUGHT**

A look at food production in N.Devon with four interesting Speakers.

Topics are: The Farmer's View, The Supermarket Story, The Fisherman's Tale, & Back to the Future

As last year, it is a bring-your-own-lunch occasion with lunch tables provided, plus drinks, biscuits and cake

- and Coffee on arrival (but only before 9.45 am)

Tickets: £5 Reserve a ticket with your U3A

For further information/tickets contact Sue Beer on xxxxx xxxxxx or [westheale@talktalk.net](mailto:westheale@talktalk.net)

**SKITTLES (TAW U3A)**

Wednesday Evening Skittles meets again on Wednesday 18th October at the Aggi, Braunton, at 6.30pm. New members are very welcome. Just come a few minutes early and order your meal (which is then served around 7.45pm). Contact - **Sarah Eagles on [saeagles@btinternet.com](mailto:saeagles@btinternet.com).**

**Puzzle corner**

A milkman has 2 empty jugs, a 3 gallon jug and a 5 gallon jug. He wants to measure exactly 1 gallon of milk. How can he do that?

Answer below

Puzzle corner answer

The milkman will fill the 3 gallon jug and empty the milk into the 5 gallon jug. Then fill the 3 gallon jug again and continue to fill the 5 gallon jug till full. The milk remaining in the 3 gallon jug is exactly 1 gallon

**DIARY PAGE - OCTOBER**

| ACTIVITY                                   | DATE                        | TIME        | LOCATION                              |
|--------------------------------------------|-----------------------------|-------------|---------------------------------------|
| <b><u>Groups below meet every week</u></b> |                             |             |                                       |
| AM-DRAM                                    | Wednesday                   | 14:00       | The Pollyfield Centre, East-the-Water |
| ART - MONDAY                               | Monday                      | 10:00       | Upper Room, St Margaret's             |
| BADMINTON                                  | Thursday                    | 13:30       | Community Centre, Northam             |
| BRIDGE for IMPROVERS                       | Tuesday & Friday            | 19:00       | Upper Room, St Margaret's             |
| BRIDGE INSTRUCTION - beginners             | Friday                      | 14:00       |                                       |
| CROQUET                                    | Tuesday -restart April 2018 | 14:00       | Barnstaple Croquet Club               |
| DAPHNE ELLIS ART GROUP                     | Friday                      | 14:00       | Upper Room, St Margaret's             |
| FRENCH                                     | Tuesday                     | 10:00       | Upper Room, St Margaret's             |
| LINE DANCING —beginners                    | Tuesday                     | 10:00       | Northam Hall, Northam                 |
| LINE DANCING —improvers                    | Thursday                    | 14:00       | Northam Hall, Northam                 |
| PETANQUE                                   | Mon & Fri am; Wed pm        | 10:30/14:00 | Village Inn, Westward Ho!             |
| SNOOKER                                    | Tuesday & Wednesday         | 10:00       | Kingsley snooker club, Westward Ho!   |
| TABLE TENNIS                               | Thursday                    | 10:00       | Bideford Youth Centre on The Pill     |

**Groups below meet two or three times a month**

|                     |                      |       |                                       |
|---------------------|----------------------|-------|---------------------------------------|
| CANASTA             | 1st & 3rd Wednesdays | 14:00 | Upper Room, St Margaret's             |
| DRAWING 1           | 2nd & 4th Wednesday  | 09:30 | Upper Room, St Margaret's             |
| DRAWING 2           | 1st & 3rd Thursdays  | 14:00 | Upper Room, St Margaret's             |
| FOLK DANCING        | 2nd & 4th Mondays    | 14:15 | Northam Hall                          |
| GERMAN              | alternate Thursdays  | 10:00 | <i>Contact Val Curtis for details</i> |
| MAHJONNG            | 1st & 3rd Wednesdays | 13:45 | The Annexe, Fremington Parish Hall    |
| SPANISH             | 1st & 3rd Wednesdays | 15:00 | (Beginners 14.30)                     |
| UKULELE (improvers) | 1st & 3rd Mondays    | 14:00 | Upper Room, St Margaret's             |

**Groups below meet once a month**

|                                 |                |       |                               |
|---------------------------------|----------------|-------|-------------------------------|
| BOOK GROUP 1                    | 3rd Tuesday    | 14:00 | Upper Room, St Margaret's     |
| BOOK GROUP 2                    | 4th Thursday   | 11:00 | Upper Room, St Margaret's     |
| BOOK GROUP 3                    | 1st Tuesday    | 14:30 | Upper Room, St Margaret's     |
| BOOK GROUP 4                    | 2nd Monday     | 14:30 | Upper Room, St Margaret's     |
| CLASSICAL MUSIC                 | 4th Friday     | 14:00 |                               |
| CRAFT CARDING                   | 3rd Wednesday  | 09:30 | Upper Room, St Margaret's     |
| CREATIVE CRAFT                  | 3rd Thursday   | 10:00 | Upper Room, St Margaret's     |
| DEVON INNS                      | 2nd Thursday   | 12:00 | Rydon Inn, Holsworthy         |
| DIGITAL CAMERA GROUP            | 2nd Wednesday  | 14:00 | Upper Room, St Margaret's     |
| DISCUSSION                      | 1st Wednesday  | 10:30 | The Royal Hotel, Bideford     |
| EATING OUT                      | Last Wednesday | 12:00 | Crealock Arms Littleham       |
| GARDENS                         | 3rd Thursday   | 09:00 | The Bishop's Palace & Wells   |
| HISTORY                         | 1st Thursday   | 14:30 | Northam Leisure Centre        |
| MORNING WALKERS                 | 1st Friday     | 10:30 | Bude (November)               |
| MUSIC                           | 2nd Friday     | 14:00 |                               |
| MUSIC SANS FRONTIERES           | 2nd Tuesday    | 14:15 |                               |
| PLAY READING                    | 3rd Monday     | 14:15 |                               |
| PSYCHOLOGY                      | 2nd Friday     | 10:00 | Upper Room, St Margaret's     |
| SCIENCE, TECHNOLOGY & SOCIETY   | 4th Tuesday    | 14:30 | Upper Room, St Margaret's     |
| SUNDAY LUNCH                    | 1st Sunday     | 12:30 | Portmore Golf Club (November) |
| The GEORGE KELLY PHILOSOPHY GRP | 2nd Tuesday    | 14:00 | Upper Room, St Margaret's     |
| TORRIDGE U3A RAMBLERS           | 2nd Friday     | 10:30 | Landkey                       |
| THIRD FRIDAY WALKERS            | 3rd Friday     | 10:30 | Fremington                    |
| WRITERS GROUP 1                 | 4th Wednesday  | 14:30 | Upper Room, St Margaret's     |
| WRITERS GROUP 2                 | 3rd Tuesday    |       | <i>Contact Shirley Jewell</i> |