

Helga's Editorial

Dear Friends,

Jesus said in *John 15:13* "*Greater love has no man than this that a man lay down his life for his friends.*"

What a joy it is to know that spring is a little nearer. A promise of new life, lighter nights, gardens full of colour and fragrance. Life is easier in Spring and Summer and these seasons seem to be shorter when compared with Autumn and Winter.

Jesus died at the beginning of spring. I wonder whether we ever think about what He might have been feeling on the long climb to Golgotha. He was 33 years old and in the prime of life; special and loved by His family and friends. He had a powerful vocation along with a deep love for all living things.

How might Jesus have felt as He took the long, torturous journey to the Cross? He saw the beautiful vegetation around Him, heard the songs of the birds, smelled the fragrance of the flowers and experienced the teeming everyday life of the Via Delarosa.

Good Friday was a day of destiny. Jesus died on the Cross to reconcile us to God so He could offer us forgiveness and a new life. How precious the friendship of Joseph of Aramathea would

seem as he picked up the cross and carried it for Jesus.

At UCHM we are so blessed to be part of a strong loving community. We share one another's joy and support each other in our trials and testing. Our finances are continually stretched as are those of so many other people who struggle with Britain's financial situation. Yet UCHM remains a testimony of God's provision through faith and prayer and a witness to His living presence in the heart of the community.

As we stand at the foot of the Cross this Good Friday, may we thank Jesus for being our friend and resolve to allow Him a deeper place in our lives. May we be a strength to all who are suffering; a healing presence for the sick and a place of comfort, love and care. May we at last believe and accept the length, breadth, height and depth of God's love demonstrated for us on Good Friday.

Happy Easter and thank you for all your support, love and prayers.

Love
Helga

**Quote: - "A friend is a present you give yourself". --
*Robert Louis Stevenson***

Everything I Need to Know I Learned from Noah's Ark

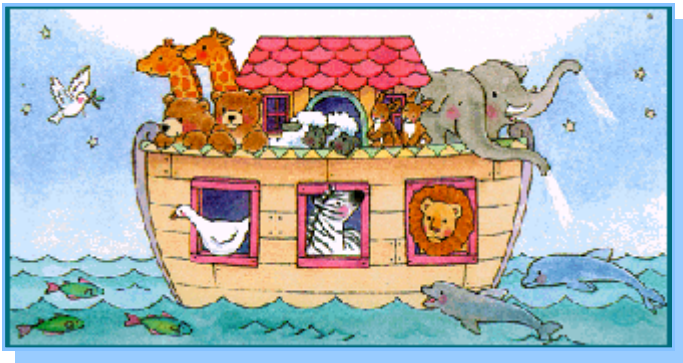
Don't miss the boat

Plan ahead, it wasn't raining when Noah built the Ark

*Stay fit. When you're 600 years old, someone may ask you
to do something really big*

Remember, that we are all in the same boat

*Don't listen to critics, just get on with the job that needs
to be done*





Build your future on high ground



For safety's sake, travel in pairs



Speed isn't always an advantage. The snails were on board with the cheetahs



When you're stressed, float awhile



Remember the Ark was built by amateurs, the Titanic by professionals



No matter the storm, when you are with God there's always a rainbow waiting



ADVANCED COUNSELLING SKILLS

ACC Recognised, 27 credits at OCN level 3

Commencing SEPTEMBER 2012.

Exploring Counselling Skills and Theory from a Christian Perspective

This 15 month, part-time course is for anyone with a heart for people; has achieved the Introduction to Christian Counselling Level 2 or equivalent; and who is involved in pastoral care.

It is also the second level of Christian Counsellor Training and progresses to the Advanced Diploma in Christian Counselling.

UCHM ADVANCED DIPLOMA IN COUNSELLING

ACC Recognised, 60 credits at OCN level 4

Commencing JUNE 2012

A distinctive, integrative Counsellor Training Programme for Christians and all who wish to work with the spiritual dimension of counselling.

A substantial core counselling course containing supervised placement and all the elements necessary for counsellor accreditation.

For further details: training@uchm.org
01484 461098

**Upcoming Training - As part of UCHM's
Continuing Professional Development Training Programme:**

Advanced Counselling Skills

27th and 28th April 2012 - 9.30am - 4.30pm

Trainer - Helga Taylor

Cost: £100

Breaks and Endings in Counselling

4th and 5th May 2012—

Fri 6.00pm—9.30pm, Sat 9.30am-4.30pm

Trainer - Michael Huxley

Cost: £75

**The Person, Work and Gifts of the Holy Spirit-
Pastoral Care Training Programme**

25th and 26th May 2012—

Fri 6.00pm—9.30pm, Sat 9.30am-4.30pm

Trainer - Helga Taylor

Cost: £35

Racial Awareness Training

18th May 2012 - 9.00am - 5.30pm

Trainer - Helga Taylor

Cost: £50

For booking forms or more information please contact the centre on 01484 461098, email training@uchm.org, or visit our website - www.uchm.org - where booking forms can be downloaded to print out

UCHM is a charity providing accessible counselling services throughout the region. Your contribution will be used to sustain the work of the Charity.

Grandma's Heavenly Cake



Two little boys are telling their Grandma how "everything" is going wrong: the bully at school, their parents grounded them, and they have colds.

Meanwhile, Grandma is baking a cake. She asks the boys if they would like a snack, which of course they do.

"Here. Have some cooking oil."

"Yuck," says one boy."

"How about a couple raw eggs?"

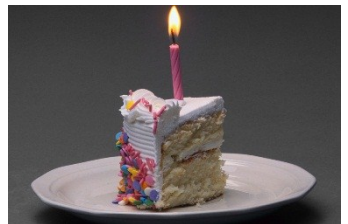
"Gross, Grandma," says the other.

"Would you like some flour then? Or maybe baking soda?"

"Grandma, those are all yucky!" they said in unison.

To which Grandma replies:

"Yes, all those things seem bad all by themselves, but when they are put together in the right way they make a wonderfully delicious cake! God works the same way. Many times we wonder why he would let us go through such bad and difficult times. But God knows that when He puts these things all in His order, they always work for good! We just have to trust Him and eventually they will all make something wonderful!"



Prayer Diary

March

5th	Advanced Counselling Skills Level Three (New)
6th	Group Supervision
	UCHM Monthly Worship Time
12th	Advanced Counselling Skills Level Three
16th—17th	Introduction to Christian Counselling Level Two
19th	Advanced Counselling Skills Level Three (New)
26th	Advanced Counselling Skills Level Three
27th	UCHM Managers Meeting

April

3rd	Group Supervision
	UCHM Monthly Worship Time
6th—15th	Centre closed for Easter Holidays
20th—21st	Introduction to Christian Counselling Level Two
23rd	Advanced Counselling Skills Level Three (New)
24th	UCHM Managers Meeting
27th—28th	Advanced Counselling Skills Conference

May

1st	Group Supervision
	UCHM Monthly Worship Time
4th—5th	Breaks and Endings in Counselling Conference
7th	Centre closed for May Day
14th	Advanced Counselling Skills Level Three (New)
18th	Racial Awareness Conference
19th	Child Protection Conference
25th—26th	The Person, Work and Gifts of the Holy Spirit
	Pastoral Care Training
28th	Advanced Counselling Skills Level Three (New)
29th	UCHM Managers Meeting

Easter Joy

Jesus came to earth,
To show us how to live,
How to put others first,
How to love and how to give.

Then He set about His work,
That God sent Him to do;
He took our punishment on Himself;
He made us clean and new.

He could have saved Himself,
Calling angels from above,
But He chose to pay our price for sin;
He paid it out of love.

Our Lord died on Good Friday,
But the cross did not destroy
His resurrection on Easter morn
That fills our hearts with joy.

Now we know our earthly death,
Like His, is just a rest.
We'll be forever with Him
In heaven, where life is best.

So we live our lives for Jesus,
Think of Him in all we do.
Thank you Savior; Thank you Lord.
Help us love like you!

By Joanna Fuchs
www.poemsource.com

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The Healing Journey..

A day of teaching, workshops, worship and healing prayer
to help us on our journey to wholeness.

Speakers:

Rev. Dr. Russ Parker

Director of Acorn Christian Healing Foundation

&

Adrian Plass

Speaking on Journey through darkness

With workshop leaders

Rev. Dr. Russ Parker

Peter Gunstone

Rev. Susan Brooks

Dr. Maria Read MBE

Monday 11th June 2012

10am—4pm (registration 9.30am)

Held at The North Light, Armitage Bridge, HD4 7NR

For details contact: Rev. Martyn Crompton, The Vicarage,
Church Street, Golcar, Huddersfield, HD7 4PX 01484 654647

Hold On

There have been times in my life
when all seemed lost.
Life just wasn't worth living
through another day.
Then you need to remember things
that are important to you.

For as low as we fall there is always
something or someone, somewhere,
to help pull you back
from the deep pits of darkness.
Once you feel yourself slipping
grab on to that something or someone.

We wonder why life has given us such
a bad deal. This is not to question.
Love, Hope and Faith will guide us.
Look around and find the things
you need to live for.
If we look hard enough,
we will find the place we need to be.

Hold on for your loved ones,
hold on for yourself. God will take you
when he needs you. Until then
make the most of what you have.
Give the most that you can,
love the best you can,
And never lose hope.

Each morning you wake up
Thank God you are still alive,
to live another day to find your way.

Life is truly worth living for, if you look.
Find that place you need to be
And just hold on.
Ann Taylor

UCHM Israel Pilgrimage

“Come, See His Land”

16 - 30 May 2013

(Please note the change of dates)

Thursday: Flying Jet2 from Manchester to Tel Aviv
Transfer to Knights Palace, Jerusalem

Friday: Bethlehem and Old City of Jerusalem

Saturday: Caesarea, Jezreel Valley to Maagan
We are based here for 7 nights, visiting sites around the Lake and Northern Galilee. This will include worship services on the Lakeside, Mount of Beatitudes, possibly others; and a visit to the baptismal site at Yardenit, a sail on the lake and many other sites that Jesus knew



Saturday: We travel through the Jordan Valley, past Jericho to the Wilderness and Masada. We return to Jerusalem for 5 more nights. Here,



we will visit the Old City, Bethany, Mount of Olives, Gethsemane, Via Dolorosa, Garden Tomb etc

Thursday: On our final day we visit the Church of the Ascension before we journey to the airport for our flights back to Manchester

The cost of the pilgrimage will be £1875. The price will include flights, half-board accommodation, travel in air-conditioned coaches, all entrances and for simplicity the final price this year will include all gratuities. All you need more for will be lunches and gifts etc. We will be setting up a saving scheme to help with budgeting – please ask for details.

At the end of the pilgrimage there will be the option of flying down to Eilat for a week to experience the Red Sea's Coral Reef



Please be aware that places on the pilgrimage are limited to 30. If you are interested please contact us for a brochure containing more information and a booking form.

We are aware the price has gone up since the tour in 2010. Unfortunately hotel prices have gone up by 50% since then.

***Jude 1:20 "But you, beloved, build yourself up on
your most holy faith; pray in the Holy Spirit"***

I got up early one morning
and rushed right into the day.
I had so much to accomplish that
I didn't have time to pray.

Problems just tumbled about me,
and heavier came the task.
"Why doesn't God help me?" I wondered.
He answered, "You didn't ask."

I wanted to see joy and beauty,
but the day toiled on, gray and bleak.
I wondered why God didn't show me.
He said, "But you didn't seek."

I tried to come into God's presence,
I used all my keys to the lock.
God gently and lovingly chided,
"My child, you didn't knock."

I woke up early this morning,
and paused before entering the day.
I had so much to accomplish that
I had to take a little time to pray.

Author Unknown

UNITED CHURCHES HEALING MINISTRY

HEALING SERVICE

A photograph of a field of red poppies with green stems and leaves, set against a soft, out-of-focus background. A white rectangular box with a thin black border is centered in the upper half of the image, containing text.

A special service of
Healing, Hope
and
Remembrance

SUNDAY
3RD JUNE 2012
6PM

WESTWOOD RETREAT CENTRE
WESTWOOD EDGE ROAD, NEAR GOLCAR, HD7 4JY

UCHM News

- Heating Grant

We thank Kirklees Council for a grant to install heating improvements from their Microbusiness Green Business Grant Scheme. We now have 2 new radiators, thermostats to control the temperature and insulation on the water tank and pipes.

- Thanks to a local company

We give our heartfelt thanks to Excel Industrial Door and Shutters Ltd, for their extremely efficient and excellent service at fixing a problem we had with a shutter. Not only did they come out promptly when called, but we were thankful that they also waived their normal fee for us, which is a big help in these difficult times.

- Team News

Donna Foster and Jennifer Gilling are both taking time from counselling for a while for personal reasons and we wish them God's blessings.

Ann Leigh has ended her time as a volunteer, as she has moved to the south coast. We thank Ann for all she has done over the years for UCHM and wish her every blessing in her new home.

Mailing Lists

With the price of stamps expected to sharply increase in April, we are again looking at ways we can reduce the increasing financial cost to the charity.



Each magazine currently costs £1.27 to produce, print and post out.

Instead of getting a paper copy through the post why not elect to have your copy sent via email instead? The benefits:

- ✓ Better quality copy as all the pictures will be in colour
- ✓ Help save UCHM money each year with no effort on your part
- ✓ Saves paper and resources
- ✓ Receive your copy quicker than through the post

All you need to do is contact us on 01484 461098, or email us at uchm@uchm.org, and we'll do the rest!

If you still wish to receive your copy of the magazine by post, then you do not need to do anything, we will keep you on our mailing list unless you request otherwise.

Please also remember to add us to the list of people to contact if you are moving house, to either let us know your new address or to remove yourself from the list to avoid magazines being returned to us.

Thank you

A Small Boy's Explanation of God:

'One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth. He doesn't make grownups, just babies. I think because they are smaller and easier to make.

That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.'

'God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off.'

'God sees everything and hears everything and is everywhere which keeps Him pretty busy. So you shouldn't go wasting his time by going over your mom and dad's head asking for something they said you couldn't have.'

'Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to our church.'

'Jesus is God's Son. He used to do all the hard work, like walking on water and performing miracles and trying to teach the people who didn't want to learn about God. They finally got tired of him preaching to them and they crucified him. But he was good and kind, like his father, and he told his father that they didn't know what they were doing and to forgive them and God said O.K.'

'His dad (God) appreciated everything that he had done and all his hard work on earth so he told him he didn't have to go out on the road anymore. He could stay in heaven. So he did

And now he helps his dad out by listening to prayers and seeing things which are important for God to take care of and which ones he can take care of himself without having to bother God. Like a secretary, only more important.'

'You can pray anytime you want and they are sure to help you because they got it worked out so one of them is on duty all the time.'

'You should always go to church on Sunday because it makes God happy, and if there's anybody you want to make happy, it's God!

Don't skip church to do something you think will be more fun like going to the beach. This is wrong. And besides the sun doesn't come out at the beach until noon anyway.'

'If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can. It is good to know He's around you when you're scared, in the dark or when you can't swim and you get thrown into real deep water by big kids.'

'But...you shouldn't just always think of what God can do for you. I figure God put me here and he can take me back anytime he pleases...

And...that's why I believe in God.'

James 3:17 “But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits....”

Truth

Fortify yourself my brother, my dear, beloved friend, and focus your thoughts constantly on your Creator, even when you are engaged in business and, needless to say, your time is your own. For God’s sake, steal some time to talk to God, as the Rabbi exhorted us so many times. Recommit yourself anew to this every day! Let nothing in the world divert you! No matter what happens to you, whether to do with physical or spiritual matters or in connection with earning a living, do not give an inch! There are always words of truth to say before God, at every moment of every day. Whatever a person is faced with, whether he is going up or going down, in good times or in bad, God forbid, there is no excuse! For “the truth of God is forever” (Ps 117:2).

God’s truth is forever and ever-present. Nothing, nothing that a person goes through can hide or obscure, God forbid, His truth; for truth is the Light of God Himself and words spoken in truth illumine any darkness or obscurity. One can always find openings through which to return to God, through speaking the truth to Him with candour and sincerity. If you approach God in this way, He will shine His light upon you and you will be able to perceive at all times, the openings that lead from darkness to great light, and you will be able to remember God at all times ~ for God is in every place, at every moment, for every person, no matter what his spiritual level.

Letter #17

Taken from Healing Leaves,
from the letters of Reb Noson of Breslov

Sports Hall for Hire

We currently have slots available for hiring our sports hall in a daytime, early evening and Saturdays.

We accept both one off and regular bookings.

Suitable for:

Parties

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5 a side football

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For more information or to come and take a look contact us on:

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The Rich Family

I'll never forget **Easter 1946**. I was 14, my little sister Ocy was 12, and my older sister Darlene 16. We lived at home with our mother, and the four of us knew what it was to do without many things. My dad had died five years before, leaving Mom with seven school kids to raise and no money.

By 1946 my older sisters were married and my brothers had left home. A month before Easter the pastor of our church announced that a special Easter offering would be taken to help a poor family. He asked everyone to save and give sacrificially.

When we got home, we talked about what we could do. We decided to buy 50 pounds of potatoes and live on them for a month. This would allow us to save \$20 of our grocery money for the offering. When we thought that if we kept our electric lights turned out as much as possible and didn't listen to the radio, we'd save money on that month's electric bill. Darlene got as many house and yard cleaning jobs as possible, and both of us babysat for everyone we could. For 15 cents we could buy enough cotton loops to make three pot holders to sell for \$1. We made \$20 on pot holders. That month was one of the best of our lives.

Every day we counted the money to see how much we had saved. At night we'd sit in the dark and talk about how the poor family was going to enjoy having the money the church would give them. We had about 80 people in church, so figured that whatever amount of money we had to give, the offering would surely be 20 times that much. After all, every Sunday the pastor had reminded everyone to save for the sacrificial offering.

The day before Easter, Ocy and I walked to the grocery store and got the manager to give us three crisp \$20 bills and one \$10 bill for all our change. We ran all the way home to show Mom and Darlene. We had never had so much money before. That night we were so excited we could hardly sleep. We didn't care that we wouldn't have new clothes for Easter; we had \$70 for the sacrificial offering.

We could hardly wait to get to church! On Sunday morning, rain was pouring. We didn't own an umbrella, and the church was over a mile from our home, but it didn't seem to matter how wet we got. Darlene had cardboard in her shoes to fill the holes. The cardboard came apart, and her feet got wet.

But we sat in church proudly. I heard some teenagers talking about the Smith girls having on their old dresses. I looked at them in their new clothes, and I felt rich. When the sacrificial offering was taken, we were sitting on the second row from the front. Mom put in the \$10 bill, and each of us kids put in a \$20.

As we walked home after church, we sang all the way. At lunch Mom had a surprise for us. She had bought a dozen eggs, and we had boiled Easter eggs with our fried potatoes! Late that afternoon the minister drove up in his car. Mom went to the door, talked with him for a moment, and then came back with an envelope in her hand. We asked what it was, but she didn't say a word. She opened the envelope and out fell a bunch of money. There were three crisp \$20 bills, one \$10 and seventeen \$1 bills.

Mom put the money back in the envelope. We didn't talk, just sat and stared at the floor. We had gone from feeling like millionaires to feeling like poor white trash. We kids had such a happy life that we felt sorry for anyone who didn't have our Mom and Dad for parents and a house full of brothers and sisters and other kids visiting constantly. We thought it was fun to share silverware and see whether we got the spoon or the fork that night.

We had two knives that we passed around to whoever needed them. I knew we didn't have a lot of things that other people had, but I'd never thought we were poor.

That Easter day I found out we were. The minister had brought us the money for the poor family, so we must be poor. I didn't like being poor. I looked at my dress and worn-out shoes and felt so ashamed--I didn't even

want to go back to church. Everyone there probably already knew we were poor!

I thought about school. I was in the ninth grade and at the top of my class of over 100 students. I wondered if the kids at school knew that we were poor. I decided that I could quit school since I had finished the eighth grade. That was all the law required at that time. We sat in silence for a long time.

Then it got dark, and we went to bed. All that week, we girls went to school and came home, and no one talked much. Finally on Saturday, Mom asked us what we wanted to do with the money. What did poor people do with money? We didn't know. We'd never known we were poor. We didn't want to go to church on Sunday, but Mom said we had to. Although it was a sunny day, we didn't talk on the way.

Mom started to sing, but no one joined in and she only sang one verse. At church we had a missionary speaker. He talked about how churches in Africa made buildings out of sun dried bricks, but they needed money to buy roofs. He said \$100 would put a roof on a church. The minister said, "Can't we all sacrifice to help these poor people?" We looked at each other and smiled for the first time in a week.

Mom reached into her purse and pulled out the envelope. She passed it to Darlene. Darlene gave it to me, and I handed it to Ocy. Ocy put it in the offering. When the offering was counted, the minister announced that it was a little over \$100. The missionary was excited. He hadn't expected such a large offering from our small church. He said, "You must have some rich people in this church." Suddenly it struck us! We had given \$87 of that "little over \$100."

We were the rich family in the church! Hadn't the missionary said so? From that day on I've never been poor again. I've always remembered how rich I am because I have [Jesus](#)!

Author Unknown