

United Churches Healing Ministry

# Healing Leaves

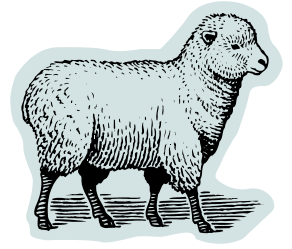
*The Newsletter of the United Churches Healing Ministry*

*Registered Charity No 1097753*



March, April, May  
2017

## Helga's Editorial



Dear Friends,

*Jesus said in John 15:13 "Greater love has no man than this that a man lay down his life for his friends."*

What a joy it is when Spring is here bringing new life, lighter nights and gardens which are full of colour and fragrance. Life always seems easier in the spring and summer.

Jesus died at the beginning of Spring. I wonder whether we meditate on the thoughts He might have had on His long climb to Golgotha. He was 33 years old, in the prime of His life and loved by His family and friends. He had a powerful vocation and a deep love for all living things.

How might Jesus have felt as He took the long, torturous journey to the Cross; when He saw the beautiful vegetation; heard the bird songs and smelt the fragrance of the flowers. The teeming daily life of the Via Delarosa would bring Him memories of better times.

How precious was the friendship of Simon of Cyrene who picked up the cross and carried it for Jesus when He was experiencing overwhelming fatigue?

This was a day of destiny. Jesus died on the Cross - to reconcile us to God so God could offer us new life and forgiveness of sins.

UCHM is a loving community. We have learnt to be friends and support one another during the trials and struggles that are part of life's rich tapestry.

On Good Friday, when we stand at the foot of the Cross, may we thank Jesus for being our friend and resolve to allow Him his proper place in our lives. May He enable us to love our neighbour and seek only well for our fellow man.

Thank you for the many ways you encourage us; your financial gifts and most of all the prayers you pray for us. You are greatly appreciated.

May your Easter be blessed and may the Lord give you His peace.

Helga Taylor  
Managing Director

Quote: – "A friend is a present you give yourself". --*Robert Louis Stevenson*



## *My Guardian Angel*

*My oldest friend, mine from the hour  
When first I drew my breath;  
My faithful friend, that shall be mine,  
Unfailing, till my death.*

*Thou hast been ever at my side;  
My Maker to thy trust  
Consign'd my soul, what time He framed  
The infant child of dust.*

*No beating heart in holy prayer,  
No faith, inform'd aright,  
Gave me to Joseph's tutelage,  
Or Michael's conquering might.*

*Nor patron saint, nor Mary's love -  
The dearest and the best -  
Has known my being as thou hast known,  
And blest as thou hast blest.*

*Thou wast my sponsor at the font;  
And thou, each budding year,  
Didst whisper elements of truth  
Into my childish ear.*

*And when, ere boyhood yet was gone,  
My rebel spirit fell,  
Ah! thou didst see, and shudder too,  
Yet bear each deed of Hell.*

*And then in turn, when judgments came.  
And scared me back again,*

*Thy quick soft breath was near to soothe  
And hallow every pain.*

*Oh! who of all thy toils and cares  
Can tell the tale complete,  
To place me under Mary's smile,  
And Peter's royal feet!*

*And thou wilt hang above my bed,  
When life is ebbing low;  
Of doubt, impatience, and of gloom,  
The jealous, sleepless foe.*

*Mine, when I stand before my Judge;  
And mine, if spared to stay  
Within the golden furnace till  
My sin is burn'd away.*

*And mine, O Brother of my soul,  
When my release shall come;  
Thy gentle arms shall lift me then,  
Thy wings shall waft me home.*

*by Cardinal Newman*  
*Taken from - [www.apples4theteacher.com](http://www.apples4theteacher.com)*



# **Counsellor Training Courses**

## **INTERMEDIATE CERTIFICATE IN COUNSELLING - Level 3**

Integrates the Christian faith with good, professional , trained and accredited counselling

27 credits at Level 3

**COMMENCING MAY 2017**

### **Enrolment criteria for course entry includes:**

Previous training and successful completion of a UCHM Level 2 or equivalent plus an interview

On completion you will gain a Level 3 in Counselling Skills

**Progress to Level 4**

## **ADVANCED DIPLOMA in COUNSELLING - Level 4**

**This is a substantial core counselling course with supervised placement which trains and equips counsellors towards the standard required for counsellor accreditation.**

60 credits at Level 4

**COMMENCING SEPTEMBER 2017**

### **Enrolment criteria for course entry includes:**

Completion and achievement of a UCHM Level 3 or equivalent plus an interview

On completion and achievement of both years you will gain a Level 4 Diploma in Christian Counselling which is the gateway to accreditation

**For further information please contact:**

Tel/Fax: 01484 461098, E Mail [training@uchm.org](mailto:training@uchm.org)

Web site [www.uchm.org](http://www.uchm.org)

## **Pastoral Care Conferences:**

Times are Friday 6pm - 9.30pm and Saturday 9.30am - 4.30pm

### **Depression**

Friday 10<sup>th</sup> -  
Saturday 11<sup>th</sup> March  
2017

### **Anxiety**

Friday 31<sup>st</sup> March -  
Saturday 1<sup>st</sup> April  
2017

On completion of each Pastoral Care module you will receive a 10 hour Certificate of Achievement from Innovate Awarding. Completing 4 specific modules allows progression onto our Level 3 course.

For booking forms or more information please contact the centre on 01484 461098, email [training@uchm.org](mailto:training@uchm.org), or visit our website - [www.uchm.org](http://www.uchm.org)

UCHM is a charity providing accessible counselling services throughout the region. Your contribution will be used to sustain the work of the Charity.

## **Believe, Believe in the Power of Love**

Believe, believe in the power of love  
To save us all from death and sin,  
And God that way your heart will move.  
Christ came to Earth to free us of  
The state of vengeance we were in.

Believe, believe in the power of love  
To change the heart from snake to dove,  
To make dust bloom and goodness win,  
And God that way your heart will move.  
Christ arose from death to prove  
That we a new life could begin.

Believe, believe in the power of love  
To bring us to a life above,  
A life of glory near to Him,  
And God that way your heart will move.  
Christ will all our sins remove  
And make us feel His joy within.

Believe, believe in the power of love,  
And God that way your heart will move.

By: Nicholas Gordon





# UCHM News

- **Team News**

Congratulations to Rosie Dempsey and Nicci Chaplin on being accepted as CPD Counsellors.

Congratulations to Diane Goven, Jo Buglass, Delores Croasdell, Wendy Ferreira and Jo Naylor who have been accepted as Core Counsellors.

We welcome Lisa Hamer who has taken over from Robert as an evening receptionist for Thursday evening, and James Spears who has joined as a new Placement Counsellor.

Congratulations to Lee Crossland on his promotion to Probationary General Manager.

- **Commissioning Service**

We experienced a wonderful Spirit filled Silver Jubilee Commissioning Service on 24th January. Congratulations to Diane Capps, Nicci Chaplin, Rosie Dempsey and Susannah Harrison on achieving their Diplomas and thanks to Grace Community Church for leading the worship. The collection raised £231.52 for UCHM funds.



## *Easter Is The Gift...*

*Easter is the gift of HOPE  
Easter is the gift of PEACE  
Easter is the gift of LOVE  
Let us rejoice in Him,  
Who gives them all.*

*May God bless you at Easter,  
And keep you all year through.  
May God give you all the faith it takes,  
To make your dreams come true.*

*May His love and wisdom always help,  
To guide you on your way.  
May His light shine down upon you now,  
To bless your Easter Day.*

*Author unknown -  
taken from [www.sassycats.com](http://www.sassycats.com)*



# Prayer Diary

## March

|  |   |
|--|---|
| 7 <sup>th</sup>                          | Advanced Diploma in Counselling Level Four Year One<br>Group Supervision<br>UCHM Monthly Worship Time |
| 10 <sup>th</sup> - 11 <sup>th</sup>      | Depression Pastoral Care Conference Level 1   |
| 21 <sup>st</sup>                         | Advanced Diploma in Counselling Level Four Year One   |
| 24 <sup>th</sup> - 25 <sup>th</sup>      | Foundation Christian Counselling Level Two  |
| 27 <sup>th</sup>                         | UCHM Israel Pre-Tour Meeting  |
| 28 <sup>th</sup>                         | UCHM Manager's Meeting  |
| 31 <sup>st</sup> - 1 <sup>st</sup> April | Anxiety Pastoral Care Conference Level 1  |

## April

|   |   |
|---|---|
| 3 <sup>rd</sup>                         | Finance and Property Meeting  |
| 4 <sup>th</sup>                         | Advanced Diploma in Counselling Level Four Year One<br>Group Supervision<br>UCHM Monthly Worship Time |
| 7 <sup>th</sup> - 8 <sup>th</sup>       | Foundation Christian Counselling Level Two  |
| 11 <sup>th</sup>                        | Advanced Diploma in Counselling Level Four Year One   |
| 14 <sup>th</sup> - 18 <sup>th</sup>     | Centre Closed for Easter Holidays   |
| 20 <sup>th</sup>                        | Trustees Meeting  |
| 25 <sup>th</sup>                        | UCHM Manager's Meeting  |
| 27 <sup>th</sup> - 11 <sup>th</sup> May | UCHM Pilgrimage to Israel   |

## May

|                                     |   |
|-------------------------------------|---|
| 1 <sup>st</sup>                     | Centre closed for May Day bank holiday  |
| 2 <sup>nd</sup>                     | Advanced Diploma in Counselling Level Four Year One<br>Group Supervision<br>UCHM Monthly Worship Time |
| 16 <sup>th</sup>                    | Advanced Diploma in Counselling Level Four Year One   |
| 22 <sup>nd</sup>                    | Start of Intermediate Counselling Skills course   |
| 29 <sup>th</sup> - 30 <sup>th</sup> | Centre closed for Spring Bank holiday   |

## Directing Our Thoughts

It is crucial that you know and believe that, as Rebbe Nachman said, a person can direct his thoughts wherever he wishes, and if, God forbid, they do sometimes wander, you can simply grab them and pull them back to where they should be. Just as when a horse strays from the path, you grab it by its halter and pull it back to the straight path, you can do exactly the same with your thoughts (Likutey Moharan II, 50).

Remember this, especially during prayer, when distracting thoughts are at their strongest. All the thoughts which periodically arise to distract a person during the day return to him just at the time he is praying, as is explained in Likutey Moharan (I, 30). You must fortify yourself against these extraneous thoughts constantly when you pray. The key to defeating them is simply to sit tight and do nothing, that is, do not pay them the slightest attention. Neither address them nor consider them at all. Just think about the words of the prayers coming out of your mouth, and the other thoughts will vanish.

Letter #6

Taken from Healing Leaves -  
From the letters of Reb Noson of Breslov



# VOLUNTEERS WANTED!

## **Receptionists for Bradford and Meltham Surgeries:**

Duties include greeting clients and making drinks and is an essential part of maintaining our counselling service.

### **Bradford:**

Our surgery at the Life Centre in Bierley, Bradford is looking for a receptionist to work on Monday between 4.45pm and either 6.30pm or 7.30pm.

### **Meltham:**

Our surgery at the Crossroads Centre, Meltham, Huddersfield is looking for a receptionist to work on Tuesday between 12.30pm and 2.30pm

### **Admin Workers:**

We are looking for gifted workers who could do half a day or more in the office. Duties would include answering the telephone and greeting visitors, and assisting with the admin workload of the centre.

### **Fundraising Co-ordinator:**

Someone with a passion for organising events who can help us raise funds to sustain and develop the work of the charity.

If you are interested in volunteering for any of these or would like to see if we have other vacancies then please contact the centre on 01484 461098 or email [uchm@uchm.org](mailto:uchm@uchm.org)

## **I Feel It In The Air**

*I know it's Easter time again,  
I feel it in the air.  
The breath of spring with woodsy tang,  
And new life everywhere.  
And spring glides on with magic touch  
O'er mountain side and glen;  
And wakens all the sleeping plants  
For Easter time again.*

*The brooklets leap from rock to rock,  
As if in joyful play;  
The flowers peep from darkened tombs  
To welcome Easter Day.  
The birds are swinging on the boughs,  
And trill in ecstasy;  
They seem to show the world's great joy  
Of Easter mystery.*

*Why should we dread  
the thing called death?  
It's just an open door,  
Where all within is love and peace  
And joy forever more.  
"Because I live, you too shall live,"  
We hear the Saviour say.  
Let's consecrate our lives anew,  
On this glad Easter Day.*

*Author Edna Reed  
Taken from [www.sassycats.com](http://www.sassycats.com)*

## **Does God Still Speak To Us?**

A young man had been to Wednesday night Bible Study. The Pastor shared about listening to God and obeying the Lord's voice. The young man couldn't help but wonder, "Does God still speak to people?"

After service he went out with some friends for coffee and pie and discussed the message. Several different ones talked about how God had led them in different ways.

It was about ten o'clock when the young man started driving home. Sitting in his car, he just began to pray, "God.. If you still speak to people, speak to me. I will listen. I will do my best to obey."

As he drove down the main street of his town, he had the strangest thought, to stop and buy a gallon of milk.

He shook his head and said "God, is that you?" He didn't get a reply and started on home. But again, the thought, buy a gallon of milk. The young man thought about Samuel and how he didn't recognize the voice of God, and how little Samuel ran to Eli. "Okay, God, in case that is you. I will buy the milk." It didn't seem like too hard a test of obedience. He could always use the milk. He stopped and purchased the gallon of milk and started off toward home. As he passed Seventh Street, he again felt the urge, turn down that street. "This is crazy", he thought and drove on past the intersection. Again, he felt that he should turn down Seventh Street.

At the next intersection, he turned back and headed down Seventh. Half jokingly, he said out loud, "Okay, God, I will." He drove several blocks, when suddenly, he felt like he should stop. He pulled over to the curb and looked around. He was in a semi-commercial area of town. It wasn't the best, but it wasn't the worst of either.

The businesses were closed and most of the houses looked dark like the people were already in bed. Again, he sensed something. "Go and give the milk to the people in the house across the street."

The young man looked at the house. It was dark and it looked like the people were either gone or they were already asleep. He started to open

the door and then sat back in the car seat. "Lord, this is insane. Those people are asleep and if I wake them up, they are going to be mad and I will look stupid." Again he felt like he should go and give the milk.

Finally, he opened the door, "Okay God, if this is you, I will go to the door and I will give them the milk. If you want me to look like a crazy person, okay. I want to be obedient. I guess that will count for something but if they don't answer right away, I am out of here." He walked across the street and rang the bell, He could hear some noise inside.

A man's voice yelled out, "Who is it? What do you want?" Then the door opened before the young man could get away. The man was standing there in his jeans and T-shirt.

He looked like he just got out of bed. He had a strange look on his face and he didn't seem too happy to have some stranger standing on his doorstep. "What is it?" The young man thrust out the gallon of milk, "Here, I brought this to you."

The man took the milk and rushed down a hallway speaking loudly in Spanish. Then from down the hall came a woman carrying the milk toward the kitchen.

The man was following her holding a baby. The baby was crying. The man had tears streaming down his face. The man began speaking half crying, "We were just praying. We had some big bills this month and we ran out of money. We didn't have any milk for our baby. I was just praying and asking God to show me how to get some milk."

His wife in the kitchen yelled out, "I ask him to send an Angel with some. Are you an Angel?" The young man reached into his wallet and pulled out all the money he had on him and put it in the man's hand.

He turned and walked back toward his car and the tears were streaming down his face. He knew that God still answers prayers.

Author Unknown  
Taken from Christianstories.com



# The Lighthouse

There was in a certain city a harbour where ships from all over the world would come and dock. However, the harbour was in between a treacherous and rocky shore. During stormy nights, ships would see the city lights off in the distance and head toward the lights hoping to find refuge from the pounding surf.

The ships would struggle against the storm as they made their way to the safety of the harbour. As they drew near, seeing the dangerous rocks, the captain of the ship would try to turn and avoid striking the rocks but it was too late. Many ships were destroyed and hundreds of sailors lost their lives because they did not know of the danger. You see, the people of the city did not feel that it was necessary to build a lighthouse. Besides, it would cost too much money to build a lighthouse they reasoned. So year after year and storm after storm ships would be ship wrecked and many lives lost.



There was a man in that city that saw the need. He felt grief and heartache because the people of the city were content to let the ships be destroyed and were not willing to rescue the drowning sailors. So he took it upon himself to do something about it. He tried to recruit volunteers to help him but no one wanted to. He persisted, looking for someone to help him, but they all just

laughed at him and said that he was crazy to risk his life to try to save strangers and people who looked different.

Determined to make a difference, he sold everything that he had and bought a piece of land close to the shore and built his house there. It was a lighthouse.



So during stormy nights, the man would make sure that the light from the lighthouse was shining as bright as it could so the ships could be warned of the dangerous rocks. His lighthouse saved hundreds

of lives and ships from being ship wrecked that year. But it wasn't enough because even with the lighthouse some of the storms were so powerful that the ships struggling to come into the harbour were tossed about by the wind and the waves that they would get smashed against the rocks.

Being a compassionate man, he would run to the roaring sea at the risk of his own life to rescue as many sailors as he could. Then he would bring them into the warmth and safety of the lighthouse. Once there he would heal their wounds and feed them until they were able to sail again.

The man laboured by himself for years rescuing sailors and caring for their needs. Each person that he saved was so grateful to him that they couldn't thank him enough for rescuing them from certain death. But all the man could feel was sadness because many

more sailors died in the sea than he could save. "If only I had help," he would say. "If only someone would see the need as I do and come and help. Lord please send someone to help, I can't do it all by myself," he prayed.

Then one day it happened, his prayers were answered. His generosity became well known in the land. People in the city began to volunteer to come and help the man keep vigil during stormy nights. Men began to take shifts keeping watch and helping rescue sailors. Then women started cooking and preparing bandages for the wounded sailors. The children did whatever they could to help lift the spirits of the sick.



Ships still wreck along the treacherous shoreline, but now because there are so many people there to help the man, many more lives are saved than are lost. Together Everyone Accomplished Much. Together they made a difference.

– by Danny Lizarraga  
Taken from [www.inspirationalarchive.com](http://www.inspirationalarchive.com)



# The Elms -



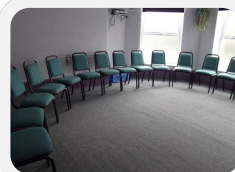
## Room and Sports Hall Hire

As part of UCHM, we currently have several rooms available for hire. All rooms have natural daylight, some are equipped for training, while others can be used as group or therapy rooms either on their own or in conjunction with the training rooms.



**'Nazareth'** - Situated on the first floor, this room is equipped with a PowerPoint projector, interactive whiteboard, TV and video. It has a capacity of 15 in a horseshoe style of seating, or 20 in a theatre style.

**'Bethlehem'** - Situated on the ground floor, this room is equipped with a flipchart, PowerPoint projector and a TV and Video. It has a capacity of 15 in a horseshoe style of seating or 22 in theatre style.



**The Jill Moorhouse Suite** - Situated on the first floor, this is a large training room and will hold around 35 in horseshoes style of seating or 45 in theatre style. A projector and interactive whiteboard are provided and a flipchart is available on request. A break out room is also provided.



**'Shekinah' Group Room** - Situated on the ground floor, this room can be used as a group room, or as a break out room from one of the training rooms. It has a capacity of 10 in a circle with armchair seating.



Each room has different qualities and you can pick and mix rooms to create a package suited to your requirements. You will also have use of our kitchen area, where we will provide drinks and biscuits for your use.

## Counselling Rooms

**'Cana' Counselling Room** - Therapy rooms are available for £6 per hour which includes reception facilities. You will also have use of our kitchen area, where we will provide drinks and biscuits for your use.



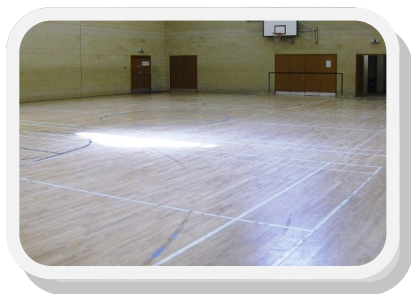
## Sports Hall

We also have a Sports Hall available to hire. Pictures of the hall are below, if you would like to come to view the hall, please contact us.

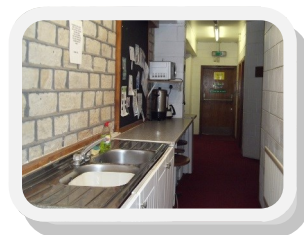


We accept one off bookings such as parties, as well as ongoing and seasonal bookings. The hall is bookable both daytime and evening 7 days a week, subject to availability.

The hall can be set up for a variety of uses, such as sporting events, dancing, conferences etc.



Facilities include: separate changing rooms and showers (left), chairs and tables as required and a kitchenette (right) where you can make your own drinks.



Please contact us with your requirements or to arrange to view the rooms.

Web - [www.theelms.uchm.org](http://www.theelms.uchm.org) Email - [theelms@uchm.org](mailto:theelms@uchm.org)



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