

Dear Friends,

Luke 17 15-16 "Then one of them, when he saw that he was healed, turned back praising God with a loud voice; and he fell on his face at Jesus feet, giving him thanks."

The above scripture talks about the ten lepers who were all healed and only one returned to give glory to God by offering thanks and worship.

We have just returned from leading a very special pilgrimage to Israel. To be in His land with other believing Christians; to stand in the places which Jesus stood, preached and prayed; to eat the food He would eat; hear the language He would speak and see the beauty of the land of Israel is an experience which I will never forget and I want to thank the Lord for His love and blessings.

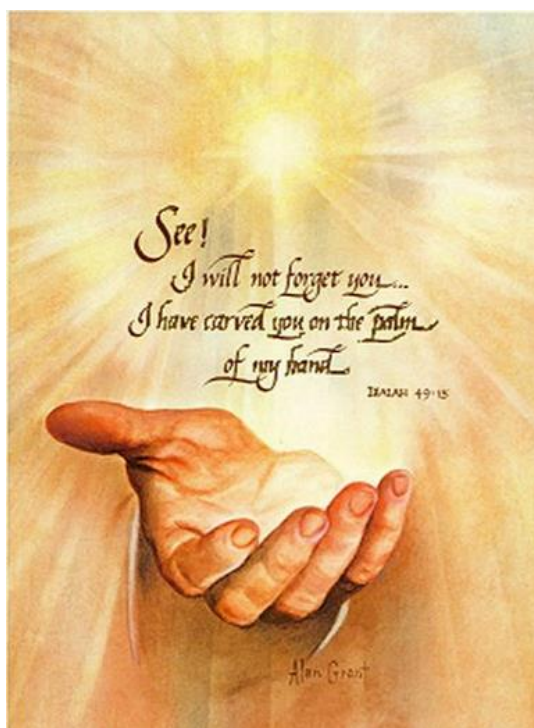
Are we a thankful people? As a little child we learned to say thank you whenever someone gave us something or we wanted something. Do we still say thank you on a daily basis, both to each other and to God? Do we actually do this or do we concentrate on all the things we feel we need for our lives to change; the possessions we feel we need; the prayers we wish God to answer for others or concentrate on the slights and injuries we believe we have received at the hands of others.

Scripture commands us to give thanks in all circumstances. How wonderful our life and the lives of those around us would be, if we would just give thanks. Thanks for the small and the great things people do for us. How wonderful our fellowships would be when we valued each other and recognized the big and little blessings and sacrifices others contribute daily to our lives.

How blessed our spiritual lives would be when we give thanks to each other and to God. How wonderful to know that our praises join with the praises of many people throughout the world as we give God the glory due His name.

So thank you Lord and thank you to all who pray for us at UCHM and donate to the work of God. Thank you and may God bless you always.

Helga Taylor
Managing Director



UNITED CHURCHES HEALING MINISTRY

Christian Counselling, College and Resource Centre

We offer ACC recognised counsellor training courses from Introduction to Diploma level for people who are interested in becoming a counsellor or learning some counselling skills.

We also offer Continuing Professional Development Training for counsellors in a variety of subjects and Pastoral Care conferences for people doing more informal listening roles

INTRODUCTION TO COUNSELLING SKILLS IN A CHRISTIAN SETTING

Level 2

6 Credits at **CERTA** Level 2

(CERTA is an operating name of Open College Network, Yorkshire and Humber Region)

Initial introductory training for those wanting to train as a counsellor.

Suitable for those who have experience in Pastoral Care but who have little, or no, previous experience of training.

COMMENCING JANUARY 2016

On completion you will gain a Level 2 Introduction to Counselling Skills
Progress to Level 3

ADVANCED COUNSELLING SKILLS

Level 3

The Knowledge, Skills and Attitudes Framework for Counselling - Basic Practice Course

27 credits at **CERTA** level 3

A distinctive Christian Counsellor Training Programme integrating the Christian Faith with Person Centred counselling skills

COMMENCING SEPTEMBER 14TH 2015

On completion you will gain a Level 3 in Advanced Counselling Skills (for Pastoral Carers if you have completed and achieved the Level 2 and Level 3 you will gain a Diploma in Pastoral Care)

Progress to Level 4

UCHM ADVANCED DIPLOMA in COUNSELLING

Level 4 – Year 1

This is a substantial core counselling course with supervised placement which trains and equips counsellors to the standard required for counsellor accreditation.

A distinctive Christian Counsellor Training Programme, integrating spirituality with Person Centred Counselling Skills and Psychodynamic Insight

60 credits at **CERTA** Level 4

COMMENCING JANUARY 12TH 2016

Pre course weekend November 27th 2015

On completion and achievement of both years you will gain a Level 4 Diploma in Christian Counselling which is the gateway to accreditation

For further information please contact:

Tel/Fax: 01484 461098, E Mail training@uchm.org

Web site www.uchm.org

Upcoming Training -

**As part of UCHM's Continuing Professional Development
Training Programme:**

Homosexuality

**26 - 27 June 2015
9.30am - 4.30pm**

Trainer: Michael Huxley

Solution Focused Brief Therapy

**11 - 12 September 2015
9.30am - 4.30pm**

Trainer: TBC

For booking forms or more information please contact the centre on 01484 461098, email training@uchm.org, or visit our website - www.uchm.org - where booking forms can be downloaded to print out

UCHM is a charity providing accessible counselling services throughout the region. Your contribution will be used to sustain the work of the Charity.

Rainbows are Miracles

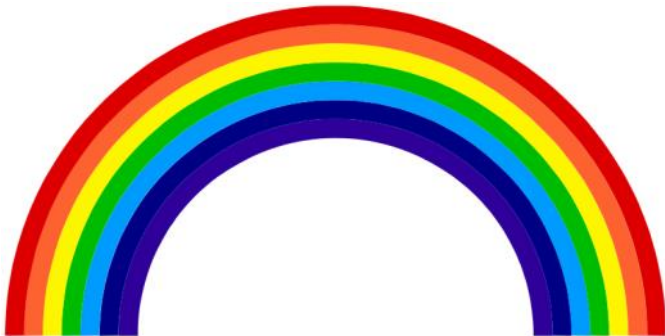
*If we can love the stars
without knowing the vastness of the sky
then we can believe in love.*

*If we can believe in rainbows
after the darkest storm
then we can believe in hope.*

*Somewhere beyond the clouds
beyond the rain
there are a thousand rainbows.*

*One is finding its way to you
Our hearts are unaware
of what sweet miracles
will come.*

*Author: Unknown
Taken from www.scrapbook.com*



Don't We All?

One evening I was parked in front of the mall wiping off my car. I had just come from the car wash and was waiting for my wife to get out of work. Coming my way from across the parking lot was what society would consider a bum. From the looks of him, he had no car, no home, no clean clothes, and no money. There are times when you feel generous but there are other times that you just don't want to be bothered. This was one of the "Don't want to be bothered" times.

"I hope he doesn't ask me for money," I thought. He didn't. He came and sat on the curb in front of the bus stop and he didn't look like he could have enough money to even ride the bus. After a few minutes he spoke. "That's a very nice car," he said. He was ragged but had an air of dignity around him. I said, "Thanks," and continued wiping off my car.

He sat there quietly as I worked. The expected plea for money never came. As the silence between us widened something inside said, 'ask him if he needs any help.' I was sure that he would say yes, but I held true to the inner voice.

"Do you need any help?" I asked. He answered in three simple but profound words that I shall never forget. We often look for wisdom in great men and women. We expect it from those of higher learning and accomplishments. I expected nothing but an outstretched grimy hand. He spoke three words that shook me.

"Don't we all?" he said.

I needed help. Maybe not for bus fare or a place to sleep, but I needed help. I reached in my wallet and gave him not only enough for bus fare but enough to get a warm meal and shelter for the day. Those three little words still ring true. No matter how much you have, no matter how much you have accomplished, you need help too. No matter how little you have, no matter how loaded you are with problems, even without money or a place to sleep, you can give help. Even if it's just a compliment, you can give that.

You never know when you may see someone that appears to have it all. They are waiting on you to give them what they don't have. A different perspective on life, a glimpse at something beautiful, a respite from daily chaos, that only you through a torn world can see.

Maybe the man was just a homeless stranger wandering the streets. Maybe he was more than that. Maybe he was sent by a power that is great and wise to minister to a soul too comfortable in themselves.

Maybe God looked down, called an Angel, dressed him like a bum, then said, "Go minister to that man cleaning the car, that man needs help."

"Don't We All?"

Author Unknown
Taken from www.butlerwebs.com

Prayer Diary

June

2nd	Advanced Diploma in Counselling Level Four Year Two Group Supervision UCHM Monthly Worship Time
8th	Advanced Counselling Skills Level Three
9th	Annual Course Meeting Advanced Diploma in Counselling Level Four Year One
16th	Advanced Diploma in Counselling Level Four Year Two
22nd	Advanced Counselling Skills Level Three
23rd	Advanced Diploma in Counselling Level Four Year One UCHM Charity Shop Committee Meeting
30th	UCHM Managers Meeting Advanced Diploma in Counselling Level Four Year Two

July

6th	Advanced Counselling Skills Level Three
7th	Advanced Diploma in Counselling Level Four Year One Tea for Charity Shop Volunteers Group Supervision UCHM Monthly Worship Time
14th	Advanced Diploma in Counselling Level Four Year Two
16th	UCHM Trustees Meeting
20th	Advanced Counselling Skills Level Three
21st	Advanced Diploma in Counselling Level Four Year One
28th	UCHM Managers Meeting Advanced Diploma in Counselling Level Four Year Two

August

18th	Core Members Day at House of the Resurrection
25th	UCHM Counsellors Meeting
31st	Centre closed for Bank Holiday



The Elms -



Room and Sports Hall Hire

As part of UCHM, we currently have several rooms available for hire. All rooms have natural daylight, some are equipped for training, while others can be used as group or therapy rooms either on their own or in conjunction with the training rooms.



'Nazareth' - Situated on the first floor, this room is equipped with a PowerPoint projector, interactive whiteboard, TV and video. It has a capacity of 15 in a horseshoe style of seating, or 20 in a theatre style.

'Bethlehem' - Situated on the ground floor, this room is equipped with a flipchart, PowerPoint projector and a TV and Video. It has a capacity of 15 in a horseshoe style of seating or 22 in theatre style.



The Jill Moorhouse Suite - Situated on the first floor, this is a large training room and will hold around 35 in horseshoes style of seating or 45 in theatre style. A projector and interactive whiteboard are provided and a flipchart is available on request. A break out room is also provided.

'Shekinah' Group Room - Situated on the ground floor, this room can be used as a group room, or as a break out room from one of the training rooms. It has a capacity of 10 in a circle with armchair seating.



Each room has different qualities and you can pick and mix rooms to create a package suited to your requirements. You will also have use of our kitchen area, where we will provide drinks and biscuits for your use.

Counselling Rooms

'Cana' Counselling Room - Therapy rooms are available for £6 per hour which includes reception facilities. You will also have use of our kitchen area, where we will provide drinks and biscuits for your use.



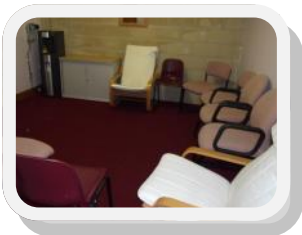
Sports Hall

We also have a Sports Hall available to hire. Pictures of the hall are below, if you would like to come to view the hall, please contact us.

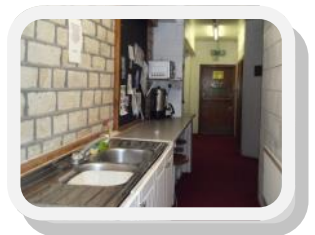


We accept one off bookings such as parties, as well as ongoing and seasonal bookings. The hall is bookable both daytime and evening 7 days a week, subject to availability.

The hall can be set up for a variety of uses, such as sporting events, dancing, conferences etc.



Facilities include: separate changing rooms and showers (left), chairs and tables as required and a kitchenette (right) where you can make your own drinks.



Please contact us with your requirements or to arrange to view the rooms.

Web - www.theelms.uchm.org Email - theelms@uchm.org

A Difficult Hill

Researchers at the University of Virginia have found that most people perceive a hill to be steeper than it really is, especially if they are tired or carrying a heavy load. When asked to estimate the slope of a hill, test participants consistently misjudged it, thinking a 10-degree slant was about 30 degrees, and rating a 5-degree slope as nearly 20 degrees. Hardly any of them believed they could be that far off.

When we are burdened and exhausted, even a minor problem can seem too big for us to handle. As we encounter a trial in life, we are tempted to sit down at the base of that difficult hill and stay there, convinced that the grade is too steep for us.

That is why we need the encouragement of God's Word. It draws our attention to our untiring God, who knows our need. Isaiah wrote, "The Creator of the ends of the earth neither faints nor is weary. His understanding is unsearchable. He gives power to the weak, and to those who have no might – He increases strength" (Isaiah 40:28-29).

Because we so easily misjudge life's difficulties, we need courage to keep going when we are tempted to quit. Take a step of faith today and join those who depend on the Lord, who run and are not weary, who walk and do not faint (v.31). In His strength, you can conquer any difficult hill.

As we live for Christ and follow Him,
The way may seem quite steep;
But if we trust His grace and strength,
Our steps He will guide and keep.

God always gives enough strength for the next step.

He gives power to the weak, and to those who have no might He increases strength. ISAIAH 40:29

Author Unknown
Taken from: www.inspirationalarchive.com

The Lone Ranger and Tonto

The Lone Ranger and Tonto went camping in the desert. After they got their tent all set up, both men fell sound asleep.

Some hours later, Tonto wakes the Lone Ranger and says, "Kemo Sabe, look towards sky, what you see?" "The Lone Ranger replies, "I see millions of stars."

"What that tell you?" asked Tonto. The Lone Ranger ponders for a minute then says, "Astronomically speaking, it tells me there are millions of galaxies and potentially billions of planets.

Astrologically speaking, it tells me that Saturn is in Leo. Time wise, it appears to be approximately a quarter past three in the morning.

Theologically speaking, the Lord is all-powerful and we are small and insignificant.

Meteorologically speaking, it seems we will have a beautiful day tomorrow.

What does it tell you, Tonto?"

"You dumber than a buffalo . It means someone stole the tent."



Below is an excerpt from a newspaper which may challenge us spiritually.

© Story of the San Francisco Chronicle on Thursday, Dec 15, 2005

"The fifty-foot whale was weighted down by hundreds of pounds of traps that caused her to struggle to stay afloat. She also had hundreds of yards of line rope wrapped around her tail, her torso and a line tugging in her mouth.

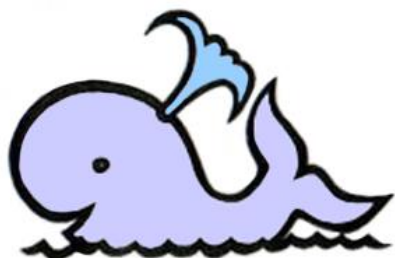
A fisherman spotted her just east of the Farallone Islands (outside the Golden Gate) and radioed an environmental group for help. Within a few hours, the rescue team arrived and determined that she was in a desperate condition; the only way to save her was to dive in and untangle her - a very dangerous proposition. One slap of the tail could kill a rescuer.

They worked for hours with curved knives and eventually freed her. When she was free, the divers say she swam in what seemed like joyous circles. She then came back to each and every diver, one at a time, and nudged them, pushed them gently around - she thanked them. Some said it was the most incredibly beautiful experience of their lives.

The guy who cut the rope out of her mouth says her eye was following him the whole time, and he will never be the same.

May you, and all those you love, be so blessed and fortunate to be surrounded by people who will help you get untangled from the things that are binding you. And, may you always know the joy of giving and receiving gratitude."

John 8:36 "So if the Son makes you free, you will be free indeed."



UCHM News

• Team News

We welcome back Sarah Marlow-Rawles who has re-joined as a Placement Counsellor. David Marshall has stood down from his reception role but has taken on the role of Prayer Intercessor, while Emmanuella Habimana has finished his role as Admin Support Worker. Anne Graham has ended her time as a CPD counsellor. We thank them for what they have done and wish them well for the future.

Hints

May God help you understand the hints contained in everything in the world; may He show you how, through them, you can draw closer to Him each and every day, depending on the individual, the place and the time.

Everything that happens in the world, be it life or death, rising prices or falling prices, poverty or wealth, or any other occurrence or incident that takes place in the world ~ globally, nationally, locally or to an individual ~ all happens only to remind us of God specifically through this. He, in His wisdom and mercy, is the Cause of everything.

Everything that happens is for our eternal good, in order that through everything we should come to know Him, each and every day. For God is indeed working His will at this very moment and will continue to work His will.

Letter #47

Taken from Healing Leaves
From the letters of Reb Noson of Breslov

Online Shopping



As an avid online shopper I found out recently that I can help to raise funds for UCHM at **no cost** to me. All it takes is a couple of clicks with the mouse. The site is called **easyfundraising** and every time I do my online shopping through their site I earn money for UCHM. For example, last night I ordered something from M and S that cost **£30** and that earned UCHM **74p**. A tiny drop in the ocean but just think how much could be raised if we all used this **free** site and encouraged our friends and families to do the same. There are over 2,700 retailers that can be accessed through **easyfundraising** including. Amazon, Argos, Asda, Sainsburys, Next, John Lewis and M and S.



It is very easy to use. Every time I do some online shopping I go to the **easyfundraising** page and put in the name of the retailer. This takes me straight to the store's website and I order as normal. Then I receive an email telling me how much UCHM has gained from my shopping. Only 16 people have signed up for **easyfundraising** so please consider joining us to raise money for UCHM. Just go to www.easyfundraising.org.uk, register, and select UCHM as the organisation you wish to support, then go via the site when you shop online!



Also another way of fundraising for UCHM is to use everyclick.com is an internet search engine with a big difference - it donates half its revenues to charity. If you use everyclick.com as your search engine every search you do can raise money for our charity. Please use the box above to do all your searching. Don't forget to add it to your favourites so you can find it again easily and you can make it your home page by clicking on the link in the top right hand corner of the site. It does not cost you a penny - so please use it and pass the message on!

Alison, Israel Tour Member and Supporter of UCHM

Two Boxes

I have in my hands two boxes,
which God gave me to hold.
He said, "put all your sorrows in the black
and all your joys in the gold".

I heeded his words, and in the two boxes,
both my joys and sorrows I store,
but though the gold became heavier each day,
the black was as light as before.

With curiosity I opened the black,
I wanted to find out why,
and I saw in the base of the box a hole
which my sorrows had fallen out by.

I showed the hole to God, and mused aloud,
I wonder where my sorrows could be
he smiled a gentle smile at me
my child they're all here with me

I asked, "God, why give me the boxes,
why the gold and black with the hole?"
"My child the gold is for you to count your blessings,
the black is for you to let go."

Taken from: www.inspirationalarchive.com



Ink Cartridge Recycling

We are still collecting empty inkjet print cartridges which we send off to be recycled in exchange for cash which is put towards the work here at UCHM.

We recently received a cheque for £31.20 for the last lot which were sent off for recycling, so thank you to everyone who has donated some to us.

If you have any used ink cartridges then why not help us and help the environment too.

These can be dropped off at the centre for us to send off, and all donations are gratefully received.



There's this guy who had been lost and walking the desert for about 2 weeks. One hot day, he sees the home of a missionary. Tired and weak, he crawls up to the house and collapses on the doorstep. The missionary finds him and nurses him back to health. Feeling better, the man asks the missionary for directions to the nearest town. On his way out the back door, he sees this horse. He goes back into the house and asks the missionary,

“Could I borrow your horse and give it back when I reach the town?”

The missionary says, “Sure, but there is a special thing about this horse: You have to say ‘Thank God’ to make it go and ‘Amen’ to make it stop.”

Not paying much attention, the man says, “Sure, ok.”

So he gets on the horse and says, “Thank God,” and the horse starts walking. Then he says, “Thank God, thank God,” and the horse starts trotting. Feeling really brave, the man says, “Thank God, thank God, thank God, thank God, thank God,” and the horse just stakes off.

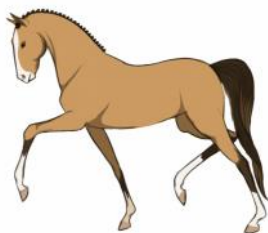
Pretty soon he sees this cliff coming up and he's doing everything he can to make the horse stop.

“Whoa, stop, hold on!!!!”

Finally he remembers, “Amen!!”

The horse stops 4 inches from the cliff. Then the man leans back in the saddle and says, “Thank God.”

Taken from Heavens Above! - A collection of favourite church jokes





UCHM Charity Shop
56 Market Street,
Milnsbridge

Opening Times

Monday	- 9.15am - 3.00pm
Tuesday	- closed
Wednesday	- 9.15am - 3.00pm
Thursday	- 9.15am - 3.00pm
Friday	- 9.15am - 3.00pm
Saturday	- 10.00am - 2.00pm

We sell a range of clothes, bric a brac, toys etc. Why not pop in and have a look for yourself.

Also, if you have any items that you no longer need then please feel free to drop it in either to the shop or the centre. If you are a UK taxpayer, then please ask about our gift aid scheme for shop donations.

