

Age Concern Okehampton and Torrington

We have been working with and for older people throughout West Devon and Torrington for twenty years.

The Home Support scheme, starting in October 2012 will be initially tested in West Devon.

We aim to promote the well-being of all older people and to help make their later lives a more fulfilling and enjoyable experience

Help us to help YOU!

If you have any query, concern or wish to start or cancel this service please contact us:

Tel: 01837 55838

or leave a message and your telephone number on the answer phone if we are busy

Voluntary services are normally provided Mondays to Fridays

We need to hear your comments and complaints as they help us to improve what we do. Contact us as above and ask for the Chief Officer

Registered Charity No: 1011780

AGE concern
Okehampton & Torrington

Home Support



Age Concern Okehampton and Torrington
2 Crediton Road Okehampton EX20 1LU
Tel: 01837 55838
www.acot.org.uk
E acotservices@btinternet.com

The Home Support Service

What it can provide

The Home Support Service can offer assistance on a social and practical level. It aims to support older people and their carers to maintain as independent and as full a life as possible.

By offering practical support in the home we aim:

To prevent, wherever possible, admission to residential or institutional care:

To relieve loneliness and isolation by keeping regular contact and encouraging neighbourhood care;

To keep older people well-informed of the care services available to them.

The Home Support Service

What you can expect

The service co-ordinator of the Home Support Service, with your prior consent, will visit you at home to find if we can offer any help .

Provided that volunteers are available, the officer will arrange to bring a volunteer to your home to introduce you to each other.

We will keep in touch with you on a regular basis.

Minimum suggested donations:

Enrolment £10 Home Visit £3

The Home Support Service

Our Goals

We promote positive attitudes towards ageing and to encourage older people to live their lives with dignity and independence in their own homes for as long as possible.

Type of help we could provide:

- ◆ Keep social contacts
- ◆ Pay bills
- ◆ Learn new skills
- ◆ Build confidence
- ◆ Shopping
- ◆ Keep appointments
- ◆ Sort paperwork
- ◆ Be a friend