#### Psalm 65 v 11 'Thou crownest the year with thy bounty; the tracks of thy chariot drip with fatness.'



Dear Friends,

What an eventful year. So many things have happened; so many difficulties throughout England and the whole natural world. As Christians we know that behind all the chaos, cruelty, war, hardship, financial and world disasters there is a God of love.

All around us are the berries and fruit of autumn. Every year the core members of UCHM go on a day retreat to the House of Resurrection in Mirfield to seek the Lord for His guidance and leading. We were surrounded by so many red apples that it was amazing. It seemed to be God's promise to us at the end of a difficult year that we would be fruitful and multiply.

Difficult times reveal what we truly believe. They enable us to demonstrate faith and resilience and continue to love and trust God and to follow Him in obedience though our very hearts feel broken.

May all of us grow in awareness of the goodness of God, as we meditate on the fruit on the trees, the harvest around us, the berries on the bushes and the joy of the birds as they revel in the late summer sunshine.

May we know that He will crown this year with His bounty and restore the years the locusts have eaten. Then we will enter a New Year strengthened and with expectant hearts for all the way the Lord will lead us.

Thank you for those of you all who have encouraged us, helped us with gifts of money and time, have offered to do practical jobs and particularly to all who have prayed for us. You are part of the ministry of UCHM. May God add to you His blessing. Thank you so much.

In appreciation, Helga

## FACING ADVERSITY

#### THOGHTFUL QUOTES ON SUFFERING

If you're going through hell, keep going. ~Winston Churchill

Some luck lies in not getting what you thought you wanted but getting what you have, which once you have got it you may be smart enough to see is what you would have wanted had you known. ~Garrison Keillor

Adversity is like a strong wind. It tears away from us all but the things that cannot be torn, so that we see ourselves as we really are. ~Arthur Golden, *Memoirs of a Geisha* 

I have sometimes been wildly, despairingly, acutely miserable, but through it all I still know quite certainly that just to be alive is a grand thing. ~Agatha Christie

There is no education like adversity. ~Disraeli

There is something beautiful about all scars of whatever nature. A scar means the hurt is over, the wound is closed and healed, done with. ~Harry Crews

Jesus Christ **""So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."** Matthew 6:34



# **Friends of UCHM**

The trustees are interested in forming a group of people who would be intercessors for UCHM and could be contacted at times of crisis to hold us before the Lord in prayer.

If you would be willing to come a part of this group please will you contact Helga at UCHM on 01484 461098. My working days are Mon-Weds.

Thank you

#### The Turtle and the Tree

Deep within a forest a little turtle began to climb a tree. After hours of effort he reached the top, jumped into the air waving his front legs and crashed to the ground.

After recovering, he slowly climbed the tree again, jumped, and fell to the ground. The turtle tried again and again while a couple of birds sitting on a branch watched his sad efforts.

Finally, the female bird turned to her mate. "Dear," she chirped, "I think it's time to tell him he's adopted."



#### **Brain Teasers**

See answer at bottom of the last page and no peeking!

#### NUMBER ONE

A wealthy man named Richard Ellis had been counting his money. When he finished, he accidentally left a \$100.00 bill on his desk. But when he returned for it a short while later, it was gone. Only two other persons could have seen the bill. One was the maid; the other was the butler.

The maid told him that she had hidden it for safekeeping under a green book that was on the desk. But when they looked the bill was not there. The butler said he had found the bill where the maid had left it. He had placed it inside the book, where he thought there was less chance that somebody would find it. He had written down the page numbers so that he would not forget them. The bill was between pages 35 and 36, he said. But when they looked, there was no money in the book.

After Mr. Ellis had talked to the maid and the butler, he called the police. He was sure he knew who had taken the money. Who was it, and how did he know?

#### NUMBER TWO

I dig out tiny caves, and store gold and silver in them. I also build bridges of silver and make crowns of gold. They are the smallest you could imagine. Sooner or later everybody needs my help, yet many people are afraid to let me help them. Who am I?

#### NUMBER THREE

I have seven letters. The first two stand for a boy. The first three stand for a girl. The first four stand for a brave boy. But all of my letters stand for a brave girl. What word am I?

#### NUMBER FOUR

A beggar's brother died, but the man who died had no brother. How could this be?



UNITED CHURCHES HEALING MINISTRY

INTRODUCTION TO COUNSELLING SKILLS IN A CHRISTIAN SETTING Level Two

# **TRAINER:** Helga Taylor

ACC Recognised and OCN Accredited

20 - 21 January 2012 24 - 25 February 20121 16 - 17 March 2012 20 - 21 April 2012

For an information pack please contact us on Tel: 01484 461098

Email: training@uchm.org

UCHM Registered Charity No. 1097753 UCHM OCN Accredited Centre No. YH41613

#### Upcoming Conferences – As part of UCHM's Continuing Professional Development Training Programme:

and STAGES OF HUMAN DEVELOPMENT

Fri 11th November 2011 - 9.00 - 17.30 Sat 12th November 2011 - 9.00 - 17.30

Trainers: Sandra Conaghan and Stephanie Walker

Cost £90

#### EGAN SKILLED HELPER MODEL

Fri 3rd February 2012 9.00 - 17.30 Sat 4th February 2012 9.00 - 17.30

Trainer: Barbara Joyce

Cost £90

Planned for 2012:

CREATIVE VISUALISATION and STORY TELLING (Weekend)

ANGER EXPRESSION and VIOLENCE MANAGEMENT (1 day)

For booking forms or more information please contact the centre on 01484 461098, email training@uchm.org, or visit our website - www.uchm.org where booking forms can be downloaded to print out

UCHM is a charity providing accessible counselling services throughout the region. Your contribution will be used to sustain the work of the Charity.



# Pastoral Care Conference

# **Inner Healing**



# Trainer: Helga Taylor

## Fri eve 18th November 6.00pm—9.30pm Saturday 19th November 9.30am—4.30pm

# Cost £30.00

## For a booking form contact:

## Phone: 01484 461098 Email: training@uchm.org

UCHM is a charity providing accessible counselling services throughout the region. Your fee will be used to support our activities. Charity number 1097753.



**Starting Soon:** 

# Advanced Counselling Skills Level Three

Commencing 19th September 2011

A 15 month OCN accredited course for anyone involved in pastoral care looking to further their skills or for people interested in becoming a Christian counsellor.

# Advanced Diploma in Christian Counselling Level Four



Starting January 2012

A two year OCN accredited course for anyone wanting to become an accredited counsellor who has done the required prior training.

For an information pack for either course please contact UCHM on: 01484 461098 Or email: training@uchm.org

# Prayer Diary

#### September

	September
6th	4.00 Healing Service
	Group Supervision
	UCHM Monthly Worship Time
7th	UCHM Community Away Day
9th	Assessment Training Conference
12th	Advanced Counselling Skills Level Three
19th	Start of New Advanced Counselling Skills Level Three
26th	Advanced Counselling Skills Level Three
27th	UCHM Manager's Meeting
	October
3rd	Advanced Counselling Skills Level Three
4th	4.00 Healing Service
	Group Supervision
	UCHM Monthly Worship Time
6th	Trustees Meeting
10th	Advanced Counselling Skills Level Three (Sept 11)
15th	Yorkshire Supervisors Forum
17th	Advanced Counselling Skills Level Three
18th	UCHM Management training
24th—28th	UCHM closed for half term holidays
	November
1st	4.00 Healing Service
	Group Supervision
	UCHM Commissioning Service
7th	Advanced Counselling Skills Level Three
8th	UCHM management training
11th—12th	Ethical Framework Conference
14th	Advanced Counselling Skills Level Three (Sept 11)
18th—19th	Inner Healing Pastoral Care Conference
21st	Advanced Counselling Skills Level Three
28th	Advanced Counselling Skills Level Three (Sept 11)
0044	

29th UCHM Manager's Meeting

# **Receptionists Required**

We are urgently in need of a Weds evening receptionist 5:30-9:00pm weekly. Duties will include answering the telephone and greeting clients. This is a vital role and without a receptionist we may be unable to continue offering evening appointments.

If you are interested please contact us on 01484 461098 for more information or to apply.

#### HANDYMAN wanted

Varied occasional odd jobs, decorating etc. modest fee per hour paid. If you are interested please contact us on 01484 461098 for more information or to apply.

Advertisement:

# Healing Prayer School Led by Lin Button

Non Residential Conference 14th—16th October 2011

Held at North Light Gallery, Armitage Bridge, Huddersfield

Cost £65.00

For more information or a booking form contact the HPS Administrator direct at

E-mail: admin@healingprayerschool.org

Tel: 020 8773 9529

#### The Sorrow of the Dogwood Tree

Many years ago, a dogwood tree grew on a hill outside Jerusalem. In those days, the dogwood tree was as tall and mighty as an oak, and this tree was the tallest of all the dogwoods, and extremely proud of its strength.

"Something wonderful is going to happen to me," it said to anyone who would listen. "I'll probably become the mast that holds the big sail on a grand ship, or the main timber supporting a great house."

Unfortunately, the huge old dogwood was cut down to become the cross to which Jesus was nailed. The tree was horrified. All its dreams of glory were smashed, and it groaned in agony as two boards from its trunk were nailed together.

Jesus took pity on the tree, even as he carried it to Calvary. "You will never be put to such use again," he told it. "From this day on, your shape will change, even as will the world. You will become slender and sway easily with the breeze. You will bear white flowers in the shape of a cross, with

dark red bloodstains at the side of each petal to show the world how you have suffered.

The centre of your flowers will be marked with a crown of thorns, to remind people forevermore, that you and I spent our last moments together.



## YOU'VE GOT MAIL

A man was in his front yard mowing grass when his attractive blonde female neighbour came out of the house and went straight to the mail box.

She opened it, slammed it shut, and stormed back in the house. A little later she came out of her house and again went to the mail box and again opened it, then slammed it shut again.

Angrily, back into the house she went.

As the man was getting ready to edge the lawn, here she came out again, marched to the mail box, opened it and then slammed it closed harder than ever. Puzzled by her actions the man asked her, "Is something wrong?"

To which she replied, "There certainly is! My stupid computer keeps giving me a message saying, "YOU'VE GOT MAIL!"



# Kesher

Rediscover the connections between JUDAISM and CHRISTIANITY ISRAEL and the CHURCH

Commencing Wednesday 28th September 7.00pm—9.00pm

# Held at UCHM

10 sessions of Bible based teaching Led by Jenny Fowler and Liz Hardy

# Cost: £30 for the complete course and student manual

This popular course has been revised and updated by the Christian Friends of Israel UK on DVD and includes 10 studies on well known Hebrew words helping to enrich your understanding of the Bible.

To book contact Liz on 07903 253764

#### The Pink Dress

There was this little girl sitting by herself in the park. Everyone passed by her and never stopped to see why she looked so sad. Dressed in a worn pink dress, barefoot and dirty, the girl just sat and watched the people go by. She never said a word.

Many people passed by her, but no one would stop.

The next day I decided to walk over to the little girl. As I got closer I could see the back of the little girl's dress. It was grotesquely shaped.

I deducted that was the reason people just passed by and made no effort to speak to her. As I got closer, the little girl lowered her eyes slightly to avoid my intent stare.

I smiled to let her know it was OK; I was there to help, to talk. I sat down beside her and opened with a simple, "Hello". The little girl acted shocked, and stammered a "hi"; after a long stare into my eyes.

I smiled and she shyly smiled back. We talked until darkness fell and the park was completely empty. I asked the girl why she was so sad.

The little girl looked at me with a sad face said, "Because, I'm different".

I immediately said, "That you are!" and smiled.

The little girl acted even sadder and said, "I know."

"Little girl," I said, "You remind me of an angel, sweet and innocent."

She looked at me and smiled and then slowly she got to her feet and said, "Really?"

"Yes, you're like a little Guardian Angel sent to watch over all the people walking by."

With that she opened the back of her pink dress and allowed her wings to spread and then she said "I am."

I was speechless -- sure I was seeing things.

She said, "For once you thought of someone other than yourself. My job here is done".

I got to my feet and said, "Wait, why did no one stop to help an angel?"

She looked at me, smiled, and said, "You're the only one that could see me," and then she was gone.

So, when you think you're all you have, remember, your angel is always watching over you.



You are invited to attend

# UCHM's Annual Commissioning Service



Serving God and the Community

Please join us as we thank and praise God for another year of His faithfulness and provision

Come and encourage our students as they receive their certificates and make new commitments to serve and follow God and His will for their lives

# Tuesday 1st November 2011 7.30pm

At Scapegoat Hill Baptist Church High Street, Scapegoat Hill, Huddersfield

# **UCHM News**

#### • New Computer Equipment

Thanks to a grant of £9,910 from Awards for All, we have purchased 6 new computers for the office and presentation equipment for our two training rooms, as well as upgrading our computer network and our existing computers to Windows 7 and Office 2010.

#### • New Fencing

After continuous problems of vandalism and anti social behaviour with the young people since we purchased the building in 2007, it has come to the stage where we needed to do something to protect our staff and users, and the decision was made to put fencing around the building so that it can be locked up while the centre is not in use. This has been paid for largely out of UCHM's funds, but we have had kind donations from several of the local churches towards it. If anyone still feels like offering a donation we would be eternally grateful

#### • Team News

We have several new placement counsellors who started in the last few weeks. They are Vicky Valentine, Julie Hickson, Tandiwe Dziya Samantha Barnsley and Jennifer Gilling. Ian Summerskill's placement with us has come to an end as he has finished his Diploma course.

#### • Helga Joins the Board of ACC

The Association of Christian Counsellors, who are the professional body for Christian Counselling, have contacted Helga to ask whether she would become a board member with a remit for Education. Helga has accepted the post.

#### **YORKSHIRE SUPERVISORS FORUM**

A half day workshop organised by YSF to be held at United Church Healing Ministry (UCHM), on Saturday, 15th October.

# **'Agape and Eros in supervision'-** Exploring the meaning of love in the supervisory relationship, its dangers and its excitements

Unlike ancient Greek, the English language has only one word for the many meanings of love. These meanings include love of partner/lover, fraternal love, friendly love, erotic love, unconditional love. Love is present in the client/therapist relationship, but can we give permission for it to be present in the supervisee/supervisory relationship? Love is powerful, it is dangerous, and to name it and explore its meanings and significance to a relationship will involve risk.

This workshop wants to consider the meaning of love in the supervisory relationship, and how we can ensure a safe and open environment to make risk possible, danger bearable, and excitement contagious. Or is this too dark, does the shadow in all of us rule and silence us from speaking of love towards one another, the erotic and the compassionate?

Sarah Benton and Tim Gauntlett will start the workshop by each giving a short presentation from their own orientations and experiences as supervisors, followed by a conversation between the two of them. Hopefully all participants will then feel 'excited' and 'aroused' to discuss the topic in small groups, basing the discussion on what they have heard and from their own experiences as supervisees and supervisors. The workshop will end with a facilitated discussion with all participants.

**Tim Gauntlett** is a UKCP registered psychodynamic psychotherapist and has supervised individuals and groups for many years, working with colleagues from statutory and voluntary sectors, including counsellors in training, and with counsellors from differing orientations from that of his own.

Sarah Benton is a BACP accredited counsellor and supervisor from a person–centred background. She currently manages the counselling service at York College, trains supervisors for Cruse Bereavement Care. She has managed services and supervised within the voluntary sector and is a counsellor and supervisor in private practice.

This workshop will run from 10.00am to 1.00pm, followed by lunch, on Saturday, 15<sup>th</sup> October. **Cost for the workshop is £10 for members £15 for non- members**. And on this occasion, participants are asked to bring a contribution to a shared lunch.

Please make cheques payable to Yorkshire Supervisors Forum, and include your email address for confirmation and to receive further details, and send to : Tim Gauntlett, Waske Hall, 50 Skircoat Green, Halifax, HX3 OSA (tim.gauntlett@btinternet.com)

# I Wish You Enough

I wish you enough sun to keep your attitude bright









I wish you enough pain so that the smallest joys in life appear much bigger.

I wish you enough gain to satisfy your wanting.









### Top ten ways the Bible would be different if written by college students.

- 1) Last Supper would have been eaten the next morning cold.
- 2) The Ten Commandments are actually only five, double-spaced and written in a large font.
- 3) New edition every two years in order to limit reselling.
- 4) Forbidden fruit would have been eaten because it wasn't cafeteria food.
- 5) Paul's letter to the Romans becomes Paul's email to abuse@romans.gov.
- 6) Reason Cain killed Abel: They were roommates.
- 7) The place where the end of the world occurs: Finals, not Armageddon.
- 8) Out go the mules, in come the mountain bikes.
- Reason why Moses and followers walked in the desert for 40 years: They didn't want to ask directions and look like new boys.
- 10) Instead of God creating the world in six days and resting on the seventh. He would have put it off until the night before it was due and pulled an all-nighter.

Taken from Heavens Above! Compiled by the Ron Carbutt Trust

# **Recommended Reading**



Beyond Bereavement -The Ministry and Power of the Widow in the Church

# By Helen Aigbe-Joseph

# This is an innovative book regarding the place of widows in the church.

You are never alone. Beyond Bereavement looks at the many faces of bereavement and the challenging and inevitable seasons of recovery.

Knowing that winter will surely pass and spring will come again to your life is key to moving forward victoriously.

In Beyond Bereavement you will not only learn how to face loss, but also how to experience God's personal comfort in times of despair, depression and family hardships and How to care for and support widows in the Body of Christ.

You can download a sample from the book, or purchase the full e-book from www.amazon.co.uk, or a paperback copy from www.eurodestinyimage.com

# **Franchising opportunity**

Could you run an Introduction to Christian Counselling Course?

You need a teaching qualification, a Diploma in counselling plus time to commit to training supervision.

Is God calling you?

To find out more about this contact us on

# 01484 461098 or

# Email training@uchm.org



# Sports Hall for Hire

We currently have slots available for hiring our sports hall in a daytime, early evening and Saturdays.

We accept both one off and regular bookings.



Suitable for: Parties Badminton Dancing 5 a side football



And much more...

For more information or to come and take a look contact us on: 01484 461098 or uchm@uchm.org

And here are the answers from page 4...

**NUMBER ONE:** The butler did it. Mr. Ellis knew the butler was lying because pages 35 and 36 in a book are always printed on opposite sides of the same piece of paper.

NUMBER TWO: A Dentist

NUMBER THREE: Heroine

NUMBER FOUR: The beggar was a woman.