St Martin-By-Looe News

Published and funded by St Martin-By-Looe Parish Council





Welcome to the March/ April edition of the Parish Magazine, this is the last before Cornwall becomes a Unitary Authority. Your District and County Councillors have contributed articles, and the History Snippet is very relevant...happy reading!



Parish Council News

Planning Applications

The following were considered by the Parish Council.

Farm wide development plan including conversion and alterations to buildings to provide 6 live work dwelling units (approx 70% residential and 30% workshop floor area on average), forestry shed, pole barn, polytunnels, parking areas and other associated works. Removal of existing caravans. REVISED PLANS. Keveral Farm, St Martins.

Certificate of lawfulness for the continuation of building as self contained dwelling. Cosy Nook, Cliff Valley Farm, St Martin.

Extension and alterations to dwelling. (Revised design). Island View, St Martins, Looe.

Meeting Dates

You are always welcome to attend the Parish Council meetings. The next meetings are on March 5th and April 2nd 2009 at 7.30pm.

Public participation is welcome before the meeting starts.

Youth Shelter Project

Over £4000 funding had been secured for this project, and planning permission has been granted, there are still issues to resolve but it is hoped to start the project soon.

B3253 speed limit

A member of the public asked the Council if they could cast any light as to when the new speed restrictions on the B3253 will take effect. Councillor Toms confirmed that this must happen by 31st March 2009.

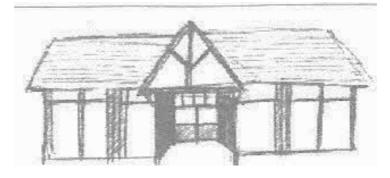
Bucklawren Granary Restaurant signs

The Council were asked why the signs are still in place. The Clerk confirmed that he has contacted CDC enforcement on many occasions but is unable to get any answers.

Old redundant signs on the B3253

Ms. Jenny Wallis asked if the Council could have the Millendreath Holiday Village signs removed as they are no longer valid.

Tredinnick Farm Shop & Tea Rooms



Widegates, Near Looe, Cornwall

Local Fruit and Vegetables Fresh meat

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Now under new management, Tea Rooms Now Open.

Open 7 days per week 9am - 6pm Monday - Saturday 10am - 5pm Sunday

Tel: 01503 240992

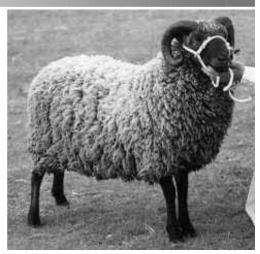
Signposted on the A387 between Hessenford and Looe

Unusual Sheep!

If you are travelling towards the Monkey Sanctuary you may have noticed some unusual sheep grazing in fields just past Penwith. These are Shetland sheep.

The Shetland is a small fine boned breed belonging to the northern short tailed group. It evolved in relative isolation in Shetland being introduced by the Vikings in the 8th Century.

This primitive breed retains the hardiness, easy lambing, longevity and ability to thrive on a low intake of feed, common among such groups.



The wool has the highest quality of any British breed, noted for its fineness of crimp and resilience.

Whole colours are recognised from black through greys to white and through light fawn to dark brown. These ranges of colours feature in the well known 'Fair Isle' knitting.

There are 63 different colours and markings (mostly derived from Viking names), making Shetlands the most colourful British breed.

We have kept Shetlands for several years and now have 20 breeding ewes, a ram and followers. The flock are all pedigree, registered with the Shetland Sheep Society.



We sell lambs for the freezer at about a year old, the meat being lean, low in cholesterol and with an outstanding flavor. We retain some ewe lambs each year to introduce into the breeding flock when they are 2 years old.

During the summer we attend several shows to try to promote this minority breed. They are certainly a good breed for small holders to keep, being easier to handle than the large commercial breeds.

If anyone would like to know any more about the breed they can contact me, Lynne on 01503 240383.

Caradon District Council News

On 1 April 2009 the County Council and the six borough and district councils will join together to form Cornwall Council.

One Cornwall

All your local services will carry on as before, but they will be provided by one single council – much easier to understand and easier to contact.

Although its headquarters will be at County Hall, the new council will not all be based in Truro. It will have offices, depots and facilities all over Cornwall.

In the changeover, Cornwall Council's main priority is to minimise disruption and keep your services running smoothly.

In 2009 there will not be any major changes to where services and staff are based and postal addresses for services in different parts of Cornwall will not change.

We will let you know in advance about any changes that might be planned for the future. Local council offices, for example Luxstowe House in Liskeard, will still be used very much as they are now.

But one change you will notice is that the reception areas of some offices and some libraries will be refurbished as One Stop Shops with improved facilities.

One stop shops in the Caradon area will be at:

- Luxstowe House, Liskeard
- Looe Library
- Saltash Library
- Torpoint Library
- Callington Town Hall

Cornwall Council will have one main telephone number and a small number of subsidiary numbers for the most popular services such as recycling and these numbers will be publicised nearer April. The existing direct dial numbers for the County, Borough and District Councils will still work too.

A simple A-Z guide with contact details and information about the new council will be sent out with your council tax bill in March.



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Busy Bee's Gardening tips

Well yes too late to get on the land, but ideal to sow spring flower seeds into trays and to check bulbs and tubers in storage, the same goes for seed potatoes.

Plant a few early spuds into tubs or pots for that first crop, sow lettuce seed into trays. If not already sown, tomatoes and sweet peas can be placed into pots and placed in a warm spot.

Do deadhead hydrangeas, remember better late than too early!

Be patient, it's the early worm that gets caught!

Best wishes, Busy Bee.



Has your house not sold, but still want to move? Why not let it through FISHER MANAGEMENT 18 years experience in Property Management

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Seeking someone to exercise 15HH lightweight cob

Not suitable for novice riders, terms to be discussed.

Anyone looking for company to ride with?

No Mans Land Area.

Phone Lynne 01503 240383.

No Mans Land Spring Flower Show March 28th 2009

From 2.30pm Village Hall Holland Road No Mans Land

Start getting your entries ready now

CORNWALL COUNCIL STARTS 1st APRIL 2009

Dear St Martin-by-Looe Resident,

Are you worried about how or where services are going to come from when the new council starts? Well, you should not worry, as your problem is our problem, and if questions need to be asked, or services needed, contact us. In this time of change it needs someone to make sure you get what you pay for. Our promise is that it will be service as usual from the 1st April till the new council elections.

Cllr. Armand Toms* Cllr. Brian Galipeau 01503 264823 01503 265575

ARRANT@looe.707.fsnet.co.uk brian_galipeau@hotmailcom

* Armand will continue to serve as a County Councillor until the elections.

Thank you Brian Galipeau, Looe and St Martins ward.

Dear Resident.

As you will know that from the 31st March, 2009 Caradon District Council will cease to exist and all council services will be delivered by the new Unitary Authority. This will happen via hubs like Luxstowe House in Liskeard and the One Stop Shop in the Millpool Looe with Town and Parish councils continuing with their normal duties. From the 1st April, 2009 your current District Councillors will cease to hold office and I as your County Councillor will continue to hold post until elections are carried out. During this time of great change in the county I will make sure that if you require the service of a local councillor I will make myself available whenever necessary. I can be contacted on 01503 264823 or 36 Trenant Road, East Looe, Cornwall PL13 1EP or at the monthly Parish Council meeting at No mans Land village hall.

Thank you Armand Toms CC Looe and St Martins ward.

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FREE ESTIMATES
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More than 100 Cornwall walks to download and print FREE!

There's no doubt about it, walking is good for you. It's good for your heart, it's good for your lungs, it's good for the muscle and bone growth of your children and it's good for your feeling of wellbeing! Strong scientific evidence now supports the many benefits to health of regular walking – it is recommended that we take at least 10,000 steps a day.

Studies show that walking can:

- Reduce the risk of coronary heart disease and stroke
- Lower blood pressure
- · Reduce high cholesterol
- Reduce body fat
- Enhance mental well being



Walking offers a great way to help kids get the active habit. If parents express excitement about the prospect of a walk in the countryside, they are more likely to transmit this feeling to their children. It's important to treat the walk as an exploration or adventure and to go at the child's pace, no matter how often they want to stop and look at things; take treats to eat and plenty to drink; and head for some landmark that will appeal to them such as a castle, a playground, an ice cream van or a boating pond. If children experience walking as part of a fun activity they are more likely to want to go again.

So, how do you find out what is on offer? John Harris, a keen walker, got fed up with the lack of information on walks that were going on in the County. So, he decided that if he couldn't find what he was looking for – he had better create it! So www.walkingincornwall.co.uk came into being.

<u>www.walkingincornwall.co.uk</u> gives you all the information you need for the best walking in the County:

Details of more than 100 walks to download and print free, details of all the Cornwall walking groups, maps and walk books – plus loads more information.

So check out the website and get walking!



History Snippet

So its Goodbye to Caradon District Council and Welcome to One Cornwall! Local Government enters a new phase! Where did it all begin?

We used to be a collection of family and tribal settlements in the Kingdom of Dumnonia. There was Bucklawren, Treveria, Bodigga, Trelowia and Keverall probably with some ties to the church and having a central administration at Poliscourt. This was to change as the Anglo-Saxon influence spread."Influence" is a polite word for taxation, power and land grabbing! At the Battle of Hingston Down in 838AD King Reginald lost to Athelstan. The border was set at the Tamar and Cerniu was created - but most of the land was put under English control. One Cerniu, but foreign rule!

A hundred years later, King Aethelred financed an Abbey in Tavistock to control our parish now organised into the hundred of Wivelshire. Our settlements at Bodigga and Treveria were subsumed by powerful Pendrym. By 994 AD the Abbey at St Germans brought us nearer to the seat of taxation and by the Norman Conquest in 1066 we had been reorganised into Westwivelshire or Fawiton Hundred and the Saxon overlords were replaced by Norman incomers under Robert of Mortain, the King's half brother. So we had a royal influence! The Bodrugan's at Pendrym gave the church to a relative so the whole area was stitched up in next to no time.

By 1198 the word 'Cornwall' had been coined, so One Cornwall was born - still under foreign influence - so One Cornwall has quite a long pedigree and has had an influence over us for 800 years! Jenny Wallis.



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Parish Councillors contact details:

Chairman Robert Henly 01503 240738

Vice-Chair Kim Smith 01503 262269



Roberta Powley 01503 240650 Barbara Reynolds 01503 240520 Ron Matthews 01503 262845 Lynne Burt 01503 240383 Mike Elford 01503 265922

Clerk: Charles Hyde 01579 340905 stmartinpc@talktalk.net





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Looe open for business as usual

Essential structural maintenance works to a section of the highway at St Martins Hill, East Looe has resulted in a requirement for a full road closure of the B3253 for a 6 week period commencing on the 23rd February 2009. These works are needed to ensure the ongoing stability of the road in this location and to avoid catastrophic failure, similar to other failures seen in Looe in recent months.

Every effort will be made to reduce the overall length of the closure and we will ensure that updates on progress are made available to residents and visitors. The diversionary route in place will be clearly signposted and enforcement assistance has been agreed with the police service.

We are aware that the closure will inevitably cause some disruption to both residents and visitors. However, we trust that you will appreciate the need for these works to ensure that public safety is not compromised.

A number of businesses will be directly affected by the diversions directing traffic away from them. There will still be access to these businesses during the 6 weeks closure.

These include:

Bindown Post Office & Stores Bindown Golf Course Polborder, Bucklawren & Penvith Coombe Farm Hotel **Down Ende Guest House** Monkey Sanctuary, Murrayton **Dovers House Guest House Tregoad Looe Bay Holiday Park Purely Cornish Delicatessen** Stem Florists Windemere House Looe Garden Centre and shops at Barbican Parade **Barclay House Hotel and Restaurant Tiree Guest House** Woodlands Guest House.

If you are uncertain, advice should be sought before travelling.

For further information, or to answer any queries related to these works, please contact Rebecca Dickson (Area Highway Manager) on 01872 222000.

The Buttsmill Mine and Daffodil Ramble

Offers an introduction to healthy exercise with a moderately challenging guided walk and talk around the industrial and floricultural remains of the Tamar Valley, combining with a woodland walk above the banks of the River Tamar and Botanist/Geologist Martin Summers and Bird Watching expert Dave winter.

When? Wednesday 18th March 2009. What Time? Walk starts 10am for 10.30am.

Where? Meet (free parking) in front of Bere Alston Parish Hall.

Grid Ref: O.S. Map 108 SX 446 667.

Sat Nav: PL20 7AD.

Lunch at the Edgcumbe Hotel, Bere Alston.

How far is the walk? Approx 4 miles.

The Saints and Sinners Ramble II

This offers the same health benefits as the ramble above whilst enjoying some of the most dramatic scenery in South East Cornwall. Botanist Martin Summers and bird expert Dave Winter will lead us on a moderately vigorous but relaxing guided walk around ancient medieval field systems and the haunted site of what was once a 13th Century Knights Templar hospice. The morning's walk concludes with a modestly priced lunch at the Colliford Tavern.

When? Wednesday 22nd April 2009.

What time? 10am for 10.30am.

Where? Colliford Tavern, Colliford Lake, St Neot.

Explorer Map No. 109. Sat Nav: PL14 6PZ.

How far is the walk? Approx 3.5 miles.

For more information about this and other walks contact Pat Gormley 01579 348749.

Don't miss out on your free Caradon Residents Parking Card

Have you claimed your free Caradon Residents Parking Card?

The card gives local residents either a 5p discount off one hour's parking or a 25p discount off a longer stay in most of Caradon's pay and display car parks.

The card comes ready to use with a complimentary credit balance of £5.00. That's enough to give you up to 100 one-hour parking sessions free (an hour's parking is 5p at the discounted Caradon Parking Card rate). If you'd rather use the credit towards a longer stay, the appropriate fee will be deducted instead.

Up to two cards can be issued per household.

To apply for a Caradon Residents Parking Card, ring 01579 341359 and leave your details and a card will automatically be forwarded to you.

Purely Cornish / Active-8

A tough year ahead for us all but we remain committed to doing everything we can to maintain the character and way of life in Cornwall. With both Purely Cornish and Active-8 our overriding policy is to support small Cornish independent businesses, to buy ethically with animal welfare consideration, to be sustainable and do our bit to fight the supermarkets from their destruction of local small businesses. Regards, Andy and Ally

Active-8

Check out the great 2009 selection of activities on offer on our website. Once again we have used our local knowledge to find some of the very best activities and make them available on the Active-8 website where you can check availability and book online with no administration fee, enabling you to make the most of your precious time whilst on holiday.

Check out our website www.activecornwall.co.uk

Purely Cornish FarmShops

We were awarded bronze award for the best local produce website in Cornwall by Taste of the West last year and have continued to expand the range of products available. Unlike many other hamper sites you can 'Pick Your Own' items, which we then lovingly present and wrap for you with a greetings message. We have found a really good local courier company that will give next day delivery if required.

Contact Us: Purely Cornish / Active-8 Herodsfoot Liskeard Cornwall PL14 4QX . 01579 320848.

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Message from the Ambulance Service

We all carry our mobile phones with names & numbers stored in its memory. If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? Hence this 'ICE' (In Case of Emergency) Campaign.

The concept of 'ICE' is catching on quickly. It is a method of contact during emergency situations. As mobile phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency under the name 'ICE' (In Case Of Emergency). The idea was thought up by a paramedic who found that when he went to the scenes of accidents there were always mobile phones with patients but they didn't know which number to call.

He therefore thought that it would be a good idea if there was a nationally recognised name for this purpose.

In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialling the number you have stored as 'ICE'.

Please forward this. It won't take too many 'forwards' before everybody will know about this. It really could save your life, or put a loved one's mind at rest.

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.

PLEASE TELL AS MANY PEOPLE AS POSSIBLE AS THIS CAN HELP IN AN EMERGENCY

CHECK BBC NEWS ICE CAMPAIGN - http://news.bbc.co.uk/1/hi/wales/4746789.stm



Test your knowledge with Kim's quiz!

- 1. How many 'spin-offs' did the original Star Trek series generate?
- 2. Who starred in The Equaliser and Callan?
- 3. What is Rodney's middle name in 'Only Fools and Horses?
- 4. What organisation did Chad Vara set up?
- 5. Tequila is made from which plant?
- 6. Metaxa is a type of what?
- 7. According to Nina, how many red balloons are there?
- 8. How many spoons are there in an original set of apostle spoons?
- 9. St Stephens Tower is also know as what?
- 10. Dick Grayson is also know as who?



Answers
1. 4
2. Edward Woodward
3. Charlton
4. Samaritans
5. Cactus
6. Brandy
7. 99
8. 13
8. 13
9. Big Ben
10. Robin – Boy Wonder



Cllr. Brian Galipeau Caradon Councillor,

Looe and St Martin

Caradon Council ends on 31st March 2009, and though I will no longer be your Councillor, I am still at your service until the election for the new Cornwall Council.

01503 265575

brian galipeau@hotmail.com

Events Diary

Regular events in the Memorial Hall

Every Monday

Line Dancing 7.30pm -9.30pm

Every Tuesday

Stretch & Tone for the over 50's

10am - 11am

Every Wednesday

Mother & Toddler Group 9.30am - midday Whist Club 7.30pm

Tap & Ballet 3pm

Every Thursday

Sheila's Dancing for the over 50's

Other Events

March 5th Parish Council Meeting, Memorial Hall.

March 18th Buttsmill Mine & Daffodil Ramble (see article inside).

March 22nd MOTHER'S DAY

March 28th Jumble Sale, Memorial Hall

March 28th Liskeard Mayor's Mini Market, 10am-12.30 Public Hall,

March 29th SUMMER TIME STARTS (leap forward!)

April 2nd Parish Council Meeting

April 3rd Easter Bingo, Memorial Hall.

April 10th Good Friday

April 12th EASTER SUNDAY April 13th Easter Monday

April 18th Spring Flower Show, 2.30pm Memorial Hall April 22nd Saints & Sinners II Ramble (see article inside).

April 25th Jumble Sale, Memorial Hall

Good quality jumble and Bric-a-brac always required, collection can be arranged, call Roberta on 01503 240650

If you have an event to include here free, please call Charles on 01579 340905.

Deadline for May/June issue April 23rd 2009.

Disclaimer: St Martin-By-Looe Parish Council and the editors will try to report accurately at the time of publication and require similar factual accuracy from contributors. We accept no responsibility for any views expressed by contributors or advertisers in this publication.