

St Martin-By-Looe News

Published and funded by
St Martin-By-Looe Parish Council



Nov/Dec 2008

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To advertise please call Charles on the above number
smartinpc@talktalk.net



*Welcome to the Christmas edition of your magazine, in this issue there are some tasty recipes to try and a chance to win a Christmas Hamper.
Happy Christmas and a prosperous new year to all our readers.*



Parish Council News

Planning Applications

The Council considered applications for a certificate of lawfulness at Cliff Valley Farm, and the construction of a garage, car port and home office at Plowd-Rytyn Barn, Penhale.

Donations

The Council agreed to purchase a Poppy Wreath for the Remembrance Service at No Mans Land at a cost of £19. A donation of £30 was also made to Vitalise Essential Breaks for disabled people and their carers.

Windsworth Noticeboard

The noticeboard project is complete and by the time you read this will be in use. Our thanks go to Cornwall Rural Community Council who part funded the project.

Meeting Dates

You are always welcome to attend the Parish Council meetings. The next meetings will be on Nov 6th and Dec 4th, at 7.30pm.
Public participation is welcome before the meeting starts.

Bodigga Cliff Path

The Council are extremely concerned about the condition of the path from Bay View Farm to Millendreath, this has been reported to Cornwall CC who have agreed to remedial work being carried out, this will require closure of the path, however an alternative route is currently being investigated.

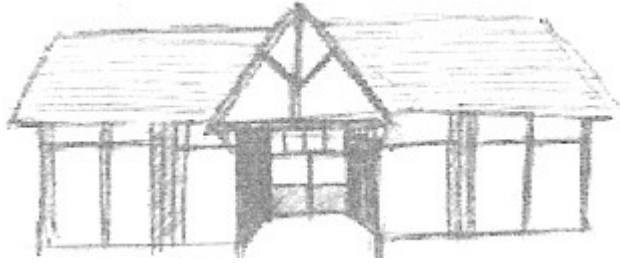
No Mans Land Affordable Houses

The Clerk has been in touch with the Guinness Trust, the proposed development is still in its early stages, provisional plans have been drawn but not yet submitted to CDC Planning. The Parish Council can confirm that land has been requested within the development for a play/ recreation area.

Caradon Community Improvement Fund

The Parish Council has submitted an application for a grant to supply a youth shelter for No Mans Land (subject to planning).

Tredinnick Farm Shop & Tea Rooms



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Xmas trees in soon

COMMUNITY SAFETY FIRST PLEASE



Dear Resident, Every resident of the No Mans Land area will know the problem of trying to cross the B3253 to get to the shop/post office, to be honest it is dangerous and the need for a speed restriction has been known for a long time. For some time now both Parish Councils and myself have been campaigning for a speed restriction through the area as a matter of

community safety and a formal request was made 3 years ago. During the time that this scheme was under consideration the rules change and for the management of speed limits on rural roads with a government initiative to standardise speeds limits so similar roads throughout the country had the same speed. In Cornwall the council started surveying the roads in the west of the county first gradually working east which meant that the B3253 would have been surveyed possibly next year. This was totally unacceptable as you all know the accident rate on this stretch of road is very (very) poor and after every accident I would highlight the fact that this road is dangerous and needed surveying as a priority. After several accidents the survey was carried out and an initial scheme was drawn up and everyone was delighted that the speed shown through No Mans Land was 40 mph, although not the 30 mph we would have liked, it was far better than 60 mph. Then a second scheme came out which on the covering letter showed 40 mph through No Mans Land the attached map showed 50 mph and this discrepancy was picked up by a local resident (Mr A Soady) and the question was asked why this was so? The answer came back that the first consultation and second covering letter were wrong to show 40 mph through the village and should have been 50 mph. The Parish Council and myself requested that this be checked by the County Council and they have carried out a further survey and they claim that 50 mph is correct. I have no problem in saying that I find the way that this process has been handled by the County Council shows gross incompetence as not once but twice they indicated to the residents of No Mans Land that the speed would be reduced to 40 mph. This is not the end of the story as both the Parish Councils of St Martins & Morval, the District Councillors and myself will fight for the further reduction in the speed limit or a pedestrian crossing (or a bridge) as community safety is more important than speeding cars. The acid test is would they like to come and try to cross the road and feel completely safe with cars passing at 50 mph?

Armand Toms CC Looe and St Martins ward

Caradon District Council News

Thanks a million!

A new community grant scheme aims to provide a million good reasons for grass roots community and voluntary groups in South East Cornwall to seek funding for local projects.

The Caradon Area Community Fund was launched by Lady Mary Holborow, the Lord Lieutenant of Cornwall, on Friday 26 September. The fund's initial goal is to raise £1,000,000 to provide a sustainable source of small grants for groups that deliver projects benefiting communities in South East Cornwall.

The fund will be kick-started with a £100,000 donation from Caradon District Council and also has the backing of the local business, community and voluntary sectors in the form of organisations such as Ginsters, the South East Cornwall Federation of Small Businesses, Coodes Solicitors, St Mellion International Resort, Cornwall Rural Community Council, the Citizens Advice Bureau and East Cornwall Council for Voluntary Services.

Councillor John Turner, leader of Caradon District Council, said: "This is very much a joint effort across all sectors. We are united in our desire to leave a lasting legacy that will reflect the needs of local residents both now and in the future.

A capital fund of £1,000,000 would mean that £50,000 could be distributed in grants every year, benefiting communities across the district."



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St Martin-By-Looe News

Memorial Hall News

Firstly the Committee would like to thank everyone who helped in anyway with the Children's Hospice Sale and Cream Tea, after expenses a total of £518.44 was raised.

Events not to be missed

October 30th Beetle Drive 7pm,

November 9th, Remembrance Service, 6.30pm
followed by a light supper.

December 6th Christmas Fayre, 2.30pm,
various stalls including Tombola. Mums and Dads bring the children to meet Father Christmas who has a present for every child while you sit and enjoy a mince pie and cream after you have spent your money!

Christmas Bingo, December 19th, doors open 7pm, eyes down 8pm.

Carol Service December 20th, 6.30pm,

enjoy an evening of Carols and Worship followed by mince pies and cream.



**The Committee would like
to wish you all
a very merry Christmas
and a good New Year.**

Entertainer required

We urgently need an entertainer to perform at the OAP Christmas Lunch, if you can help please call Roberta on 01503 240650.

Fisher Management

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Email: info@fishermanagement.co.uk

Website: www.fishermanagement.co.uk

How Green is your Rental Property?

Fisher Management has been established since 1990. A well established residential property letting agency based in South East Cornwall. Fisher Management moves with the times as well as having a well run and respected website www.fishermanagement.co.uk. As part of ongoing training and legislation, Mr Fisher has trained to become a Home Inspector and a Domestic Energy Assessor and therefore, can carry out Energy Performance Certificates for you. Our aim is to provide an easy solution to fall in line with Government Legislation. As most of the properties are known to Fisher Management a pre-assessment can be made, so suggestions for maximising on E.P.C. can be most effective. For example, making sure energy bulbs are fitted and advisory on additional loft insulation.

Energy Performance Certificates are introduced as part of EU Directive to help combat climate change. All landlords will be required by law to provide an EPC for all buildings or parts of buildings when they are rented out from 1st October 2008.

Domestic EPC consists of: - Energy efficiency rating on a scale from A to G. Environmental impact rating on a scale from A to G. Details of the property features and recommendations for improvements.

EPCs can only be produced by Domestic Energy Assessors that are fully qualified and accredited by an authorised government scheme and us currently valid for 10 years.

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The Story of the Christmas Tree

People often wonder where the custom of having a tree in the home during Christmas time comes from. We will probably never know for sure. But there are several historical clues that point out where this custom came from.

An Ancient Symbol

Thousands of years ago, there were people who believed that evergreen trees were magical. Even in winter, when all the other trees and greenery were brown and bare, the evergreen stayed strong and green. People saw the evergreen as a symbol of life and as a sure sign that sunshine and spring would soon return. Candles, or the electric lights we use to decorate our trees today, are also an ancient symbol. They represent the light of spring triumphing over the darkness of winter.

In ancient Rome, people decorated their homes and their temples with greenery during a special December feast. It was a happy time. No battles could be fought, the schools were closed, and people everywhere joined in the carnival-like atmosphere and gave each other presents.

The Modern Tree

So when did the Christmas tree go indoors? Legend has it that the tradition was begun by Martin Luther in Germany. He was a monk and church reformer who lived from 1483 to 1546. According to the legend, Luther was returning home one wintry night when he saw the stars twinkling in the sky through the tree branches. Luther was amazed by the sight, and when he arrived home, he was eager to tell his family about it. To help them understand, he went to the woods and cut down a small fir tree. Luther brought it indoors and decorated it with candles, which represented the stars he had seen.

The custom spread in Germany, and from there all over the world. In England, the Christmas tree first appeared when Queen Victoria married Prince Albert, who was German. In 1841, Albert set up a Christmas tree at Windsor Castle near London to remind him of his homeland. The Christmas tree custom was brought to the United States by people from England as well as by many German immigrants who came in the 1800's. Whatever its origin, the Christmas tree is a beautiful symbol for everyone who celebrates Christmas.



The Legend of the First Christmas Tree

The night of the Saviour's birth, all the living creatures, both flora and fauna, came to Bethlehem with gifts. The olive tree brought its fruit and the palm its dates. But the little fir tree had no gift and was so tired it couldn't resist when the big trees pushed it into the background and hid it from view. But then a nearby angel took pity and commanded a cluster of stars to come and rest on its delicate boughs. When the Baby Jesus beheld this lovely lighted tree, He smiled and blessed it, declaring henceforth that fir trees should always be filled with lights at Christmastime to please little children. Extract from www.morning-glow.com

Our Favourite Cranberry Sauce

Ingredients

375g (13 oz) fresh cranberries	350ml (12 fl oz) water
5 whole cloves	5 whole allspice berries
3 cinnamon sticks	400g (14 oz) caster sugar

Method

Place fresh cranberries and water in a medium saucepan over medium heat. Wrap cloves, allspice berries and cinnamon sticks in a spice bag or muslin. Place in the water with cranberries.

Cook until cranberries begin to burst, about 10 minutes.

Stir in sugar and reduce heat to low. Continue cooking 5 minutes, or until sugar has dissolved. Remove from heat and allow to cool. Discard spice bag. Chill in the refrigerator 8 hours, or overnight, before serving.

Recipe By: MARJK | Photo By: www.allrecipes.co.uk



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Parish Councillors contact details:

Chairman Robert Henly 01503 240738

Vice-Chair Kim Smith 01503 262269

Councillors:

Roberta Powley 01503 240650

Barbara Reynolds 01503 240520

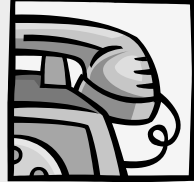
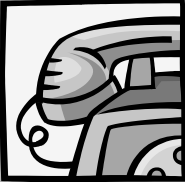
Ron Matthews 01503 262845

Lynne Burt 01503 240383

Mike Elford 01503 265922

Clerk: Charles Hyde 01579 340905

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History Snippet

I was intrigued to find (via the pages of this publication), that the old house on the corner on No Man's Land is called St Euny, and that an old well has been found nearby.

St Euny was the brother/sister of St Ia, an Irish virgin who floated over Cornwall on a leaf, en route to Brittany! She leaves her name in St Ives and was associated with St Patrick. Brother Euny dedicated wells in Crowan, Sancreed and Lelant. He leaves his name at Unyredreth, Euny's red ford, now Redruth – a fair distance from here!

But, on that Tithe Map, the lane continuing east (now marked Keveral) from the bend on the Penhale road was called Lanturney Lane. This translated as a lane going to (or from) a sacred enclosure dedicated to St Euny! A church site, perhaps. Maybe St Kayne had a rival establishment in the neighbourhood.

I found another reference in the Hearth Tax Register 1662. A property spelt "Lanturry" has declared 2 taxable hearths. These weren't on the previous list so it must have been a new or upgraded dwelling at the time. It belonged to Walter Hoskyns. Where was it?

It's unlikely that a house in No Mans Land would have been recorded on the old parish surveys. "A peece of land called Noe Man's Land" (1665) would have been between parish boundaries – often becoming a tax haven for travellers and refuge for the dispossessed.

Curiously, the late Rev. Picken described it as a 'watering hole'.

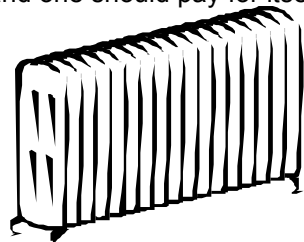
So who named the cottage on the corner? Is it just coincidence? How old is the well? Was it another well of St Euny? And have we got a holy site we can claim as our own? Now our Parish Church is in the next parish, it would be great if we could find it!

Jenny Wallis.

Climate Change - Tip of the month Radiant radiators

To save money on your heating bills, keep radiators in buildings clear - blocking them with furniture will reduce efficiency and increase heating bills. Putting reflective foil panels (available at local DIY shops) behind those radiators on outside walls will reduce heat loss and one should pay for itself in a year.

**You could receive a grant of up to £2700,
for warm improvements,
call 0800 316 2814.
Mon - Fri 8am - 6pm
for more information.**





Two new species at The Monkey Sanctuary, Looe.



Six new African monkeys have arrived at the Looe Monkey Sanctuary in the last two weeks. Whilst the kids have been back at school, the Trust has been busy with an emergency rescue of four barbary macaques and two patas monkeys.

They came from another UK sanctuary that was forced to close due to the credit crunch.

It's all change here now," said Brooke, one of the monkey keepers. "For over 40 years, we have looked after South American monkeys. Now we have four different species. The new monkeys caused quite a stir; they behave really differently. The barbaries are really bouncy, but the patas like to sit and watch the world go by. Our existing monkeys don't quite know what to make of them."

Snooker & Pool proving popular

Since opening the snooker room in the Memorial Hall in No Mans Land the sessions have gone from strength to strength, currently it is open for 2-3 evenings per week; we would like to open more, but to do this we need your help. We are looking for older residents to volunteer and help form a snooker and pool team.

If we can recruit enough people we may be able to organise social evenings and maybe even reopen the skittle alley.

**If you can help please call
Dave Winter
on 01503 240511.**



Quick & easy Christmas cake

For busy people, only takes about 25 minutes to prepare.

Ingredients:

1x 411g jar luxury rum and raisin mincemeat.

150g (5½oz) butter.

150g (5½oz) dark brown soft sugar.

3 med eggs

225g (8oz) S.R. Flour.

5ml (1 Tsp) ground cinnamon.

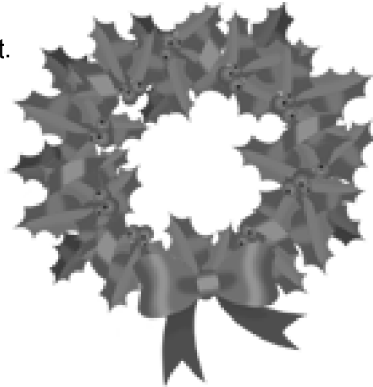
100g (3½oz) cherries, washed and dried.

100g (3½oz) raisins.

200g (7oz) currants.

Grated rind 1 lemon.

15ml (1Tbsp) dark rum.



Method:

Preheat oven 170 degrees, 325F, gas mark 3. Grease and line the base and sides of a 20cm (8in) deep cake tin. Place soft butter and sugar in a large bowl, beat until smooth and creamy, beat eggs in a small bowl and gradually add to the mixture, add cherries and mincemeat, stir in currants, then add lemon rind, rum and raisins, sieve flour and cinnamon to the mix, fold in well.

Cook in the oven for 1½ - 2 hours. If it browns to quickly cover top with foil, when cake shrinks from the side it should be done, check by inserting skewer which should come out clean. When cold wrap the cake in double layer of greaseproof paper and foil, store in a cool place for up to 2 months, feeding with rum if required.

Busy Bee's Gardening Tips

Yes a very busy time ahead in the garden.

Cut back dead foliage and flowers, prune roses by a third, clean out hanging baskets, pot up plants you wish to save. Daffodil and tulip bulbs should go in now. Be ready for the frost, either lift or bank up dahlias, get frost prone plants and shrubs into cover.

Clear, clean and fumigate greenhouses. Prune, cut back or tie in raspberry canes, dependant on species. Carrots can be lifted and stored in dry sand or compost. Runner bean vines should be cleared. As ground is cleared, get on with digging in lots of dung, then a dressing of lime.



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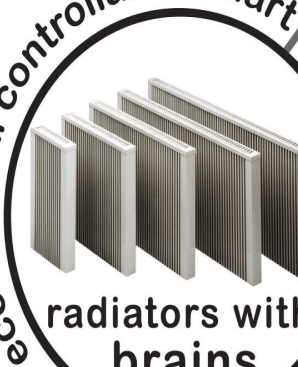
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Pick your own Christmas Hamper

A Christmas hamper stuffed full of local delicious Cornish produce is a wonderful gift for colleagues, clients, friends and family. You can choose what goes in the hamper so if you are fortunate enough to live near Looe pop in and select your goodies and then relax in the Chill Out coffee bar whilst the hamper is prepared and wrapped for you. Due to high demand please place your orders early and give us a not before date for posting. As you choose the hamper personally it will reflect what will be appreciated and contain something for several lucky people. **Purely Cornish Progress.** The Farmshop at St Martin-by-Looe has developed significantly since last year. There is now a purpose built display for Grandads fresh vegetables sourced wherever possible from his garden and local garden enthusiasts. We always have an excellent array of what is in season at the moment. Our meat and poultry section now boasts a wonderful selection of really local produce and we have been working with our suppliers to come up with a range of those traditional cheaper cuts and recipes that our mothers used to use! From the beginning of this month we have greatly expanded the available meat in the little deli in the town. **Purely Cornish Affordability.** We might not always be able to afford to eat out but with good ingredients we can still eat healthily and well. Ally has been sourcing a growing array of good quality flour for bread and cake making, spices and herbs, goose fat and olive oil, pasta and couscous, sauces and relishes, garlic and pesto plus much much more.

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Win a Christmas Hamper

Purley Cornish Farm shops have kindly donated a hamper to readers of this magazine. Simply answer the following questions correctly:

1. The Christmas Tree in Trafalgar Square is donated by which country?
2. Who is said to have introduced the Christmas Tree to Britain?
3. Who wrote the festive song 'White Christmas'?
4. Who, in their number one hit was 'Lonely this Christmas'?
5. Which short and tall comedy duo were known for their 1970's Christmas specials?



Illustration only

Write your answers on a post-card with your name, address, Tel number and e-mail address. Mark your entry "St Martins News Hamper".

Post in the competition box in the St Martin-By-Looe Farm Shop or Bindown Stores.

Winner to be announced at the Christmas Fayre in the Memorial Hall on December 6th. Entries close Dec 1st 08. No purchase necessary, no cash alternative.



Caradon Councillor

Brian Galipeau

Looe and St Martin

Contact me on
01503 265575

brian_galipeau@hotmail.com

Events Diary

Regular events in the Memorial Hall

Every Monday

Bridge Club
1.30pm -5pm

Line Dancing
7.30pm -9.30pm

Every Tuesday

Stretch & Tone for
the over 50's

10am - 11am

Every Wednesday

Mother & Toddler
Group

9.30am - midday

Whist Club
7.30pm

Tap & Ballet 3pm

Every Thursday

Sheila's Dancing for
the over 50's

10.30am

Other Events

October 30th	Beetle Drive, 7pm Memorial hall
November 5th	Bonfire Night on Plymouth Hoe 6.30pm - 8pm
November 6th	Parish Council Meeting, 7.30pm
November 9th	Remembrance Service, 6.30pm, Memorial hall
November 13th	Plymouth Christmas lights switch on
November 15th	Christmas Market, St Martins Church and hall, Looe. 01503 265460
November 16th -22nd	Craft Exhibition, 10am -4pm Fountain Hotel, Liskeard
December 4th	Parish Council Meeting, 7.30pm
December 6th-7th	Christmas Art and Craft Exhibition & Sale Upton Cross 10am - 8pm
December 6th	Christmas Fayre, 2.30pm, Memorial hall
December 19th	Christmas Bingo, 7pm, Memorial hall
December 20th	Carol Service, 6.30pm, Memorial hall
December 21st	Christingle Service, 5pm, St Martins Church.

Good quality jumble and Bric-a-brac
always required, collection can be arranged,
call Roberta on 01503 240650

If you have an event to include here free, please call Charles on 01579 340905.
Deadline for January/February 2009 will be December 19th 2008.

Disclaimer: St Martin-By-Looe Parish Council and the editors will try to report accurately at the time of publication and require similar factual accuracy from contributors. We accept no responsibility for any views expressed by contributors or advertisers in this publication.