

ACOT Foot Care Client referral

Please print

Title

Full Name

Address

Postcode

Telephone Number

Date of Birth

GP/Podiatrist Referral

Please print

GP/Podiatrist's name

Surgery/Clinic Name

SIGNATURE

DATE



Notes:

We cannot do home visits.

If you have diabetes and/or some other medical problems (see the application form) you will require NHS professional care.

We do not provide transport to our clinics. If you need help please contact the Okehampton Ring and Ride Service and Voluntary Car Scheme on 01837 55500.

Information Leaflet NC 82013

Nail Cutting



Age Concern Okehampton and Torrington

2 Crediton Road Okehampton EX20 1LU

Tel: 01837 55838

www.acot.org.uk

E acotservices@btinternet.com

A nail cutting service for older people who have healthy feet but cannot manage to cut their own nails

The clinics are open to all. but transport is not provided and

Each appointment lasts for 30 minutes so you are not rushed.

We ask for a minimum donation of £7 for toe nails and £8 for both hand and toes to cover administration costs.

Clinics are held at Okehampton hospital on Fridays, fortnightly and at Castle Ham Lodge once a month on Thursdays.

Please complete and detach the application form and return to Age Concern Okehampton & Torridge.

You will then be contacted by phone to arrange an appointment

At your first appointment you will be asked to provide details of all the medicines you regularly take by bringing a copy of your prescription list.

We can refer you to NHS podiatry for professional examination and treatment if your condition changes.

Nail Cutting Service

PLEASE COMPLETE THIS FORM overleaf, detach and return to:

Age Concern Okehampton and Torridge 2 Crediton Road,
Okehampton, EX20 1LU

Please note: this service provides nail cutting only and is NOT suitable for people who have:

- **Diabetes**
- **Surgery to arteries in legs or feet**
- **Intermittent claudication/ severe poor circulation**
- **Corns, callus, severely thickened or deformed toe nails**
- **Severe foot / toe deformities**
- **Recurrent foot infection requiring antibiotic therapy**

